



## "Betta" Hurry Before You Miss the Fish



GRIFFIN SENDEK / PHOTO EDITOR

Multicultural STEM group hosted the "Find Your Betta" event, giving away free betta fish to students. The goal of the event was to teach students the responsibility of owning a pet.

## New pre-law program DU

JESSICA LINCOLN  
staff writer

In their exploration of law school options, undergraduate students now have an additional resource to use.

Located in room 128 of the Law School, the new Pre-Law Center is intended to be an all-in-one resource for students interested in law school, public service and similar postgraduate opportunities.

The center is run by Kristen Coopie, Duquesne's new director of pre-law. Interested students can meet with Coopie to discuss career goals, courses of study, LSAT registration and preparation, law school options, the undergraduate mock trial team and the Pre-Law Society, among other things.

Gabrielle Kolencik, a current law student, said she was "thrilled" that the university had opened one central location for

see PRE-LAW — page 2

## Duquesne hosts NASA expert for 2019 history forum

KELLEN STEPLER

assistant features editor

Fifty years ago marked the Woodstock Festival, the Manson murders and the Stonewall riots. It also was when the U.S. launched Apollo 11, placing three astronauts on the moon.

And now, a half-century later, Duquesne's Department of History is hosting Bill Barry for its 2019 History Forum. The event, titled "Race to the Moon: New Perspectives for the 50th Anniversary," was held at 7 p.m. Wednesday, Oct. 16 in Duquesne's Charles J. Dougherty Ballroom and the Fides Shepper-son Suite.

Barry became NASA's sixth chief historian in September 2010. He began working for

NASA in 2001, after retiring from a 22 year career in the U.S. Air Force. He graduated with honors from the U.S. Air Force Academy in 1979, and he also earned a master's degree from Stanford University in 1987 and a doctorate from Oxford University in 1996. His doctoral dissertation, "The Missile Design Bureaux and Soviet Manned Space Policy 1953-1970," won the American Institute of Aeronautics and Astronautics History Manuscript Award in 2000.

The event is hosted by the department of history, and co-sponsored by the Bayer School of Natural and Environmental sciences and the department of history.

This year's event will give a new perspective to the Apollo 11



KELLEN STEPLER / STAFF WRITER

Bill Barry, the chief historian at NASA, spoke at Duquesne's 2019 History Forum. He became the chief historian after retiring from a 22-year career in the Air Force.

landing. The preview poster for the event says, "With the perspective of 50 years, and with insights coming from declassified Soviet and U.S. archival materials, we now know more about this story, challenging the popular narrative."

Duquesne history professor Andrew Simpson notes that the History Forum has been a way for our department and university to connect with the community around historical events, and has been a staple of the Duquesne community for over five decades.

Simpson and the rest of the history department hope that the event will not only be a way to connect with the public, but also to stress how the past and the

see NASA — page 2

### Follow us on...



@theduquesneduke

### opinions

Going beyond Flint

Lead threatens  
Pittsburgh water  
supply.

PAGE 4

### features

Quick and easy  
Halloween costumes

Dressing up  
without breaking  
the bank

PAGE 6

### sports

DU football travels  
to Sacred Heart

Find out  
everything about  
Saturday's game

PAGE 7

### a & e

Don Giovanni in  
Pittsburgh

Pittsburgh Opera  
takes on the  
Mozart classic

PAGE 10



## POLICE BRIEFS

It's been a slow week for sister PB. However, not slow enough that there is nothing to report. Without further ado, the misdeeds for the week:

On Oct. 8, a staff member reported damage to her vehicle while it was parked in the Locust Garage.

Also on Oct. 8, a university employee reported a lost/stolen wallet.

On Oct. 13, a non-affiliated male threw a traffic cone at a vehicle causing minor damage. One male was cited for public drunkenness, the other will be charged by summons.

## JOKE CORNER!

**Q:** What treat do eye doctors give out on Halloween?  
**A:** Candy corneas.

**Q:** What plants like Halloween the most?  
**A:** Bam-BOO!

**Q:** What would you find on a haunted beach?  
**A:** A sand-witch!

## JOIN THE DUKE!

Writing for *The Duke* is a great way to get involved with everything going down on campus. Whether you like to write, draw, take photos, play video games, listen to music or are just looking for a new way to make friends, *The Duke* is a great place to start!

If you're interested, email [thedukeduk@gmail.com](mailto:thedukeduk@gmail.com) or stop by our newsroom located in the basement of College Hall (Room 113).

## EMAIL TIPS

## We want your input!

*The Duke's* news section would love to hear from you about stories that you want to see in print. Know a talented professor or accomplished student? See something on campus that just doesn't make sense? You can send your tips and story ideas to News Editor Hallie Lauer at [hallielauer18@gmail.com](mailto:hallielauer18@gmail.com)

## Forum to focus on moon landing

NASA — *from page 1*

present interact.

"The lessons we learned from the moon race are still shaping how NASA and other countries and private companies conduct human spaceflight today," Simpson said.

Simpson also mentioned three opportunities for students for attending the event.

"We hope that Duquesne students will get a chance to see the past come alive at the event. We also hope that they will chat with Dr. Barry about what interests them, and will learn more about what working for an agency like NASA can offer," Simpson said.

There is some history between Barry and Simpson. Before Simpson came to Duquesne, he interned with Barry and the NASA History Program office. The two have stayed in touch over the last several years, and they are writing a scholarly article with two collaborators from NASA that will be published this winter in the *Journal of Policy History*.

When it came time for the History Forum, Simpson reached out to Barry, and he was able to come to Pittsburgh to speak.

Simpson encouraged any interested Duquesne students to intern with NASA.

"It is a really great experience, and they hold application calls several times a year for the history internship," Simpson said.

Junior history major Stephen Hackman saw the flyer in Canevin Hall, and decided he would go and check it out.

"It caught my interest, being the 50th anniversary," Hackman said. "It is also a nice break from studying for my midterms."

The event opened with John Mitcham, Duquesne history department chair welcoming the crowd of about 150 people to the 51st annual History Forum. Following Mitcham's introduction, Simpson introduced Barry to the engaged crowd.

Barry explained that while the moon race was 50 years ago, and that it seems like a well-known story, it is also shrouded in Soviet mystery, and we are still learning things today.

The space race began when President Kennedy announced to Congress in 1961 that the U.S. "should commit itself to achieving the goal, before this decade is out, of landing a man

on the Moon and returning him safely to the Earth."

In fact, Kennedy reached out to the Soviets and asked to work together to send a person to the moon. However, the Soviets ignored Kennedy's proposal.

Between 1961 and 1963, the Soviets and U.S. began their battle to get to the moon first, but not without mystery, uncertainty and propaganda. However, the race became more serious in 1964 when President Johnson took over, according to Barry.

After years of experimentation, it became apparent that in 1968, the U.S. was going to win. But the Soviet Union was not going to give up. The Soviets' Luna 15 launched three days before the U.S.'s Apollo 11, but on July 21, 1969, Luna 15 descended into the moon's surface, while the Apollo 11 astronauts finished their moonwalk.

Barry explained that the race ended when Neil Armstrong and Buzz Aldrin departed from the moon's sea of tranquility, and it was too late for the Soviets.

"There really was a moon race, but it was a lot closer than what we thought," Barry said.

**FOLLOW  
THE DUKE  
ON THE  
WEB**

**INSTAGRAM  
@THEDUQUESNE  
DUKE**

**FACEBOOK  
THE DUQUESNE DUKE**

**TWITTER  
@THEDUQUESNE  
DUKE**

**ADVERTISE  
WITH US!  
DUKEADS@YAHOO.COM**

## New program for undergrads interested in law

PRE-LAW — *from page 1*

law school information.

"I wished there was something else available while I navigated through the application process," she said. "Fortunately, Duquesne now has that resource."

"Dr. Coopie has been extremely supportive throughout my undergraduate career, and still is someone I can always count on for encouragement. I could not imagine a better person to guide our future lawyers to the next phase of their academic careers," Kolencik said.

Housing the Pre-Law Center in the Law School, rather than in one specific department, also has its advantages, according to Coopie.

"The new Pre-Law Center is meant to serve undergraduates in all majors across campus. This way, students have one central place to access resources related to course offerings, LSAT prep, law school admissions and the other opportunities available to them on campus, such as Mock Trial, the Pre-Law Society and the new Pre-Law Certificate," Coopie said in a statement.

"It has long been a vision of President Gormley to have a centralized office that can help out with all aspects of pre-law studies, and we are very excited to have opened to students this fall."

Among the opportunities provided by the Pre-Law Center is information on Duquesne's new

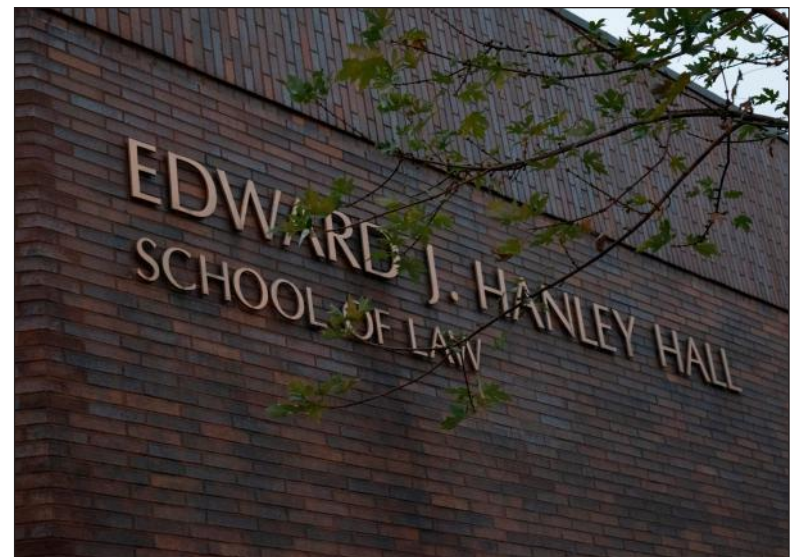
Pre-Law Certificate. Open to students in all majors and programs, the certificate is designed to prepare students for law school admission and careers in government, public service and foreign policy. If students earn a 3.0 GPA or higher with the certificate, they will be eligible for expedited consideration if they choose to apply to Duquesne Law, as well as a guaranteed \$5,000 scholarship upon enrollment.

"The certificate features specially-designed courses that emphasize the skills that law schools are looking for in incoming students," Coopie said.

These include American Presidents and the Constitution, a course taught by Gormley and Coopie based on President Gormley's book on the subject and a new undergraduate Legal Research and Writing course, designed to prepare students for law school legal writing courses.

To receive the Pre-Law Certificate, students will be required to complete 15 credits of coursework in three out of four areas of emphasis: Dedicated Pre-Law Courses, Analytical Skills, Legal Studies and Advocacy Skills. There is no restriction on sharing credits with any other major, minor or concentration requirement. Eligible courses are listed on the pre-law program website.

The Pre-Law Center will also advise students interested in the



GRIFFIN SENDEK / PHOTO EDITOR

3/3 Early Admission Program, which is offered to Duquesne undergraduates in the schools of Liberal Arts, Business, Music and Natural and Environmental Sciences. It allows students to complete the requirements for their bachelor's degrees in three years and enter Duquesne Law School in their fourth year.

According to Kolencik, the program "has been one of the greatest opportunities I have ever had in my academic career." She encourages any student who is up to the challenge to consider entering the program.

While the process of applying to law school, according to students who have done so, is

almost universally challenging, both Kolencik and Coopie hope that the Pre-Law Center will make it somewhat easier.

"I'm available to any student with questions, and can help with anything from scheduling to navigating the Law School Admissions Council website," Coopie said.

For those interested in the 3/3 program, the Pre-Law Center and the Law School are co-hosting an information session on Thursday, Oct. 17 at 3 p.m. in Room 302 of the Law School. Students of all majors who are considering a law-related field are highly encouraged to contact Coopie at any time at [coopiek@duq.edu](mailto:coopiek@duq.edu).



# Skeleton unearthed beneath California mountain peak

(AP) — The climbers were closing in on the top of California's second-highest peak when they came upon the grisly discovery of what looked like a bone buried in a boulder field.

Closer inspection revealed a fractured human skull. Tyler Hofer and his climbing partner moved rocks aside and discovered an entire skeleton. It appeared to have been there long enough that all that remained were bones, a leather belt and a pair of leather shoes.

The discovery a week ago beneath Mount Williamson unearthed a mystery: Who was the unfortunate hiker? How did he or she die? Did the person have a partner? Were they ever reported injured, dead or missing?

The Inyo County Sheriff's Department doesn't have any of those answers yet. But it retrieved the remains Wednesday in the hopes of finding the identity and what happened. There's no evidence to suggest foul play, spokeswoman Carma Roper said.

"This is a huge mystery for us," Roper said.

The body was discovered Oct.

7 near a lake in the remote rock-filled bowl between the towering peaks of Mount Tyndall and Williamson, which rises to 14,374 feet (4,381 meters). The behemoth of a mountain looms large over the Owens Valley below and overshadows the former World War II Japanese internment camp at Manzanar.

Hofer and a friend had gone slightly off the trail-less route as they picked their way through boulders when they stumbled upon the shocking find.

"The average person who was hiking to Williamson wouldn't have gone the route we went because we were a little bit lost, a little bit off course," Hofer told The Associated Press. "So it made sense that nobody would have stumbled across the body."

Hofer called from the summit to report the finding and went to the sheriff's department the next day after hiking out to speak with investigators.

Sgt. Nate Derr, who coordinates the county's search and rescue team, said bodies found in the mountains are typically connected with someone they know who

has gone missing. The opposite is rarer: finding the remains of someone who appears to not have gone missing or reported as missing.

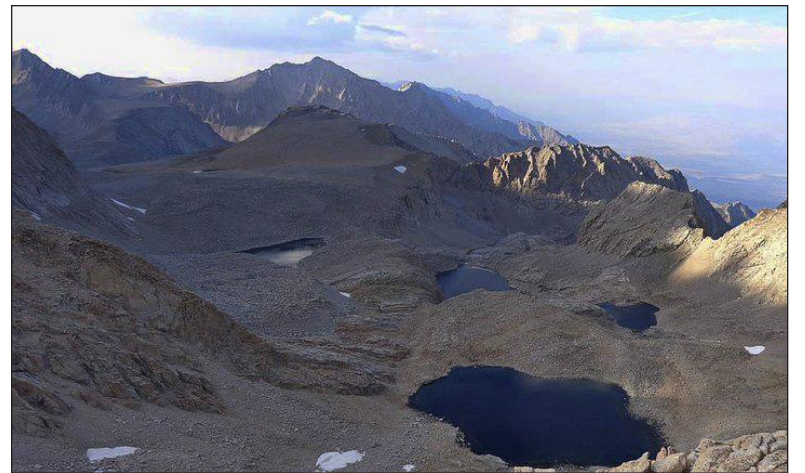
Because the body was so decomposed, investigators believe it's possibly been there for decades.

They have ruled out that it's 1st Lt. Matthew Kraft, a Marine from Connecticut who vanished in February during a nearly 200-mile (320-kilometer) ski trek through the Sierra. Derr also doubts it's Matthew Greene, a Pennsylvania climber last seen in the Mammoth Lakes area — nearly 70 miles (112 kilometers) north — in 2013.

Investigators have gone back through decades of reports of people missing in the Inyo National Forest and come up empty, Derr said. Neighboring Sequoia and Kings Canyon national parks also don't have reports of anyone missing in that area.

Hofer, a church pastor in San Diego, said it appeared to him the body was intentionally buried. The skeleton was laid out on its back.

"It wasn't in a position of distress or curled up," Hofer said. "It was definitely a burial because



COURTESY AP NEWS

it was very strategically covered with rocks. It's a mystery."

The death could have occurred in the days before helicopters were used to fly out bodies, Derr said. It's possible, he said that the person perished on the mountain and was buried by a climbing partner.

Although the mountain is the state's second-highest, it's not summited as frequently as other high Sierra peaks because it is a forbidding approach. The eleva-

tion gain from the trailhead in the high desert to the summit is the greatest of any peak in California.

It can take more than a day to hike over Shepherd Pass and then the trail ends and climbers have to make a tedious scramble over rock fields and sand before climbing the final 2,000 feet (600 meters) up a chute that includes moments of breathtaking exposure picking their way up a rock face.

# Russia offers to mediate in Syria, asserting its role

(AP) — Russia offered Wednesday to mediate a resolution in northern Syria, further asserting Moscow's role as a regional force, ahead of a mission by U.S. Vice President Mike Pence to press Turkey for a cease-fire in its attack on Syrian Kurdish fighters.

Ahead of talks with Pence, Turkish President Recep Tayyip Erdogan defied U.S. economic sanctions, saying the only way its military offensive would end was if Syrian Kurdish fighters leave a designated border area.

Erdogan also said he had "no problem" accepting an invitation from Russian President Vladimir Putin to visit Russia soon to discuss Syria. But he threw into doubt a planned Nov. 13 meeting with U.S. President Donald Trump, citing anger over the sanctions that Washington imposed Monday on the NATO ally.

Russia has moved quickly to entrench its leadership role and fill the void after Trump ordered the pullout of American forces in northeastern Syria. Russian Foreign Minister Sergey Lavrov said in remarks carried by Russian news agencies that Moscow is committed to mediating between Syria and Turkey.

The American move effectively abandoned the Kurdish fighters allied with the U.S. and cleared the way for Turkey's invasion aimed at crushing them. After heavy criticism at home, Trump sought new leverage with Turkey by imposing the sanctions.

America's abrupt withdrawal of its troops pushed the Kurds to strike a deal with the Russia-backed government of Syrian President Bashar Assad, allowing his forces to return to regions

of northern Syria they abandoned at the height of the 8-year-old civil war. It has also allowed Moscow to take a more prominent role as an interlocutor among Assad, the former U.S.-allied Kurds and Turkey.

"Syria's friendly with the Kurds. The Kurds are very well-protected. Plus, they know how to fight. And, by the way, they're no angels," Trump told reporters at the White House while meeting with Italian President Sergio Mattarella.

Trump added that U.S. troops are "largely out" of the region, adding that if Russia wanted to get involved with Syria, "that's really up to them. It's not our border. We shouldn't be losing lives over it."

In an address to his ruling party legislators, Erdogan said Turkey would not be coerced into halting its offensive or accepting offers for mediation with the Kurdish fighters, which Turkey considers to be terrorists. He vowed to press ahead with the incursion until Turkish troops reach 30-35 kilometers (18-20 miles) inside Syria to form a "safe zone" along the border area.

"Our proposal is for the terrorists to lay down their arms, leave their equipment, destroy the traps they have created, and leave the safe zone we designated, as of tonight," Erdogan said. "If this is done, our Operation Peace Spring will end by itself."

Erdogan's office confirmed he would meet Thursday with Pence and Secretary of State Mike Pompeo.

But anger over the sanctions hung over the upcoming talks. Trump has taken a tough tone, warning that the U.S. has "a lot in store" if Turkey doesn't comply

with cease-fire demands. Pence said the U.S. is "simply not going to tolerate Turkey's invasion of Syria any longer."

Erdogan said he was not concerned by the sanctions. He told reporters that chances for his November trip to Washington are "something to be assessed" after the talks with the American delegation, he said, adding that the sanctions and criticisms in the U.S. constituted "great disrespect toward the Turkish Republic."

He ruled out direct or indirect talks with the Kurdish fighters, saying Turkey will not negotiate with "terrorists."

"We are not looking for a peace mediator, nor do we need one," he said.

In a speech to Parliament, Turkish Foreign Minister Mevlut Cavusoglu said Turkey won't be affected by "sanctions and threats." He also said Turkey would "give the appropriate answer to these sanctions."

"No sanctions or threats are acceptable and will not affect our resolve," he said.

With the Turkish assault in its eighth day, Turkish forces and Kurdish fighters battled over the border town of Ras al-Ayn. Turkey said it had captured the town days ago, but its hold appeared uncertain.

Russia already has announced it had deployed troops outside the flashpoint town of Manbij to keep apart the Syrian military and Turkish-led forces. Syrian forces took control of Manbij as U.S. troops completed their pullout from the town Tuesday. The Syrian and Russian deployments appear to have thwarted Turkey's hopes to capture the town, located just west of the Euphrates River.



COURTESY AP NEWS

In this photo taken from the Turkish side of the border between Turkey and Syria, in Ceylanpinar, Sanliurfa province, southeastern Turkey, smoke billows from targets in Ras al-Ayn, Syria, during bombardment by Turkish forces, Wednesday, Oct. 16. Turkey's President Recep Tayyip Erdogan called Wednesday on Syrian Kurdish fighters to leave a designated border area in northeast Syria 'as of tonight' for Turkey to stop its military offensive, defying pressure on him to call a ceasefire and halt its incursion into Syria, now into its eighth day.

Lavrov also said Moscow will also continue to encourage Syria's Kurds and government to seek rapprochement following the U.S. withdrawal. The Kurds are hoping to reach a deal with Damascus that preserves at least some degree of the autonomy they seized for themselves during the civil war.

During a visit to Iraq last week, Lavrov met with the leaders of the Kurdish autonomous region and said that Moscow is sympathetic to their needs.

Lavrov also blamed the U.S. and the West for undermining the Syrian state, saying this pushed "the Kurds toward sepa-

ratism and confrontation with Arab tribes."

In another sign of Moscow's rising profile, France suggested it will also work more closely with Russia in Syria.

French Foreign Minister Jean Yves Le Drian said told French TV channel BFM that France is now looking to Russia, given their "common interests" in defeating the Islamic State group in Syria.

He urged European and other members of the coalition fighting the IS in Syria to regroup as the U.S. appeared to abdicate its leadership role in the region.



## THE DUKES NEDUKE

113 College Hall  
600 Forbes Avenue  
Pittsburgh, PA 15282

## editorial staff

editor-in-chief Ollie Gratzinger  
managing editor Hallie Lauer  
news editor Hallie Lauer  
opinions editor Colleen Hammond  
features editor Griffin Sendek  
asst. features editor Kellen Stepler  
a&e editor Josiah Martin  
sports editor David Borne  
layout editor Madison Pastrick  
photo editor Griffin Sendek

## administrative staff

adviser Paula Reed Ward  
ad manager Madison Pastrick  
social media manager Claire Neiberg  
email us: theduquduke@gmail.com

“What are kings  
when regiment is  
gone, but perfect  
shadows in a sun-  
shine day.”

CHRISTOPHER MARLOWE

You just read | Now tweet  
our thoughts. | us yours.

@TheDuquesneDuke

## EDITORIAL

## POLICY

*The Duquesne Duke* is the student-written, student-managed newspaper of Duquesne University. It is published every Thursday during the academic year except during semester breaks and holidays, and prior to final exams. The Staff Editorial is based upon the opinions of the editors of *The Duke* and does not necessarily reflect the views of the students, faculty, administration, student government or the University publications board. Op-ed columns do not reflect the opinions of *The Duke*, but rather are the sole opinions of the columnists themselves.

## Letters policy

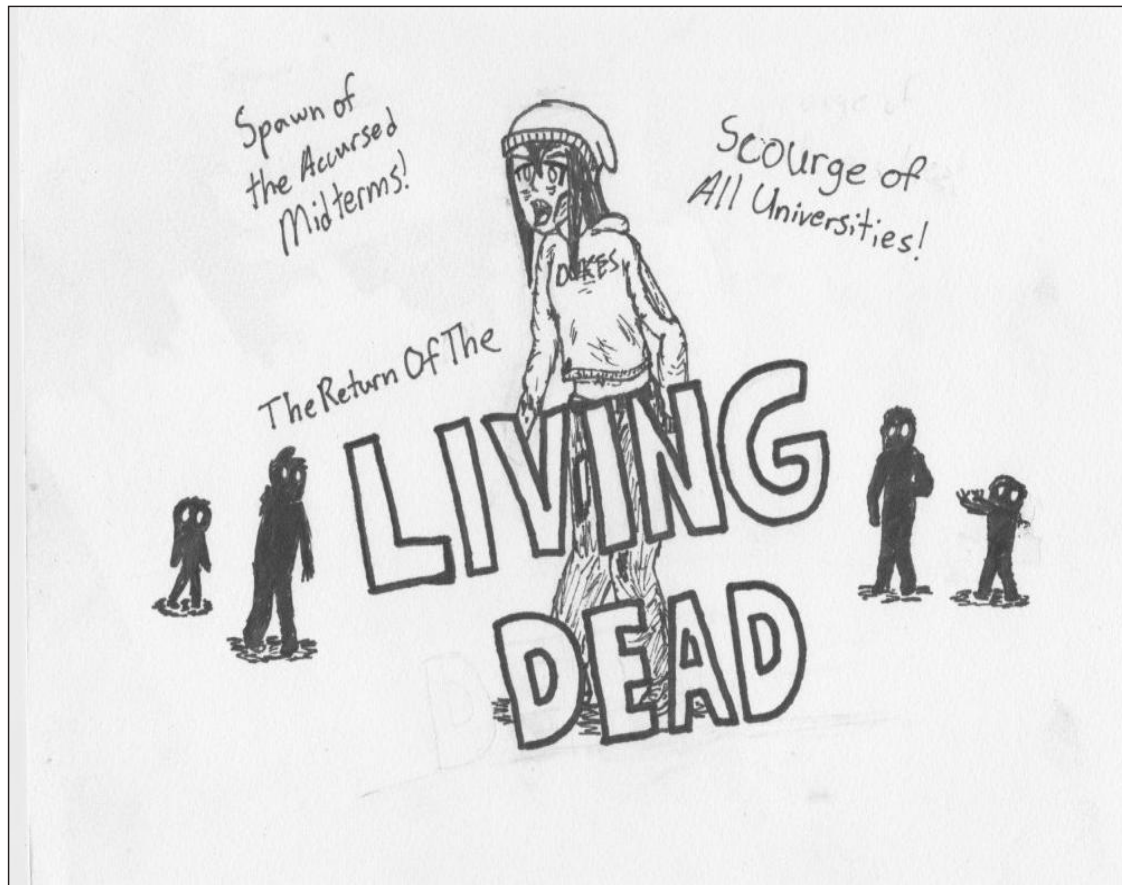
Letters to the editor must be typed, double-spaced and include the writer's name, school/department and phone number for verification. Letters should be no longer than 300 words and should be delivered to *The Duke* office at 113 College Hall or e-mailed to theduquduke@gmail.com by 5 p.m. Tuesday. The editors reserve the right to edit any and all submitted copies. All letters must be verified before being published.

## Corrections/clarifications

Readers should report any story or photo error to *The Duke*. All legitimate errors will be corrected in print the following edition.

## Contact

email: theduquduke@gmail.com



## America's lead problem doesn't stop with Flint

As a resident of Michigan, it was a devastating and terrifying shock to learn that a city just 45 minutes north of me had been poisoned by their own drinking water.

After the Flint Water Crisis made headlines in 2015, the nation felt an overwhelming sense of outrage. It seemed impossible that an American city of nearly 100,000 people, in a state surrounded by fresh water, could find themselves without a drop to drink.

However, there are many misconceptions about how this tragedy occurred.

In April 2014, Flint switched its water supply from the Detroit River to the Flint River. Although the Flint River is notoriously polluted, the lead did not come from the new water supply. Instead, the error occurred in the water treatment process. Because Flint did not properly treat its water, it corroded the city's pipes, most of which contained lead.

To an untrained ear, lead pipes may sound like a deadly invention. Despite the current awareness of the dangers of lead, this public health concern was not addressed on a mass scale until the second half of the 20th century. By this time, the infrastructure for most industrialized cities like Detroit, New York City, Flint, Boston and even Pittsburgh was already completed and included lead pipes.

Despite the removal of lead paint and gasoline from daily life in the 1960s and 70s, legislation banning lead pipes in new construction did not arrive until 1991. This 30-year delay has proved detrimental to communities throughout the country.

It has been nearly six years since this crisis began, and most Flint citizens are still unable to use the water in their homes for drinking, cooking or bathing because the toxic lead pipes have not been replaced, and it does not look like they will be fixed any time soon.



COLLEEN HAMMOND

opinions editor

To make matters worse, lead pipes disproportionately affect poor communities. Because those areas lack public funding for major infrastructure renovations, they are typically left with deadly lead pipes until the areas are gentrified. By then, low income households cannot afford to stay in the area and leave for other poor communities.

This shows a detrimental disrespect for the poor of this country. Clean drinking water is a right to every person. In a country as developed and wealthy as the United States, citizens should never have to wonder if their drinking water is poisonous. It is unacceptable for the government to ignore the lead pipe problem just because it more heavily affects

low-income areas.

Unfortunately, the turmoils of Flint are not an isolated incident.

It is estimated that nearly 10 million homes in America have lead pipes sourcing their water. This includes Pittsburgh homes.

Although the Pittsburgh Water and Sewer Authority report that there is no lead in Pittsburgh's drinking water, they are still facing a constant struggle to replace lead pipes before it begins leaching into the water supply.

As is the case in Flint, outdated lead pipes plague low income areas in Pittsburgh. Sadly, this trend remains true across the entire nation.

Low-income citizens' needs and safety are being ignored for the sake of federal and state budgets. By refusing or delaying the replacement of lead pipes, lawmakers are making it very clear that they do not value the health and safety of those in poverty. Access to clean water is granted as a fundamental human right by the United Nations. It is astounding that one of the largest and most developed countries in the U.N. cannot be bothered to provide clean, lead-free water to its citizens.

Day by day, lead pipes continue to age and become more and more dangerous to civilians.

While Flint was a horrific accident, it must serve as a learning opportunity to the entire country. If lead pipes are not replaced immediately, this large-scale poisoning could happen in almost any American city. Low-income areas are equally worthy of safety and health as their affluent counterparts.

STAFF  
EDITORIALNews media: the  
2020 battleground

Since 2016, Trump and his administration have dealt out repeated attacks on media outlets and personnel, from dubbing BuzzFeed “a pile of garbage” to dismissing CNN, the New York Times and other organizations as “fake news” and “the enemy of the American people.”

But last week, the effects of the current administration's anti-media sentiment reached an apex when a chilling spoof video was shown at a Florida conference hosted by pro-Trump group American Priority. The video — an edit of a scene from the Kingsmen: The Secret Service — shows Trump's head superimposed on the body of a character opening fire in a church dubbed “The Church of Fake News.” All of the parishioners bear the logos and names of news outlets and progressive movements like Black Lives Matter and Vice, as well as Trump's social and political opponents, such as John McCain, Rosie O'Donnell, Maxine Waters and Bernie Sanders. Iconography from Trump's 2020 re-campaign abounds.

Spokespeople for the president and American Priority condemned the video and reiterated that they don't condone violence of any sort. But even if that is true — though Trump did tweet out a similar, albeit less graphic video in 2017, which showed him beating up a wrestler who had the CNN logo superimposed onto him — that isn't the point. Whether or not Trump directly supports this kind of behavior doesn't actually matter as much as the fact that his rhetoric has enabled those who do. The president might dislike the video, but his supporters, in large part, thought it was hilarious. And that's a problem.

On Sunday, CNN released a statement in response to the video.

“Sadly, this is not the first time that supporters of the president have promoted violence against media in a video they apparently find entertaining — but it is by far and away the worst. The images depicted are vile and horrific,” it said.

Trump's anti-media language has deeply influenced his supporters and the propaganda they both produce and consume. The fact remains, however, that the press is not the enemy. It fills a vital role in the preservation and defense of democracy. There's a reason it's often the first thing attacked by authoritarian regimes and dictatorships; it keeps political demagogues in check.

We live in an era defined by its penchant for gun violence; videos like these not only promote brutality, but incite it. Coming after the June 2018 mass shooting at the Capital Gazette in Maryland, which left five people dead, the video demonstrates at best a startling lack of sensitivity, and at worst, a frightening call to arms against members of the American press.

see STAFF ED— page 11



## Automation is on the horizon, bringing fear and excitement

ZOE STRATOS  
staff columnist

U.S. unemployment has been an ongoing problem for years as manufacturers decide whether to outsource or automate their factories or to keep their workers in the ever growing and competitive world of business.

In recent interviews with President Trump, he has voiced the dangers of outsourcing jobs but has largely ignored automation as a whole. Certainly, outsourcing is a huge problem in the U.S. and undoubtedly limits job opportunities for workers. Nonetheless, the U.S. is still a manufacturing powerhouse in the world despite our high rate of industrial outsourcing.

As far as automation goes, it seemingly acts as an inside counterpart to outsourcing. In a study done by Mark Muro of the Brookings Institution in 2016, the U.S. manufactures twice as many products as 1984, but with one third fewer workers. This has caused public distress as many people believe a mechanical apocalypse is in the near future.

With that said, automation is not an entirely new threat — or a threat at all — to the U.S. Mass unemployment from automation is highly unlikely. Back during the Industrial Revolution, automation became common-

place through the introduction of the assembly line, standardization of parts and mass production. It created factory jobs in newly developing cities and made jobs more efficient and, in some cases, safer.

Moreover, automation allows for the creation of new jobs and expansion of current jobs. With inventions like self checkout scanners, grocery store clerks are able to focus more on stocking and other aspects of customer service without constant multitasking.

Similarly, ATMs allow tellers to focus on tasks other than transactions. When ATMs were introduced in the 1980s, bank tellers feared the mechanical takeover of their jobs by ATMs; however, U.S. bank teller employment rose steadily from 1980 to 2010.

People are worried because they are focusing on the unknown factor of whether or not they will lose their jobs rather than how their jobs could be improved. While the immediate problem of automation can cause unemployment or wage loss, in the long run it will prove beneficial as proven in the past.

In the U.S., however, studies of the phenomenon of machine helping man are hard to find. In a study done by economists James Bessen, Maarten Goos, Anna Salomons and Wiljan Van den Berge, investigators studied the long- and short-term effects of



COURTESY OF ENGINEERS JOURNAL

Increased automation of factory jobs both threatens and enhances the American job market.

automation in the Netherlands. They analyzed around 5 million workers and their experiences with automation, as well as examining wages and unemployment insurance from 2000 to 2016.

The report finds that “firm-level automation increases the probability of workers separating from their employers and decreases days worked, leading to a 5-year cumulative wage income loss of 11% of one year’s earnings.”

However, as it is, the Netherlands were able to slightly balance this loss with state ben-

efits. This proves, then, that automation is a slow-moving force rather than a mechanical apocalypse; mass unemployment is highly unlikely.

This means the automation process is more individually based, and the government has taken no steps to allot for those damaged by it. As mentioned before, Trump has solely focused on outsourcing as a major unemployment problem rather than taking a grassroots approach to problems within the country. This focus on tram-

pling outsourcing in turn will cause big business to automate and cut jobs, and no government benefits will help these people in the immediate future.

Ultimately, automation comes with major future advantages but with immediate problems; the only way to prevent these problems is to mandate government benefits and creation of more immediate job opportunities. It is time for the government to focus more within the scope of our country, rather than what is outside.

## Midterms exacerbate mental health issues and elevate stress

NICOLETTA VENEZIANO  
staff columnist

Dismissing stress and anxiety as something that is typical for every student is a pretty common. As midterm week is upon us, the mental health of university students deserves a shining spotlight and utmost attention. The amount of stress and anxiety that midterms and exams in general cause is outrageous.

Although these feelings of stress and anxiety are a constant cycle in everyday college life, midterm week has its role in encouraging unhealthy mental habits in student life as well. The university makes its efforts in trying to help the students during these stressful times. For example, they suppose the idea of keeping the library open 24 hours during the week is making it more convenient to make time to study. In reality, this is creating a miserable environment that prevents students from getting the proper amount of sleep necessary to even function. Staying up all night to prepare for midterms should not be encouraged, especially through the university itself.

Another alarming idea the university proposed for the week was an event that suggested “free blood pressure readings for midterms.” This event is undoubtedly hinting at the fact that

midterms cause a spike in stress, thus a spike in blood pressure. Increases in blood pressure related to stress can be extremely dramatic. According to the Mayo Clinic, temporary spikes in blood pressure can damage your blood vessels, heart and kidneys in a way similar to long-term high blood pressure. An event that admits that midterm week can cause this blood pressure spike in students is exceptionally disturbing.

While a certain amount of anxiety is completely normal in certain college experiences, it is imperative to notice if this feeling escalates into something more distracting or harmful. According to the Anxiety and Depression Association of America, 80% of college students report that they feel stress on a daily basis. This being said, stress comes hand-in-hand with several other difficulties. It can lead to further feelings of depression, sleep difficulties, weakened immune system and so much more.

Cindy Lui, a psychologist at Brigham and Women’s Hospital, conducted a study with over 100 college campuses and over 67,000 college students. When asked about stress and anxiety, the study showed that 1 in 5 students had thoughts of suicide, and 1 in 10 students have attempted it. These statistics are simply from the pressure of perfection in the academic aspect of college life.



COURTESY OF US NEWS

Students across the country face the middle of the semester with a slew of examinations.

“Even if you have a student who is doing well in school, it doesn’t mean they aren’t dealing with something internally,” Liu said. “You have to peel back more layers. That is the real struggle for parents and colleges — identifying those students who are quietly enduring a significant mental health experience.”

Identifying mental illness in others, as well as yourself can be challenging. These illnesses can take many forms from depression or anxiety, eating disorders, addiction and even suicide. Although it may be difficult to come to terms with any illness, it is imperative to be familiar with

symptoms, as well as helpful resources in the college environment.

I want to remind everyone of one final idea for midterm week: your mental health comes above all other priorities. Do what is necessary to take care of yourself mentally, physically, and spiritually. Take breaks. Get a decent amount of sleep. Ask for help. Eat three meals a day. You are a human being that is not defined by a percentage on an exam or a letter on a transcript. Keep working hard and maintaining a positive attitude, and enjoy the college experience while it lasts.



# Cheap and easy Halloween costume how-to

**ASHLEY NEWMAN**  
staff writer

Halloween can be a blessing and a curse; on one hand, it's super fun to dress up and join in the festivities. On the other hand, the most terrifying part of it isn't the ghosts, ghouls and haunted mansions, but rather having no idea what to dress up as. Fear not; if you still haven't found a costume, here are some simple costume ideas that are easy to make and won't break the bank.

## Scarecrow

**What you need:** Jeans, a flannel shirt, black eyeliner, pink lipstick or costume makeup

**How to do it:** Use the eyeliner to draw lines on your cheeks extending your mouth, a triangle on your nose and some fake eyelashes under your eye. Use the lipstick or costume makeup to give yourself some rosy cheeks.



COURTESY OF CRAFTY BRIDGE

## Doctor

**What you need:** White lab coat, a nice button-up shirt, black dress pants, stethoscope

**How to do it:** Before trying to buy the lab coat and stethoscope, try asking a science major. They probably have at least the lab coat lying around.

## '70s Hippie

**What you need:** Bellbottom jeans, a plain shirt, a fringe/tassel vest, small circle sunglasses

**How to do it:** These items are often easy finds.

## Men in Black

**What you need:** Black suit, white button-up, black tie, black sunglasses.

## Breakfast at Tiffany's Audrey Hepburn

**What you need:** Plain black dress, long black gloves, pearl necklaces, big black sunglasses, red lipstick

**How to do it:** Pair the outfit with a simple hair bun to complete the look



COURTESY BEST PRODUCTS

## Mime

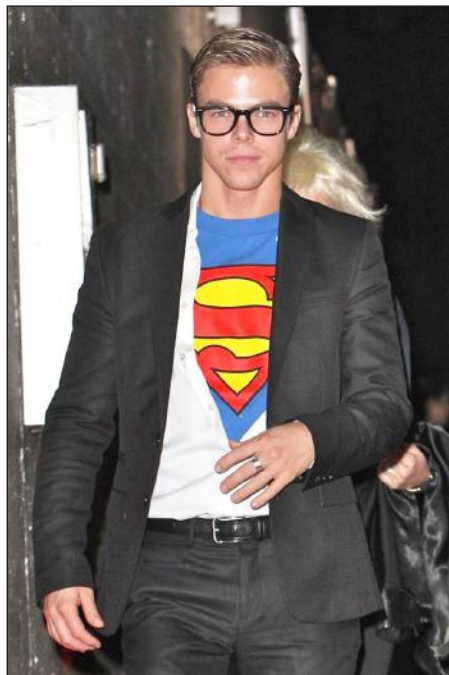
**What you need:** Black and white striped shirt, black pants, white gloves, black beret, black and white face paint, red lipstick.

**How to do it:** Pair everything together and add some red lipstick

## Clark Kent

**What you need:** Superman T-shirt, white button-up, black pants, big glasses

**How to do it:** Leave the top few buttons open on the button-up shirt so the Superman symbol can be seen



COURTESY OF MASKERIX

## '50s Greaser

**What you need:** Plain white T-shirt, jeans, black sunglasses, black leather jacket

**How to do it:** Put in hair gel to slick your hair back, or pull it back in a tight ponytail

## Rosie the Riveter

**What you need:** Jeans, a denim shirt, red bandana

**How to do it:** Tuck the denim shirt into the jeans and wrap the red bandana around your head like a headband.

Happy costume-hunting and Happy Halloween!

## Gingered Pumpkin Bisque



COURTESY OF ALL DAY I DREAM ABOUT FOOD

## Ingredients:

- 1/3 cup chopped shallots
- 1/4 cup chopped onion
- 1 teaspoon minced fresh gingerroot
- 1 tablespoon canola oil
- 2 tablespoons all-purpose flour
- 1 can (14-1/2 ounces) chicken broth
- 1/3 cup apple cider or juice
- 3/4 cup plus 2 tablespoons canned pumpkin
- 2 tablespoons plus 1-1/2 teaspoons maple syrup
- 1/8 teaspoon dried thyme
- 1/8 teaspoon ground cinnamon
- 1/8 teaspoon pepper
- Dash ground cloves
- 1/2 cup heavy whipping cream or half-and-half cream
- 1/4 teaspoon vanilla extract
- Additional heavy whipping cream, optional
- Fresh thyme sprigs

## Recipe:

1. In a small saucepan, sauté the shallots, onion and ginger in oil until tender. Stir in flour until blended; cook and stir for two minutes or until golden brown. Gradually stir in broth and cider. Bring to a boil; cook and stir for two minutes or until thickened.
2. Stir in the pumpkin, syrup and seasonings. Return to a boil. Reduce heat; cover and simmer for 10 minutes. Remove from the heat; cool slightly.
3. In a blender, process soup in batches until smooth. Return all to the pan. Stir in cream and vanilla; heat through (do not boil). If desired, drizzle individual servings with additional cream and garnish with thyme sprigs.

## Ingredients:

- 1/2 pound white candy coating, coarsely chopped
- 24 miniature pretzels
- Orange colored sugar or sprinkles
- 6 green gumdrops, cut into four lengthwise slices

## Recipe:

1. Melt candy coating in microwave; stir until smooth. Dip pretzels in candy coating; let excess drip off.
2. Place on waxed paper-lined baking sheets. If desired, fill pretzel holes with candy coating. Decorate with orange sugar or sprinkles. For stem, dip the back of one gumdrop piece into candy coating; place above the pumpkin. Repeat. Let stand until set, about 30 minutes.



COURTESY OF TASTE OF HOME



Preview: Dukes football heads to Sacred Heart

DAVID BORNE  
sports editor

The 2018 NEC co-champions will go head-to-head this weekend, as the Duquesne Dukes (3-2, 1-0) take on the Sacred Heart Pioneers (3-3, 1-1) on Saturday.

Last season, the Dukes grabbed a 28-24 win against Sacred Heart.

This matchup will likely play a major role in deciding who represents the NEC in the FCS Playoffs later this year and could be one of Duquesne's toughest tests of the season.

The Dish on the Dukes

Duquesne wrapped up its non-conference slate with a 2-2 record, including wins over Walsh and Dayton.

Both losses came against stiff competition, as both teams that defeated the Dukes (Youngstown State and New Hampshire), are featured in the most recent Top 25 FCS Coaches Poll.

The Dukes had a bye last week, but grabbed a 21-14 win over Long Island in their conference opener on Oct. 5 at Arthur J. Rooney Field. Running backs A.J. Hines and Mark Allen rushed for a combined 196 yards and two touchdowns on the day. A two-interception performance from Daivon Ellison led Duquesne's defensive effort in the win over Long Island.

Overall, Duquesne's defense has looked particularly strong to start the year. Allowing 314 yards per game, the Dukes currently rank second in the NEC in total defense.

A shutdown group of defensive backs have limited opposing teams' aerial attack, as the Dukes have allowed the second-fewest passing yards in the conference.

Panning the Pioneers

Sacred Heart's high-octane offense has powered the team to its three wins so far this season. In four of the team's six games, the Pioneers posted 20 or more points on the scoreboard.

Highlight wins include a 56-

40 shootout against Lafayette on Sept. 14 in Easton and a dominant 34-10 performance against Long Island in Sacred Heart's NEC opener.

Sacred Heart is carrying a two-game losing streak into Saturday's matchup. Last weekend, the Pioneers were defeated by Penn, 38-24, at Franklin Field in Philadelphia. SHU's rush defense allowed a total of 251 yards on the ground and gave up three touchdowns in the losing effort.

In the previous week, Sacred Heart was thumped by NEC foe Central Connecticut State in its most recent conference game. Four turnovers plagued the team's efforts against Central Connecticut, and they ultimately dropped a 28-3 result on home turf.

Players to Watch

A.J. Hines (RB, Duquesne)

After missing some time with an upper-body injury, Hines got back on the field against LIU and looked as good as ever. The senior put together an 140-yard performance in his return and averaged 4.4 yards per carry.

Through three games this season, Hines has gained a total of 294 yards on the ground, and has found the end zone three times.



Duquesne wide receiver Kellon Taylor runs into the end zone during the second quarter of last year's game against Sacred Heart at Arthur J. Rooney Field. Taylor finished the afternoon with a team-high 86 receiving yards.

He now stands just 132 yards short of passing Donte Small for second all-time in rushing yards in program history.

Last season against Sacred Heart, Hines finished with 213 yards on the ground, and should have another big day on Saturday.

Reid Harrison-Ducros (DB, Duquesne)

The Dukes' defense will have its hands full this weekend, and Harrison-Ducros will surely play a major role in Duquesne's efforts to slow down the passing game.

The cornerback currently stands third on the team in solo tackles (16) and is tied for second in the team in interceptions (1).

Duquesne will rely heavily on the play of its defensive backs to find success on Saturday, and Harrison-Ducros will likely be assigned to shutdown Pioneers' star receiver Tyrese Chambers.

Logan Marchi (QB, Sacred Heart)

Marchi has put together an impressive start to his career with the Pioneers. The quarterback spent his first four seasons of eligibility at Temple and East Tennessee State before transferring to SHU this year.

Marchi has quickly established

himself as one of the NEC's top quarterbacks, and leads the conference in average throwing yards



COURTESY OF ERIKA BAKIRTZIS

Dukes' quarterback Daniel Parr drops back for a pass last season against the Pioneers. Parr has started all five of Duquesne's games this season, throwing for a total of 808 yards.

per game (271.3).

In last weekend's loss on the road at Penn, the fifth-year quarterback threw for 278 yards and tossed two touchdown passes.

Julius Chestnut (RB, Sacred-Heart)

With 2019 All-NEC Preseason selection Jordan Meachum sidelined due to injury, Chestnut has seen the majority of action in the backfield for SHU.

The sophomore halfback is the leading rusher in the NEC, having posted a total of 689 rushing yards on the year. Chestnut will likely have another very active day on Saturday.

Kick off for Saturday's game is scheduled for 12 p.m. at Campus Field in Fairfield.

The Dukes are riding a four-game win streak in games against Sacred Heart, and are 5-1 all-time at Campus Field.

Since the start of 2015, Duquesne is 20-5 in NEC games, with a 9-3 record in league games on the road.

NCAA Football AP Top 10 — Week 8

Rank	Team	Conf.	Overall	Streak	Next
1.	Alabama (30)	3-0	6-0	W6	10/19 vs. Tennessee
2.	LSU (12)	2-0	6-0	W6	10/19 at Miss. State
3.	Clemson (11)	4-0	6-0	W6	10/19 at Louisville
4.	Ohio State (9)	3-0	6-0	W6	10/18 at Northwestern
5.	Oklahoma	3-0	6-0	W6	10/19 vs. West Virginia
6.	Wisconsin	3-0	6-0	W6	10/19 at Illinois
7.	Penn State	3-0	6-0	W6	10/19 vs. Michigan
8.	Notre Dame	0-0	5-1	W3	10/26 at Michigan
9.	Florida	3-1	6-1	L1	10/19 at South Carolina
10.	Georgia	0-0	5-1	L1	10/19 vs. Kentucky

NCAA FCS NEC Standings — Week 8

Rank	Team	Conf.	Overall	Streak	Next
1.	Cen. Conn. St.	1-0	5-1	W2	10/12 at Columbia
2.	<b>Duquesne</b>	1-0	3-2	W1	10/19 at Sacred Heart
3.	Robert Morris	1-0	2-4	W1	10/19 at Wagner
4.	Wagner	1-0	1-5	L1	10/19 vs. Robert Morris
5.	Sacred Heart	1-1	3-3	L2	10/19 vs. Duquesne
6.	Saint Francis U	1-1	3-3	L1	10/19 at LIU
7.	Bryant	1-1	2-5	W2	10/19 at Cen. Conn. St.
8.	LIU	0-4	0-5	L5	10/19 vs. Saint Francis U

Upcoming Events

The following events are all of Duquesne's varsity athletic contests for the next several weeks.

- **Oct. 17, TBA**  
Men's Tennis at ITA Atlantic Regionals (Charlottesville)
- **Oct. 17, 7:30 p.m.**  
Women's Soccer at Dayton
- **Oct. 18, 9 a.m. / 3:30 p.m.**  
Women's Swimming and Diving at Richmond Duals (Richmond)
- **Oct. 18, 7 p.m.**  
Women's Volleyball at George Mason
- **Oct. 19, 12 p.m.**  
Men's Football at Sacred Heart
- **Oct. 19, 10 a.m.**  
Men's Cross Country at Princeton Invitational
- **Oct. 19, 10 a.m.**  
Women's Cross Country at Princeton Invitational
- **Oct. 19, 7 p.m.**  
Men's Soccer vs. Massachusetts
- **Oct. 19, 7 p.m.**  
Women's Volleyball at George Washington
- **Oct. 20, 1 pm**  
Women's Soccer vs. Massachusetts
- **Oct. 23, 7 p.m.**  
Men's Soccer at Dayton
- **Oct. 24, 7 p.m.**  
Women's Soccer vs. St. Bonaventure
- **Oct. 25, TBD**  
Women's Tennis at ITA Atlantic Regionals
- **Oct. 25, 6 p.m.**  
Women's Volleyball vs. VCU
- **Oct. 26, TBD**  
Women's Rowing at Head of the Schuylkill

Fact of the Week

Duquesne football, men's soccer, and women's soccer are undefeated at Rooney Field this season. Overall, the teams have a 13-0-2 record at home.



# Penguins off to promising start to 2019 campaign

JACOB HEBDA  
staff writer

Following the Penguins' sweep at the hands of the Islanders last postseason, Jim Rutherford had the following to say about his team.

"I didn't see a point where guys came together as a team. I wonder if it's because there's too many guys content with where they're at in their careers after winning a couple Stanley Cups."

He added, "Some big decisions will have to be made. Obviously, there will be changes in our team."

With cornerstone veterans Sidney Crosby and Evgeni Malkin presumably nearing the end of their respective primes, there has been a sense among fans and pundits that Pittsburgh's championship window is closing.

Based on the aforementioned remarks and others, the Penguins general manager would seem to agree.

That's why Rutherford followed through with his April musings and executed major roster moves over the summer.

He began by trading away former first round pick Olli Maatta in mid-June. As July approached, he pulled the trigger on a Phil Kessel deal, shipping the star winger to Arizona.

Additionally, though not Rutherford's choice, 42-year old Matt Cullen officially retired.

In came the likes of Alex Galchenyuk, Brandon Tanev and Dominik Kahun.

The message behind these transitions is obvious. Pittsburgh wants to reclaim its standing as young, fast, offensively

dynamic hockey team.

With the regular season now underway, it's time to see how these new Penguins look.

So far, the results are relatively promising. The offense underwent the most change, and that's where the Penguins have been best.

Pittsburgh entered Wednesday's game leading the NHL in goals scored, with 25. They rank third in goals per game, netting 4.2.

Sidney Crosby is same old Sidney Crosby. He has twelve points already, tied for third-most in the league.

However, with injuries to core forwards including Malkin, Galchenyuk, Bryan Rust, and Nick Bjug-



AP PHOTO  
Penguins forward Jake Guentzel skates in the third period during a game against the Winnipeg Jets at PPG PAINTS Arena on Oct. 8, 2019. Guentzel now has a team-high five goals on the season.

stad, the superstar center has needed some extra help.

Stepping to the plate have been AHL callups Sam Lafferty, Adam Johnson, and Joseph Blandisi. In their brief stints, they've posted a combined nine points.

Lafferty has been promising, scoring three goals in his first four career NHL games.

The strong performance of these young players is reminiscent of the AHL callups that helped power the Penguins' back-to-back Cup runs.

While they likely won't remain on the NHL roster for the entire year, keep their names in mind as the season continues.

There's a good possibility Pittsburgh will need their help again at some point.

While the offense underwent major changes, the defense and goaltending experienced little transition.

Kris Letang, Brian Dumoulin, Justin Schultz, Marcus Pettersson, and Jack Johnson are all back. The only notable addition is John Marino.

While not among the league's elite defensive corps, they've been serviceable.

Meanwhile, Matt Murray remains the starting goalie.

At his best, Murray can keep pace with the elite. As he's reminded us this season though, anything less leaves much to be desired.

Entering Wednesday night's game against the Colorado Avalanche, in three of his previous five starts, he had surrendered at least three goals.

With a goals against average of 2.82, he ranked 22nd among all goalies. His

save percentage of .911 is 19th.

It's early yet, but don't be surprised if backup Tristan Jarry receives more playing time throughout the year.

He was solid in his single start this season, surrendering two goals on 31 shots from Winnipeg.

Improved defensive play, however, could make both goalies' lives much easier. The Penguins have allowed 187 shots on goal, the eleventh-most among teams.

It's been rumored that Rutherford may make a move involving a defenseman, so perhaps that unit will be much improved in the near future.

These collective efforts have produced a 5-2 record for the Penguins, who currently sit in second place in the Metropolitan Division.

Again, the season is still fresh, and hockey can be an unpredictable sport. In recent years, we've seen both the Penguins and Blue climb from the bottom of the standings to claim the Cup. We've also witnessed a 62-win Lightning team get swept in the first round of the playoffs.

That's to say the obvious — we don't really know how this season will play out.

Nevertheless, it's fair to like where the Penguins currently stand. Results have been positive, and there is reason to believe that can continue as the year goes on.

With fresh faces, signs of renewed offensive energy, Pittsburgh looks to be in a good place.

But with inconsistency in the defense and goaltending, Rutherford probably isn't done with his "big moves" just yet.

# MBB head coach Dambrot honored at previous job

DAVID BORNE  
sports editor

Before Keith Dambrot began his journey to revitalize Duquesne's men's basketball program, the Akron, OH native managed to build a college basketball empire in his hometown.

Dambrot spent 13 seasons as the head coach of the University of Akron's men's basketball team, and established the program as one of the best in the Mid-Atlantic Conference.

For his efforts, Dambrot was inducted into Akron Athletics' 2019 Sports Hall of Fame class on Saturday, Oct. 12. Dambrot was one of six inductees honored at an event last weekend.

"I've been around this university since I was born, really," Dambrot told reporters prior to the event.

"My mother was a college professor here, started the women's studies program and battled for people's right and women's rights. She was one of the initiators of the union for the faculty."

"I've been around this university for as long as I can remember. There's just great memories, and I'm honored

to be back."

His time on the sidelines is not the only contribution Dambrot made to Akron Athletics.



COURTESY OF AKRON ATHLETICS  
Duquesne men's basketball head coach Keith Dambrot giving a speech at the University of Akron's 45th annual Varsity "A" Hall of Fame Ceremony on Oct. 12

He also spent four seasons as a member of Akron's varsity baseball team, starting at third base for the Zips. Dambrot was a three-year starter for the team, a team captain, and earned team MVP honors during his collegiate career on the diamond.

While Dambrot expressed his overall excitement to be inducted, he was particularly pleased that he could enter the Hall of Fame during the same year as two of the players he coached.

"To be able to go in with Dru [Joyce] and [Romeo Travis] as well, who were really an integral part of us turning our program around, it's thrilling."

The head coach posted an overall record of 305-109 at Akron before inking a seven-year contract with Duquesne in 2017.

During his tenure with the Zips, he led the program to three NCAA Tournament appearances (2008-09, 2010-11, 2012-13), as well as five appearances in the NIT.

Dambrot touched on several key memories that stuck out to him from his time at Akron. Watching the program rise to once of consistent relevance is what he holds most dearly to him about his tenure

with the Zips.

"I thought that when we beat Temple in the NIT at Temple, I thought that was a big deal. Especially with Coach [John] Chaney coaching. I thought that kind of got us over the hump," Dambrot said.

"Then going to that first NCAA Tournament was obviously thrilling, since Akron hadn't been in the NCAA Tournament since Coach [Bob] Huggins was here."

"For me, the main thing was just the consistency of how good our teams were over time. That's really a tribute to the players that we had," he added.

While the head coach now spends the majority of his time in Pittsburgh, he still owns his house in the Akron area. He noted that he plans on returning to Central Ohio at the end of his career.

As an Akron native, a graduate of the University of Akron, and a former coach at the school, being honored into its Athletic's Hall of Fame was the ultimate honor for Dambrot.

"I think any time you can coach and play at the university where you grew up, where your mother was a professor, where all your family are... I'm really an Akronite and nothing really changed, for me it's an exciting time," Dambrot said.



# Pittsburgh Opera masterfully tackles classic

HANNAH BOUCHER  
staff writer

Murder, seduction and insanely high notes — Mozart's *Don Giovanni* tells the story of a womanizing man whose sins finally begin to catch up to him. A "film noir" take on this classic piece, the Pittsburgh Opera starts off its 2019-2020 season right.

With this fresh interpretation on such a timeless classic, the show becomes more real. Unlike most operas that are set in centuries past, this adaption of *Don Giovanni* takes place in the 1950s. The charming nature of the titular character is on full display, while his crimes simultaneously become more heinous.

The vibrant baritone who plays the Don Giovanni, Craig Verm, earns both the admiration and disgust of the audience, just as he does with his many "conquests." A very talented performer all around, it is very apparent that Verm is well-equipped to take on such a complex, daunting role. His voice has an amazing quality that carries throughout the entire theater.

The role of Donna Elvira, taken on by Corrie Stallings, is yet another

other part that requires a wide emotional capacity. A conflicted character, Elvira has had her heart shattered by Giovanni, yet she still feels sympathy towards the unapologetic man. Stallings has a beautiful vibrato that captivates the audience, and by being sassy and classy at the same time, Stallings is able to steal the stage every time she steps on.

All of the performers wear clothing on the grayscale, so as to further establish that film noir feel. Each costume perfectly fit its character, while still managing to complement the other costumes on the stage.

The decision to stick to this color scheme pays off, especially when the audience is first introduced to Giovanni's restaurant. The bright blue light really pops on the stage full of monotone colors.

The main set remains the same throughout the entire show, however smaller elements change to signify new locations in the story. While Giovanni's restaurant stands out the most, the graveyard is also a very impressive setting. It really sets the tone for what's to come in the finale.

The lighting is yet another aspect that really sells the show. When Giovanni is trying to take



COURTESY OF PITTSBURGH OPERA

The Giovanni's restaurant set in full glory at the Benedum Center

advantage of the young women, the lights dim, focusing only on him. This mimics the style of noir cinema, similar to that of a cliché detective scene. This technique is very effective in establishing the tone.

From the overture to the curtain call, *Don Giovanni* succeeds in being an engaging opera. Although the show is in Italian, it is easy to follow along with the subtitles above the performance. The performance manages to maintain its dramatic feel while

carrying some humorous undertones. The comedic relief in this show is fairly tasteful and does not distract from the overall piece. This perfect balance keeps the three hour opera from feeling like an eternity.

There are still two more opportunities to see *Don Giovanni* during its run at the Benedum Center. There will be a show on Friday, Oct. 18 at 7:30 p.m. and Sunday, Oct. 20 at 2 p.m. Tickets are available for purchase online on the cultural district site.

## HORRORSCOPES



### Libra

(September 23-October 22)

Don't let your dreams be dreams! Make your life a waking nightmare.



### Scorpio

(October 23-November 22)

The stars hold great secrets, Scorpio. For example, Betelgeuse has a crush on someone, but Orion's not saying who!



### Sagittarius

(November 23-December 22)

Life imitates art. To be more specific, life imitates *Space Jam*.



### Capricorn

(December 22-January 19)

Make yourself a PB&J — Positive Being & Joyful.



### Aquarius

(January 20-February 18)

Life is a story, Aquarius. Will today be a new page? A new chapter, perhaps?

The answer? No, neither.



### Pisces

(February 19-March 20)

Pisces, what you've needed has been right under your nose this whole time.

Your upper lip.



### Aries

(March 21-April 19)

It is good to get down and boogie, yes, but at what cost? Ask yourself these questions, Aries.



### Taurus

(April 20-May 20)

This week is going to feel a lot like juggling. The balls are on fire, by the way. And made of *thorns*.



### Gemini

(May 21-June 20)

Arby's may have the meats, Gemini, but you have what they never will—

soul.



### Cancer

(June 21-July 22)

Having a bad week, Cancer? No worries. Your subsequent weeks will be far, far worse.



### Leo

(July 23-August 22)

Whoa, hold your horses, Leo! Pump the brakes! The dorm showers are absolutely not a "demilitarized zone for alcohol policies."



### Virgo

(August 23-September 22)

Virgo, you've got a little schmutz on your shirt. Be more careful!

I'm livid!

## WEEK'S EVENTS

Spooks and Dugs  
Oct. 17 @ 9 p.m.

Residence Life will host this free event of a campfire, s'mores and ghost stories in Laval House's backyard.

Homecoming 2019  
Oct. 21 @ 3 p.m.

Alumni and current students unite together in Dukes pride for a variety of games and events on campus. This year's theme is "Seasons Change, Traditions Remain."

## UPCOMING RELEASES

Zombieland: Double Tap  
Friday, Oct. 18

A decade after the original, the main cast of *Zombieland* returns for this sequel, with several rumored celebrity cameos.

Maleficent: Mistress of Evil  
Friday, Oct. 18

Angelina Jolie returns as the titular character, the antagonist of the 1959 Disney classic *Sleeping Beauty*.

## MICRO REVIEW

Starbucks' Caramel Apple Spice

If pumpkin flavor isn't your style and you aren't feeling up for the caffeine buzz of a salted caramel mocha, look no further than the caramel apple spice. It's a sweet but mild drink made with apple cider and steamed milk, topped off with whipped cream and caramel drizzle. It's got all the flavors of fall.

-Ollie Gratzinger



# Local artist's show explores her personal dark, intrusive thoughts

SEAN ARMSTRONG

staff writer

How many people look in the mirror and see something they don't like about themselves? How many people get a bad grade on an exam and think they're stupid? How many people are talking to someone and wonder if that person enjoys talking to them? Too many to count.

In her latest art show, *Toxic Thoughts*, at Iron City Circus Arts in the South Side this Saturday, Mariah Wild, a photographer, videographer and painter is exploring that thought process — where tiny thoughts snowball into part of how people identify themselves.

“[Negative thought processes] started with just a small thought that crosses your mind, day to day, that you don't think about actively that just grows and grows into a bigger more ominous thought until it manifests into a bigger more ominous thought that becomes your lifestyle or just predominant way of thinking,” Wild said. “So it can be something small ‘I feel fat today,’ and then it just grows into ‘oh, but you're fat every day.’”

While this is something that many people experience on some level, for Wild the context of this takes on unique struggles below the surface. Wild was diagnosed with bipolar disorder in her teenage years, and has found art to be the only outlet of expression in her depressive phases.

“And then you kind of go off to college and you discover who you are, and you're like ‘oh no! Am I actually this person?’ and then you discover art, and you're like ‘oh, I can just get it out that way,’” Wild said.

While art and self-expression can be a great coping mechanism for dealing with any form of hardship, for Wild, art became integral to her mental health.

“And sometimes I used to go through phases or dark periods, as I call them, where if I hadn't painted what I'm feeling ... it almost feels like a poison that's just killing you slowly. So then you just make something and it eliminates it,” Wild said. “The whole point of this show is just putting it out there so that I can move on from that.”

The goal of this show is not simply to display art but to allow Wild to depict her reality in contrast to the conflicting reality everyone else sees.

“I'm very aware that there are two different realities. There's this one with all the art, and the negative thoughts and everything else. And then there's the actual reality where you're not a terrible person,” Wild said.

According to the World Health Organization, bipolar disorder “typically consists of both manic and depressive episodes separated by periods of normal mood. Manic episodes involve elevated or irritable mood, over-activity, pressure of speech, inflated self-esteem and a decreased need for sleep. People who have manic attacks but do not experience depressive episodes are also classified as having bipolar disorder.”

In the past, bipolar disorder has gotten the best of Wild, specifically during her depressive phases.

“[My negative thoughts] will build up for six months and then I'll be like, ‘You know what I don't want to talk to anyone, I don't want to do anything, I'm just gonna hide out and paint for a while and whatever happens, happens.’”

According to Wild, she experiences her manic episodes like a hamster running on a track.

“It almost feels like it's just two different frames of mind. There's the going, I call it the hamster wheel and I've done some art on it for the show. It's just where you constantly need to be going all the time and that's generally when you feel most like yourself because you're like ‘I'm doing stuff. I'm helping. I'm collaborating. I'm working with other artists,’” Wild said, “But it's almost to a harmful extent because you're not taking care of yourself, you forgot to eat today. I haven't slept in three days, but you know what? I'm doing great. It's when you start talking fast, really clearly. That's hamster wheeling.”

With these conflicting states in mood, it is understandable that negative thoughts can be amplified and taken up as part of a person's identity more quickly. Wild can see this occurrence in the lead up to her show.

“What I've found is doing it publicly, anything that is said to you almost validates the internal monologue. So you'll have a thought that's like ‘oh, I'm not good enough.’ and then someone will be like ‘I can't make it to your show that day.’ That is nothing personal against you, but suddenly your world's like ‘oh, it's cause my art sucks.’ It's like ‘oh, you got me again. Thanks, toxic thoughts,’” Wild said. “So, this has been a battle, honestly. Next time I'm picking a happier topic like puppies or something.”



COURTESY OF MARIAH WILD

A still from a promotional video for Wild's show.



COURTESY OF GOOGLE MAPS STREET VIEW

Iron City Circus Arts, home of Wild's show, is located at 711 S 21st Street.

On the flip side, even if someone says something positive about the show, the negative thoughts can be identity formations that affect her perception of the good things too.

“It's something I've never experienced ... you have people telling you ‘oh, I'm excited for your show.’ Suddenly, you place your bar like up here and you're like ‘oh, it's gonna be terrible you shouldn't be excited.’ It's a constant circle,” Wild said.

Still, as much as these opposing emotional poles can pull a person from happy to sad in an almost inexplicable manner, Wild still sees her show as a positive influence on her mental health.

“[The show is a] huge sense of accomplishment, as weird as it is. One, because you did something productive and you didn't let [bipolar disorder] get to you. You know, it's almost like a power struggle,” Wild said. “You can either [be] completely going down this path and just letting it get darker and darker but every time you purge this artwork out it's like finding your way back out or even just taking a quick little vaccination to get it taken care of. So, that's the main feeling. When you get it out just a huge sense of relief.”

This hope for herself extends to what she wants those who come to the show to experience, as well.

“I think what I hope they experience, and [what] I tend to experience after I do that artwork, is it's now real. It's a very exaggerated feeling and in the past, I've had people see some works of art and say ‘oh, I relate to that,’” Wild said, “So, it's a sense of comradery in the sense that this isn't a real thing. There's nothing coming after you, it's all in your head. The characters and things you'll see there aren't real, basically. It's just all your inner demons trying to get you.”

Those same demons serve not only as the theme for the show but the motivator to host the show.

“I would definitely say it's fear. That's a big thing ... I've had feedback, and it's other people being like ‘you don't hustle, you don't work, you don't...’ It's not a great mentality to have. I've obviously addressed it, but if you don't start anything then you can't fail at it,” Wild said. “I've always been a pretty big perfectionist. I like succeeding. So, I'm like, ‘you know what, I'll help with other people's things because if that goes wrong it's not my name on the line.’ It's not procrastination, it's fear.”

In the past, this has led Wild to not take chances on her own work and instead let others take the lead artistically.

“Ironically, it was a build-up of all the negative thoughts in that I don't do anything ever.

I like to help other artists collaborate and I've never done my own thing ... since I started art,” Wild said.

“I've always worked for other people. I've been doing their stuff. The few times I have done things for myself it's kind of been, I guess we'll say, a lazy attempt. So ... if I had to do one thing ... if I were to die next year for some reason, and I would want to be proud of one thing, it would be fully showing something that I've done. And I thought that since I've been struggling with this for so long and it's so personal to me I'm like, ‘you know what, I could probably do that justice.’”

Once again these tendencies not only play into negative thought patterns like fear but are also dictated by the mental states of bipolar disorder.

“What you do is pack your schedule with so many things that you actually set yourself up to fail. ... You don't have to think about anything because you're moving, you're going. Then you can justify it's not laziness because you're working, but you're still not putting forth what you want to be putting forth,” Wild said.

To counteract her self-sabotaging, Wild, like many people, made a pact with herself to overcome her self-doubt and mental conditions.

“It's almost like the same with any New Year's resolution. Everyone says they're going to start going to the gym and it's a month later and maybe we've gone a couple of times. I think that's been the case in the past,” Wild said. “I've done little projects here and there and when they didn't quite come out how I wanted or they're not up to par it's like ‘well, nevermind.’ You thought about it too much and you acted a little bit and then it just fizzles out.”

What serves as the most interesting part of this endeavor is how Wild used her own willpower and her support network to get the show over the line.

“I did what I thought was a smart idea at the time, but it turned out to be a huge stressor ... I started telling people about it first before I had any plans,” Wild said. “You know, you now publicly look like an idiot. I basically used public shame as a motivator, which I don't recommend. It worked in this case, but I think moving forward after this is executed, the momentum and I know what it takes is there.”

No matter what happens, Wild is trying to stay positive.

“Last year on my birthday, I was like ‘I'm going to do this.’ My birthday is on Oct. 19. And I was like, ‘that's going to be my goal.’ That way, if it fails, I can fail big and still celebrate with a cake and no one is going to judge me. If it goes well, then I still get a cake, and it'll be great.”



## CLASSIFIEDS

### Counseling

Anxiety, depression, & stress are things many people experience. Questions arise during transitions in relationships, jobs, and geographical moves. Find meaning & direction at PCA.

**Pittsburgh Counseling Alliance,**  
treating people, not disorders.



**Contact:**  
Brandon Graf  
412-440-5795  
pittsburghcounselingalliance.com

Writers & Photographers  
**Needed**  
for THE DUKE



Visit us  
at the newsroom in  
113 College Hall  
or email us at  
olliegratz@gmail.com

I'M A  
STUDENT,  
AND I CAN

**BE A CENSUS TAKER**

**APPLY ONLINE!**  
[2020census.gov/jobs](https://2020census.gov/jobs)

**2020 Census jobs provide:**

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

For more information or help applying, please call  
**1-855-JOB-2020**

Federal Relay Service:  
1-800-877-8339 TTY/ASCII  
[www.gsa.gov/fedrelay](http://www.gsa.gov/fedrelay)

The U.S. Census Bureau is an Equal Opportunity Employer.

United States  
**Census**  
**2020**



## THIS WEEK'S WEATHER

Thursday

51°  Windy with a passing shower

Friday

57°  Times of clouds and sun

Saturday

65°  Brilliant sunshine

Sunday

69°  Partly sunny; showers around

Monday

73°  Cloudy and warm

Tuesday

60°  Chance for rain; cooler

Wednesday

60°  Cloudy

*Courtesy of AccuWeather*

"If you're interested in:

**Internships**

**Scholarships**

**Conferences**

**& Networking**

Join Duquesne's English Honor Society

**Sigma Tau Delta!**



**SIGMA TAU DELTA**  
INTERNATIONAL ENGLISH HONOR SOCIETY

Email [lynchk5@duq.edu](mailto:lynchk5@duq.edu) or visit  
Dr. Mirmotahari  
on the 6th floor  
of College Hall!



**LISTEN LIVE**  
**24/7**

**DUQSM.COM/  
WDSR/**



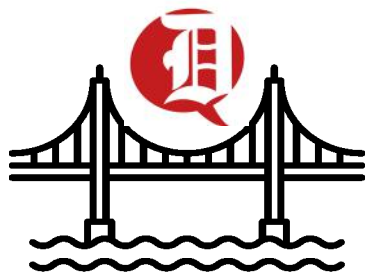
## Mass Shootings should not be politicized

**STAFF ED** — from page 4

The imagery of a gunman entering a place of worship strikes a particularly awful chord in the hearts of Pittsburghers in particular, as we approach the one-year anniversary of the Tree of Life shooting, which killed 11 people and forever changed a community.

It isn't funny. It isn't edgy. It isn't a bold political statement. It's a dangerous promotion of evil ideals that, if not publicly condemned, will get innocent people killed.

The imagery of a gunman entering a place of worship strikes a particularly awful chord in the hearts of Pittsburghers in particular, as we approach the one-year anniversary of the Tree of Life shooting, which killed 11 people and forever changed a community.



**The Duquesne Duke supports  
local businesses**

**ADVERTISE WITH US TODAY!**

Contact Madison Pastrick at  
dukeads@yahoo.com

### CORRECTION:

The photograph featuring Incline's new breakfast menu in *The Duquesne Duke's* Sept 5, 2019 issue was taken by Olivia Higgins, Staff Photographer, not Photography Editor, Griffin Sendek.

visit  
our  
website  
at

**duqsm  
.com**



## For Hire

**Layout Editor**  
*The Duquesne Duke*

The Duke is currently looking for a new Layout Editor starting in the Spring 2019 semester. This is a **paid position** that is open to any full-time Duquesne student, but candidates with graphic design and layout experience are preferred. For those looking to apply, resumes and cover letters should be sent to **theduquduke@gmail.com** by **Oct 30**.

**Advertising Sales Manager**  
*The Duquesne Duke*

The Duke is currently looking for a new Advertising Sales Manager starting in the Spring 2019 semester. This is a **paid position** that is open to any full-time Duquesne student, but candidates with a background in advertising are preferred. For those looking to apply, resumes and cover letters should be sent to **theduquduke@gmail.com** by **Oct 30**.

**THE DUKE**  
would like to congratulate

**Kaye Burnet**

Editor-in-Chief (2016-2017)

and

**Isaac Davies**

Staff Writer (2017)

on their wedding, on  
Saturday, Oct. 19, 2019.



Follow  
**THE  
DUKE**

on the  
web:

**Facebook**

**The Duquesne Duke**

**Twitter**

**@TheDuquesneDuke**

**Instagram**

**@TheDuquesneDuke**

**Online at**

**www.duqsm.com**

*Your  
Ad  
Here*

Contact  
Madison Pastrick  
at dukeads@yahoo.com