



Duquesne program put on probation

ZACHARY LANDAU
staff writer

On Oct. 11, students in Duquesne's Physician Assistant Studies Program learned that the school's standing with the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA) might be in trouble.

In a meeting with students of Duquesne's Physician Assistant program, Department Chair and Professor Bridget Calhoun and Rangos School of Health Sciences Interim Dean Paula Turocy explained that the ARC-PA has put the department on accreditation probation for two years.

Probation, as explained on the ARC-PA's website, is a temporary status for programs that either fail to meet the board's standards or "the capability of the program to provide

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Taking in the colors of autumn



JORDAN MILLER/STAFF PHOTOGRAPHER

A tree on Forbes Avenue sees its leaves begin to change colors. Duquesne's Thanksgiving holiday kicks off on Nov. 21.

DU law clinic to help clear records

CAROLYN CONTE
staff writer

Duquesne's Juvenile Defender Clinic won a \$100,000 grant to help current or potential public housing residents with juvenile records to attain or keep their homes.

The Department of Housing and Urban Development and the U.S. Department of Justice awarded the money in September to Duquesne law professor Tiffany Sizemore-Thompson's Juvenile Defender Clinic. Ten law students from the clinic will visit Pittsburgh public housing sites in November to interview and give legal advice to residents.

To expunge — or remove — residents' juvenile records, the clinic will go through a multistep process with potential clients. First, the clinic must establish that the person qualifies for the services and is "actually eligible to have their juvenile record expunged," according to Sizemore-Thompson.

The grant requires clients be under 24 years old and at risk of losing their public housing or denied a job. It also prohibits clients who have been found guilty of "certain sex offenses, domestic violence offenses and drug offenses related to methamphetamine," according to Sizemore-Thompson.

Then, students in the clinic will file the motion for expungement. Legally, a 30 day notice is required for the district attorney, and after that notice is accepted the Court of Common Pleas will convene a hearing.

"Either myself or a certified student attorney will present the motion to the judge for decision," Sizemore-Thompson said. "Our students do much of the work on these cases from beginning to end."

According to Sizemore-Thompson, a juvenile record can exclude one from driving privileges, employment, military service, education, public housing and private housing if person, like a landlord or potential employer, is "able to access that information." A person's juvenile record

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Veterans Week returns to Duquesne Nov. 7

HALLIE LAUER
staff writer

For the second year, Duquesne will be honoring service members on campus for Veteran's Day.

Veterans Week is a celebration honoring the approximately 250 to 300 veterans and active duty members of the armed forces who attend Duquesne. The week runs Nov. 7 through Nov. 11 and will be filled with events to educate the public and recognize the service these men and women have given, according to Director of Duquesne's Office of Military and Veteran Students, Don Accamando.

"For me, [Veteran's Day] is always a day of extreme pride," Accamando said. "To be part of the fraternity of those who have served, it's an extreme honor."

The week will begin Monday

with a prayer service followed by Roger Brooke, a Duquesne psychology professor and Director of the Military Psychological services, as a guest speaker. He will give a lecture titled "The Warrior's Path" in Rockwell Lecture Hall One beginning at 7:30 p.m.

On Tuesday Nov. 8 there will be no events, as it is Election Day and the Office of Military and Veteran "encourages everyone to get out there and support their nation by voting," Accamando said.

On Nov. 9 there will be a ribbon cutting for a new lounge in Libermann Hall. The ribbon cutting begins at 11:30 a.m. and goes until 12:30 p.m. Last year, the Student Veterans Association received a \$7,000 grant to remodel this lounge into a place where veteran students can spend their time.

"This is where the military and



TAYLOR CARR/STAFF PHOTOGRAPHER

An American flag flies above Academic Walk. Duquesne will be celebrating its second annual Veterans Week starting Nov. 7. Veteran's Day this year is on Friday, Nov. 11.

veteran students have a place, this is their home [on campus]," Accamando said.

On Nov. 10 there will be a screening of "Project 22," a documentary that is a compilation of stories from

different veterans across the country. The screening will be in Rockwell Lecture Hall Three at 7:00 p.m. In the past year, roughly 8,000 veterans have committed suicide, according

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BLUFF BRIEFS

Duquesne debating society hosts iDebate Rwanda

For the third consecutive year, the Duquesne University Debating Society will host iDebate Rwanda.

As a part of their U.S. debate tour, iDebate Rwanda brings a group of young adult Rwandan students to college campuses across the U.S. The tour provides an opportunity to create dialogue about living in a post-genocide world and how debate has helped change their lives.

The entire Duquesne University community is invited to attend the Fr. Sean M. Hogan public debate series next Wednesday, Nov. 9 at 6 p.m. The event will be held in the Africa Room in the University's Student Union and will feature dinner and a live public debate.

POLICE BRIEFS

Cousin PB has been noticing the leaves starting to change colors; the fall season is really starting to kick off now. However, several students have been partaking in a different type of leaf this past week...

Last Tuesday, marijuana and paraphernalia were found in a St. Ann's room. One student was referred to the Office of Student Conduct. Later that day in St. Martin's, three residents were referred to the Office of Student Conduct after Residence Life found marijuana and paraphernalia in the room.

Last Wednesday, Duquesne Computing and Technical Services reported that one of their vehicles parked on Boyd Street was damaged sometime between Oct. 21 and Oct. 26.

Last Thursday, another student in St. Ann's was caught with marijuana and was referred to the Office of Student Conduct. Also that day, a student in Brotier was referred to the Office of Student Conduct for smoking the ganja in their room.

On Friday, marijuana and paraphernalia was found in an Assumption room. One student was referred to the Office of Student Conduct.

On Saturday, a student in Towers received a state citation for possession of marijuana and paraphernalia. Also that day, an unknown caller expressed concern for an intoxicated Duquesne student on the South Side Steps. The student was later found in St. Martin's and was referred to the Office of Student Conduct for underage drinking.

Early Tuesday morning, a Duquesne resident student was physically assaulted by a Duquesne commuter student in a South Side bar. The case was referred to the Office of Student Conduct.

Private student loans predatory, experts say

RAYMOND ARKE

asst. news editor

The words "student loans" can strike fear in any college student's heart. While they help many students afford college, sometimes the loaning system can hurt the people it is supposed to help.

Financial aid and loans can often appear confusing to many college students, according to Elizabeth Baylor, Director of Postsecondary Education at the Center for American Progress, a Washington D.C.-based public policy organization.

"It's a big, looming thing when you're in college," Baylor said.

However, it is important to pay attention to one's loans because some can be classified as "predatory." This type of lending occurs when "the borrower is led into a transaction that is not what they expected," according to the Washington State Department of Financial Transactions' website.

Antony Davies, associate professor of economics at Duquesne, described predatory loaning as "simply a loan with a high interest rate."

Often, predatory student loans come from private companies.

"Families end up in trouble when they go to private loans," Baylor said.

She suggested sticking with loans from the federal government.



AP PHOTO

In this May 15, 2016 file photo, students embrace as they arrive for the Rutgers graduation ceremonies in Piscataway, N.J. Those graduating might find themselves struggling with private student loans.

"Generally, borrowing from the Department of Education is a better bet than private loans," she said.

This is because private companies often present a good deal on paper, but the fine-print on the loans often will raise the rates substantially, Baylor added.

According to John Falleroni, associate director of financial aid at Duquesne, in the 2015-16 school year, private student loans at Duquesne accounted for \$28.9 million.

On the other hand, one of the federal government's student loan programs has come under fire for being predatory. This program, called

Parent PLUS, is not geared toward students.

Michael Grunwald, a senior staff writer for Politico, an online political journalism site, wrote a lengthy article on the PLUS program in 2015. From his experiences looking at Parent PLUS, he said that, while student loans are often quite helpful, these loans can be "a predatory racket."

Rachel Fishman, a senior policy analyst specializing in education policy at New America, a nonpartisan think tank, explained how this type of loan is different.

"Unlike student loans ... parents must apply for the loan and must undergo a credit check ... If they have no adverse credit history, the parent can borrow up to the full cost of attendance for college," she said.

Fishman said Parent PLUS loans are generally beneficial. However, they can hurt those who don't have a detailed understanding of the system due to the limited financial background check the loans do. Low-income families may take out more than they can repay.

"Because Parent PLUS loans only look at a parent's credit history, and they are not 'allowed' legally to look at their ability to repay currently, the federal government can extend low-income parents thousands upon thousands of dollars in debt,"

she said.

Also, Fishman said that colleges and universities often "load up financial aid packages with these loans, making it seem like the bill is \$0 even though the student is taking on debt via student loans, and the parent is taking on debt via Parent PLUS."

Davies warned of the unintended consequences of all government loans.

"One unintended consequence is that the low rates encourage people who would actually do better in life with a technical education to go to college instead," he said. This leads to students being stuck in debt because "they have attempted to develop skills that they don't have, while allowing skills that they do have to atrophy."

Falleroni said \$25 million worth of Parent PLUS loans were used at Duquesne during the 2015-16 school year.

The damages of not paying back the loans are harsh.

"Where it gets even more problematic is the federal government can collect that loan if a parent defaults by garnishing wages, social security and seizing tax refunds," Fishman said.

Baylor added that since parents of college students are aging, they are saddled with an unexpected financial burden as they near retirement. This

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Over-enrollment leads to accreditation probation

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an acceptable educational experience for its students is threatened."

The cause of Duquesne's probation is over-enrollment, according to Duquesne's physician assistant program's accreditation FAQ page. During the admission process, the department estimates the percentage of accepted students that choose to enroll in the program. In other words, more acceptance letters are sent out than the department expects to enroll under the assumption that some students will choose not to come to Duquesne.

In recent years, Duquesne overestimated how many potential physician assistant students would refuse their acceptance letters. Therefore, Calhoun and Turocy self-reported that the program exceeded its 40 student allotment in both the 4th year and 5th year classes. This allotment is set by the ARC-PA.

According to the National Center for Education Statistics, Duquesne conferred 55 Bachelor's degrees and 50 Master's Degrees in the Physician Assistant program in 2014. According to Calhoun and Turocy, 67 students are currently enrolled in the freshman class.

As listed on the ARC-PA's website, if a program "fails to comply with accreditation requirements in a timely manner," they risk having a "focused site visit and

or risk having its accreditation withdrawn."

Calhoun assured students in the program that probation will not be a problem for them currently.

In an email sent out to Duquesne physician assistant students, Calhoun said the program is still accredited and that probation will not "affect your ability to proceed through the clinical year and will [not] affect your ability to sit for the initial certification examination following your graduation in August."

Calhoun also reassured students that probation would not change the program in a tangible way.

"Your education will proceed as planned, and you will not notice any changes in the quality and rigor of our program," she wrote.

Current students are unphased by the change in the accreditation status. Kaitlyn Eagle, a fourth year physician assistant student and president of the Physician Assistant Student Association, is not worried.

"In my opinion," Eagle said, "the probation of our program does not and will not affect the students negatively at all. This probation status does not reflect the excellence of Duquesne Physician Assistant Studies."

Some students, however, express doubts over the image probation casts over the program. Shelby Wasil, a fourth year physician assistant student and a member of the Physician Assis-



KAILEY LOVE/PHOTO EDITOR

A photo of the entrance to the Rangos School of Health Sciences, which houses the physician assistant program. The program's accreditation is temporarily on probation.

tant Student Association, is primarily worried about the effect on incoming students.

"I'm a little concerned that prospective students may only see our probation at surface level and not look into the reason behind it," Wasil said. "Obviously, if a program is on probation for something negative ... then that could deter incoming students. But our program isn't on probation for [a negative] reason."

The department reinforces that they are already coordinating with the ARC-PA to rectify the situation.

"There are two more reports

that we must submit, one in December 2016 and one in January 2017," Calhoun and Turocy said in a written document sent to *The Duke*.

Calhoun and Turocy, in the same document, also said that the department has already increased their staff and equipment to accommodate large class sizes.

In the meantime, students like Wasil are still confident in their program.

"I know that all students of the program are receiving an education of the highest quality, and nothing about this probationary status is changing that fact."

DU ring statue in sticky situation after letter 'D' falls off



PHOTOS BY SEAN RAY/A&E EDITOR

Duquesne's class ring statue, installed near Rockwell Hall at the beginning of the Fall 2015 semester, is a familiar sight on campus. However, recently the ring began to fall apart. On Oct. 24th, the ring statue started having its gold letter "D" fall off in multiple pieces, according to Duquesne Facilities Management's Assistant Vice President and Chief Facilities Officer Rob Dobish. Dobish said this resulted from a failure of the ring's adhesive material. The ring is now only a little over a year old, but other than the gold D outline, the statue does not appear to be damaged in any other way. According to Dobish, it will not be a costly fix and they are currently working with the artist who made the ring to find a different adhesive to solve the problem. The ring has been broken for over a week now, but according to Dobish, they plan on fixing it within the next seven days. "It is just a matter of finding the best way to affix the 'D' permanently," Dobish said. *Extended caption by Liza Zulick/Staff Writer.*



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Corrections/clarifications

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CARTOON BY SHELBY WASIL

if i do say so myself...

Toomey, McGinty square off for Senate

With less than a week to go until Election Day, you're probably tired of hearing about the pros and cons of voting for either Hillary Clinton or Donald Trump.

But don't stop listening to the non-stop political ads or reading the hundreds of articles just yet, especially since the most important race of this election, particularly for Pennsylvania residents, has nothing to do with Trump or Clinton. Instead, it's the race for the Pennsylvania Senate seat that's boiling down between sitting Republican Sen. Pat Toomey and Democratic hopeful Katie McGinty, who has a significant chance to beat him.

As of Nov. 1, McGinty by more than two points, according to a Huffington Post poll tracker.

I'll be the first to admit that politics is not something I avidly follow outside of the year or so leading up to the presidential election. However, that's not an excuse – for anyone – to be uninformed about the stances these candidates have taken on central issues facing this nation today, such as the United States' involvement in Syria. It's vital that we care enough to vote beyond the president in the first place.

Here's the number one reason why you should care about the ongoing race between Toomey and McGinty: Whoever wins could decide the party majority of the Senate.

Currently, most of the senators

are Republican, with 54 members belonging to the GOP, 44 members to the Democratic Party and two who are Independent. However, 34 of those 100 seats are up for reelection this season, according to the Washington Post, and 24 of those seats are being defended by Republican incumbents, compared to just 10 for Democrats. This means that the Democratic Party only needs to win four or five of those seats to take control of the Senate.

According to 270 to Win, there are at least six states considered to be toss-ups at this point; the election could go either way, for either Senate candidate. One of these

states is Pennsylvania, which is why it is paramount to be heavily informed on what Toomey and McGinty believe. When we vote, we are deciding how a body of Congress will be making decisions for the next six years.

That being said, here's a quick guide to where Toomey and McGinty stand on various matters America is dealing with today.

For starters, McGinty has strongly endorsed Clinton for president, whereas Toomey has been wishy-washy in his support of a candidate. According to Politico, Toomey said both candidates were "badly flawed," while also adding that he "could never vote for Hillary Clinton." His unwillingness to make a firm decision on who he

will vote for as president has been fodder for McGinty's campaign and has also hurt him in the polls.

McGinty, who has a robust background in environmental policy, supports President Barack Obama's "Clean Power Plan," which would try to limit the volume of greenhouse gases resulting from human activities. She also supports federal regulation of fracking. Toomey, on the other hand, opposes both of these issues.

Both McGinty and Toomey oppose the use of ground troops in Syria to combat ISIS. Additionally, McGinty supports Obama's Affordable Care Act, whereas the Republican incumbent voted to repeal it in favor of creating a health-care system that is less expensive, more portable and is renewable.

On immigration, Toomey has said that Trump's plan to build a wall along this country's border with Mexico and to deport every illegal immigrant is not realistic, according to CBS Pittsburgh. However, he opposes the 2013 bill that allows for those living illegally within the U.S. to have a path toward citizenship. McGinty supports this bill.

No matter which candidate strikes you as the most qualified for the job or aligns themselves the most with your own personal political views, one thing must happen for everyone: On Nov. 8, take 20 minutes, get out there and vote. The future of America depends on it.

Rebekah Devorak is a senior journalist and advertising major and can be reached at devorakr@duq.edu.

STAFF EDITORIAL

North Dakota pipeline exploits American Indians

"Take our land away and we die."

These words were spoken in the 1970s by Mary Brave Bird, a Lakota Indian activist. She was echoing words spoken by American Indians since 1492 that are still spoken today. The Standing Rock protesters opposing the Dakota Access pipeline in North Dakota are the newest example of how exploited this group is, and we believe American Indians deserve our support.

According to the U.S. Census, American Indians are the poorest minority group in our country. Nearly 30 percent live below the poverty line. The people who occupied this land first have been left behind, subjected to cramped reservations and generations of broken promises.

Protests, which started in September, have grown in Standing Rock. Sioux that live on a nearby reservation, along with environmentalists and other supporters, have continued to oppose a massive pipeline project which would run through sacred spots and the reservation's source of drinking water. The pipeline's proposed route was initially supposed to run by the wealthy, white suburbs of Bismarck, but public outcry had it moved near the Indian reservation. No Indian was consulted during any part of the planning process.

These protests have been peaceful prayer circles and chanting, but that hasn't stopped a massive law enforcement effort to shut it down. The New York Times reported police in Humvees and body armor rolled in last week with pepper spray, bean-bag guns and dogs. Hundreds of unarmed, peaceful protestors were hauled off by the police, according to NPR. One must wonder where this strong response was when a few dozen, heavily-armed, white males seized a wildlife refuge in Oregon (Looking at you, Mr. Ammon "Recently Acquitted" Bundy.)

This is by no means the only occurrence of the disregardment of America's native peoples. One local example was the construction of the Kinzua Dam in northwestern PA, which forced Seneca Indians off their land in the 1960s and flooded what had been their home for centuries.

The list is too long to count the number of times we have let down the American Indian population. The Partnership with Native Americans said that the federal government has broken to date nearly 500 treaties with native tribes. It's hard to imagine America getting away with that with any foreign powers.

The Sioux at Standing Rock, and American Indians across our country, deserve our support and recognition. Stand with them not only to support the environment but to support their rights. It's time to abandon a history of exploitation and start to treat American Indians with the respect they deserve. After all, they were here first.

Red Bull, vodka can have same effect as cocaine

OLLIE GRATZINGER
staff columnist

We've all heard it: College is the time to let loose. In most contexts, that just means figuring yourself out and discovering what you want to dedicate your life to for the next forty-ish years.

No biggie, right?

Sometimes, though, experimenting can be taken to the next level, and some dabbles are more dangerous than others. Among the risks taken in the name of a good time is drinking unique and inventive combinations of alcohol, a depressant, and caffeine, a stimulant. If you're one of those thrill seekers, you might want to think twice next time you reach for an energy drink as a mixer.

According to a study done at Purdue University, drinking alcohol — namely vodka — with things such as Red Bull will produce the same effect on the brain as taking cocaine.

Not only that, but the effects could be long-term. The experiment, which included giving both the alcohol/caffeine mixture and cocaine to different sets of adolescent mice, brought researchers to the conclusion that repeated exposure to the mixture during adolescence (which ranges from ages 10 to 19) could pose a threat to future behavioral and neurological development.

In other words, if you drink

these things often, your brain will start to show signs of chronic cocaine use, the study says.

The long-term effects of these drink mixes remain largely unknown, but according to *The Scientific American*, a science magazine, one major concern is that the prefrontal cortex, which is the part of the brain utilized for decision making and impulse control, isn't fully developed until around age 25. That's probably why teens and young adults often make these borderline questionable choices in the name of a fun night, but it might be those choices that prevent the brain from reaching maturity in due time.

In addition to that, there's a rising concern about blood-alcohol concentration and how mixing caffeine and alcohol can lead to lethal levels. Since you're less likely to feel the effects of the drink when it's mixed as such, it's easy to consume too much. The legal limit of blood-alcohol concentration is .08, but *The Scientific American* recounts an instance in which nine Central Washington University students were hospitalized following a party in 2010 at which Red Bull and vodka was consumed, and their levels ranged from .123 to .35. The article further clarifies that anything nearing or exceeding .3 can be deadly.

It's important to note that this isn't the first time that we've seen the mass popularization of these

somewhat-unhealthy drinks. Four Loko, a well-known alcohol/caffeine concoction, has been the debate of health concerns since its inception over a decade ago. The main issue wasn't so much that the drink produced a drug-like high, but rather that the caffeine interfered with the sensory cues one might rely on to determine their levels of intoxication. Thus, the drinker would find themselves drunker, faster.

According to the Purdue University study, the same thing applies to the infamous Red Bull and vodka mixed drink that's quickly becoming a favorite among teens and young, often underage, adults.

Duquesne students are skeptical, though. Asking around, it became apparent that those who have mixed the two reported nothing more than a slightly stronger buzz, if even that. In most cases, the students, who wish to remain anonymous, place the study and its findings on the level between paranoid conspiracy theories and idealistic cures for boredom.

At this age, however, it isn't uncommon to feel invulnerable and invincible to the dangers of the world. Life is just beginning to open up and unfold into a curious rush of newness and independence. There's a level of desperation to experience all that there is to feel and to experience it at a level that transcends depth. For



AP PHOTO

According to a study by Purdue University, mixing Red Bull with vodka, pictured above, can have effects on the brain that are equal to prolonged cocaine use.

most college freshmen, moving into dorms marks the first step in moving away from our parents. The traditional my-roof-my-rules condition no longer applies, and we as young adults are free to set our own regulations, test our limits and explore what it means to be human. For that reason, this a phase of our lives that is dual parts unique and dangerous.

We aren't wired to think in terms of future consequence right now, finding instead that it's easier — and often more fun — to live for the here and now.

There's still the question lingering of whether or not these drinks

produce the same effects on the brain as prolonged cocaine exposure. The Purdue University study set a strong foreground for future exploration into the topic, but as of now, the true effects still remain somewhat enigmatic. There's no question that the drinks do, however, have the potential to cause great harm and health risks, so next time you find yourself on the South Side searching for a good time, consider reaching for something else to drink.

Ollie Gratzinger is a freshman English and journalism major and can be reached at olliegratz@gmail.com.

Halloween brings 'slut-shaming' issue to surface



AP PHOTO

Provocative costumes, like Heidi Klum's, have long been controversial and can provoke "slut-shaming."

CATHERINE CLEMENTS
student columnist

Since I was a child Halloween has been one of my favorite holidays. What other day has trick-or-treating, haunted houses and pumpkin carving all rolled into one? But of all Halloween festivities, dressing up has always been the best part. Halloween is a night when you can be whoever or whatever you want.

There's something magical about the idea of taking a night off from your regular life to be something spooky, pun-ny or original. The possibility for Halloween costumes are

endless and so is the execution. For the same costume, one person may decide to wear a t-shirt while the other opts for a tutu. What makes your costume unique is how you express yourself.

People choose their costumes for many reasons. Perhaps they just want to use what they already have in their closet. Or maybe they want to show off their creativity.

Maybe their Halloween costume makes them feel confident or sexy.

Most of us are familiar with the iconic Mean Girls quote: "Halloween is the one day a year when a girl can dress up like a total

slut and no other girls can say anything else about it." Though *Mean Girls* is one of my favorite movies, there's a problem with this conclusion.

What society needs to take into consideration is that what someone decides to wear is not a reflection of their intentions. It is not our job to make some connection between someone's costume and their sexual activity. It is really none of our business. The point of Halloween is to have fun, so let's stop wasting time judging others' costumes.

At first I questioned who is defining "slutty" when it comes to costumes, but then I realized it is us — all of us. Author Leora Tanenbaum writes in "Slut! Growing Up Female with a Bad Reputation" that every time "we see a woman who dresses provocatively, [we] maybe we wish we had the guts to dress that way ourselves. [But] what do we call her? A 'slut.'"

Despite some beliefs, there is no correlation between the length of a woman's dress and her sexual activity. People have the right to wear what they want, and Halloween is no exception. A person's shoe choice, skirt length or top-cut is their business. Unless someone's costume is truly offensive, such as being racist, it should not matter what they are wearing.

"There are no 'slutty costumes,'" said Anne Donahue for *The Huffington Post Canada*. "There are just costumes. And while a particular costume may not be in your comfort level, that's fine because you're not the one wearing it."

Donahue has a great point because everyone has a different line for what is too

far. We need to remember that there is not a right or wrong when it comes to boundaries. My line is definitely different than some of my friends', and that is a perfectly natural thing.

Halloween is a good time to open up the conversation on slut-shaming. Slut-shaming, as defined by the Oxford Dictionary, is "the action or fact of stigmatizing a woman for engaging in behavior judged to be promiscuous or sexually provocative." This judgement on women isn't just limited to sexual activity but extends as far as what is considered provocative clothing.

Slut-shaming is a deeply rooted problem in our society that hides in sexism. Therefore, to no surprise, one of the biggest nights this occurs is on Halloween, when people let loose a little more than the average day.

In North American English alone there are 220 words to describe "sexually promiscuous women," according to Nancy Hornberger in "Sociolinguists and Language Teaching." That is a lot of words to remove from one's vocabulary. It is something society as a whole needs to actively practice.

What is important to recognize about slut-shaming, especially on Halloween, is that it is not coming from a particular side. Both men and women alike are guilty of slut shaming. Though it is challenging to not react to or pass judgement on something we think is shocking, we must remember that just because we wouldn't wear it, doesn't mean she can't.

Catherine Clements is a senior public relations major and can be reached at clement3@duq.edu.

BIKES AND BRIDGES: GETTING TO CLASS THE HARD WAY

SETH CULP-RESSLER
features editor

Welcome to the *Continuing Misadventures of a Displaced Duquesne Student*, a series in which Features Editor Seth Culp-Ressler grapples with his newfound life off campus. For the veterans of apartment life, feel free to laugh at his incompetence. For non-veterans, perhaps the mistakes he chronicles are valuable lessons.

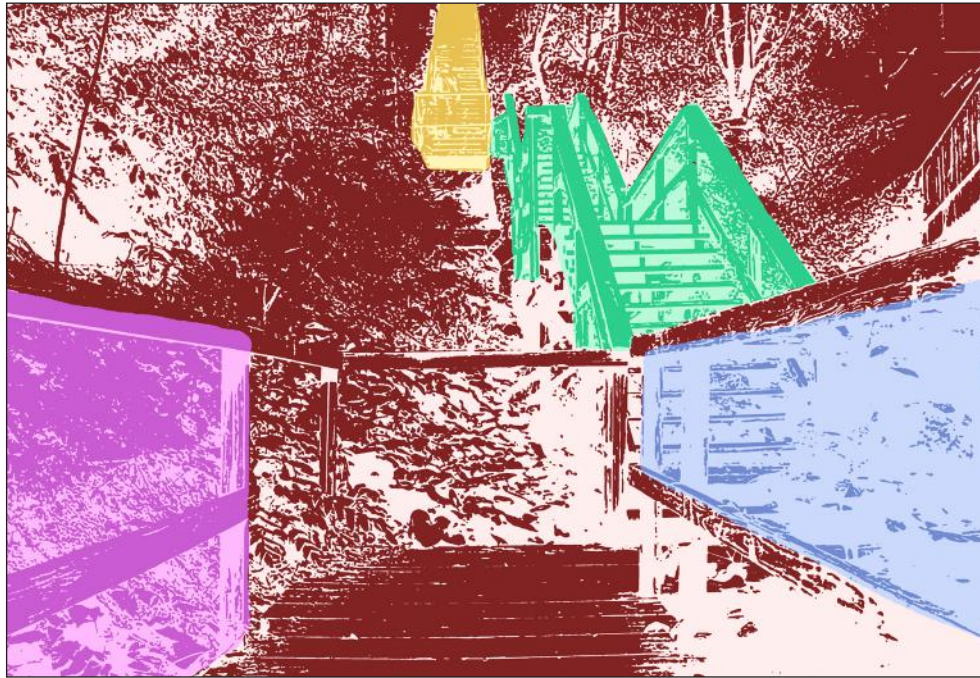
Chapter Three: The Commute

It's been a good while since I last had to subject my body to this much exercise. As in — if I had to guess — junior year of high school. So, what's that, four and a half years? My legs would certainly believe that number.

Alas, such is the life of commuting to Duquesne's campus.

Living up on the Bluff, while limiting in terms of flexibility of lifestyle, is undoubtedly superior when it comes to getting your butt to class. Students take that for granted, of course. I used to bemoan my trek up the Seitz Street hill between Des Places and College Hall. Today, I'd give up Halloween candy for, like, two or three days to get that walk back.

Now my commute is a hop, skip, jump, river and bridge away. And, as one soon learns when living on the South Side, getting to campus day-in and day-out isn't exactly the most straightforward proposition. Unfortunately, once across the Monongahela, you're left standing on the wrong side of the cliff. As in, the one without elevators.



SETH CULP-RESSLER/FEATURES EDITOR

As most Duquesne students know, you have two options: the South Side steps (formally known as the City Steps) or the Armstrong Tunnel sidewalk.

Neither are ideal.

For the first few weeks of class I was committed to biking. After all, travelling on wheels has to be faster than by foot, right? Well... yes and no.

See, the route from South Side to campus isn't exactly easy for bikers. There aren't dedicated bike lanes, and the majority of the trip is comprised of the Tenth Street Bridge and the Armstrong Tunnel.

I don't know about you, but for the majority

of the day I don't have much interest in riding on the road in either case. If something goes wrong, you've got nowhere to escape to — no shoulder, no runoff area. Not my jam.

Naturally, then, that leaves you riding on the sidewalk, which brings its own set of problems. There are other pedestrians walking there, for one. Now, I should be clear: I do everything in my power to be as respectful of others as I can when I ride on the sidewalk. I know this is a shared space, and I'm not trying to be That Biker™ who rolls up on people, screaming for them to move over. If I have to wait behind somebody, I have to wait. It's all good — I leave plenty of buffer time to get to

class on schedule.

Of course, that clearly diminishes the speed advantage of riding, meaning that in most cases it would be just as slow as walking. So, with that, I've whittled down my seat time to Tuesdays and Wednesdays, when my commute home is late at night with little to no traffic, allowing me to ride on the road and truly cut down my travel time.

All other days I walk. That means I have to conquer the big, bad South Side Steps. Hence the increased exercise. Now, I hear you: I *could* take the Armstrong Tunnel sidewalk. Trust me, though, having a dump truck blow by you at full tilt just a single time — coating your lungs in diesel exhaust and blowing out your eardrums — is enough of a deterrent.

Up and down the steps it is, then. Admittedly, it does get easier the more you do it. I guess that's how exercise works, huh? Also, the relative silence of the steps (in comparison to the tunnel) means I can better listen to my podcasts, and I love me some good podcasts. I've been able to rip through a huge catalog of the things so far, and it's pure bliss. Highly recommended for boring commutes.

For now, that's where I'm at: a nice balance between walking and riding. I've totally got this whole commuting thing figured out!

Wait, what's that you say? Winter is on its way?

Yeah, yeah, I know. Adapting to the weather change will be a whole new challenge, one that will probably have its own installment of this series early next year. At this point, I know I need some nice gloves and sturdy boots, but I'm sure more deficiencies in my attire will rise up as quickly as temperatures drop.

But, hey, I'll cross that (windy, cold, "May Be Icy") bridge when I get there.

Stretch your body and open your mind with local yoga

BRADY COLLINS
contributor

When you think of yoga, a variety of perceptions probably come to mind. You might think of an Instagram friend who's constantly posting the exotic places they've done a headstand or the video you did in high school gym class that everyone complained about.

Chances are, if you've never tried it, you aren't aware of the benefits it can bring. You may even be intimidated by the practice. Students and teachers of yoga are here to set the record straight.

Linda Meacci, a teacher at Schoolhouse Yoga in Squirrel Hill, explained that, "yoga is a way to be with yourself. There aren't any expectations in yoga."

Yoga can bring students a variety of physical and mental benefits. Allie Stewart, a junior occupational therapy student at Duquesne, said yoga has profoundly impacted her life. Stewart was going through some rough times in high school when she decided to try yoga using a Groupon she found.

"I was lying on the mat at the end of class, sweating like crazy, and I said, 'Maybe it's okay to love myself,'" Stewart said. "I just kept going back every day after that. I couldn't get enough of it."

Understanding mindfulness is paramount in anyone's practice, Stewart said.

"You're observing your thoughts and with each exhale just letting it go," Stewart said. "You're saying to yourself, 'This is where I'm at right now, this is what I'm feeling, all of me is okay.'"

Stewart is going through the process of teacher training with Schoolhouse Yoga.

College students are under a lot of pressure. Sometimes the weight of studying, extra-curriculars and relationships can make it impossible to care for yourself. Fortunately, yoga offers a way to do that, and there are over 100 studios in the Pittsburgh area. The options are almost endless, so where do you start?



TAYLOR CARR/STAFF PHOTOGRAPHER

BYS Yoga, located on Carson Street in the South Side, is one of the multiple yoga studio options close to Duquesne's campus.

Inhale Pittsburgh

If you're an early riser, you can take a quiet walk or T-ride downtown to Inhale Pittsburgh on Seventh Street. Morning classes are from 6:30-7:30 a.m. Monday through Friday. Breathing and moving that early may not feel like a chore once you step into Inhale's studio. The studio faces the city street, and students are able to feel the morning light flood in as the sun rises.

Allison Cong, a teacher at Inhale Yoga, said her goal is to allow all students to feel as if they are "reconnecting with their inner selves." She said she loves when beginners come to the studio. She has even had newbies "observe classes" just to see what it's all about. Once students begin classes, the first thing Cong recommends is to "start by focusing their mind, knowing that their practice is their own and not everyone else's. It's go-

ing to look different."

Most classes are alignment and flow-focused, once again coordinating breath and movement. Cong said yoga is an activity involving the "mind and body." This means the increased stability one will gain from yoga manifests itself both physically and mentally. Mentally, yoga can help "calm your temperament," she said.

BYS Yoga

You can start by crossing the Tenth Street Bridge and making a left onto Carson Street. Just a few blocks down, you'll run into BYS Yoga. In the Sunday morning class, you can normally find Holly Koenig teaching, guiding students through poses and offering some wisdom to keep in mind throughout

XC teams battle through Atlantic 10 Championships

ADAM LINDNER
staff writer

This past weekend, Duquesne's men's and women's Cross Country teams both competed in their respective Atlantic 10 Conference Championships and continued their recent run of success.

Held in Mechanicsville, Virginia at Pole Green Park on Saturday, both teams finished well in the top of their fields of 14 with a second place finish for the men's team and a third place finish on the women's side.

The men's team, led by Rico Galassi, finished second with 77 points right behind Dayton, who finished with 57. Saint

Louis was a close third with 85 points, and George Mason and Saint Joseph's rounded out the top five with 102 and 130 points, respectively.

Galassi, a redshirt junior, finished the five mile run with a time of 24:32.3 and a first place finish out of 123 runners overall, placing him 10.1 seconds ahead of the second place finisher, Hunter Johnson of Dayton.

Duquesne head coach Jim Lear was pleased with the performance of his top athletes.

"Rico had an exceptional race," Lear said. "I'd actually say all six people at the front, the three women and the three guys, had great races. Rico, obviously, a win's a great thing."



COURTESY OF DUQUESNE ATHLETICS

Redshirt junior Rico Galassi poses with his new hardware after finishing first out of 123 runners in the A-10 men's race. He was named First Team All-Conference and the 2016 Most Outstanding Performer.

A great thing indeed. While Duquesne certainly benefited from Galassi's strong outing, Christian Kazanjian and Cordon Luoco both ran exceptionally as well. Kazanjian finished fifth with a time of 24:49.3, while Luoco finished eighth at 24:59.2.

Dino Andrade (No. 31 overall, 25:39.2) and Josef DiPietrantonio (No. 32, 25:40.5) rounded out the top five for the Duquesne men.

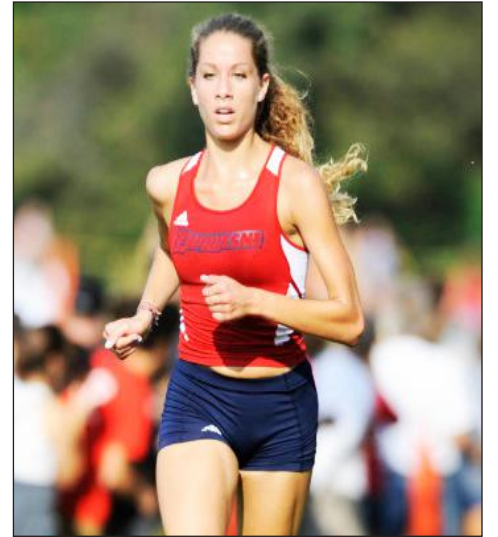
Duquesne's women's team was also represented very well, finishing third out of a field of 14 behind Richmond, who finished first with 77 points, and Dayton, who finished second with 88 points. Though Duquesne finished with 88 points as well, Dayton was awarded second place through the tiebreaker policy. Davidson (109 points, fourth place) and UMass (150, fifth) rounded out the top five teams.

Running a distance of a 5k (3.12 miles), the women's team was boosted heavily by top runners recording very impressive times. Valerie Palermo finished third out of 131 runners and posted a commendable time of 17:20.4. Soon after Palermo were fellow Dukes Autumn Greba (17:29.2) in sixth and Jenny DelSignore (17:30.4) in seventh.

While coaches and runners alike were hoping to win the championship, there's still incredible solace to be taken in how both teams performed, according to Palermo.

"I'm very proud of our team's overall performance," Palermo said. "I think we all [did] our absolute best and left it all on the course. It's obviously disappointing to come in [third], but I think that we all did everything we could and put in the work all season in order to do our best."

Although neither team may have won



COURTESY OF DUQUESNE ATHLETICS

Senior Valerie Palermo competed in her final A-10 Championship event, finishing third out of 131.

the championship, both teams have a major chance to redeem themselves in the upcoming NCAA Mid-Atlantic Regionals, held at Penn State on Nov. 11.

"I think everyone is excited to compete with some of the best ranked schools in the area," Palermo said.

Lear said that Duquesne should be in "good shape" heading into Regionals, just as long as the team's top three runners on each side have strong outings.

He emphasized that because the Regional meet will have a much larger number of runners.

"Lower counting sticks would help a lot," Lear said. "Run similar to what they ran in the conference meet, yeah, I think we should be in pretty good shape."

WR Roberts shines in Dukes 35-31 win over Bryant

DAVID BORNE
staff writer

Trailing 24-7 with 6:57 remaining in the first half, it appeared that Duquesne was about to suffer their second consecutive loss in NEC Conference play to the Bryant Bulldogs. The loss would have likely crushed their NEC title hopes. However, the Dukes were able to outscore Bryant 21-7 in the second half and pull out a 35-31 victory.

The win came in the ninth ever meeting between the two teams, and it brought Duquesne's three game losing streak against Bryant to an end. Additionally, it set the stage for receiver Blair Roberts to showcase his talents on Rooney Field.

The Red & Blue saw a breakout performance from the graduate transfer who played undergraduate football for the Old Dominion Monarchs.

However, Roberts was not the only receiver who had a career day on Saturday afternoon.

Bryant receiver Keenan Thompson also had a stat-stuffing night for the Bulldogs. He opened the game's scoring with a 32 yard reception from quarterback Dalton Easton, but Roberts immediately made his mark and evened the score four minutes later. This was just the start of a back-and-forth affair between the two all night long.

The two stole the show on Saturday, as both managed to find the endzone four times and they totaled a combined 242 yards receiving in the contest.

However it was Roberts for Duquesne who was able to come out on top of the receiver duel and in turn help his team come away with the win. Roberts sealed the deal for the Dukes with 9:15 remaining in the 4th quarter, when he caught a 13-yard pass from redshirt senior quarterback Dillon Buechel and scored his fourth and final touchdown of the afternoon.

Roberts ended the day with a season high 8 receptions for 153 yards. Roberts's performance on Saturday tied the school record for most touchdowns in a single game. He now shares the record with teammate Wayne Capers Jr., who recorded four touchdowns in a game against Jacksonville earlier this season.

Blair Roberts has usually been more of a secondary target for Buechel behind Wayne Capers Jr., but he sure stepped up when the Dukes needed him to on Saturday. Bryant was able to limit Capers to only one reception in the contest, and Buechel needed someone to fill the role of the number one receiver, which is exactly what Roberts did. Roberts and Capers both share the team lead with six touchdown receptions on the season and have done a nice job of giving Buechel weapons to replace Chris King, who had been Buechel's favorite target over the past few seasons before graduating last Spring.

In his four seasons at Old Dominion, Roberts appeared in 25 games and had 13 touchdowns during that time. He only appeared in one game in his final season at Old Dominion but missed the remainder

of the season due to injury. The transition to Duquesne and a new offense hasn't seemed to impact Roberts this season, as he is one of the team's two leaders in nearly every receiving category.

If Roberts and Capers can continue to step up, Duquesne's passing attack will become very dangerous on the shoulders of their leader Buechel.

The Dukes head to Long Island to take on Wagner this upcoming Saturday. Wagner enters the matchup allowing 221.1

passing yards per game, so Roberts and Capers Jr. should be able to find success again this weekend.

With the win over Bryant, the Dukes improved their record to 5-3 on the season, and 2-1 in conference play. The upcoming games are must-wins for the Dukes in order to preserve hope of defending their NEC Championship, as they currently sit behind Saint Francis in the standings, who is 6-3 on the season and has a perfect 4-0 record in conference play.



COURTESY OF DUQUESNE ATHLETICS

Graduate student and wide receiver Blair Roberts celebrates with his offensive lineman Matt Fitzpatrick after scoring one of his school-record four touchdowns in the 35-31 win over Bryant on Saturday.

In bitter battle to end drought, Chicago prevails 8-7

ANDREW HOLMAN
sports editor

The Cleveland Indians and the Chicago Cubs, as well as their fan bases, have been waiting for a combined 176 years to bring a World Series title back to their respective cities. For Chicago, it has been a brutal 108 years. For Cleveland it has been a heart-wrenching 68. In 2016, these two teams collided in the Fall Classic setting the scene for a historic series. But only one of these droughts could come to a conclusion.

In a series with so much at stake, it was no surprise that it took a full seven games to decide a winner. With two cities set to hold their breaths for each pitch of the final game, it didn't take long for Chicagoans to exhale and for Clevelanders to start praying. A leadoff home run from Dexter Fowler set the tone and the Cubs kept the bats rocking all night long on their way to a 8-7 extra inning victory in a World Series game that won't be soon forgotten by anyone.

In Game 1, the Indians pitching staff led by their ace Corey Kluber locked down the Cubs lineup and shut them out 6-0 — a statement win for the team who entered the series as the underdog. But Cleveland thrives in the underdog role and they proved it from the get-go. The Cubs bounced back in Game 2 before dropping Games 3 and 4, as Cleveland ruined the homecoming party for Chicago, while reclaiming their home field edge.

The win put Cleveland on the opposite end of the spectrum from when their neighbors, the Cleveland Cavaliers,

trailed 3-1 and had to rally back and win 3-straight games to capture the team's first NBA title and the city's first championship in 52 years.

Unfortunately for the Cleveland faithful, "The Land's" second title in less than six months wasn't meant to be. The Cubs rallied to three straight wins, two of those coming on the Indians' home turf, to take the series 4-3 and bring the 108 year drought to a memorable culmination.

Along with the over 100-year wait, the other thing that came to a finale on the second night of November was the career of veteran catcher David Ross. He didn't start the ballgame, but when Lester entered in the fifth inning, Ross was right there with him. And in the sixth, Ross capped off a brilliant career with one last home run as he said farewell to his 15-year career.

The blast came just after the Indians scored a pair of runs in the bottom of the fifth and served as a serious buzzkill to a Cleveland team that seemed poised to rally. Cleveland could never quite fight back. An eighth inning 2-run blast by Rajai Davis tied the game and sent it into extras. But a 2-run 10th inning, that followed a rain delay, ultimately lifted the Cubs to the crown.

For the Cubs and the city of Chicago, it was pure elation. A title that could be the first of many for a team loaded with young homegrown talent like Bryant, Baez, Russell, Rizzo and Contreras. It finally put an end to "The Curse of the Billy Goat" and took a tremendous amount of pressure off the Cubs' teams of the future.

Well, they had to wait 108 years and until the 10th inning of Game 7, but the Cubs finally won the Fall Classic.



AP PHOTO

Cubs veteran catcher David Ross smashes a fifth inning home run over the wall in the final game of his 15-year MLB career. The home run helped lift the Cubs to a 8-7 win in Game 7 of the 2016 World Series.

For Cleveland, it was heartbreak. As the postseason went along, things began to feel like destiny for the Tribe after they sailed to the AL pennant with a 7-1 record in the ALDS and ALCS combined even without their second and third starters.

Needing just one win in the final three games, another title in Cleveland in 2016 didn't seem so much about if, but rather a matter of when. A team that overcame so much and got so close will have to regroup and look to next year where under the direction of Terry Francona they could very well be back in the Fall Classic.

But as history has proven, it isn't easy to get back. Nothing is ever promised. For the Indians the 68-year drought has flipped to 69 and the Indians now own the longest title drought in the MLB. They will be hoping to put a halt to that just as the Cubs did.

From a die-hard Cleveland fan — congratulations, Chicago. Thanks for a memorable series and a thrilling Game 7. We hope to see you again next year.

I guess the old Cleveland adage is back. "Maybe next year, Cleveland. Maybe next year." We will be back. Just keep on believing.

Cydney Staton sends soccer senior class off in style

BRI SCHMID
staff writer

The Duquesne Dukes women's soccer team propelled itself into the playoffs as the No. 3 seed when it finished off the regular season strong with a hard fought battle against the La Salle Explorers.

The Dukes hosted the Explorers on Oct. 30 in what became a very wet and chilly fall day shortly after the beginning of the game. With this being the final game of the regular season, stakes were already high. Throw in the fact that this was also Duquesne's Senior Day, and it's safe to say emotions were flying. And in her final game on Rooney Field, senior forward Cydney Staton had a game to remember recording two goals in Duquesne's 2-1 victory — the second coming with just four seconds left in double overtime to record a last-minute win for her team.

"I don't even know, I'm like speechless," Staton said. "I have been waiting for a goal all season . . . I don't think I could have felt any better about it."

Staton and her eight fellow seniors — Maddie Layman, Haley Yow, Jorden Thornton, Maggie Mayo, A.J. Baroffio, Ashley Gault, Dani Wenger and Elyssa Anderson — were honored before the game and were given the majority of the playing time by their head coach Al Alvine.

The first half started rather evenly matched as neither seemed to really dominate the other and there were limited scoring chances for either side.

With 30 minutes left in the first half, the sky opened, and it began to pour. The turn-



COURTESY OF DUQUESNE ATHLETICS

The women's soccer team takes a team photo before its Senior Day sendoff game at Rooney Field.

ing point in the weather brought a turning point in the game, and things began to heat up.

La Salle took control of the ball and the field, managing to keep the play down on the Dukes' end for a solid five minutes with aggressive attempts to score. But on a counterattack, sophomore forward Katie O'Connor was taking the ball down an open field to score what seemed to be a sure goal until Explorer Paige McDowell came in with an aggressive slide tackle, was red carded and forced to leave the pitch.

A missed penalty kick by Malea Fabean left the score 0-0 where it remained for the remainder of the half as Duquesne failed to capitalize with the Explorers forced to play the

remainder of the game with only 10 players.

Needing a win to keep their playoff aspirations alive, La Salle came out much more aggressively in the second half with serious intentions of putting the game away as they continued to outshoot Duquesne at a staggering pace.

However, on a breakaway, Staton split the Explorers' defense and drove to the goal, sending the ball soaring into the back of the net, scoring the first goal of the game and her first of the season.

The remainder of the second half would consist of numerous corner kicks that would not be converted into goals, a yellow card and even more rain. With seven minutes left in

regulation, it seemed the Dukes would walk away with the win as they were in full control.

But in a stunning turn of events, the Explorers sent a soaring corner kick into the center where sophomore forward Maci Bower redirected it into the net, tying up the game and keeping the Explorers' season alive as the game headed for extra time.

And overtime it was; two total. After 90 minutes of regulation and a 10 minute overtime period, Duquesne and La Salle were still knotted at 1-1, meaning that a second overtime was in store.

For virtually the entirety of the second overtime, it looked like a tie would be the final result that the nine seniors would record on Rooney Field.

But as the clock wound down, both teams began to scramble. Staton received a pass and began to race toward goal. With just four seconds remaining, the senior became a hero as she sent one past the keeper and scored the virtual buzzer beater. The goal secured Duquesne's 2-1 win and sent her to the bottom of the pile of her congratulatory teammates as they picked up momentum heading into the conference tournament with their eyes set on a repeat performance of 2015 and the program's first ever NCAA tournament win.

"To win another A10 championship with my team? I mean last year winning it was amazing," said Staton. "The feeling is unreal, so I can only hope we can do it again this year."

The Red & Blue will begin their quest to repeat as Atlantic 10 Champions when they take on the No. 6 George Washington Colonials in the tournament's opening round.

Vine's six seconds of app fame come to end

CRAIG TAYLOR
staff writer

Short-form video sharing app "Vine" will be discontinued "in the coming months," according to Vine's development team via a statement made with the online publishing platform Medium last Thursday.

Team Vine assured creators that their videos will not be going anywhere just yet and that they can still view and download their creations for the time being. The developers also said that the Vine website will be kept online, and that they will notify users whenever changes are made.

"We'll be working closely with creators to make sure your questions are answered and will work hard to do this the right way," Team Vine said in their statement.

The official date for the shut down has not been announced, but Twitter said in its press release that it would be occurring in the coming months.

Team Vine didn't specify a reason for shutting down the service, although the announcement comes at a time when content creators can take advantage of a multitude of less restrictive video-sharing formats.

Instagram gave users the opportunity to post 60-second videos this summer, and even Twitter (which purchased Vine in 2013) increased their video length limit to 140 seconds. Along with the implementation of live video with Twitter's Periscope and Facebook's live video fea-



BRENNAN BIZON/STAFF ARTIST

ture, creators now have more options than ever to produce content.

Vine also struggled with satisfying advertisers. Whereas platforms like Twitter and YouTube have ways to promote branded content, Vine never implemented such a service, and many major companies abandoned it.

In a study conducted in 2015 by video analytics firm Tubular Labs, Vines made up just 4 percent of all branded videos when compared to YouTube, Facebook and Instagram. Out of 2,500 videos posted by 40 major brands, only a handful of those companies utilized Vine for their viral marketing, and many of them hadn't posted a Vine in months.

Vine's six-second video clips were a staple on Twitter, as they complemented the social

media platform's bite-sized nature. Vine was a hotbed for physical and black comedy, and some of the more popular Vine stars garnered millions of followers on the service.

Jay Versace, a user with over 3 million followers on Vine, commented on how the app impacted his life.

"Heard vine [sic] is getting shut down. I will never forget how many opportunities that app brung [sic] into my life," he posted on Twitter. "Even tho [sic] I haven't Vined in forever I always go on there and remember how me making one decision changed my life forever."

Twitter users honored the service by tweeting "#RIPVine" along with some of their favorite vines from the app's four-year history.

Ty Sweeney, a senior integrated marketing communications and political science major, says that the death of one of the major social media sites was inevitable.

"It was a fine platform... but I think we can't go on having as many social media sites as we have," he said.

In their statement, Team Vine thanked the creators and users who made the service into the success it had become.

"To all the creators out there—thank you for taking a chance on this app back in the day. To the many team members over the years who made this what it was—thank you for your contributions. And of course, thank you to all of those who came to watch and laugh every day."

WEEK'S EVENTS

Pup
Nov. 5, 7 p.m.

The Canadian indie pop duo will be performing at Stage AE on the North Shore. Tickets are \$29.50 in advance, \$32 at the door. For more information to this all ages event, please visit promowestlive.com.

Lez Zeppelin
Nov. 5, 7:30 p.m.

The all-female Led Zeppelin tribute band will be performing at the Rex Theater on the South Side. Tickets start at \$17.50. For more information to this 21-and-over event, please visit druskyentertainment.com.

UPCOMING RELEASES

"Shut-In"
Nov. 11

This French thriller stars Naomi Watts of "Mulholland Drive" fame as a single mother who suspects someone has snuck into her home during a snowstorm. Isolated, she must now protect both her own and her son's life against the invader — if he exists in the first place, that is.

"Call of Duty: Infinite Warfare"
Nov. 4

The thirteenth entry in the long-running, first-person shooter series takes players across the solar system as they do battle with insurgents attempting to secede from the Earth-based government. The game will be released for Microsoft Windows, Playstation 4 and Xbox One. It will cost \$59.99.

MICRO REVIEW

"Slayaway Camp"

"Halloween may be over, but this indie puzzle game by Blue Wizard Digital keeps the spirit of October alive. Players are tasked with avoiding obstacles like electric fences, SWAT teams and cats while murdering all the campers in increasingly hilarious ways. Filled with plenty of humor and references to horror movies of the past, 'Slayaway Camp' is a rare indie gem on Steam."

— Sean Ray

Editorial: Politicians after your entertainment

SEAN RAY
a&e editor

Election years may be a dour time for most people, filled with arguments on Facebook and non-stop campaign ads, but for the entertainment industry, presidential runs are veritable goldmines.

Satirists like Stephen Colbert and Samantha Bee take joy in skewering candidates whenever they get the chance. Video games like "Mr. President" and "The Political Machine 2016" let players everywhere take part in the political fun. And there is little doubt shows like "House of Cards" are drawing inspiration for their next seasons from the news cycle of Clinton vs. Trump.

Unfortunately, though, what many might not realize is that the entertainment industry will be under threat. And in a rare example of bi-partisanship, both candidates represent dangers to different parts of the industry.

In a speech given in February, Donald Trump promised to "open up" libel laws in order to make journalists who write negative articles about him easier to sue. While Trump may have only specified journalists in the speech, his comments could have wide-reaching implications.

Libel laws are important to journalists, but they don't only protect journalists. Comedians



AP PHOTO

Donald Trump speaks at a campaign rally in Orlando, Florida. The candidate's threat of expanding libel laws may have a negative impact on satirists in the U.S.

rely on them to keep themselves protected from people angry about being made fun of in their jokes and stand-ups.

If journalists are easier to sue for saying bad things, what's to stop Trump from suing "Saturday Night Live" the next time Alec Baldwin mocks him? Will we have to look forward to the day President Trump enters an ongoing court battle with Trevor Noah over his latest joke?

This isn't the first time a politician has turned out to be thin-skinned against criticism. As a matter of fact, the second President of the United States, John Adams, passed similar laws known as the Alien and Sedition

Acts, which banned speech that was critical of the government. However, the sedition part of those laws have not been a part of U.S. law for more than 100 years.

On the Clinton side of things, the former New York Senator as had a very negative history with the video game industry.

According to an article by the Washington Post, she once gave a speech calling for violent video games to be regulated just as harshly as tobacco or alcohol. The speech was in support of the Family Entertainment Protection Act, a law which would have fined the selling of violent video games to minor. Clinton introduced the law, though it never passed.

While the jury is still out on the psychological effects violent video games can have on children, this increased scrutiny is unprecedented for an entertainment medium. Is it illegal for a kid to watch a violent TV show? Minors may not be allowed into rated R movies at most theaters, but that is not due to a law. That's just a commonly accepted practice of theaters and is entirely voluntary. Movies don't even need to send in their films to be rated in the first place.

Thankfully, laws against video games are going to be a little harder to pass today than in the past. In 2011, the U.S. Supreme Court struck down a Californian law that was very similar to Clinton's FEPA. Now judicial precedent is in the favor of video game companies and against future laws like that.

Obviously the effects of politicians on the entertainment industry are not the most important things to look at this election. There are fiscal policies, immigration stances and experience to consider. But entertainment is ingrained in our everyday lives and affects many of us more often than a decision on how much the wealthy will be taxed or whether our southern border will have a wall.

Take into consideration how your favorite form of relaxation might be affected this coming election day.

Cumberbatch brings Frankenstein's monster to life on stage

NICOLE PRIETO
staff writer

Starring Benedict Cumberbatch and Jonny Lee Miller, “Frankenstein” took the proverbial stage in Pittsburgh to round out its run over Halloween weekend. The 2011 play is directed by Danny Boyle and written by Nick Dear; it was broadcast in area theaters last week as part of the National Theatre Live’s Encore Series.

The broadcast shown on Oct. 29 at SouthSide Works Cinema featured Cumberbatch as the Creature and Miller as Victor Frankenstein. The specificity is warranted, as the original live run had a unique twist: Cumberbatch and Miller would alternate roles as the Creature and Frankenstein on consecutive nights of the show, emphasizing the theme of duality from Mary Shelley’s novel.

Before the play begins, the audience is given a brief, behind-the-scenes look at interviews with the director, writer and actors. This is interspersed with scenes from the 1931 “Frankenstein” movie that has dominated popular culture renditions of the Creature. The irony, the creators state, is how the infamous film robbed Frankenstein’s Creature of his voice entirely. Where the 1931 adaptation plays upon his violent nature, his narrative in Shelley’s novel displays a loquacious being who gravitates toward John Milton’s “Paradise Lost.”

The play opens with the Creature emerging from behind a leathery screen made to resemble a freestanding womb. He collapses upon the ground. He crawls, gropes and drags himself



COURTESY OF ROYAL NATIONAL THEATER

Benedict Cumberbatch (right) plays Dr. Frankenstein opposite Jonny Lee Miller (left) as the monster during the show’s stage run. The two actors would switch roles between each performance, with the movie version having Cumberbatch as the nameless creature and Miller as the titular scientist.

across the stage. The overwhelming sensations of the life breathed into him take the form of blinding lights overhead, which pulse in time to his realizations about his body and of being alive. They remain key features of the production, searing like stars against the stage’s dynamic set at key points in the drama.

This, too, is our first scene with Frankenstein, who enters briefly before recoiling in disgust. He only bothers to throw a blanket over his creation as he runs offstage. The Creature is then left alone to the chaos of an industrial world

drenched in alien sounds and cruel people. His immediate introduction allows us to sympathize with him first, which helps blunt the atrocities he later commits.

Boyle’s rendition gives the Creature his voice back in a unique way. He is almost a compromise between the boorish Boris Karloff version and Shelley’s original. His speech is largely true to the dialogue in Shelley’s novel, but the lines are spoken almost in farce. His words are loud and drawn-out, interspersed with actions such as leaping on chairs or clawing at the air — per-

haps mocking the conventions of the Romantic and Victorian England eras. The Creature embodies, undoubtedly, Frankenstein’s monstrous, half-fulfilled experiment without sacrificing all the passion of Shelley’s wronged being.

After abandoning the Creature, Frankenstein is first truly introduced when his family creates a search party to find his younger brother, William (Hayden Downing, William Nye and Jared Richard). The boy had gone missing after a game of hide-and-seek, abducted by the Creature earlier that day.

Frankenstein’s character is a departure from the sentimental young scholar stricken by grief after his mother’s death in Shelley’s book. We do not witness his transformation into the wayward student who becomes obsessed with death. That information is instead relegated to a few feverish and harried speeches. Dear presents us with the man determined to force nature to bear its secrets to him — and who vacillates between disgust and pride in his abilities.

His fiancée, Elizabeth (Naomie Harris), is the only person who seems to humanize him for the audience with any efficacy. They regard one another with a playful, mutual respect. Her kindness and humor foil his severity; if someone like this finds Frankenstein appealing, perhaps he is not as atrocious as the audience is being led to believe.

The set itself is a technological feat, with parts of scenes rising from the floor in a circular platform and shadows expertly cast behind paper-like screens. A track runs along the center

see ‘STEIN — page 12

Tove Lo creates seamless, flowing album in “Lady Wood”

NICOLAS JOZEFczyk
staff writer

Swedish electropop singer Tove Lo is back with a stellar and tantalizing new album that takes the listener through an emotional rollercoaster ride. “Lady Wood,” which came out on Oct. 28, is a perfect combination of crafted beats and vocals that make a flawless pop album.

Coming out only a short two years after her debut album, “Queen of the Clouds,” “Lady Wood” has left many hungering for more of Tove Lo’s unique, melancholic musical talent.

The first song on the record is not a song with vocals, but an instrumental intro. “Fairy Dust - Chapter I” is a 57 second track that sets up the whole album and flows seamlessly into the second number, “Influence.” Usually I am not a fan of music intros or interludes, but “Fairy Dust - Chapter I” is done in such a way that it makes it impossible to know that it and “Influence” are two different melodies without looking at the track list.

“Influence” is aided with a feature from Wiz Khalifa. His short rap only aids the message of the melody, which is being intoxicated by love and not having control, a message commonly found in Tove Lo’s music. “Lady Wood,” the next song and namesake of the album, follows what was set up by the previous track talking about how tantalizing love is. The ending of this tune is mysterious and creepy, allowing for a whole new feeling to be created in time for the next song.

“True Disaster” and the fifth piece, “Cool Girl,” create a questioning and heartbreak feeling. With both songs debating long-term love, it is a nice break from the theme that originated from the beginning of the album.

The next melody, “Vibes,” is minimalist compared to Tove Lo’s usual electronic and synth music. Although that electronic sound is not taken out completely, the verses of both Tove Lo and Joe Janiak, who is featured on this track, are accompanied by mainly guitar. This al-



COURTESY OF GOLDEN AGE STUDIOS

“Lady Wood” is Tove Lo’s second studio album. Prior to its release, Lo announced a 21-date tour to promote “Lady Wood.”

lows “Vibes” to sound more intimate and stripped down, creating an emotion of raw love.

“Vibes” is then followed by an interlude named “Fire Fade - Chapter II.” This instrumental arrangement with slight vocals gives a very unsettling feeling. While listening to it, “Fire Fade - Chapter II” creates an imagery of waking up from a drug induced high. With lyrics like “I’m lost” and “I don’t know where I am” accompanied by an

echo, the sound is fearful. Just like the intro, “Fire Fade” flows into the next song seamlessly.

“Don’t Talk About It” and the ninth tune, “Imaginary Friends,” produce the feeling of regret. “Don’t Talk About It” uses the line “sweep it under the rug like we do” to show the love is not talked about anymore. This is followed up by “Imaginary Friends” which mainly talks about how her imaginary friends will always be there for her, since her lover could not be.

The tenth and 11th tracks in the setlist, “Keep it Simple” and “Flashes,” are callbacks to Tove Lo’s past love, with the former talking about keeping the relationship physical in order to try to convince the guy to stay with her, while the latter incorporates how her public life interferes with relationships and how she is not perfect.

Finally, the last melody on the album, “WTF Love Is,” mixes together a fast tempo with lyrics regarding love clichés and what love actually is to create a meaningful song that is also good to dance to.

“WTF Love Is” ends with the lyrics “Ah, f--- / Ugh, I need another” which is actually very topical for how “Lady Wood” is planned out. In this case, those lyrics can be preserved by the listener as he or she needs more music from Tove Lo, as if he or she is addicted to it. Luckily, Tove Lo’s album is actually a double-album, meaning there is a second one coming out sometime next year.

Tove Lo was able to create an album that evoked just as much emotion as her last one, “Queen of the Clouds,” did. She uses the musical medium to tell a story, which allows listeners to follow along like we are with her through all of these different events. All of the songs, other than the intro and interlude, mesh together many synth sounds, cool and tantalizing vocals and beats a person cannot help but to dance to. That being said, “Fairy Dust - Chapter I” and “Fire Fade - Chapter II” are used to allow the album to have an undistinguishable flow.

“Lady Wood” is a storytelling masterpiece that any fan of any genre should pick up and listen to. It creates perfect anticipation for the second part of her album, which is set to release in the early months of 2017. Let’s hope it manages to be even better than its predecessor.

PGH yoga studios offer stress relief

YOGA — from page 6

the practice. Despite being on Carson Street, the atmosphere is peaceful, and the studio is full of natural light.

BYS has a variety of classes available, including Hatha/Vinyasa classes — which focus on alignment and breath — meditation classes and even a YogaRhythmics class. Kristi Rogers, the owner of BYS Yoga, said YogaRhythmics is typically offered at the Friday Benefit Classes from 6:30-8:30 p.m. At the Friday Benefit Classes, students pay what they wish, and students from the previous Friday choose the charity that the proceeds will benefit.

Schoolhouse Yoga Squirrel Hill

If you're looking to escape to one of Pittsburgh's most interesting neighborhoods, consider visiting Schoolhouse Yoga in Squirrel Hill. Schoolhouse offers basic and advanced alignment, meditation and flow classes. Each teacher is different at Schoolhouse and brings their own experiences to the practice.

Linda Meacci, who teaches most

Friday and Sunday mornings, said she came to yoga when she, "was living in NYC, studying theater and dealing with a lot of internal anxiety." Yoga brought Linda a sense of a calm she had yet to experience in other physical activities. Linda then went on to blend yoga with her theater and dance background, and her classes reflect that fusion.

Meacci advises all beginners with the mantra that "all you need is yourself and the mat." She offers modifications to everyone in the class and gives special attention to individuals that want it.

The benefits of yoga are numerous, and at the end of the day, being in touch with our own emotions, thoughts and bodies is of the utmost importance. By getting in touch with yourself, you may be better at connecting with others as well.

So get out there and try it. Mats are relatively inexpensive and one class can change your outlook for the entire week ahead of you. And wouldn't the possibility of feeling even a little less stressed be worth a shot?

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Clinic expunges records

RECORDS — from page 1

becomes public after age 14 in Pennsylvania.

One of the students, second year law student Brianna Sulenski, said the class is currently working on expungement cases for several clients in the Juvenile Defender clinic.

"I'm excited to help them, also because they are [around my age]," she said. "There is no need for these [records] to hold them back."

Sulenski said she enjoys being able to work 'hands-on' with real clients. The students go to court with Sizemore-Thompson, but next semester will play a more active role.

After Sizemore-Thompson found the grant opportunity in an email, she applied in December of 2015. As this was a national grant, Sizemore-Thompson and her clinic competed with other housing authority and legal service teams throughout the country for the grant. When she first applied for the grant, the Juvenile Defender Clinic was brand new.

"I thought it would be a great way to increase visibility about one of the services that the clinic provides," she said. "Thankfully, the Housing Authority was completely on board with the idea and so we co-wrote the application."

Chief Urban Affairs Officer of the Pittsburgh Housing Authority Valerie McDonald-Roberts said that the grant "really came out of a conversation [with the chief community affairs liaison] about employment." Roberts would like for residents to not be prevented from work because of these records.

Sulenski shared this concern.

"They are hard working and have families to support, but they are held back from work — even if they are educated — because of old records," she said.

Roberts said the Housing Authority was eager to work with Duquesne in their efforts to help those with past criminal records.

"The goal is to have [housing residents] be independent," Roberts said.



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Vets Week back at DU

VETERANS — from page 1

to The Military Times website, and this documentary was made to raise awareness of those high suicide rates in the veteran community.

Lee Wagner, an academic coach for the Veteran's Bachelor of Science in Nursing (VBSN), said the week will help bring the campus closer together.

"Veterans Week at Duquesne is great opportunity to thank and honor our military and veteran students, build awareness around veteran issues and most importantly, continue to build a stronger sense of community on campus for our military and veteran students," Wagner said.

The VBSN organization, a national program for veterans, helped put together some of the events for the week including the exhibit at Gumbert Library about the creation of combat paper, which is paper made out of old


military uniforms. The exhibit will be up until Nov. 11.

For the sixth year, Duquesne will host the Veteran's Breakfast Nov. 11, beginning at 8:00 a.m. The breakfast, planned by the Veterans Leadership Program, costs \$35 for a ticket. The breakfast is in the Union Ballroom and open to the community.

After the breakfast, guests and veterans can head to the annual Pittsburgh Veteran's Day Parade, which starts at 10:00 a.m. at the intersection of Liberty Avenue and 10th St. in Downtown Pittsburgh.

"The fact that we recognize that service with a special day is great ... it's special. I'll just leave it at that," Accamando said. "It really forces us to slow down, even if it's just for a day, to remember sacrifice and service for the nation."

A detailed list of the events can be found online at duq.edu/veterans under the News and Events tab.



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Play offers unique take on classic horror story

'STEIN — from page 10

upon which a train-like device roars through, emitting sparks and noise while carrying people swinging hammers. In the scene where the Creature immerses himself in nature, real water falls onstage to imitate rain.

The play makes interesting departures from its source material, the most significant being the scenes where the Creature becomes literate through the De Lacey family. Old man De Lacey takes an active role in developing the Creature's literacy for a year, which contrasts his self-tutelage in the novel. De Lacey, a blind scholar, takes pains to reign in the Creature's impulsiveness. They take walks together, quoting literature and contemplating the Creature's existence. If anything, this added senti-

mentality makes his separation from the De Laceys all the crueler.

The mother of science fiction had borne a creation myth with disastrous consequences, and playwright Dear avoids buying into the interpretation that her story is simply a warning against man usurping God. Rather, the production gives heavy emphasis to Frankenstein's irresponsibility. His desire to create life stems from pride alone. His action in abandoning the person he brings into the world transforms him into the author of his own suffering. Both he and the Creature become locked in an Ouroboros of destruction as both men waste away in their mutual hatred of one another.

Boyle's production was a sold-out success in its original run, and it remains powerful on-screen years later.



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Loans possibly predatory

LOANS — from page 2

leaves them "to make choices between retirement and student loans," she said.

This is not to say all student loans are bad — they can help make college affordable to many Americans, according to Grunwald, who praised the practice.

"Student loans, in general, are a really good deal," he said.

Baylor also said how helpful the programs, even Parent PLUS, can be.

"Parent PLUS loans help fill in gaps that are left after the student loans reach their cap," she said.

Yet, there is little oversight when it comes to predatory student loan practices.

"It's kind of the wild, wild West," Baylor said.

There is essentially only one watchdog, the relatively new Consumer Financial Protection Bureau. Founded in 2008, their power is limited.

"They do some good oversight on student lending, but they don't have regulatory control ... they can give great advice," Baylor said.

Protecting yourself falls into your own hands, she said.

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