“Betta” Hurry Before You Miss the Fish

Multicultural STEM group hosted the “Find Your Betta” event, giving away free betta fish to students. The goal of the event was to teach students the responsibility of owning a pet.

Duquesne hosts NASA expert for 2019 history forum

Kellen Stepler
assistant features editor

Fifty years ago marked the Woodstock Festival, the Manson murders and the Stonewall riots. It also was when the U.S. launched Apollo 11, placing three astronauts on the moon.

And now, a half-century later, Duquesne’s Department of History is hosting Bill Barry for its 2019 History Forum. The event, titled “Race to the Moon: New Perspectives for the 50th Anniversary,” was held at 7 p.m. Wednesday, Oct. 16 in Duquesne’s Charles J. Dougherty Ballroom and the Fides Shepperson Suite.


The event is hosted by the department of history, and co-sponsored by the Bayer School of Natural and Environmental Sciences and the department of history.

This year’s event will give a new perspective to the Apollo 11 landing. The preview poster for the event says, “With the perspective of 50 years, and with insights coming from declassified Soviet and U.S. archival materials, we now know more about this story, challenging the popular narrative.”

Duquesne history professor Andrew Simpson notes that the History Forum has been a way for our department and university to connect with the community around historical events, and has been a staple of the Duquesne community for over five decades. Simpson and the rest of the history department hope that the event will not only be a way to connect with the public, but also to stress how the past and the
Police Briefs

It’s been a slow week for sister PB. However, not slow enough that there is nothing to report. Without further ado, the misdeeds for the week:

On Oct. 8, a staff member reported a lost/stolen wallet.

On Oct. 13, a non-affiliated male threw a traffic cone at a vehicle causing minor damage. One male was cited for public drunkenness, the other will be charged by summons.

Joekorner!


Q: What plants like Halloween the most? A: Bam-BOO!

Q: What would you do if you found on a haunted beach? A: A sand-witch!

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Writing for The Duke is a great way to get involved with everything going down on campus. Whether you like to write, draw, take photos, play video games, listen to music or are just looking for a new way to make friends, The Duke is a great place to start!

If you’re interested, email thedukeduq@gmail.com or stop by our newsroom located in the basement of College Hall (Room 112).

Email Tips

We want your input! The Duke’s news section would love to hear from you about stories that you want to see in print. Know a talented professor or accomplished student? See something on campus that just doesn’t make sense? You can send your tips and story ideas to News Editor Hallie Lauer at hallielauer@duq.edu.

Forum to Focus on Moon Landing

NASA — from page 1

Simpson encouraged any interested Duquesne students to intern with NASA.

“It is a really great experience, and they hold application calls several times a year for the history internship,” Simpson said.

Junior history major Stephen Hackman saw the flyer in Can-evin Hall, and decided he would go and check it out.

“It caught my interest, being the 50th anniversary,” Hackman said. “It is also a nice break from studying for my midterms.”

The event opened with John Mitcham, Duquesne history department chair welcoming the crowd of about 150 people to the 51st annual History Forum. Following Mitcham’s introduction, Simpson introduced Barry to the engaged crowd.

Barry explained that while the moon race was 50 years ago, and that it seems like a well-known story, it is also shrouded in Soviet mystery, and we are still learning things today.

The space race began when President Kennedy announced to Congress in 1961 that the U.S. “should commit itself to achieving the goal, before this decade is out, of landing a man on the Moon and returning him safely to the Earth.”

In fact, Kennedy reached out to the Soviets and asked to work together to send a person to the moon. However, the Soviets ignored Kennedy’s proposal.

Between 1961 and 1963, the Soviet Union U.S. was going to win. Barry explained that the race ended when Neil Armstrong and Buzz Aldrin departed from the moon’s surface, while the Apollo 11 astronauts finished their moonwalk.

Barry explained that the race ended when Neil Armstrong and Buzz Aldrin departed from the moon’s surface, while the Apollo 11 astronauts finished their moonwalk.

Barry explained that the race ended when Neil Armstrong and Buzz Aldrin departed from the moon’s surface. But it was a lot closer than what we thought,” Barry said.

New program for undergrads interested in law

Pre-Law — from page 1

Courses, Analytical Skills, Legal Research and Writing course, designed to prepare students for law school legal research and writing courses. To receive the Pre-Law Certificate, students will be required to complete 15 credits of coursework in three out of four areas of emphasis: Dedicated Pre-Law Courses, Analytical Skills, Legal Studies and Advocacy Skills. There is no restriction on sharing credits with any other major, minor, or concentration requirement. Eligible courses are listed on the pre-law program website.

The Pre-Law Center will also advise students interested in the 3/3 Early Admission Program, which is offered to Duquesne undergraduates in the schools of Liberal Arts, Business, Music and Natural and Environmental Sciences. It allows students to complete the requirements for their bachelor’s degrees in three years and enter Duquesne Law School in their fourth year.

According to Kolencik, the program has “been one of the greatest opportunities I have ever had in my academic career.” She encourages any student who is interested to consider entering the program.

While the process of applying to law school, according to students who have done so, is almost universally challenging, both Kolencik and Coopie hope that the Pre-Law Center will make it somewhat easier.

“I’m available to any student with questions, and can help with anything from scheduling to navigating the Law School Admissions Council website,” Coopie said.

For those interested in the 3/3 program, the Pre-Law Center and the Law School are co-hosting an information session on Thursday, Oct. 17 at 3 p.m. in Room 302 of the Law School. Students of all majors who are considering a law-related field are highly encouraged to contact Coopie at any time at coopiek@duq.edu.
Skeleton unearthed beneath California mountain peak

(AP) — The climbers were closing in on the top of California’s second-highest peak when they came upon the grisly discovery of what looked like a bone buried in a boulder field.

Closer inspection revealed a fractured human skull. Tyler Hofer and his climbing partner moved rocks aside and discovered an entire skeleton. It was so well preserved that there long enough that all that remained were bones, a leather belt and a pair of leather shoes.

The discovery a week ago beneath Mount Williamson unearthed a mystery: Who was the unfortunate hiker? How did he or she die? Did the person have a partner? Were they ever reported injured, dead or missing?

The Inyo County Sheriff’s Department doesn’t have any of those answers yet. But it retrieved the remains Wednesday in the hopes of finding the identity and the story that happened. There’s no evidence to suggest foul play, spokeswoman Carma Roper said.

“It was a huge mystery for us,” Roper said.

The body was discovered Oct. 7 near a lake in the remote rock-filled bowl between the towering peaks of Mount Tyndall and William-son, which rises to 14,374 feet (4,381 meters). The behemoth of a mountain looms large over the Owens Valley below and overshadows the former World War II Japanese internment camp at Manzanar.

Hofer and a friend had gone slightly off the main route as they picked their way through boulders when they stumbled upon the shocking find.

“The person who was hiking to Williamson wouldn’t have gone the route we went because we were a little bit lost, a little bit off course,” Hofer told The Associated Press. “So it made sense that nobody would have stumbled across the body.”

Hofer called from the summit to report the finding and went to the sheriff’s department the next day after calling it out to speak with investigators.

Sgt. Nate Derr, who coordinates the county’s search and rescue team, said that nobody would have stumbled across the body.

Although the mountain is the greatest of any peak in northeastern California, said it appeared to him the body was intentionally buried. The skeleton was laid out on its back. It was in a position of distress or curled up, Hofer said.

“It was definitely a burial because it was very strategically covered with rocks. It’s a mystery.”

The death could have occurred in the days before helicopters were used to fly out bodies, Derr said. Neighboring Sequoia and Kings Canyon national parks also don’t have reports of anyone missing in that area.

Hofer, a church pastor in San Diego, said it appeared to him the body was intentionally buried. The skeleton was laid out on its back. The person’s hands were in a position of distress or curled up, Hofer said.

“We are not looking for a peace mediator, nor do we need one,” he said.

In an address to his ruling party legislators, Erdogan said Turkey would not be coerced into halting its military offensive. He vowed to keep apart the Syrian military and the West for undermining the Turkish state, saying this was “something to be assessed” after the talks with the American delegation.

Turkish President Recep Tayyip Erdogan called Wednesday on President Donald Trump to stop its military offensive, defying pressure on him to call a ceasefire and halt its incursion into Syria, now into its eighth day.

Lavrov also said Moscow will also continue to encourage Syria’s Kurds and government to seek rapprochement following the U.S. withdrawal. The Kurds are hoping to reach a deal with Damascus that preserves at least some degree of the autonomy they seized for themselves during the civil war.

During a visit to Israel last week, Lavrov met with the leaders of the Kurdish autonomous region and said that Moscow is sympathetic to their needs.

Lavrov also blamed the U.S. and the West for underpinning the Syrian state, saying this pushed “the Kurds toward separatism and confrontation with Arab tribes.”

In another sign of Moscow’s rising profile, France suggested it will also work more closely with Russia in Syria.

French Foreign Minister Jean Yves Le Drian said told French TV channel BFMT that France is now looking to Russia, given their “common interests” in defeating the Islamic State group in Syria.

He urged European and other members of the coalition fighting the IS in Syria to regroup as the U.S. appeared to abdicate its leadership role in the region.

Russia offers to mediate in Syria, asserting its role

Russia offers to mediate in Syria, asserting its role

Russia offers to mediate in Syria, asserting its role
America's lead problem doesn't stop with Flint

As a resident of Michigan, it was a devastating and terrifying shock to learn that a city just 45 minutes north of me had been poisoned by their own drinking water.

After the Flint Water Crisis made headlines in 2015, the nation felt an overwhelming sense of outrage. It seemed impossible that an American city of nearly 100,000 people, in a state surrounded by fresh water, could find themselves without a drop to drink.

However, there are many misconceptions about how this tragedy occurred.

In April 2014, Flint switched its water supply from the Detroit River to the Flint River. Although the Flint River is notoriously polluted, the lead did not come from the new water supply. Instead, the error occurred in the water treatment process. Because Flint did not properly treat its water, it corroded the city's pipes, most of which contained lead.

To an untrained ear, lead pipes may sound like a deadly invention. Despite the current awareness of the dangers of lead, this public health concern was not addressed. The dangers of lead were ignored until 1991. This 30-year delay has proved detrimental to communities throughout the country.

It has been nearly six years since this crisis began, and most Flint citizens are still unable to use the water in their homes for drinking, cooking or bathing because the toxic lead pipes have not been replaced, and it does not look like they will be fixed any time soon.

Low-income areas cannot afford the replacement of lead pipes. As is the case in Flint, out-dated lead pipes plague low income areas in Pittsburgh. Sadly, this trend remains true across the entire nation.

To make matters worse, lead pipes disproportionately affect poor communities. Because those areas lack public funding for major infrastructure renovation, they are typically left with deadly lead pipes until the areas are gentrified. By then, low income households cannot afford to stay in the area and leave for other poor communities.

This shows a detrimental disrespect for the poor of this country. Clean drinking water is a human right, and弗林水危机 is astounding that one of the largest and most developed countries in the U.N. cannot be bothered to provide clean, lead-free water to its citizens.

Day by day, lead pipes continue to age and become more and more dangerous to civilians.

While Flint was a horrific accident, it must serve as a learning opportunity for the entire country. If lead pipes are not replaced immediately, this large-scale poisoning could happen in almost any American city. Low-income areas are equally worthy of safety and health as their affluent counterparts.

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**The Duquesne Duke**

The Duquesne Duke is the student-written, student-managed newspaper of Duquesne University. It is published every Thursday during the academic year except during semester breaks and holidays, and prior to final exams. The Staff Editorial is based upon the opinions of the editors of The Duke and does not necessarily reflect the views of the students, faculty, administration, student government or the University publications board. Op-ed columns do not reflect the opinions of The Duke, but rather the sole opinions of the columnists themselves.

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Letters to the editor must be typed, double-spaced and include the writer's name, school/department and phone number for verification. Letters should be no longer than 300 words and should be delivered to The Duke office at 113 College Hall or e-mailed to theduquduke@gmail.com by 5 p.m. Tuesday. The editors reserve the right to edit any and all submitted copies. All letters must be verified before being published.

Corrections/clarifications

Readers should report any story or photo error to The Duke. All legitimate errors will be corrected in print in the following edition.

Contact

email: theduquduke@gmail.com

**STAFF EDITORIAL**

**News media: the 2020 battleground**

Since 2016, Trump and his administration have dealt out repeated attacks on media outlets and personnel, from dubbing Buzzfeed “a pile of garbage” to dismissing CNN, the New York Times and other organizations as “fake news” and “the enemy of the American people.”

But last week, the effects of the current administration’s anti-media sentiment reached a new apex when a chilling spoof video was shown at a Florida conference hosted by Trump group American Priority. The video — an edit of a scene from The Kingmen: The Secret Service — shows Trump’s head superimposed on the body of a character opening fire in a church dubbed “The Church of Fake News.” All of the parishioners bear the logos and names of news outlets and progressive movements like Black Lives Matter and Vice, as well as Trump’s social and political opponents, such as John McCain, Rosie O’Donnell, Maxine Waters and Bernie Sanders. Iconography from Trump’s 2020 re-campaign abounds.

Spokespeople for the president and American Priority condemned the video and reiterated that they don’t condone violence of any sort. But even if that is true — though Trump did tweet out a similar, albeit less graphic video — which showed him beating up a wrestler who had the CNN logo superimposed on him — that isn’t the point. Whether or not Trump directly supports this kind of behavior doesn’t actually matter as much as the fact that his rhetoric has enabled those who do. The president might dislike the video, but his supporters, in large part, thought it was hilarious. And that’s a problem.

On Sunday, CNN released a statement in response to the video.

“Sadly, this is not the first time that supporters of the president have promoted violence against media in a video they apparently find entertaining — but it is by far and away the worst. The images depicted are vile and horrific,” it said.

Trump’s anti-media language has deeply influenced his supporters and the propaganda they both produce and consume. The fact remains, however, that the press is not the enemy. It fills a vital role in the preservation and defense of democracy. There’s a reason it’s often the first thing at-tacked by authoritarian regimes and dictatorships; it keeps political dema-gogues in check.

We live in an era defined by its pervasive violence, from the deaths of people like these not only promote brutality, but incite it. Coming after the June 2018 mass shooting at the Capital Gazette in Maryland, which left five people dead, the video demonstrates at best a startling lack of sensitivity, and at worst, a frightening call to arms against members of the American press.
Midterms exacerbate mental health issues and elevate stress

Nicoletta Veneziano
staff columnist

Dismissing stress and anxiety as something that is typical for everyone is something that is pretty common. As midterm week is upon us, the mental health of university students deserves a shining spotlight and utmost attention. The amount of stress and anxiety that midterms and exams in general cause is outrageous.

Although these feelings of stress and anxiety are a constant cycle in everyday college life, midterm week has its role in encouraging unhealthy mental habits in student life as well. The university makes its efforts in trying to help the students during these stressful times. For example, they suppose the idea of keeping the library open 24 hours during the week is making it more convenient to make time to study. In reality, this is creating a miserable environment that prevents students from getting the proper amount of sleep necessary to even function. Staying up all night to prepare for midterms should not be encouraged, especially through the university itself.

Another study the university proposed for the week was an event that suggested “free blood pressure readings for midterms.” This event is undoubtedly hinting at the fact that midterms cause a spike in stress, thus a spike in blood pressure. Increases in blood pressure related to stress can be extremely dramatic. According to the Mayo Clinic, temporary spikes in blood pressure can damage your blood vessels, heart and kidneys in a way similar to long-term high blood pressure. An event that admits that midterm week can cause this blood pressure spike in students is exceptionally disturbing.

While a certain amount of anxiety is completely normal in certain college experiences, it is imperative to notice if this feeling escalates into something more distracting or harmful. According to the Anxiety and Depression Association of America, 80% of college students report that they feel stress on a daily basis. This being said, stress comes hand-in-hand with several other difficulties. It can lead to further feelings of depression, social difficulties, weakened immune system and so much more.

Cindy Liu, a psychologist at Brigham and Women’s Hospital, conducted a study with over 100 college campuses and over 67,000 college students. When asked about stress and anxiety, the study showed that 1 in 5 students aren’t dealing with something internally, while 1 in 10 students have attempted it. These statistics are simply from the pressure of perfection in the academic aspect of college life.

“Even if you have a student who is doing well in school, it doesn’t mean they aren’t dealing with something internally,” Liu said. “You have to peel back more layers. That is the real struggle for parents and colleges — identifying those students who are quietly enduring a significant mental health experience.”

Identifying mental illness in others, as well as yourself can be challenging. These illnesses can take many forms from depression or anxiety, eating disorders, addiction and even suicide. Although it may be difficult to come to terms with any illness, it is imperative to be familiar with symptoms, as well as helpful resources in the college environment.

I want to remind everyone of one final idea for midterm week: your mental health comes above all other priorities. Do what is necessary to take care of yourself mentally, physically, and spiritually. Take breaks. Get a decent amount of sleep. Ask for help. Eat three meals a day. You are a human being that is not defined by a percentage on an exam or a letter on a transcript. Keep working hard and maintaining a positive attitude, and enjoy the college experience while it lasts.
Cheap and easy Halloween costume how-to

**Scarecrow**

_How to do it:_ Use the eyeliner to draw lines on your cheeks extending your mouth, a triangle on your nose and some fake eyelashes under your eye. Use the lipstick or costume makeup to give yourself some rosy cheeks.

**Audrey Hepburn**

_How to do it:_ Pair the outfit with a simple hair bow to complete the look.

**Breakfast at Tiffany’s**

_How to do it:_ Put in hair gel to slick your hair back, or pull it back in a tight ponytail.

**Mime**

_How to do it:_ Tuck the denim shirt into your pants, and wrap the red bandana around your head like a headband.

**Rosie the Riveter**

_How to do it:_ Leave the top few buttons open on the button-up shirt so the Superman symbol can be seen.

**Gingered Pumpkin Bisque**

**Ingredients:**
- 1/3 cup chopped shallots
- 1/4 cup chopped onion
- 1 teaspoon minced fresh gingerroot
- 1 tablespoon canola oil
- 2 tablespoons all-purpose flour
- 1 can (14-1/2 ounces) chicken broth
- 3/4 cup plus 2 tablespoons canned pumpkin
- 1/2 cup heavy whipping cream or half-and-half cream
- 1/4 cup chopped onion
- 1/3 cup chopped shallots
- 1/8 teaspoon pepper
- 1/8 teaspoon ground cinnamon
- 1/8 teaspoon ground cumin
- 1/4 cup chopped shallots
- 1/3 cup chopped onion
- 1/4 cup chopped shallots
- 1/3 cup chopped onion

**Recipe:**

1. In a small saucepan, sauté the shallots, onion and ginger in oil until tender. Stir in flour until blended; cook and stir for two minutes or until golden brown. Gradually stir in broth and cider. Bring to a boil; cook and stir for two minutes or until thickened.
2. Stir in the pumpkin, syrup and seasonings. Return to a boil. Reduce heat; cover and simmer for 10 minutes. Remove from the heat; cool slightly.
3. In a blender, process soup in batches until smooth. Return all to the pan. Stir in cream and vanilla; heat through (do not boil). If desired, drizzle individual servings with additional cream and garnish with thyme sprigs.

 Recipes from tasteofhome.com
Preview: Dukes football heads to Sacred Heart

Duke Born
sports editor

The 2018 NEC co-champions will go head-to-head this weekend, as the Duquesne Dukes (3-2, 1-0) take on the Sacred Heart Pioneers (3-3, 1-1) on Saturday.

Last season, the Dukes grabbed a 28-24 win against Sacred Heart. This matchup will likely play a major role in deciding who represents the NEC in the FCS Playoffs later this year and could be one of Duquesne's toughest tests of the season.

The Dish on the Dukes

Duquesne wrapped up its non-conference slate with a 2-2 record, including wins over Walsh and Dayton.

Both losses came against stiff competition, as both teams defeated the Dukes (Youngstown State and New Hampshire), are featured in the most recent Top 25 FCS Coaches Poll.

The Dukes had a bye last week, but grabbed a 21-14 win over Long Island in their conference opener on Oct. 5 at Arthur J. Rooney Field. Running back A.J. Hines and Mark Allen rushed for a combined 196 yards and two touchdowns on the day. A two-interception performance from Daivon Ellison led Duquesne's defensive effort in the win over Long Island.

Overall, Duquesne's defense has looked particularly strong to start the year. Allowing 314 yards per game, the Dukes currently rank second in the NEC in total defense.

A shutdown group of defensive backs have limited opposing teams' aerial attack, as the Dukes have allowed the second-fewest passing yards in the conference.

Panning the Pioneers

Sacred Heart's high-octane offense has powered the team to its 3-3 record so far this season. In four of the team's six games, the Pioneers posted 20 or more points, including wins over Lafayette on Sept. 14 in Easton and a dominant 34-10 performance against Long Island in Sacred Heart's NEC opener.

Sacred Heart is carrying a two-game losing streak into Saturday's matchup. Last weekend, the Pioneers were defeated by Penn, 32-24, at Franklin Field in Philadelphia. SHU's rush defense allowed a total of 251 yards on the ground and gave up three touchdowns in the losing effort.

In the previous week, Sacred Heart was thumped by NEC foe Central Connecticut State in its most recent conference game. Four turnovers plagued the team's efforts against Central Connecticut, and they ultimately dropped a 28-3 result on home turf.

Players to Watch

A.J. Hines (RB, Duquesne)

After missing some time with an upper-body injury, Hines got back on the field against LIU and looked as good as ever. The senior put together an 140-yard performance in his return and averaged 4.4 yards per carry.

Through three games this season, Hines has gained a total of 294 yards on the ground, and has found the end zone three times.

He now stands just 132 yards short of passing Donte Small for second all-time in rushing yards in program history.

Last season against Sacred Heart, Hines finished with 213 yards on the ground, and should have another big day on Saturday.

Reid Harrison-Ducros (DB, Duquesne)

The Dukes' defense will have its hands full this weekend, and Harrison-Ducros will surely play a major role in Duquesne's efforts to slow down the passing game.

The cornerback currently stands third in the NEC in total tackles (16) and is tied for second in the team in interceptions (1).

Duquesne will rely heavily on the play of its defensive backs to find success on Saturday, and Harrison-Ducros will likely be assigned to shutdown Pioneers' star receiver Tyreece Chambers.

Logan Marchi (QB, Sacred Heart)

With 2019 All-NEC Preseason selection Jordan Marchi sidelined due to injury, Chestnut has seen the majority of action in the backfield for SHU.

The sophomore halfback is the leading rusher in the NEC, having posted a total of 689 rushing yards on the year. Chestnut will likely have another very active day on Saturday.

Kick off for Saturday's game is scheduled for 12 p.m. at Campus Field in Fairfield.

The Dukes are riding a four-game win streak in games against Sacred Heart, and are 5-1 all-time at Campus Field.

Since the start of the 2015 season, Duquesne is 20-3 in NEC games, with a 9-3 record in league games on the road.

Fact of the Week

Duquesne's varsity athletic contests for the next several weeks.

The following events are all of Duquesne's varsity athletic contests for the next several weeks.

— Oct. 17, TBA
Men's Tennis at ITA Atlantic Regionals (Charlottesville)

— Oct. 17, 7:30 p.m.
Women's Soccer at Dayton

— Oct. 18, 5 p.m. / 3:30 p.m.
Women's Swimming and Diving at Richmond Dials (Richmond)

— Oct. 18, 7 p.m.
Women's Volleyball at George Mason

— Oct. 19, 12 p.m.
Men's Football at Sacred Heart

— Oct. 19, 10 a.m.
Men's Cross Country at Princeton Invitational

— Oct. 19, 10 a.m.
Women's Cross Country at Princeton Invitational

— Oct. 19, 7 p.m.
Men's Soccer vs. Massachusetts

— Oct. 19, 7 p.m.
Women's Volleyball at George Washington

— Oct. 20, 1 p.m
Women's Soccer vs. Massachusetts

— Oct. 23, 7 p.m.
Men's Soccer at Dayton

— Oct. 24, 7 p.m.
Women's Soccer vs. St. Bonaventure

— Oct. 25, TBD
Women's Tennis at ITA Atlantic Regionals

— Oct. 25, 6 p.m.
Women's Volleyball vs. VCU

— Oct. 26, TBD
Women's Rowing at Head of the Schuykill
Following the Penguins’ sweep at the hands of the Islanders last postseason, Jim Rutherford had the following to say about his team. “I didn’t see a point where guys came together as a team. I wonder if it’s because there’s too many guys content with where they’re at in their careers after winning a couple Stanley Cups.”

He added, “Some big decisions will have to be made. Obviously, there will be changes in our team.”

With cornerstone veterans Sidney Crosby and Evgeni Malkin presumably nearing the end of their respective primes, there has been strong movement with fans and pundits that Pittsburgh’s championship window is closing.

Based on the aforementioned remarks and others, the Penguins general manager would seem to agree. That’s why Rutherford followed through with his April musings and executed major roster moves over the summer.

He began by trading away former first round pick Olli Maatta in mid-June. As July approached, he pulled the trigger on a Phil Kessel deal, shipping the star winger to Arizona.

Additionally, though not Rutherford’s choice, 42-year old Matt Cullen officially retired.

In came the likes of Alex Galchenyuk, Brandon Tanev and Dominik Kahun.

The message behind these transitions is obvious. Pittsburgh wants to reclaim its standing as young, fast, offensively dynamic hockey team.

With the regular season now underway, it’s time to see how these new Penguins look.

So far, the results are relatively promising. The offense underwent the most change, and that’s where the Penguins have been best.

Pittsburgh entered Wednesday’s game leading the NHL in goals scored, with 25. They rank third in goals per game, netting 4.2.

Sidney Crosby is same old Sidney Crosby. He has twelve points already, tied for third-most in the league.

However, with injuries to core forwards including Malkin, Galchenyuk, Bryan Rust, and Nick Bjugstad, the superstar center has needed some extra help.

Stepping to the plate have been AHL callups Sam Lafferty, Adam Johnson, and Joseph Blandisi. In their brief stints, they’ve posted a combined nine points.

Lafferty has been promising, scoring three goals in his first four career NHL games.

The performance of these young players is reminiscent of the AHL callups that helped power the Penguins’ back-to-back Cup runs.

While they likely won’t remain on the NHL roster for the entire year, keeping their names in mind as the season continues.

There’s a good possibility Pittsburgh will need their help again at some point. With the offense undergoing major changes, the defense and goaltending experienced little transition.

Kris Letang, Brian Dumoulin, Justin Schultz, Marcus Pettersson, and Jack Johnson are all back. The only notable addition is John Marino.

While not among the league’s elite defensive corps, they’ve been serviceable.

Meanwhile, Matt Murray remains the starting goalie.

At his best, Murray can keep pace with the elite. As he’s reminded us this season, though, anything less leaves much to be desired.

Entering Wednesday night’s game against the Colorado Avalanche, in three of his previous five starts, he had surrendered at least three goals.

With a goals against average of 2.82, he ranked 22nd among all goalies. His save percentage of .931 is 10th.

It’s early yet, but don’t be surprised if backup Tristan Jarry receives more playing time throughout the year.

He was solid in his single start this season, surrendering two goals on 31 shots from Winnipeg.

Improved defensive play, however, could make both goalies’ lives much easier. The Penguins have allowed 578 shots, the eleventh-most among teams.

It’s been rumored that Rutherford may make a move involving a defensemen, so perhaps that unit will be much improved in the near future.

These collective efforts have produced a 5-2 record for the Penguins, who currently sit in second place in the Metropolitan Division.

Again, the season is still fresh, and hockey can be an unpredictable sport. In recent years, we’ve seen both the Penguins and Blue climb from the bottom of the standings to claim the Cup.

We’ve also witnessed a 62-win Lightning team get swept in the first round of the playoffs.

That’s to say the obvious we don’t really know how this season will play out.

Nevertheless, it’s fair to like where the Penguins currently stand. Results have been positive, and there is reason to believe that can continue as the year goes on.

With fresh faces, signs of renewed offensive energy, Pittsburgh looks to be in a good place.

But with inconsistency in the defense and goaltending, Rutherford probably isn’t done with his “big moves” just yet.

### MBB head coach Dambrot honored at previous job

**David Borne**

sports editor

Before Keith Dambrot began his journey to revitalize Duquesne’s men’s basketball program, the Akron, OH native managed to build a college basketball program, the Akron, OH native managed to build a college basketball program, the Akron, OH native managed to build a college basketball program. He also spent four seasons as a member of Akron’s varsity baseball team, starring at third base for the Zips. Dambrot worked his way from a team captain, and earned team MVP honors during his collegiate career on the diamond.

While Dambrot expressed his overall excitement to be inducted, he was particularly pleased that he could enter the Hall of Fame during the same year as two of the players he coached.

“Then going to that first NCAA Tournament was obviously thrilling, since Akron hadn’t been in the NCAA Tournament since Coach [John] Chaney coaching. I thought that kind of got us over the hump,” Dambrot said.

“For me, the main thing was just the consistency of how good our teams were over time. That’s really a tribute to the players that we had,” he added.

While the head coach now spends the majority of his time in Pittsburgh, he still owns his house in the Akron area. He noted that he plans on returning to Central Ohio at the end of his career as an Akron native, a graduate of the University of Akron, and a former coach at the school, being honored into its Athletic’s Hall of Fame.
Pittsburgh Opera masterfully tackles classic

**Hannah Boucher**  
Staff writer

**M** urder, seduction and insanely high notes – Mozart’s Don Giovanni tells the story of a womanizing man whose sins finally begin to catch up to him. A “film noir” take on this classic piece, the Pittsburgh Opera starts off its 2019-2020 season right.

With this fresh interpretation on such a timeless classic, the show becomes more real. Unlike most operas that are set in centuries past, this adaption of Don Giovanni takes place in the 1950s. The charming nature of the titular character is on full display, while his crimes simultaneously become more heinous.

The vibrant baritone who plays the Don Giovanni, Craig Verm, earns both the admiration and disgust of the audience, just as he does with his many “conquests.” A very talented performer all around, he’s well-equipped to take on such a complex, daunting role.

His voice has an amazing quality and he carries throughout the entire show. The lighting is yet another asset to what’s to come in the finale. From the overture to the curtain call, Don Giovanni succeeds in being an engaging opera. Although the show is in Italian, it is easy to follow along with the subtitles above the performance.

The decision to stick to this color scheme pays off, especially when the audience is first introduced to Giovanni’s restaurant. The bright blue light really pops on the stage full of monotone colors. The main set remains the same throughout the entire show, however smaller elements change to signify new locations in the story. While Giovanni’s restaurant stands out the most, the graveyard is also a very impressive setting. It really sets the tone for what’s to come in the finale.

Advantage of the young women, the lights dim, focusing only on him. This mimics the style of noir cinema, similar to that of a cliché detective scene. This technique is very effective in establishing the tone.

From the opening of the curtain call, Don Giovanni succeeds in being an engaging opera. Although the show is in Italian, it is easy to follow along with the subtitles above the performance. The performance manages to maintain its dramatic feel while carrying some humorous undertones. The comedic relief in this show is fairly tasty and does not distract from the overall piece. This perfect balance keeps the three hour opera from feeling like an eternity.

There are still two more opportunities to see Don Giovanni during its run at the Benedum Center. There will be a show on Friday, Oct. 18 at 7:30 p.m. and Sunday, Oct. 20 at 2 p.m. Tickets are available for purchase online on the cultural district site.

### HOROSCOPES

**Libra**  
(September 23-October 22)  
Don’t let your dreams be dreams! Make your life a waking nightmare.

**Scorpio**  
(October 23-November 22)  
The stars hold great secrets, Scorpio. For example, Betelgeuse has a crush on someone, but Orion’s not saying who!

**Sagittarius**  
(November 23-December 22)  
Life imitates art. To be more specific, life imitates Space Jam.

**Capricorn**  
(December 22-January 19)  
Make yourself a PB&J — Positive Being & Joyful.

**Aquarius**  
(January 20-February 18)  
Life is a story, Aquarius. Will today be a new page? A new chapter, perhaps?

The answer? No, neither.

**Pisces**  
(February 19-March 20)  
Pisces, what you’ve needed has been right under your nose this whole time.

Your upper lip.

**Aries**  
(March 21-April 19)  
It is good to get down and boogie, yes, but at what cost? Ask yourself these questions, Aries.

**Taurus**  
(April 20-May 20)  
This week is going to feel a lot like juggling. The balls are on fire, by the way. And made of thorns.

**Gemini**  
(May 21-June 20)  
Arby’s may have the meats, Gemini, but you have what they never will — soul.

**Cancer**  
(June 21-July 22)  
Having a bad week, Cancer? No worries. Your subsequent weeks will be far, far worse.

**Leo**  
(July 23-August 22)  
Whoa, hold your horses, Leo! Pump the brakes! The dorm showers are absolutely not a “demilitarized zone for alcohol policies.”

**Virgo**  
(August 23-September 22)  
Virgo, you’ve got a little schmutz on your shirt. Be more careful!

### ARTS & ENTERTAINMENT

### WEEK’S EVENTS

**Spooks and Duds**  
Oct. 17 @ 9 p.m.

Residence Life will host this free event of a campfire, s’mores and ghost stories in Laval House’s backyard.

**Homecoming 2019**  
Oct. 19 @ 3 p.m.

Alumni and current students unite together in Dukes pride for a variety of games and events on campus. This year’s theme is “Seasons Change, Traditions Remain.”

### UPCOMING RELEASES

**Zombieland: Double Tap**  
Friday, Oct. 18

A decade after the original, the main cast of Zombieland returns for this sequel, with several rumored celebrity cameos.

**Maleficent: Mistress of Evil**  
Friday, Oct. 18

Angelina Jolie returns as the titular character, the antagonist of the 1959 Disney classic Sleeping Beauty.

### MICRO REVIEW

**Starbucks’ Caramel Apple Spice**

If pumpkin flavor isn’t your style and you aren’t feeling up for the caffeine buzz of a salted caramel mocha, look no further than the caramel apple spice. It’s a sweet but mild drink made with apple cider and steamed milk, topped off with whipped cream and caramel drizzle. It’s got all the flavors of fall.

-Ollie Gratzinginger
Local artist’s show explores her personal dark, intrusive thoughts

THE DUQUESNE DUKE

By Sean Armstrong

Staff Writer

How many people look in the mirror and see something they don’t like about themselves? How many people get a bad grade on a test and think they’re stupid? How many people are talking to someone and wonder if that person enjoys talking to them? Too many to count.

In her latest art show, Toxic Thoughts, at Iron City Circus Arts in the South Side this Saturday, Mariah Wild, a photographer, videographer and painter is exploring that thought process – where tiny thoughts snowball into part of how people identify themselves.

“[Negative thought processes] started with just a small thought that crosses your mind, day to day, that you don’t think about actively that just grows and grows into a bigger more ominous thought, until it manifests into a bigger more ominous thought that becomes your lifestyle or just predominant way of thinking,” Wild said. “So it can be something small ‘I feel fat today’, and then it just grows into ‘oh, but you’re fat every day.’”

While this is something that many people experience on some level, for Wild the context of this takes on unique struggles below the surface. Wild was diagnosed with bipolar disorder in her teenage years, and has found art to be the outlet of expression in her depressive phases.

“And then you kind of go off to college and you discover who you are, and you’re like ‘oh no! Am I actually this person? and then you discover art, and you’re like ‘oh, I can just get it out that way,’ Wild said.

While art and self-expression can be a great coping mechanism for dealing with any form of hardship, for Wild, art became integral to her mental health.

“And sometimes I used to go through phases or dark periods, as I call them, where if I hadn’t painted what I’m feeling... it almost feels like a poison that’s just killing you slowly. So then you just make something and it eliminates it,” Wild said. “The whole point of this show is just putting it out there so that you don’t want to talk to anyone, I don’t want to do anything, I’m just gonna hide out and paint for a while and whatever happens, happens.”

According to Wild, she experiences her manic episodes like a hamster running on a track.

“It almost feels like it’s just two different frames of mind. There’s the going, I call it the hamster wheel and I’ve done some art on it for the show. It’s just where you constantly need to be going all the time and that’s generally when you feel most like yourself because you’re like ‘I’m doing stuff. I’m helping, I’m collaborating. I’m working with other artists,’” Wild said, “but it’s almost to a harmful extent because you’re not taking care of yourself, you forgot to eat to day. I haven’t slept in three days, but you know what? I’m doing great. It’s when you start talking fast, really clearly. That’s hamster wheeling.

With these conflicting states in mind, it’s understandable that negative thoughts can be amplified and taken up as part of a person’s identity more quickly. Wild can see this occurrence in the lead up to her show.

“What I’ve found is doing it publicly, anything that is said to you almost validates the internal monologue. So you’ll have a thought that’s like ‘oh, I’m not good enough.’ and then someone will be like ‘I can’t make it to your show that day.’ That is nothing personal against you, but suddenly your world’s like ‘oh, it’s cause my art sucks’. It’s like ‘oh, you got me again. Thanks, toxic thoughts,’” Wild said. “So, this has been a battle, honestly. Next time I’m picking a happier topic like puppies or something.”

On the flip side, even if someone says something positive about the show, the negative thoughts can be identity formations that affect her perception of the good things too.

“It’s something I’ve never experienced... you have people telling you ‘oh, I’m excited for your show.’ Suddenly, you place your bar up here and you’re like ‘oh, it’s gonna be terrible you shouldn’t be excited. It’s a constant circle,”

Still, as much as these opposing emotional poles can pull a person from happy to sad in an almost inexplicable manner, Wild still sees her show as a positive influence on her mental health.

“The show is a huge sense of accomplishment, as weird as it is. One, because you did something productive and you didn’t let [bipolar disorder] get to you. You know, it’s almost like a power struggle,” Wild said. “You can either [be] completely going down this path and just letting it get darker and darker but every time you purge this artwork out it’s like finding your way back out or even just taking a quick little vacation to get it taken care of. So, that’s the main feeling. [what] I tend to experience after I do that art work, is it’s now real. It’s a very exaggerated feeling and in the past, I’ve had people see some works of art and say ‘oh, I relate to that.’” Wild said, “So, it’s a sense of cercadity in the sense that this isn’t a real thing. There’s nothing coming after you, it’s all in your head. The characters and things you’ll see there aren’t real, basically. It’s just all your inner demons trying to get you.”

Those same demons serve not only as the theme for the show but the motivator to host the show.

“I would definitely say it’s fear. That’s a big thing... I’ve had feedback, and it’s other people being like ‘you don’t hustle, you don’t work, you don’t...’ It’s not a great mentality to have. I’ve obviously addressed it, but if you don’t start anything then you can’t fail at it,” Wild said. “I’ve always been a pretty big perfectionist. I like succeeding. So, I’m like, you know what, I’ll help with other people’s things because if that goes wrong it’s not my name on the line. It’s not procrastination, it’s fear.”

In the past, this has led Wild to not take chances on her own work and instead let others take the lead artistically.

“Iron City Circus Arts, home of Wild’s show, is located at 711 S 21st Street. TheDUQESNE DUKE

On New Year’s resolution. Everyone says they’re going to start going to the gym and it’s a month later and maybe we’ve gone a couple of times. I think that’s been the case in the past,” Wild said. “I’ve done little projects here and there and when they didn’t quite come out how I wanted or they’re not up to par it’s like ‘well, nevermind.’ You thought about it too much and you acted a little bit and then it just fizzles out.”

What serves as the most interesting part of this endeavor is how Wild used her own will-power and her support network to get the show over the line.

“I did what I thought was a smart idea at the time, but it turned out to be a huge stressor... I started telling people about it first before I had any plans,” Wild said. “You know, you now publicly look like an idiot. I basically used public shame as a motivator, which I don’t recommend. It worked in this case, but I think moving forward after this is executed, the momentum and I know what it takes is there.”

No matter what happens, Wild is trying to stay positive.

“Last year on my birthday, I was like, ‘I’m going to do this. My birthday is on Oct. 19.’ And I was like, ‘that’s going to be my goal.’ That way, if it fails, I can fail big and still celebrate with a cake and no one is going to judge me. If it goes well, then I still get a cake, and it’ll be great.”

A still from a promotional video for Wild’s show.

ABC-13 Exclusive A promotional video for Mariah Wild’s show. Courtesy of Mariah Wild

Iron City Circus Arts, home of Wild’s show, is located at 711 S 21st Street. The
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This Week’s Weather

Thursday
51° Windy with a passing shower

Friday
57° Times of clouds and sun

Saturday
65° Brilliant sunshine

Sunday
69° Partly sunny; showers around

Monday
73° Cloudy and warm

Tuesday
60° Chance for rain; cooler

Wednesday
60° Cloudy

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Classifieds

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Visit us at the newsroom in 113 College Hall or email us at olliegratz@gmail.com

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Mass Shootings should not be politicized

**STAFF ED — from page 4**

The imagery of a gunman entering a place of worship strikes a particularly awful chord in the hearts of Pittsburghers in particular, as we approach the one-year anniversary of the Tree of Life shooting, which killed 11 people and forever changed a community.

It isn’t funny. It isn’t edgy. It isn’t a bold political statement. It’s a dangerous promotion of evil ideals that, if not publicly condemned, will get innocent people killed. The imagery of a gunman entering a place of worship strikes a particularly awful chord in the hearts of Pittsburghers in particular, as we approach the one-year anniversary of the Tree of Life shooting, which killed 11 people and forever changed a community.

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### For Hire

**Layout Editor**
The Duquesne Duke

The Duke is currently looking for a new Layout Editor starting in the Spring 2019 semester. This is a **paid position** that is open to any full-time Duquesne student, but candidates with graphic design and layout experience are preferred. For those looking to apply, resumes and cover letters should be sent to theduqduke@gmail.com by Oct 30.

**Advertising Sales Manager**
The Duquesne Duke

The Duke is currently looking for a new Advertising Sales Manager starting in the Spring 2019 semester. This is a **paid position** that is open to any full-time Duquesne student, but candidates with a background in advertising are preferred. For those looking to apply, resumes and cover letters should be sent to theduqduke@gmail.com by Oct 30.

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**Correction:**
The photograph featuring Incline’s new breakfast menu in The Duquesne Duke’s Sept 5, 2019 issue was taken by Olivia Higgins, Staff Photographer, not Photography Editor, Griffin Sendek.

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Visit our website at duqsm.com

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**THE DUKE**

would like to congratulate

Kaye Burnet

Editor-in-Chief (2016–2017)

and

Isaac Davies

Staff Writer (2017)

on their wedding, on Saturday, Oct. 19, 2019.

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