



## School dedicated to late student

CAROLYN CONTE  
staff writer

This past summer, non-profit organization Food for the Poor built a school in Nicaragua in memory of a Duquesne student who passed away in 2014.

The newly-founded St. Kateri Tekakwitha School will serve children in the village of Jicaro, Nicaragua. The school is dedicated to Sara Sawick, who was a sophomore liberal arts student when she died unexpectedly two years ago.

In 2013, Sara Sawick traveled to Nicaragua with Food for the Poor, a non-profit organization which builds homes for impoverished communities, like the families of Jicaro. Although Food for the Poor has given Nicaraguans many homes, the families of Jicaro still did not have a school.

After Sara Sawick's death, the family felt a need to do something in her memory. Her sister, Leah Sawick, came up with the idea that they could start a project in Nicaragua.

"I think her trip to Nicaragua really changed her," Leah Sawick said of Sara's passion for the Central American country. "She came back truly changed ... she was more grateful, more conscious and more calm."

The Sawicks created a website, SarasShelters.org, with the goal of raising funds to build a house in the Nicaraguan village. According to the website, a single home in Jicaro costs about \$3,800 to build. The fundraiser has netted \$20,000 to date, and the family decided to use the influx of funds to take on a larger building project for Jicaro — a school.

Food for the Poor began planning the building in 2014. The school is designed to accommodate all ages, which helped older children in the village who previously had no opportunity for education,

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## Red & Blue turns pink for Oct.



RACHAEL STRICKLAND/STAFF PHOTOGRAPHER

Participants cut a ribbon on Academic Walk for Duquesne's seventh annual Breast Cancer Awareness Walk on Oct. 7.

## DU law school helps convicts

RAYMOND ARKE  
asst. news editor

Innocent until proven guilty is the standard for the American criminal justice system. However, that process can sometimes fail, resulting in innocent people going to jail. A 2014 study published in The Proceedings of the National Academy of Sciences suggests 4 percent of prisoners on death row, a relatively small population in prisons, may be innocent. Duquesne students can now be part of a nationwide effort to exonerate innocent inmates.

The Pennsylvania affiliate of the Innocence Project, a nationwide organization which works to help free those wrongly convicted, has just recently opened an office in Duquesne's Tribone Center, which gives Duquesne and Pitt law students the ability to help exonerate innocent convicts.

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## New UCOR director details planned changes

HALLIE LAUER  
staff writer

Duquesne's core curriculum is getting a makeover.

The university's core (UCOR) classes will be getting some new changes, thanks to new Core Curriculum Director Darlene Weaver.

"[There are] no major overhauls or things like that, but ways to tweak the core [curriculum] in order to help students complete their requirements," said Weaver, who was hired at the beginning of July.

The main goal of Weaver and a review committee newly implemented this semester is to create a more open communication system between students and their advisors, making it easier for students to schedule for the next semester.

"We're currently making sure that there's consistency between the guides that advisors get about courses

that meet core requirements and the list of attributes that the registrar office has," Weaver said. "We want to iron out any discrepancies."

Weaver said she wants to create a liaison board to facilitate communication between her and Duquesne students.

"I'd like to create a student liaison board, so that there can be opportunities at least once a semester for me to hear from students about all sorts of things," Weaver said. "That kind of student outreach, I think, is really important," Weaver said.

Weaver is working alongside Cheryl Knoch, Duquesne's assistant vice president for student involvement, to create the board. The goal is to hear suggestions and concerns from the board and then use those to help improve students' experiences with UCOR.

In addition to making sure everyone is on the same page on what



COURTESY OF THE OFFICE OF MARKETING AND COMMUNICATIONS

Darlene Weaver, a professor of theology, is the new core curriculum director.

classes meet which requirements, Weaver wants to help students and advisors have "efficient as well as constructive" conversations.

To do that, she wants students to be able to more easily track their

progress in meeting core requirements.

Weaver also emphasized that students can search for their core

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## BLUFF BRIEFS

**Duquesne police charity BBQ slated for next week**

Duquesne Public Safety will host its annual "Cops 'n Chefs BBQ" on Wednesday, Oct. 19, at 11:30 a.m. on A-Walk near the Student Union. The event helps raise money for the campus' United Way Fund.

**DU releases annual university Impact Report**

Duquesne has released its most recent edition of the Duquesne Impact Report, which looks at how students, staff and faculty have impacted Pittsburgh and the entire region over the last year.

The report said Duquesne has contributed over \$490 million dollars to the southwestern Pennsylvania region.

The report found that the slightly over 9,000 person student body made an economic impact around \$147 million.

## POLICE BRIEFS

Whoo-wee, there were some weird crimes on campus this week, and Cousin PB is here to tell ya'll about 'em!

Last Wednesday, a student in St. Ann's received a two-fer marijuana and underage drinking violation. They'll be in for a fun chat at the Office of Student Conduct.

Here's where the weirdness starts. Last Wednesday, two Duquesne students were found smoking marijuana in the Lourdes Grotto behind Old Main.

Last Thursday, a rental digital radio was stolen during the inauguration ceremony for President Gormley. Where can you even rent a radio these days?

Also last Thursday, an unknown person or persons poured hot wax on the perron and steps outside of the Student Union, in what is being treated as an act of vandalism. Cousin PB is at a loss for this one ...

On Friday last week, a student in Vickroy Hall was found with suspected marijuana and paraphernalia and was referred to the Office of Student Conduct.

On Saturday, an intoxicated woman unaffiliated with Duquesne was seen falling down outside Des Places. The woman received a state liquor law citation.

On Sunday, Duquesne Police were called to a disturbance in Towers. Two intoxicated underage students, one male and one female, were found and referred to the Office of Student Conduct. The male was also involved in a fight off-campus.

Cousin PB appreciates the variety of crimes ya'll committed this past week, though he'd prefer there to be no crimes at all.

## HR employee appointed to non-profit board

LIZA ZULICK  
staff writer

A Duquesne employee will be helping young Pittsburgh girls who are at-risk of violence, teen pregnancy and entering the juvenile justice system.

On Sept. 21, Erroline Williams of the Human Resources Office was given a position on the Board of Directors for Gwen's Girls, a non-profit charity organization founded in 2002 "to empower girls and young women to have productive lives through holistic, gender-specific programs, education and experiences."

This organization helps over 100 young girls in the Pittsburgh area become "self-sufficient adults, equipped with the capacity to continuously evolve emotionally, physically and spiritually ..." according to the Gwen's Girls mission statement.

"This is a huge reward because I feel I can reach young women at the age that impacts them the most," Williams said. "This way, they can reach their goals of higher education."

With the recent addition of three directors, the Board of Directors is now made up of 17 individuals. The job of the directors is to "try to address of the

girls' needs so they can move to be more self-sufficient," according to Executive Director Kathi Elliott.

Elliott's mother, Gwendolyn J. Elliott, who passed away in 2007, founded the organization. Gwendolyn Elliott wanted to empower young girls because of her background in the male-dominated United States military, where she served in the National Guard and Air Force Reserve.

She then became one of the first female police officers in Pittsburgh, moved up the ranks to sergeant and ultimately became Pittsburgh's first African-American female commander. Gwendolyn Elliott wanted to provide young women who struggled in parts of their lives, especially since she experienced similar struggles.

Currently, Gwen's Girls hosts three after school programs placed around the Pittsburgh area. These programs are set up for young girls in foster care programs.

According to the Gwen's Girls website, the groups offer girls interaction with peers and get help with homework, life skills, discover unique talents and more. Summer programs are also held after the school year ends.

Forty-two percent of girls who



COURTESY OF ERROLINE WILLIAMS

Williams is a training and project specialist in Duquesne's Human Resources department. She was appointed to the board of directors of non-profit Gwen's Girls.

live in the United States are part of low-income families, which is why Elliott chose to base her program around girls. This creates a bigger issue: These girls become three times more likely to be at-risk for violence and domestic abuse, according to the Center for Problem-Oriented Policing statistics. Gwen's Girls strives to give them the perfect role models.

So far, the outcome of Gwen's Girls has only been positive, according to the organization's website. The group showed that when given the opportunities, many girls can achieve its goals. According to its website, 100 percent of the girls in the program moved onto the next grade level, and every girl involved avoided re-entering the juvenile justice system.

## Sawick remembered in Nicaragua

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according to Executive Director of Food for the Poor, Angel Aloma. Previously, younger children had to walk two miles to attend school.

The building has cement floors, five classrooms and a kitchen, according to Aloma. The kitchen is vital, since many of the children depend on the school's food program for their meals of the day.

"It's hard to imagine, but many times if their family is large, they have to eat in tandem, where the parents will feed one or two one day and then the others the next day," Aloma said.

The school was named after Saint Kateri Tekakwitha, the Catholic saint Sara Sawick chose to be her Confirmation saint. Tekakwitha was born in 1656 in what is now New York to the Mohawk tribe of Native Americans, and became the first Native American canonized as a Roman Catholic saint in 2012.

Because Tekakwitha was a native of the Americas herself, students of the Jicaro school may identify with her more, Maria Sawick said.

With the school open, the Sawicks continue their efforts, having set a personal goal to build a new Nicaraguan home every year. They also donate to Food for the Poor and initiatives to help other grieving families.

"We didn't know what to do with



COURTESY OF FOOD FOR THE POOR

Sara Sawick's mother, Maria Sawick (right) walks with residents of Jicaro, Nicaragua, during the dedication ceremony for the St. Kateri Tekakwitha school in June.

the grief," Maria Sawick said. "But making something of it helped us heal. It's such a beautiful gift."

Aloma said that the kind of poverty present in the Nicaraguan village is much worse than what we might think of when we consider the poorest classes here in the U.S.

"We think we may be poor in the U.S., but there are many nets that help out [here] in the sense of food care checks, subsidized housing, public schooling, food stamps," he added. "But those children over there are truly destitute, and the governments do not have the re-

sources to help. So they count on people with beautiful hearts like Sara to help them."

Aloma hopes this education will alleviate the poverty cycle in Jicaro, while also helping the Sawicks heal.

"Her mom said that [Sara] went and that she was on fire to go back. She never made it, but I honestly think that she did make it back," Aloma said. "I think ... for the school that was built in her memory, every time a child is educated in that school, she is present. So, in many ways, she did return."

## UCOR director outlines changes

UCOR — from page 1

classes on DORI by attribute during pre-registration, as opposed to going through each department looking for classes.

Another change being made is the addition of student web pages on the core curriculum web page on Duquesne's website. These pages will contain a list of courses that have core attributes, according to Weaver. This will make it easier for students to find specific core classes, Weaver said. The webpage will be updated regularly.

The main goal of these changes is to improve communication with students and to portray the value of UCOR classes.

"I think too often the core curriculum is perceived as a set of boxes to check off or hoops to jump through, but it's actually so much more than that," Weaver said. "It's a really valuable component of the undergraduate education our students receive. It provides the sort of intellectual formation and skill development that employers are really looking for."



# After Hurricane Matthew hits Haiti, cholera takes over

AP — Hurricane Matthew first took the home of Sonette Crownal in a town on Haiti's southern coast. Then cholera came for her baby.

The 25-year-old market vendor and her family were still taking stock of their losses after the storm when she noticed that Peter James, just 10 months old, was showing symptoms of a disease that health authorities say is surging in the wake of the storm.

"When I saw the symptoms and knew what was really going on, then I got scared," Crownal said as she cradled the boy in her arms at a Les Cayes cholera treatment center on Tuesday. About 20 people, some still listless from the disease, lay on cots under a metal roof as a fan cooled the tropical heat.

Cholera is caused by bacteria that produce severe diarrhea and is contracted by drinking contaminated water or eating contaminated food. It can lead to a rapid, agonizing death through complete dehydration, but is easily treatable if caught in time.

The Category 4 storm that hit on Oct. 4 has killed at least 473 people, according to national emergency officials, and the wreckage it left behind has created the perfect conditions for spreading the water-borne disease. Matthew sent rivers and outdoor latrines overflowing across the mountainous landscape. Cholera-contaminated water has leached into people's drinking wells, those that weren't ru-

ined by Matthew's storm surge.

Many thousands of people whose homes were ruined are sharing close quarters with family and friends, the kind of proximity amid poor sanitation that aids in transmission. Already reports have been trickling in that the disease is spiking.

The World Health Organization says at least 200 suspected cholera cases have been reported across southwest Haiti since Matthew hit and it has pledged to send 1 million doses of cholera vaccine to Haiti.

"It is not looking good," said Dr. Unni Krishnan, director of Save the Children's Emergency Health Unit in Haiti. "We should act very quickly to contain this, otherwise it could get out of control."

And cholera is not the only health emergency in the country. Krishnan and others warn about growing malnutrition because of widespread damage to crops and livestock, as well as fishing boats and gear, depriving many of their livelihoods in a country where more than half survive on less than \$2 a day.

Also complicating matters are shortages in hospitals and clinics ill-equipped to respond to the spike in cases. Many people in remote communities have trouble reaching treatment. Crownal said she had to walk for hours from her home in Randell, a town outside of Les Cayes, before she could find a bus to take her the rest of



AP PHOTO

The daughter of 84-year-old Armant Germain replaces the sheets on her bed, in the cholera ward at a hospital in Les Cayes, Haiti, on Tuesday Oct. 11.

the way for treatment for her baby.

Doctors Without Borders opened a cholera treatment center in Port-au-Piment. As of Tuesday, medical staff had already cared for 87 patients. Paul Brockmann, director of the organization's mission in Haiti, said the looming wet season may make it worse still.

"The hurricane affected a population who was already in fragile health, and it has made their condition worse," he said. "There is a very long stretch of densely populated coastline

which is at risk."

Cholera was unknown in Haiti until the fall of 2010. The disease was apparently introduced by U.N. peacekeepers from Nepal, part of a contingent of troops who had been rotating through the troubled country since 2004.

They improperly disposed of waste from their base in the central plateau and it quickly spread through the network of rivers that people rely on to bathe, wash clothing and for drinking water. Since then, cholera has killed

roughly 10,000 people and sickened more than 800,000 in this country.

Haiti and international organizations have developed a network of treatment centers that allow people like Peter James to be spared an excruciating death. The baby was getting intravenous fluids through his hand and was slowly coming around two days after his mother brought him to the ward.

Her baby recovering, Crownal is struggling to pick up the pieces of her life like many people in southwest Haiti.

"I'm proud to be a Haitian, but everything is gone here," she said.

Another seaside community, Anse-d'Hainault on Haiti's western tip, appeared to be even harder hit: Ninety-two cholera cases had been recorded by Monday, and the number keeps growing.

"Our cholera treatment center was only built for 12 people, and now we're being overrun," said Cadet Jean Arthur, the hospital's administrator.

In the district of Anse d'Hainault, which includes the village of the same name, as many as 50 people have already died of cholera since the hurricane, most far from any hospital, said Mayor Georges Simon.

Most of his town's houses were flattened. Children scrambled around piles of trash in a landscape of splintered wood, twisted metal and puddles of fetid water.

## DU law students help wrongly convicted criminals

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Elizabeth DeLosa, a 2010 Duquesne law grad, is the managing attorney of the Pittsburgh office of the PA Innocence Project. She said the Project not only works on exoneration but also tries to "prevent wrongful convictions through legislation and policy development."

The Pittsburgh office is relatively new. DeLosa said she was hired in June of this year and they had an "official opening" in September.

President Ken Gormley, the former law dean and a legal scholar, is extremely proud to have an office of the Pennsylvania Innocence Project open on campus. He described it as "a huge coup for Duquesne to serve as its home."

This was something that he worked for since 2008 when Professor Rago suggested the idea, saying it could be "a real feather in the cap [for Duquesne]," Gormley recounted.

Once Gormley became dean of the law school, he took steps to attract an office of The Innocence Project.

"One of the first things as dean was to establish a stand-alone law clinic. I insisted we reserve space for the Innocence Project," he said.

Talks began with Marissa Bluestine, the legal director of the Pennsylvania Innocence Project, in 2011.

"Everyone was excited," President Gormley said.

The office was finally established over the summer of 2016. Gormley believes Duquesne's partnership with

the project works with the the university's mission.

"[The Innocence Project] literally saves lives ... One of the most wonderful gifts to be given is to provide representation to the innocent to reclaim their lives," he said. "It is consistent with the Spiritan mission."

Duquesne students at the Project are immediately thrown into the work.

"We have four Duquesne law students, each assigned an active case to determine if there is an active claim of innocence," DeLosa said.

The steps they go through on each case is not easy.

"It's a long process. We are very careful ... we get new cases everyday," she said.

The work begins when the office receives a letter from an inmate. Once the office gets that, they determine if it is something that is worth taking or is even possible to take.

DeLosa said they want to make sure the inmate's case "meets some basic requirements" before they fully pursue it. That would mean seeing if the inmate had exhausted all his or her's direct appeals and if the case is one that seems to have the possibility of innocence.

If the case meets the basic standards, then the Innocence Project sends the inmate a 12-page questionnaire about their case to fill out. The purpose of this is "to get the inmate's side of the story," DeLosa said.

If the inmate's story seems solid,



SYDNEY BAUER/STAFF PHOTOGRAPHER

The Tribone Center on Fifth Avenue holds the office for the new Pittsburgh office of the Pennsylvania Innocence Project, which opened in September.

DeLosa said they pass the case to an outside attorney for a "preliminary review." Then after that, the law students are put in charge of an inmate's case.

"The student will get every single bit of paper from the case, even speak to the inmate," DeLosa said. "They will reconstruct the entire trial."

It is up to the student then to determine whether or not to continue to pursue the case.

"If the student thinks there's a legitimate claim of innocence, then we take it to an unbiased panel of attorneys and former prosecutors," DeLosa said. If they approve of the student's opinion, then the Innocence Project begins work on freeing the inmate.

Susannah Glick, a third year law

student at Duquesne, is one of the students interning at the Innocence Project office. She chose to work there because she hoped to help make a difference.

"I decided to get involved because I am passionate about pursuing a public interest legal career and am dedicated to helping vulnerable populations," she said.

Glick described what kind of work the students had to do.

"It is our role to closely examine their case to see if there are any post-conviction legal recourses that can be taken," she said.

The process generally requires a lot of in-depth work. Students "do a lot of file review, research and investigation in the office," Glick said. That means they get to dig through various court

documents and reach out to the inmate's former lawyers.

Working on protecting these vulnerable clients is something Glick holds dear.

"They are separated from their families and all the norms of their previous lives and put in prisons where they suffer mentally and psychologically," she said. "I came to law school committed to being a zealous advocate for populations ignored and silenced by society."

As part of her experience at the Innocence Project and because of her interest in inmate justice, Glick lobbied for compensation legislation at the Pennsylvania State Capitol in Harrisburg.

Compensation legislation would require inmates exonerated of a crime to be paid to make up for the years of lost wages and the experience of being wrongly jailed.

"Pennsylvania is in the minority of states that does not provide any monetary compensation for exonerates. Thus, when an innocent person is exonerated, they walk out of prison with nothing," Glick said.

Glick wants to ensure that these newly-freed people can readjust to society. She said it is "important" to make sure convicted criminals have the "opportunity to make a new life for themselves" after being wrongfully convicted. She wants to protect them having having to "continue suffering" because of the false accusations.



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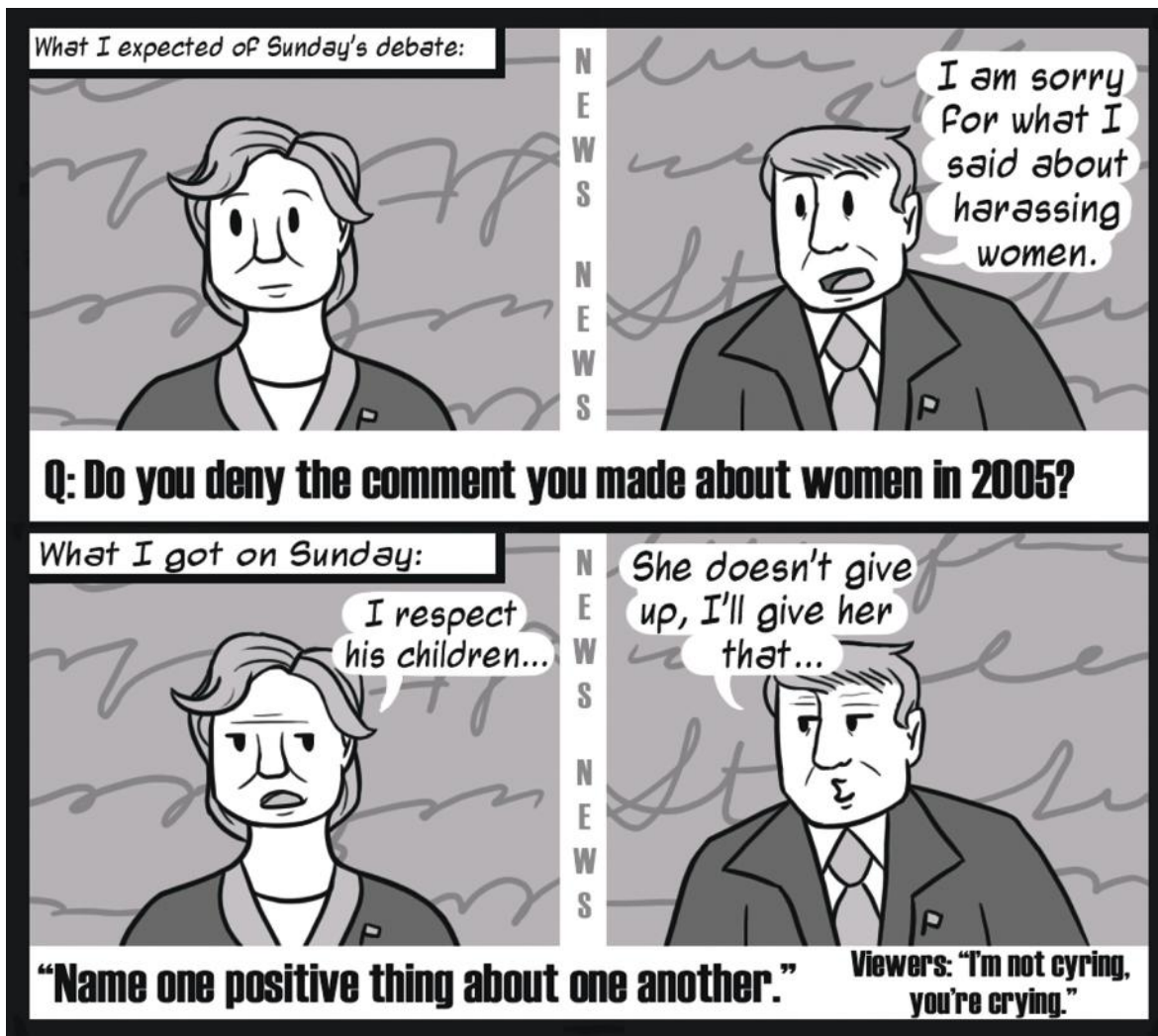
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CARTOON BY SHELBY WASIL

if i do say so myself...

## Human lifespan ceiling shouldn't be bad

If you're trying to find a Hallmark card for celebrating your grandmother's 116th birthday, good luck. You're probably not going to find one.

According to a new study conducted by Jan Vijg at the Albert Einstein College of Medicine that was released on Oct. 5, humans have most likely hit a ceiling for life expectancy. The longest that anyone can hope to live, as far as Vijg's research found, is a cool 115 years.

This is quite the controversial topic, as life and death tend to be. An article by the New York Times on the subject said that scientists have argued back and forth for decades about whether there's actually a natural upper limit on the age that a human being could reach.

Regardless of where you might stand on this idea, one thing is true: Both arenas of thought regard a life expectancy ceiling as somewhat of a negative thing. Even Vijg himself wrote dejectedly in the study that "from now on, this is it. Humans will never get older than 115."

But what if this isn't necessarily a bad thing? Sure, on the outside, it might look and sound a bit bleak. Humans, despite the wildest dreams and endeavors of science that sound straight out of the movies, will probably never

break past that age cap of 115. This means that there probably won't be many incredible anomalies, such as the French woman, Jeanne Calment, who lived to be 122.

To give this some context, the average life expectancy in the United States today is 79 years, according to the New York Times. In comparison, in 1900, the life expectancy of a person was just shy of 50 years. So humans have progressed over the years, and yet scientists are now lamenting whether or not we will be able to leap much further.

Vijg's study is a firm guarantee that we only have so many years on this earth. There is a maximum to the number of sunrises and sunsets we can see. This is an obvious statement we all know, but, somehow, seeing it written down and explained in a scientific paper cements the truth. We only get so many tallies on the chalkboard until the lights go out.

So why are people worrying about not having an infinite number of days on Earth when we know it's not really changing a whole lot in the long run? Most of us don't expect to reach 100, let alone 115. In fact, an article by The Guardian states that only between 26 and 34 percent of

20-year-olds in 2011 had a likelihood of blowing out 100 candles on a birthday cake.

Instead of being distraught over not being able to push the boundaries of age, we should be viewing this as a reminder that life is short. There are quite literally only so many days you can possibly live, and even 115 years can pass by quickly for those lucky enough to reach it. This should be a kick in the pants, a prompt that sparks us into action, vowing to not waste the time that we've been given any longer.

If that statement sounds corny, that's because it is. But it doesn't mean it's not true.

The world today is not a pretty place. Presidential candidates are seemingly able to say and do whatever they please without any real consequences. Bloody war is continuing to tear nations apart and pit them against one another. The post-graduation job market is still looking miserable for numerous areas of study, and paying back student loans is appearing to be nearly impossible.

There's enough pessimism and enough restrictions on what we can and cannot do going on already. Let's not make an age ceiling another one of those things. Instead, let that 115-year cap inspire us to make the most of our lives.

After all, while the truth of science might be ugly, life is certainly beautiful.

Rebekah Devorak is a senior journalism and advertising major and can be reached at devorakr@duq.edu.

## STAFF EDITORIAL

### Trump's lewd comments could spark change

It was disgusting, it was offensive, but maybe it can do a little bit of good.

Republican presidential nominee Donald Trump's comments about sexually assaulting women, made in 2005 on a "Hollywood Access" bus, are probably familiar to everyone in the United States who hasn't been living in a bunker for the last week. The comments came to light in a video leaked to the Washington Post and published Saturday, and include Trump talking about grabbing women by their genitals and kissing women without permission.

All decent people, including many Republican politicians who formerly supported Trump, recoiled from the comments. It's horrible that they were ever said, and it's horrible that American children and people from other countries are witnessing this kind of talk from a potential president. But perhaps all the attention Trump's comments are getting can raise awareness of sexual assault in the U.S. and the "boys will be boys" culture that promotes it.

Trump tried to excuse his words by calling them "locker-room talk," as though sexual assault is a common topic for men to discuss when in private. It's that mentality, the idea that men cannot prevent themselves from thinking about women in violent, sexual ways, that prevents meaningful change in the prevention of sexual assault and rape.

This is an issue that hits home for students on college campuses, where 23 percent of women report receiving unwanted sexual contact ranging from touching to kissing to rape, according to a Sept. 2015 CNN story. Perhaps this is the wake-up call that students needed to realize that sexual assault and rape culture are very real, very disturbing problems.

It can be easy to dismiss claims that a rape-promoting culture exists if you don't witness it yourself. Now it has been laid bare in brutal fashion for the whole world to see.

"It is an educational moment," Dana Brown, executive director of the Pennsylvania Center for Women and Politics at Chatham University, told the Pittsburgh Post-Gazette. "It is sending a positive message to women and girls that sexual assault is unacceptable, and that talking or bragging about it is unacceptable, and that is a move in the right direction."

Regardless of your political leanings, assault is wrong and illegal. Being mindful of the way your words and actions shape the culture surrounding sexual assault is the primary step toward ending it.



# Hogan focuses on offering local food, composting

**OLLIE GRATZINGER**  
staff columnist

It's that time of year again.

Taco Tuesdays at Options are becoming less and less crowded. The lines at The Market are shorter than they were weeks ago. Students are filing into their buildings with armfuls of instant noodles and microwave dinners.

It can only mean one thing: Students are running out of Flex.

Here at Duquesne, you learn pretty quickly that Flex is a precious commodity that is not, in fact, endless. Without it, your options are limited to the meal swipe deals at the Incline, Market and Options. But for a better variety, many will turn to Hogan Dining Hall for bottomless platefuls of pizza, salads, ice cream, sandwiches and whatever daily dish they're cooking over in the vegan corner, all for the low price of one meal swipe. It certainly seems like a great alternative for the hungry freshmen, but is it?

Recently, the Terra Learning Community met at Hogan with Jamie Moore, Parkhurst's director of sourcing and sustainability. There, students posed questions about the food. The following is a selection of the most Duquesne-relevant questions from the original list of 16, which have been edited for length:

**Q: When did Parkhurst begin to consider organic food a priority on college campuses?**

**A:** We use very little organic foods due to cost and product availability. However, we started purchasing locally-grown and produced food as far back as 2002. We believe that organic is nice, but if it is traveling 3,000 miles from California, we would rather focus on local.

**Q: Are any of your meats Kosher?**

**A:** We don't currently source any Kosher meats for Duquesne University. If we had students that adhere to Kosher, I would assume we would then locate a source, but at this time, there isn't a need.

*(As a Jewish student who does, in fact, "adhere to Kosher," I found it interesting that the university is not aware of students who follow this dietary guideline.)*

**Q: How do you decide which farms the vegetables would come from?**

**A:** To be an approved supplier to provide us vegetables, the farm has to be GAP certified.

*(GAP stands for Good Agricultural Practices, which, according to the Food and Agriculture Organization of the United Nations, ensures that the food is safe and wholesome.)*

**Q: What are your thoughts on factory farming?**

*(Factory farming is, in short, a hyper-mechanical method of raising animals that relies on mass production.)*

**A:** Factory farming is in place to feed this country. If we relied on the local farms to provide us meats, we would starve or people would have to reduce their intake of meat by 90 percent.

**Q: How much of the food you buy goes to waste, and what do you do with it?**

**A:** We haven't done an actual audit to determine this, but we believe the amount of food taken on the plates that's wasted by students is between 5 to 8 percent, and the waste from our kitchen is approximately 2 to 3 percent.

*(According to Feeding America, this is much lower than the national average, which is between 25 to 40 percent.)*

**Q: I've noticed the "We Compost" sign above the dish drop-off in the dining hall. Any details concerning that?**

**A:** We are doing mainly pre-consumer composting and, if applicable on the tray return line, all in Towers. Also ... we will likely start composting in the Student Union sometime this semester. Duquesne's facilities department has the stats on the tonnage of waste in the Towers Hogan Dining Center. It is over 100,000 pounds of waste.

**Q: Have you considered donating the food that isn't eaten?**

**A:** We keep a very tight production schedule on our baked goods, and our goal is to run out of things



RACHEL STRICKLAND/STAFF PHOTOGRAPHER

The Hogan Dining Hall, located in Towers, offers a variety of food, some of which is sourced locally, for students living on campus throughout the academic year.

rather than have leftovers. If there is a little bit of something left, we will use it up first the following day. Duquesne's Campus Ministries is directly involved in our food donation program. At this time, St. Vincet DePaul Catholic Charities are receiving our food donations.

Moore also said that the proportion of sustainable purchases at Duquesne is struggling to reach 20 percent, which means that less than 20 percent of our food is organic, cage free, antibiotic free or fair-trade certified. He explained that it all links to student demand.

If we want sustainable things, it's our voices that'll bring the change we want to see. Hogan is definitely a plus for students craving variety and lacking Flex, but it's up to us to make it even better.

These questions are as pervasive as they are unanswerable. Duquesne is doing its best to mix the best of both worlds, but it's a process. If one thing is for sure, though, it's that we're taking baby steps in the right direction.

*Ollie Gratzinger is a freshman English and journalism major and can be reached at olliegratz@gmail.com.*

## Study says maternal death rates increased in U.S.



AP PHOTO

Death rates related to childbirth and pregnancy are rising in the United States, according to a new study.

**SHIVANI GOSAI**

student columnist

The U.S. seems to be moving backward with an alarming upward trend in maternal mortality rates that is unusual for such a developed country.

According to a study in the Lancet Journal published on Oct. 8, the rates at which American women are dying from causes related to pregnancy or childbirth are on the rise. These rates are similar to those of maternal death in Iran, Egypt and areas in the former Soviet bloc.

In 2015, the U.S. had a maternal mortality rate (MMR) of 26.4 per 1,000 live-births, an increase from both 1990 (16.9) and 2000 (17.5), according to the Global Burden of

Diseases, Injuries and Risk Factors Study.

The research for this study was conducted by the Institute for Health Metrics and Evaluation at the University of Washington. The research was funded by the Bill & Melinda Gates Foundation.

The study reports that more than 275,000 women died worldwide last year during childbirth, pregnancy or other maternity complications. Many Latin American, Caribbean, Southeast Asian and African nations had among the highest MMRs in 2015. The Central African Republic had the highest MMR in the world, at 1074.3 (per 1,000 live-births).

The statistics from this study show that there is a clear lack of help for mothers around the globe. Improving women's ac-

cess to prenatal care and contraception could help reduce maternal deaths everywhere. For a developed, leading nation like the U.S., however, we should not be seeing maternity mortality rates increase.

Several challenges lie ahead for improving reproductive health, such as accurately recording data, expanding reproductive health coverage, access to contraception, safe abortion procedures, as well as bettering many other types of obstetric care.

Limited access to health care and reproductive health services is one factor contributing to the rise of maternal deaths in the U.S. For example, Texas governor Rick Perry defunded reproductive health clinics such as Planned Parenthood in his state in an attempt to prevent abortions. This ultimately ended up doubling the rate of maternal mortality in Texas over the past four years, according to the Texas Tribune. The Supreme court overruled this law in June and successfully brought back funding. Certain cuts to Planned Parenthood and other reproductive health services aren't completely responsible for the increasing death rate, but experts say it may have exacerbated the rise.

Racial disparities in maternity-related deaths are also significant in the U.S. According to the Am J. Public Health Journal, black women in the United States are up to three times more likely to die in pregnancy and childbirth compared to white women.

Right now, the U.S. needs to focus on improving the health of women before they get pregnant, the quality of maternal health care nationwide. Women's reproductive rights need to be respected.

The human rights of women include their right to have control over — and de-

cide freely and responsibly — on matters related to their sexuality, including sexual and reproductive health that is free of coercion, discrimination and violence. Certain politicians have an agenda of outlawing abortion, and because of this, women's health rights are infringed on. This puts women at a greater risk for health complications. Women aren't just being robbed of safe medical care, but they also are losing their resources for other basic reproductive health care such as annual exams and cancer screenings.

In order to decrease the maternal mortality rate in the U.S., we need to start advocating for our women's health. We need to provide services necessary for a woman's well-being throughout her entire life. This includes comprehensive sex education in our schools, domestic violence resources, affordable and reliable contraception, fertility treatments, affordable child care, safe pregnancy and maternal health care along with abortion services.

Dr. Grace Kondindo, for the Center for Reproductive Rights, said it best: "Poor women die during pregnancy and childbirth because the services they need to save their lives are too few and too far away. All women have the right to good quality health care, no matter who they are, where they live or what their economic status."

It's time we advocate for our women, otherwise millions of them — and their families — will unfortunately have to suffer the consequences.

*Shivani Gosai is a junior journalism major and can be reached at gosais@duq.edu.*



# HOGAN HACKS

*breaking the monotony of college dining*

EVAN PENROD AND SALENA MORAN  
staff writers

There are hacks for nearly every aspect of your life — laundry, studying, Starbucks and, yes, even the Hogan Dining Center. These hacks are alternative meals that students can create by combining several types of food from the different stations available at Towers.

These meals are perfect for students wanting to deviate from their normal food options or wishing to explore different possibilities. With tips from other students, as well as our own experiences, we have provided a few delicious spins on traditional Towers favorites that will spice up any mealtime.

## BREAKFAST SANDWICHES

This idea is courtesy of Sarah Doyle, a senior physical therapy major. While these sandwiches can be bought for a meal swipe at the market, students do not have the ability to add what they want, nor do they have many options for sides. This is a very quick sandwich to make if you're on the go, and it fills you up for the morning ahead.

1. Choose either a bagel or English muffin and toast to your liking.
2. Go to the omelet station and request an egg over easy or scrambled eggs with cheese.
3. Go to the main line and choose bacon, sausage or other meat available.
4. Assemble the sandwich by placing the eggs and meat on the bagel or english muffin.

## PITTSBURGER SALAD OR SANDWICH

Anything topped with fries must be Pittsburgh-inspired, and this recipe is no exception. If you are trying to steer clear of bread, the salad is the perfect option for a lighter dinner that won't make you feel as guilty as you would eating a big plate of pizza or a bowl of pasta. On the other hand, the sandwich is a bit heartier and more substantial. With the addition of the panini press, the sandwich possibilities are limitless.

### Salad

1. Head to the salad station and load a plate with greens of your choice.
2. Top the salad with cherry tomatoes, cucumbers, shredded cheddar cheese, bacon bits and shredded carrots. These toppings are suggestions. Feel free to include whatever suits your tastes.
3. Top your salad with the fries and cover in ranch. The dressing is optional, but ranch fits the best.

### Sandwich

1. Go to the sandwich station and choose any kind of bread.
2. Fill with anything you like. Turkey, cheese, lettuce and tomato are recommended.
3. Top the sandwich with fries. [Optional: Use the panini press.]



JORDAN MILLER/STAFF PHOTOGRAPHER

## CHILI CHEESE FRIES

This dish requires exactly what's in its title. However, certain days of the week have different soup specials, so be on the lookout. When Towers features Chili, you are set to create this recipe. [Note: The recipe may also require a fork.]

1. Head to the fry station and choose any type. Crinkle cut and waffle fries are the best, but work with what's on offer.
2. Go to the soup station and scoop half a ladle full of chili. Drain the excess juice off the side to prevent soggy fries. Pour into the small bowls provided.
3. Go to the salad station and grab a few tong-fulls of shredded cheddar cheese.
4. At your table, sprinkle some cheese over the plate of fries.
5. Take the chili — preferably chunks of tomato, pepper, beans and meat — and spoon over the fries and cheese.
6. Top with remaining cheese, and wait for it to melt. Enjoy!



JORDAN MILLER/STAFF PHOTOGRAPHER

## GRILLED CHEESE ON THE PANINI PRESS

This recipe is courtesy of junior psychology major Calli Palmer. Calli puts her own spin on sandwiches at Towers, so it is unsurprising that she found a way to make grilled cheese whenever she likes. This is a perfect treat in combination with tomato or tomato basil soup after a chilly day on the Bluff.

1. Go to the sandwich station and choose a hearty bread.
2. Ask for any combination of cheese you like.
3. Take the sandwich to a station that has butter available and spread a thin layer on both sides of the sandwich that you will eventually place in the panini press. [Note: You may skip this step and simply spray the panini press so the cheese does not stick.]
4. Put your sandwich into the panini press for a few seconds or until the cheese melts and the bread is crispy.

## SOFT PITA CHIPS GLAZED WITH HONEY AND SUGAR

This is a delicious treat that closely resembles the Spanish dessert *sopapillas*. This treat is not overwhelmingly sweet and definitely varies up the options of cakes, cookies and ice cream found in Towers.

1. Get some soft pita chips from the Vegetarian station. [Note: The pita chips used in this recipe are the smaller, fluffier chips, not the thin, seasoned chips. Also, the pitas are best fresh and warm.]
2. Head to the coffee/tea station and drizzle the soft pitas with honey. Be aware that this station may not have honey all the time. You could also try the caramel or chocolate sauce from the ice cream bar if you're not into honey.
3. Take a sugar packet from this section and lightly sprinkle a bit on top.



EVAN PENROD AND SALENA MORAN/STAFF WRITERS

## ICE CREAM SANDWICH

This simple dessert treat is very easy to make and quite delicious, depending on the cookies available.

1. Collect two cookies from the dessert section. Chocolate chip and M&M cookies tend to work the best.
2. *Optional step:* If the cookies are a bit hard, take them to the conveyor belt toaster, and turn the dial to the highest conveyor speed. Remember, you just want to warm the cookie as quickly as possible. [DISCLAIMER: Please do not create a mess for the Parkhurst staff. If this step seems too difficult, dangerous or terribly messy in any way, refrain from doing it.]
3. Head over to the soft-serve ice cream machine, and choose any ice cream to put in your sandwich.
4. Put desired amount of ice cream onto the bottom cookie, and close off by putting the second cookie on top.
5. *Optional step:* Roll the ice cream portion of the sandwich in chocolate chips, sprinkles or any other toppings found at the toppings bar.

## Root Beer Floats and Banana Splits

These recipes are just as easy as they sound and add a unique twist — no pun intended — to the traditional ice cream students love.

### Root Beer Floats

1. Fill a cup with ice cream from the soft serve dispenser.
2. Fill the remaining space with Root Beer from the drink station.

### Banana Splits

1. Take a banana from the fruit section, peel it, cut in half and place in a bowl.
2. Fill the bowl full of ice cream of your choice.
3. Top with chocolate, caramel or strawberry sauce and anything else you would like.

*Note: The Duke is not responsible for any messes or mishaps that may occur. Please be courteous to the Parkhurst staff and keep any areas mess free.*



# GK Evan Kozlowski shutting out everything in sight

DAVID BORNE  
staff writer

The final line of defense for the Duquesne men's soccer team has been completely impenetrable lately, as goaltender Evan Kozlowski set the school record for most consecutive shutouts.

Kozlowski's streak started Sept. 11 in a 1-0 victory over Canisius, and he recorded his sixth consecutive shutout in a draw against St. Bonaventure on Oct. 5 to set the school record. He added another shutout in the following game as the Dukes defeated George Washington 1-0 and extended his shutout streak to seven.

Until Wednesday's game at Fordham, it had been over a month since the last time that an opponent snuck one past the redshirt senior — that last score was recorded on Sept. 9 when the Dukes took on Wofford in leg one of the Duquesne Invitational.

Kozlowski's success has earned him conference recognition, as he was named Atlantic 10 Defensive Player of the Week for his performance from Oct. 3-9. Freshman Zach Hall was selected Co-Rookie of the Week, and it was the first time since 2003 that two Dukes received conference honors in the same week.

Kozlowski was unaware that he was approaching the record books until his parents let him know about the opportunity.

"My parents were the ones that told me about the possibility of breaking [the record] a couple days before the St. Bonaventure game," said Kozlowski. "At that time, the only thing I was focused on was getting a result from our game. The record breaking was just an added bonus."

Kozlowski prepared as much mentally as he did physically for his final season with the Dukes.

"I just worked on getting my mind ready for the start of the season. All summer long, all I could think about was helping our team make a statement this season and grow our program into a contender."

The Dukes are not only coming onto the scene as a contender in the A-10 Conference but are also receiving national and regional recognition. Earlier in the week, the Red & Blue checked in at No. 42 in the NCAA RPI and secured the No. 7 spot NSCAA Regional Poll.

The goalkeeper went on to compliment the efforts of the defenders in front of him but insisted that the team as a whole must keep up the high level of play as the season goes on.

"Well, you don't get to seven consecutive shutouts by yourself. It's been a consistent team effort throughout the entire season, shutout or not. It's something that we should all be proud of, but not satisfied with. We have to continue to demand these results each game."

The Dukes currently sit at 6-3-3 on the season, with a 1-1-1 record in conference play and the remainder of Duquesne's games coming against other Atlantic 10 teams. Kozlowski and the Dukes are ready for the challenges that come along with facing teams in their conference.

"Honestly, I don't think any of us have felt much pressure at all," said Kozlowski. "We've always known we could get to the level that we are at right now; we just had to figure out what it took to get here. Now it's just

about continuing to get better as the conference season goes along."

Kozlowski mentioned how crucial fan support is to the team's run for an Atlantic 10 championship.

"It's always nice to get good crowds at Rooney Field as well. Fans never realize how much of an impact they actually have on our game," Kozlowski said. "When we get a ton of people at the games, it gives us that little extra motivation to get the result, not only for the team, but for those fans."

The Dukes will play back-to-back home contests on Oct. 15 and Oct. 19 at Rooney Field against VCU and George Mason respectively. They will continue to rely on Kozlowski and the defense until their scoring picks up.



COURTESY OF DUQUESNE ATHLETICS

Evan Kozlowski makes a diving stop in the Dukes 1-0 overtime win over conference foe George Washington on Oct. 8 at Rooney Field. Kozlowski posted a school record seven consecutive shutouts before the Dukes fell 5-0 to Fordham on Oct. 12 — their first A-10 defeat.

## Women's soccer surges to best A-10 start in history

ANDREW HOLMAN  
sports editor

It's been exactly 349 days since the last time the Duquesne women's soccer program lost a game against Atlantic 10 competition.

A 4-0-0 start in conference play so far in 2016, combined with a sensational Atlantic 10 title run, accounts for most of that. That undefeated mark through the first four A-10 games is a program best and leaves them all on their own atop the A-10 standings.

Last year, the eventual A-10 Champions began conference play at an underwhelming 1-3-0 mark. The 2010 season was the last time the Red & Blue even won three of their first four A-10 matchups.

So, what have head coach Al Alvine and the Dukes done so well this year? Well, a balanced scoring attack is a good place to start. Duquesne has had 12 different players record goals in the early portion of this season and seven different goal scorers in the four conference games alone. When goals can come from so many different players — both starters and reserve players — that's a good spot to be in.

Now in her sophomore season, Katie O'Connor has begun to find her form again in 2016. After tallying a team-high 22 points (eight goals and six assists) in 2015, she has already recorded six goals and six assists through the first 13 games of her sophomore campaign. Fellow sophomore Abby Losco has added three goals

and two assists, already tying her goal output from a season ago.

The 2015 recruiting class of Al Alvine continues to produce results in all phases of the game. The aforementioned O'Connor and Losco are getting it done in the scoring column, Caskey Aunkst is really the centerpiece of the defense and Kyra Murphy is having another solid year in goal for the Red & Blue. Murphy has logged over 1,100 minutes between the posts this season, started all 13 contests and has only allowed 10 goals, which gives her a goals against average of 0.78.

All four of these women were pivotal in Duquesne's success a season ago. This class is the reason the Dukes have maintained their high level of play this season and will continue to be a contender in the conference for years to come.

However, the upperclassmen should not be overlooked. Junior forward Malea Fabean and junior midfielder Linnea Faccenda as well as senior midfielder Maddie Layman have all been vital to the A-10 winning streak. Faccenda and Fabean have combined for four goals already through just four games of conference play and have accounted for 19 points combined on the season. Layman plays more of a defensive mid role and therefore does not light up the scoreboard, however, the senior captain is a true field general and leader for a young Duquesne squad.

Now that Alvine is in his fifth season at the helm, he is coaching the players he re-

cruited and brought into the program to play his style of soccer, and it's certainly paying off. Alvine has shown a tremendous ability to not only recruit incoming freshman, but he has also been able to bring in some talented transfers over the years.

This season, Alvine brought sophomore forward Italia Biondi into the program after she left the University of Toledo. Biondi typically comes off the bench for the Dukes as she has started just three of her 13 matches played, but she is a valuable reserve for Alvine's team. Biondi has one goal and three assists so far.

Alvine has brought quality players into his program and the result has been a balanced, true team. A team with multiple scoring options, a durable midfield, a reliable defense and a proven goalkeeper. There is talent in the starting 11 every night as well as the reserves coming off the bench. The reason Alvine's bunch has found so much success in Atlantic 10 play since last October is because they give a total team effort every time they step out onto the field.

If the Dukes can continue to play as a unit and get contributions from all over the field, then this team will have a very good shot at repeating as A-10 Champions. That doesn't mean it will be easy, but this group has a lot of heart and fight in them.

They take on George Mason (9-4-0 overall, 3-1-0 in A-10) on Oct. 13 in Virginia as they look to preserve their perfect A-10 record.



COURTESY OF DUQUESNE ATHLETICS

Senior midfielder Maddie Layman, junior forward Linnea Faccenda and freshman forward Katie O'Connor celebrate a goal in their 2-0 win over Davidson on Oct. 9 at Rooney Field in Pittsburgh.



# Not everyone is on board for women in sports

**BRYANNA McDERMOTT**  
asst. photo editor

Women have made incredible strides in the world of sports over the last two years, but it appears some people aren't quite ready for that reality to take place.

Sarah Thomas became the first female NFL referee in 2015 and the Arizona Coyotes hired Dawn Braid to be the first female coach in the NHL this past August.

But if you ask minor-league baseball player Brooks Marlow, women still don't belong on ESPN.

Well, Mr. Marlow, as a young woman breaking her way into sports media, I have to disagree.

Marlow's comments came in the form of a tweet, with his full statement reading: "No lady needs to be on [ESPN] talking during a baseball game specially [sic] Mendoza sorry."

He was talking about Jessica Mendoza, an Olympic gold medalist and Stanford all-American softball player, who was hired to call "Sunday Night Baseball" during the 2015 season.

My problem with Marlow's comments isn't that he criticized Mendoza; all sports fans have an analyst that makes them cringe. The problem is that Marlow claimed women shouldn't be on ESPN talking about baseball.

Why isn't Mendoza qualified to talk about Major League Baseball?

She played softball at its highest level and excelled at it in almost every way possible. The rules of baseball and softball

are almost identical, so what disadvantage does Mendoza have?

Just because she never had to face a Clayton Kershaw curveball or catch a long popfly off the bat of Bryce Harper doesn't mean she's not qualified. If this is your argument, then please explain why men not only are analysts for women's sports, but are also coaches.

If men can coach a women's basketball, hockey or any other sport's team, why can't a woman be an analyst for "men's" baseball?



ESPN College GameDay host Sam Ponder on set with Tennessee Volunteers head football coach Butch Jones. Ponder is one of many women who has established herself in the sports media field.

The saddest part of this situation is that Marlow isn't the only one who thinks this way.

A quick scroll through the comment section of any article on the subject matter proves this. Commenter after commenter states that they also believe women shouldn't be talking about sports.

It's 2016. Sports are no longer a man's domain.

There are women all throughout the sports world, not just engaging in female athletics but actively working in professional male sports.

I have had the pleasure to work with and for some incredibly strong, knowledgeable and professional women in sports media for both developmental teams and the NHL.

These women excel at their profession and absolutely belong in their desired field, whether it's social media, public relations, journalism or marketing.

Spoiler alert: Some of your favorite sports teams' Twitter accounts are run by women. I know, it's probably a little hard to comprehend, but it's true.

The Pittsburgh Penguins Twitter account reached one million followers last week; who was the mastermind behind this social media success? A woman. Unbelievable, huh?

Marlow may be surprised, but women do know sports, and they have every right to talk about them on whatever platform they wish, just as men do.

ESPN has nearly 80 female commentators, working as TV anchors for SportsCenter, sideline reporters, analysts and in other positions.

The network is one of the leaders in breaking down the idea that sports are only for men, so I doubt these women are going to lose their jobs simply because a minor-league baseball player hasn't realized what decade we're in.

Marlow only posted a .220 batting average and struck out a whopping 88 times as a member of both the Lancaster Jethawks and Quad Cities River Bandits this past season.

Maybe he should be spending a little more time focusing on his career and less on who's calling "Sunday Night Baseball."

## Teams begin tireless pursuit of coveted Stanley Cup

**ANDREW WHITE**  
staff writer

It's that time of year again, hockey fans: The 2016-17 NHL season is underway. It has been just over four months since the last meaningful game was played, when the Pittsburgh Penguins defeated the San Jose Sharks to win the 2016 Stanley Cup, but finally, hockey is back.

As of Oct. 10, the favorites to win the 2016-17 Stanley Cup per Westgate Las Vegas SuperBook are the Chicago Blackhawks (6-1), the Tampa Bay Lightning (7-1), the Pittsburgh Penguins (8-1), the Washington Capitals (8-1) and the Dallas Stars (12-1).

The Chicago Blackhawks have been a perennial contender for the last few years, and they seem poised to have another successful season. Led by the 2015-16 NHL scoring leader Patrick Kane, captain Jonathan Toews and two-time Norris Trophy winner Duncan Keith, the Hawks look to win their fourth cup in eight years.

The Dallas Stars hope to challenge the Blackhawks in the Central Division. The Stars look to build on last year's success, which included a division championship and a first round playoff win. The Stars will lean on forwards Jamie Benn and Tyler Seguin for their success, and if both stay healthy throughout the year, they could be dangerous to the rest of the league.

On the other side of the Western Conference, the San Jose Sharks desire to accomplish what they fell just short of last year: winning the Stanley Cup. The ageless Joe

Thornton — along with Norris Trophy finalist Brent Burns — is poised to lead the team to victory this season. Many experts believe this season could be one of the last chances the Sharks have to win with this core group of players.

In the Eastern Conference, the Washington Capitals are hungry to repeat as Metropolitan Division champs and finally win the elusive Stanley Cup. After a successful regular season that included the best record in the league, the Capitals had a disappointing postseason once again. The Caps are backstopped by Vezina Trophy-winning goaltender Braden Holtby and high-scoring forward Alexander Ovechkin. Once again they have the tools to win; it's time to see if they can finally put it all together.

The Pittsburgh Penguins are coming off their fourth Stanley Cup championship and are in pursuit of back-to-back titles for the second time in franchise history. Although the season has not begun yet, the Penguins have already been affected by the injury bug as rookie goaltender Matt Murray is out for a few weeks with a broken hand and captain Sidney Crosby is out indefinitely with a concussion. In their absence, Phil Kessel, Evgeni Malkin and Marc-Andre Fleury will have to step up and lead the team in the early part of the year.

The Pens will raise their championship banner before their season opener on Oct. 13 against the Washington Capitals at the newly renamed PPG Paints Arena.

The Tampa Bay Lightning will try to build off their last two seasons in which they lost in the Stanley Cup Finals and Eastern Con-

ference finals, respectively. Steven Stamkos leads the Bolts and their core of young but promising forwards as they begin their quest for the second championship in franchise history. The team from Florida is the favorite to win the Atlantic division and has all of the tools to be a title-worthy team.

Although the teams listed above are the favorites, do not be surprised to see other hopefuls jump into the playoff picture.

Other teams to watch include the Florida Panthers — who look to build on last years momentum. Also, the Anaheim Ducks and Los Angeles Kings, who have been strong for the past few years. Additionally, the Edmonton Oilers could also shock the NHL this year with their group of young forwards led by captain Connor McDavid.

Sit back hockey fans, and enjoy. The 2016-17 NHL season should be a wild one.



Pittsburgh Penguins center Sidney Crosby hoists the Stanley Cup trophy after his team defeated the San Jose Sharks in the 2016 Stanley Cup Finals. Pittsburgh will begin its quest to repeat in 2016-17.



# Symphony musicians strike over pay cut

ZACHARY LANDAU  
staff writer

On Sept. 30, members of the Pittsburgh Symphony Orchestra went on strike to protest what they believe to be unreasonable reductions in pay and benefits from their management. This is after months of discussion and a failure to agree on a new contract.

The proposed deal would cut musician salaries by 15 percent, placing their annual salary at roughly \$91,000, and eliminate their pension.

While the pay cut is a sour point among the musicians, it is not the prime reason they decided to launch the strike.

"The hierarchy of an orchestra is based on its base salary," principal oboist Cynthia Koledo Dealmeida said. "When this 15 percent pay cut brings the base salary below not even the top 20 in America ... we will lose, and we already are losing, musicians."

"In just this last week we're losing three of our top musicians to other orchestras, and that will keep happening," Dealmeida continued.

As for management, they are



ZACHARY LANDAU/STAFF WRITER

Several Pittsburgh Symphony Orchestra musicians have taken to performing free concerts around the city during the strike, which started on Sept. 30.

concerned about potential fiscal problems in the coming years.

"When new leadership stepped in at the Pittsburgh Symphony, we undertook a diagnostic situation assessment that caused us to realize that we are facing an imminent financial crisis," Board Chair Devin McGranahan said in a post published to the PSO's official blog.

The Pittsburgh Symphony estimates that it will acquire a \$20.4 million deficit through 2021, ac-

cording to the same post.

However, musicians are adamant that these numbers are wildly exaggerated.

"Management keeps throwing around these large numbers," bassist Micah Howard said. "The problem with these numbers is that these are not real numbers. These are based on forecasts that they've made, and they've used the most pessimistic assumptions for their forecasts."

"They're bogus numbers that they're using to justify imposing these cuts on us," Howard said.

Charles Stegeman, professor of violin and concertmaster for the Pittsburgh Opera and Ballet, speculates that these financial woes are more likely due to "administrative bloat."

"Pittsburgh Symphony is 99 players, and the staff is purported, and I've heard numbers anywhere between 80 and 60 people. [They] probably don't need that many, and so management ought to look at itself. They're not suggesting any cuts, by the way, while there is a strike, [and] they're still getting paid."

Duquesne has had a long-standing relationship with the PSO. Many professors have worked or currently work for the organization and, as such, have been paying close attention to the strike and how their students are reacting.

Professor Rachel Stegeman, who is also a substitute violinist for the PSO, has been using the strike to address what it is like to work as a musician with her students.

"Just teaching them about what it is, what it means, management,

see **STRIKE** — page 11

# 'VIA Fest:' Where technology and art meet

SEAN ARMSTRONG  
staff writer

When technology and art meet in the middle, you get the VIA Festival. The festival was held in Shadyside from Oct. 6-9 and featured a wide range of events from virtual reality demos to music and various public performances.

The prescribed goal of the Virtual Reality Salon, one showcase at the festival, was to show the general public new up-and-coming virtual reality simulations and games, according to the VIA Festival website. The Virtual Reality Salon was assembled by Weird Reality, an organization dedicated to furthering VR technology and programs.

Some of the more notable virtual reality demos were "SUPERHYPERCUBE," a new PlayStation VR title that combines a Rubik's Cube and "Tetris"; "Oops! I put on your headset," an exploration into what happens when someone uses another person's VR headset and "Virtual Boyfriend simulator," a simple application that explores how easily VR can be implemented using a smart phone.

In "SUPERHYPERCUBE," the player is tasked with fitting a flying 3D object that resembles a virtual Rubik's cube through small geometrical holes in large panels that head toward the player. The game encourages players to compete for the highest score possible.

"Oops! I put on your headset," by Sarah Rothberg, is meant to show the security applications that could possibly be implemented if VR ever reaches a larger everyday use. The simulation showed what it would be like to use a smartphone through a virtual reality headset.

Reminders pop up at random times during the experience, and the user has to dismiss the reminders by looking at them for an extended



SEAN ARMSTRONG/STAFF WRITER

A statue stands on display at last weekend's VIA art festival in Shadyside. In addition to the VR Saloon, the festival also featured stage shows, films and musical performances over the three day span of the event.

period of time.

In one smartphone app in the simulation, the player uses their head movement to control a fish while it goes through hoops to score points. While those are all interesting features that give the simulation a current smartphone-esque feel, the heart of the program is in the security applications that only show up at the very end. When the user opens the settings section of this program, the user has a warning that his or her VR account is being used by another headset. According to the demo description provided at the VIA Festival, the security aspect is meant to show how accounts are often hacked on cellphones and how this could be a potential problem in a virtual reality future.

The simplest — but most accessible — demo was the "Virtual Boyfriend Simulator," which any bystander can access on their phone using a cardboard holder provided at the festival. When

the application is opened, a virtual person appears to the viewer on their smartphone screen.

The festival's most heavily promoted music shows happened Friday and Saturday night. While many of these artists were not very high profile, the sheer number of them listed on the VIA Festival website is impressive. A few of the more well-known artists listed on the site were "Rakim," "Juliana Huxtable" and "Ghost Cop."

However, the one activity that particularly stood out was the "Nobodies Gala," an eight-person performance art piece where the artists donned elaborate costumes to disguise their identities and "make somebody, nobody," according to the VIA website. It certainly garnered reactions from bystanders.

From the Virtual Reality Salon to the various low profile musicians to the Nobodies Gala, the VIA Festival certainly exercised artistic expression in many diverse ways.

## WEEK'S EVENTS

Alan Cumming Sings Sappy  
Songs

Oct. 14, 8 p.m.

The famed Scottish-American actor will be singing at the Byham Theater in the Cultural District. Tickets start at \$110. For more information on this all-ages event, please visit [byham.boxofficetickets.com](http://byham.boxofficetickets.com).

Dark Star Orchestra

Oct. 15, 7 p.m.

The Grateful Dead tribute band will be performing at Stage AE on the North Shore. Tickets are \$25 in advance, \$30 at the door. For more information on this event, please visit [promowestlive.com](http://promowestlive.com).

## UPCOMING RELEASES

"Until Dawn: Rush of Blood"  
Oct. 13

This spin-off of the original "Until Dawn" utilizes the brand new PlayStation VR to put players in a first-person, on-rail shooter against an army of Wendigos.

The game will be released exclusively for the PlayStation 4. The price has not yet been announced.

"Pokémon: Sun and Moon"  
Oct. 18

The seventh generation of Pokémon games kicks off with these two entries. New to the series are once-per-battle Z-moves, new alternate forms for many classic Pokémon and a new region based on Hawaii.

The games will be released exclusively for the Nintendo 3DS and will cost \$39.99.

## MICRO REVIEW

"The Girl on the Train" by Paula Hawkins

"This thriller was recently released as a movie by the same name, and it's easy to see why Hollywood wanted it. While slow at times — and definitely somber — the story unfolds in a nonlinear way, giving you hints and glimpses at the big surprise ending. Get past the slow start, and you'll be onboard."

— Kaye Burnet



# Sept. ends, Green Day wakes up, releases new album

LOREN SMITH  
staff writer

After nearly four years since their last set of albums, Green Day has returned with a new, politically scathing track of songs. Their self-produced album, "Revolution Radio," which released on Oct. 7, is filled with dark overtones of the current political situation in America and is spot-on in addressing it.

The album opens with "Somewhere Now," an acoustic ballad which quickly transitions into the recognizable rock sound that Green Day has become known for over the years. This song acts as an introduction for the album, establishing many of the political and social issues, such as police brutality and gun violence, that the rest of the songs will pursue.

"Bang Bang," the album's lead single, follows as the second track. The distorted sounds of newscasts about recent gun violence incidents prelude the actual start of the song, which is the fastest and arguably darkest song on "Revolution Radio." The band's lyricist and singer, Billie Joe Armstrong, told Rolling Stone that he tried to get inside the head of a mass-shooter when writing this song.

"Outlaws," goes back and forth between slow, sweet-sounding verses and intensely loud choruses. This juxtaposition makes for one of the album's strongest and best



COURTESY OF GREEN DAY

"Revolution Radio" is Green Day's first album since 2009's "21st Century Breakdown" to only feature three members of the band. Guitarist Jason White became a touring-only member earlier this year.

tracks. The song is basically the band looking back at its youth and wondering how it got to where it is now, even with all that has changed in the world since they were teenagers.

One of the album's singles, "Still Breathing," acts as a sort of transition into songs that are a bit more personal to the band and are less concerned with political issues. Armstrong told Rolling Stone that this song originated from his past substance-abuse issues, but is more universal

than personal. With an ironically optimistic sound, this song could apply to anyone going through tough times.

The next two songs, "Youngblood" and "Too Dumb to Die," are similar with a youthful, upbeat tone. The former is a love song that, according to Rolling Stone, Armstrong wrote about his wife of 22 years. The latter is reflective and more self-deprecating than any of the other songs on the album, and focuses on believing in a cause that may turn out to not be as important as

you originally thought it would be.

"Troubled Times" slightly reflects the grungy sound of the album's fourth track, "Say Goodbye," but the message of this song is pretty self-explanatory. It starts by asking, "What good is love and peace on Earth when it's exclusive?" and goes on to discuss the thoughts one might have when their country is on the verge of so many potential disasters from various sources.

Clocking in at nearly seven minutes, "Forever Now" is this album's rock-opera song that nearly all of the band's albums have contained since 2004's "American Idiot." Its sound changes about every 30 seconds, but its theme stays both personal and political with lyrics like, "If this is what you call the good life / I want a better way to die."

The completely acoustic "Ordinary World" closes out the album. A song about living an ordinary life may be the last thing you'd expect to hear from a group of rock-stars and is probably a bit hypothetical, but this track sums up the personal-political theme of the album in a calming and relatable way.

"Revolution Radio" will take you on an enticing journey from start to finish, making it safe to say that Green Day have delivered both lyrically and musically once again. The album is available now, and is definitely worth listening to, especially while trying to sort out all of the political craziness going on currently.

# 'Luke Cage' tackles criminals and modern racial tension

SEAN RAY  
a&e editor

The third show in Marvel's "Defenders" series, "Luke Cage" takes a surprisingly deep and compelling look into the experiences of African Americans in modern day America while also providing enough super-heroic fun to get behind.

"Luke Cage" follows, well, Luke Cage (Mike Colter), a man with super strength and bulletproof skin. After the destruction of his bar in Marvel's previous Netflix feature, "Jessica Jones," Cage is working at a barbershop in Harlem. However, a crime lord known as Cottonmouth (Mahershala Ali) threatens to tear the community apart after a gun deal gone bad, and Cage finds himself forced to take on the role of the hero.

Going into the show, I had some trepidation. While Colter is a fine actor, it felt like the writers did not quite nail Cage's character during his appearances in "Jessica Jones." He felt too melodramatic at times, without the sense of fun he possessed in the comics.

Thankfully, this is rectified in his own show. Cage is given some much needed levity in his writing, and it feels so great to hear him say his signature catchphrase of "Sweet Christmas."

Now, that is not to say the show lacks seriousness. The cycle of violence that draws so many inner city youths into a life of crime is a major focus during the first half of the season, while the second half takes a look at the tension between police and citizens. Despite being about an indestructible man, these issues are developed in very realistic ways.

Harlem is realized beautifully and given a life of its own. The city is portrayed as colorful and full of life, a far cry from the decaying Hell's Kitchen, where "Daredevil" and "Jessica Jones" took place.

Adding to this is the masterfully upbeat soundtrack that manages to encapsulate so many of the problems affecting modern black America. Particular standouts for me were "Good Man" by Raphael Saadiq and "Long Live the Chief" by Jidenna, the latter of which managed the impossible by being a gangster rap song I actually liked.

Coming off of his role as Remy Danton in "House of



COURTESY OF MARVEL TELEVISION

The character of Luke Cage was created by writer Archie Goodwin and artists John Romita Sr. and George Tuska. He first appeared in 1972 and is well known for his team-ups with the hero Iron Fist, who is slated to get his own Netflix treatment in March 2017.

Cards," Mahershala Ali really showed some hidden depths with his performance as Cottonmouth. At once threatening and tragic, he seems more like the hero of another story rather than a full-on villain.

As to the other performances, it was refreshing to see Rosario Dawson, who plays Claire Temple across all the Netflix Marvel shows, was finally given something to do. If you did not love her from the previous series, this will be the one to change your mind. Simone Missick, meanwhile, plays police detective Misty Knight, who will most likely be the breakout character of "Luke Cage." Her portrayal of Misty is incredibly close to the original comic book version, filled with a palpable sense of strength and confidence.

Unfortunately, the show could not escape the same trap "Daredevil" season two and "Jessica Jones" fell into: its second half just

is not as good as the first. Thankfully, "Luke Cage" does not have as bad of a fall off as those other two, but it is noticeable.

It really feels like the showrunners tried to stuff two seasons' worth of content into only one, as half way through, a major plot and tonal shift occurs. This shift causes many previously important characters to be almost forgotten, while the newly introduced ones do not quite get the amount of development they needed.

Seeing as this is becoming a recurring problem, I would really suggest Marvel follow "Stranger Things" in cutting the length of its seasons down to around eight episodes.

At the end of the day, however, "Luke Cage" represents another clear cut victory for Marvel. It's smart and exciting, with a real slam dunk of a final episode. If one can forgive the quality drop after episode 7, they will enjoy one hell of a ride.



## Managers face off against musicians

**STRIKE** — from page 9

and you don't want to be adversarial with your management, but it seems management is adversarial with musicians," Stegeman said. "Are musicians not supposed to fight for their jobs? Are they not supposed to have a say in it? Are they supposed to say, 'Yeah we'll take a 25 percent pay cut?' No other job would do that."

As far as the strike is concerned, many musicians hope to be performing again soon.

"We want to get back to playing our concerts as soon as possible," Howard explained, "but in order to do that, we have to be able to get back to the table and get back to negotiations with our management."

*Leonardo Sanchez contributed to this article.*



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# Trump, escalating rhetoric, says Clinton 'has to go to jail'

AP — His campaign struggling a month from Election Day, Donald Trump sharpened his rhetoric Wednesday from calling for Hillary Clinton's defeat to declaring "she has to go to jail" for using a homebrew email server and other charges of corruption while she was secretary of state.

Trump told supporters at a rally in battleground Florida that the Justice Department's handling of the probe into Clinton's email server let her off the hook and suggested that both Democrats and Republicans in Congress went along with it. The Justice Department declined to prosecute Clinton, but FBI Director James Comey criticized her and her aides for being "extremely careless" with classified information.

"Did they make a deal where everybody protects each other in Washington?" Trump asked Wednesday. The Republican nominee went on to call it "one of the great miscarriages of justice" in United States history and declared that Clinton "would be the most dishonest and the most corrupt person ever elected to high office, and I don't think it would be close."

"This corruption and collusion is just one more reason why I will ask my attorney general to appoint a special prosecutor," to investigate Clinton and the fact that she apparently deleted thousands of emails that were never recovered, Trump said.

He later made clear: "She deleted the emails. She has to go to jail."

It was a dramatic escalation of rhetoric by

the Republican presidential nominee whose campaign was hobbled on Friday with the release of a recording on which Trump brags about groping women without their consent because he is famous. Trump has apologized. But widespread condemnation followed, including from dozens of Republican officeholders who called on Trump to quit the presidential race and let his running mate, Mike Pence, complete it as the GOP nominee. Trump has refused and amped up his attacks on Clinton by bringing up Bill Clinton's sexual past and saying the former first lady attacked his alleged partners.

The difference from just a few months ago was stark. Just after the Republican National Convention, Trump responded to his supporters' chants of "lock her up" by suggesting, "Let's just beat her in November."

At Sunday's debate in St. Louis, the nominee himself made that very threat — an unprecedented break with U.S. political decorum. It came after Clinton had said it is "awfully good that someone with the temperament of Donald Trump is not in charge of the law in our country."

Trump blasted back, "Because you'd be in jail."

That call was denounced by some Republicans and Democrats alike, but Trump has not been deterred.

His new attacks came during a two-day swing through Florida, including a stop Wednesday in Lakeland on the crucial I-4 corridor between Tampa and Orlando.

But Trump didn't solely train his fire on his



AP PHOTO

Trump answers a question during the Sept. 26 presidential debate against opponent Hillary Clinton.

Democratic opponent.

Trump has complained bitterly in recent days about House Speaker Paul Ryan, who told Republican House members on Monday that he would focus on maintaining a majority in Congress and would no longer campaign for Trump. He noted that Ryan

didn't call and say "good going" after his performance in Sunday's debate.

Trump claimed that there is a "whole sinister deal going on" that has prevented Ryan and other Republican leaders from fully backing his campaign, but he didn't elaborate.

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