



Duquesne agrees to get police body cams



KELLEN STEPLER
editor-in-chief

Responding to demands from Dannielle Brown, mother of Marquis Jaylen "JB" Brown who fell to his death out of a Brottier Hall window in October 2018, Duquesne University announced Friday that they had purchased body cameras for their police officers, which they expect to arrive in three weeks.

The announcement came three days after Brown's most recent protest on campus.

The advocacy group, #Justice4JaylenBrown, released a statement Tuesday, Sept. 29 noting the "recent victory" in the campaign for justice for JB.

"It is clear that Duquesne University officials decided to acquire body cameras as a direct result of Ms. Brown's tireless advocacy, despite Duquesne's attempts to distance itself from her cause," #Justice4JaylenBrown's statement said.

In a Sept. 25 statement, the university said it funded the camera program and that the first-year cost is \$90,000; then costing \$43,000 annually thereafter. Duquesne is working with the union that supports the public safety officers to "complete the due diligence relative for adopting the cameras for use."

"While city and Duquesne police officers have interviewed multiple witnesses who have shared the same account relative to what happened on that evening when Marquis 'Jaylen' Brown tragically died, and we believe without a doubt that our officers acted in the most prudent manner possible, we believe that body cameras are a public safety and community relations best practice," according to the news release.

The university noted that they had been looking into body cameras before JB's death.

"While Ms. Brown welcomes



COURTESY OF WESA

Duquesne agrees to provide body cameras to all Duquesne Police officers, as demanded by Dannielle Brown.

recent steps towards acquiring body cameras, Duquesne's attitude toward the #Justice4JaylenBrown movement has been less than ideal. Ms. Brown has time and time again asked Duquesne for a seat at the table to help make Duquesne a safer environment for its students."

The advocates' statement notes that Duquesne's announcement of ordering body cameras comes a day after her attempted donation to assist in funding body cameras was declined.

Dannielle Brown, on day 89 of her hunger strike, has been protesting Duquesne's handling of the death of her son, Marquis Jaylen "JB" Brown, in October 2018. She has issued three demands of Duquesne: for her to be given access to the file on JB's death to conduct her own investigation, that Duquesne requires its officers with body cameras and increased crisis-intervention training.

The advocates' statement says that Brown has been "clear and consistent about her three simple demands." They write that her first demand, releasing all information related to JB's death allowing her to conduct an independent investigation, has not been met — contrary to Duquesne's claims.

"Her investigator has never been given full access without stipulation to all Duquesne University records relating to the

incident that took her son's life," the statement says. "Duquesne has only offered Ms. Brown access to files from an internal investigation led by its own legal team."

The statement says that Brown is hopeful that Duquesne "will make good on its recent announcement that it has ordered body cameras, there has been nothing but empty promises from Duquesne to date."

"Ms. Brown looks forward to opportunities to foster dialogue with the school to translate its words into meaningful action," it says.

The statement provides an update to her third demand, for the university to train campus law enforcement officers in de-escalation and to respond appropriately to mental health crises among its students; and that "appropriately trained law enforcement officers should have been fully alert and prepared to intervene to prevent a person acting erratically from posing danger to himself or others."

Duquesne's news release also addresses recent statements made by the university regarding Brown violating COVID-19 conduct policies, after events on Sept. 11 and Sept. 22.

"While Duquesne has worked to respectfully accommodate Ms. Brown's right to share her message, and very much wishes to reach closure for all concerned in this tragic matter, the university

cannot tolerate non-compliance with our safety measures or disrupting our students' academic pursuits," according to the statement by university officials.

#Justice4JaylenBrown's statement noted that Brown "practices strict measures to prevent the spread of COVID-19 at her events, including mandatory mask wearing by all participants, the use of hand sanitizer, and the sanitization of all equipment after each use."

"Not a single COVID-19 case has been reported as a result of attending any of Ms. Brown's events, including her 24/7 stay at Freedom Corner," the statement said.

The advocacy group also responded to Duquesne's concerns of disrupting students' education, writing that, students call Brown's presence "inspirational."

"Ms. Brown is sympathetic to the stresses and demands students face while they study, which is why she has voluntarily reduced her hours near campus and has conducted noise tests to ensure the bullhorn she uses while protesting cannot be heard inside the university's library or nearby buildings. Duquesne's students continue to stand with Ms. Brown and lead protests and actions alongside her, amplifying her de-

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AAUP demand Shank's reinstatement

KELLEN STEPLER
editor-in-chief

Citing due process rights and academic freedom, the American Association of University Professors (AAUP) wrote a letter to Duquesne President Ken Gormley Sunday asking for suspended education professor Gary Shank to be reinstated at the university.

Shank, a tenured education professor at Duquesne since 1997, was suspended from the university Sept. 11 after using the N-word during a lecture. In a recorded video that gained traction on social media, Shank tells his Educational Psychology class over Zoom that he is giving them "permission" to use the word in a "pedagogical sense." Duquesne has given him an ultimatum — resign, or face dismissal. His attorney, Warner Mariani, said that Shank has no intention to resign.

Following the lecture, Shank wrote an email to the class with the subject line, "my most sincere apology." School of Education dean Gretchen Generett sent a letter to students within moments of learning about the incident, writing, "[T]o be clear, I believe that there is never a time, pedagogically or otherwise, for a professor to create a hostile learning environment."

AAUP's letter, written by Gregory Scholtz, director of AAUP's department of academic freedom, tenure and governance, cites academic freedom statements from their organization, along with policies from Duquesne's faculty handbook.

Scholtz quoted an AAUP statement in the letter, "An institution of higher learning fails to fulfill its mission if it asserts the power to proscribe ideas — and racial or ethnic slurs, sexist epithets,

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The Duke's news section would love to hear from you about stories that you want to see in print. Know a talented professor or accomplished student? See something on campus that just doesn't make sense? You can send your tips and story ideas to News Editor Colleen Hammond at hammondc@duq.edu

Duquesne agrees to Dannielle Brown's demand for body cams

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mands for action to Duquesne officials," the statement said.

Duquesne officials have also filed a motion asking the Allegheny County Common Pleas Court to require Brown to specify exactly what she intends to sue the university for. According to Allegheny County court records, Brown filed a praecipe for writ of summons Feb. 15, 2019 — a notice filled out by someone that lets the other party know that they intend to sue. That was the last filing from Brown.

On Sept. 17, Duquesne filed a notice requesting Brown to file a complaint. The administration said the court has ordered Brown to do so.

In the statement, Duquesne officials note that the "university is eager to make all available relevant information through a transparent and proper process." They said that Brown's lack of legal counsel has "made it impossible for Duquesne's counsel to provide, through the proper legal channels and following the correct procedures, documents and information that Ms. Brown continues to demand."



GRIFFIN SENDEK/ MULTIMEDIA EDITOR
All Duquesne Police officers will soon be equipped with body cameras. Dannielle Brown and her supporters hope this will increase police accountability.

Duquesne said that by asking the court to move the legal process forward, they hope that the traditional methods of obtaining evidence and testimony "will allow all of the evidence to be obtained by Ms. Brown through a fair, open, and comprehensive process, thus allowing her to find the answers she seeks so she and the university can reach closure in this tragic matter."

Brown said in the release, "What started as a quest to get answers in my son's death has evolved into a national campaign to change the way institutions of higher education interact with students — especially students of

color — their parents, and particularly in times of crisis."

Duquesne announced on Tuesday the first of a monthly Prayer for Unity service taking place this Sunday, Oct. 4 at 7 p.m. on Rooney Field. Check-in will begin at 6:30 p.m., and all attendees must show a Duquesne ID and have their temperature checked before entering the event. The service, led by Duquesne chaplain Fr. Bill Christy, will last 10-15 minutes.

Following the service, there will be a remembrance for JB who died on the same day in 2018. Brown has been invited to attend.

Battle for academic freedom and Shank's reinstatement rages on

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or homophobic insults almost always express ideas, however repugnant. Indeed, by proscribing any ideas, a university sets an example that profoundly disservices its academic mission."

The letter notes that while a professor's freedom of classroom speech is not "boundless," professors should avoid teaching controversial matter which has no relation to the class. However, the letter notes that Shank's language did not address a threat of immediate harm.

"We are not aware of any evi-

are we aware that administrative officers consulted a duly constituted faculty body prior to imposing the suspension," the letter says.

Gabriel Welsch, vice president of marketing and communications at Duquesne, said that Duquesne appreciates that the situation with Shank has "engendered strong feelings and arguments about what actions should be taken."

"The university is engaged in the process of considering the matter in accordance with the rules outlined in Duquesne's faculty handbook," Welsch said. "We are sure the AAUP appreci-

for Individual Rights in Education (FIRE,) also demanding that Shank be reinstated by the university, and that Duquesne's move threatens academic freedom.

FIRE said that Shank's pedagogical use of the racial slur was not directed at any student, so it does not meet any legal definition of harassment, writing, "Duquesne's abridgement of academic freedom violates the requirements of their accreditation."

"What Duquesne has done in punishing Gary Shank is legally and morally wrong, and should be a warning to all other Duquesne faculty and students that they may not actually have the rights Duquesne says they do," FIRE representative Alex Morey said.

Scholtz wrote that the information AAUP has is from Shank's own personal account and media reports, and that assuming that they are accurate, the organization urges that Shank be promptly reinstated until any dismissal action has concluded.

"If the administration insists on seeking his dismissal, we urge that Professor Shank be afforded a faculty hearing that incorporates the two above-cited procedural standards to ensure that the university fulfills its stated commitment to academic freedom," the letter says.



COURTESY OF AAUP

The American Association of University Professors calls for Professor Gary Shank to be reinstated after he used a racial slur in a lecture on Sept. 11.

dence that Professor Shank's continuing in the role he has filled for 23 years suddenly constitutes a threat of immediate harm to himself or others. Nor

ates that it is important that all parties respect the process and the time it takes to complete."

AAUP's letter came 13 days after a letter written by the Foundation

POLICE BRIEFS

Here are the crimes reported from Monday, Sept. 14 to Monday, Sept. 28.

On Sept. 15, a resident student reported that a non-affiliate male who had made threats to her non-affiliate boyfriend was on campus. The threats involved use of a firearm and physical violence. Duquesne Police located the male subject and found him to be carrying a BB gun replica of a Springfield XD 40-caliber handgun. The male was issued a defiant trespass warning and removed from campus. A student was referred to the Office of Student Conduct for possession of alcohol.

On Sept. 18, a student had her car damaged when another student accidentally backed into her. A note with contact information for the driver of the other vehicle was left on her windshield. A report was filed with Duquesne University Police.

On Sept. 19, students in Towers were found to have a bong in their possession along with two empty bottles of alcohol. They are being referred to the Office of Student Conduct.

Also on Sept. 19, a student reported an unknown person(s) entered his vehicle parked on Locust Street.

On Sept. 22, a St. Ann resident student was found to be in possession of alcohol and marijuana inside the dormitory. The student is being referred to the Office of Student Conduct.

Also on Sept. 22, a Duquesne Police officer on patrol reported a vehicle found to have had its left rear door window broken out. Various papers and other items had been thrown about the front seat area.

On Sept. 25, a resident student reported that she received a series of unwanted text messages from an unknown number.

On Sept. 26, a student was found to be in possession of a small amount of marijuana and paraphernalia inside Vickroy Hall. The student will be referred to the Office of Student Conduct.

Also on Sept. 26, a student was found in Forbes Garage with alcohol and also was under the influence of alcohol. That student is being referred to the Office of Student Conduct.

BLUFF BRIEFS

Duquesne Technology Lab explores blockchain and AI

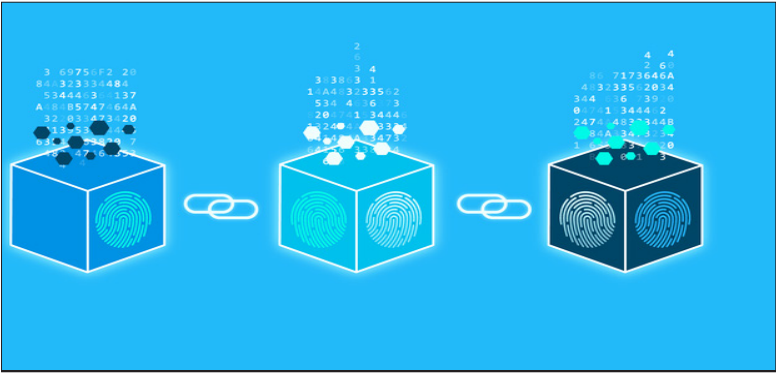
COLLEEN HAMMOND
news editor

As the world continues to change at a lightning pace, one Duquesne student organization is trying to prepare campus and young professionals for the future. The Duquesne Technology Lab, a student group aimed at researching and studying emerging technologies, has taken up residence on campus. The group, started by computer science and accounting student Daniel Adebimpe, is one of the first of its kind in the country. "Through the faculty support, I found this student organization and was ecstatic to make history at Duquesne," Duquesne Tech-

simply, is a decentralized, virtual ledger system that allows two parties to complete transactions or transfers of data in a safe, secure way. "Personally, not having a finance or tech background, blockchain is a more secured system that is utilized to gather and store data," Mueller said. "This platform creates a network as it is generally private information that is utilized by professionals solely within the network." While the subject of blockchain and its associated cryptocurrencies are highly complex and not easily understood, Adebimpe and his vice president Hunter Mueller hope their group will bridge the informational divide between

could change the way a large section of industries operate. "The technology and secured platforms will be unitized in industries like healthcare, business, music/arts, and many more as people begin to become more aware," Mueller said. According to Adebimpe, in the world of healthcare, blockchain technology could help give patients greater access to their medical data and allow for doctors to securely share patient information across a much larger network of practitioners. Adebimpe also believes blockchain technology could change the way Americans vote in the coming years. "Eventually, we will be able to vote digitally on these immutable ledgers so there's full transparency and quick election results," Adebimpe said.

These changes, Adebimpe noted, will only be accelerated due to the pandemic. This technology could become more mainstream as Americans move to a cashless society to avoid the transmission of COVID-19 through paper money. This technology has also been used to help hospitals communicate with each other and institute contact tracing protocols, according to Adebimpe. "Our world has gotten so complex," Adebimpe said. "Government and big institutions can't fix the problems we face today." Adebimpe thinks the decentralized, unregulated aspects of blockchain could help remedy some of the global problems that are "too big" for large, established financial institutions and even major world governments.



COURTESY OF THE FOUNDER INSTITUTE
The Duquesne Technology Lab encourages members to engage with industry professionals to gain experience and knowledge of new technologies.

Adebimpe hopes this group will prepare students and Duquesne for the ever changing and increasingly problematic future. Adebimpe was inspired while working an internship with a financial technology company. He soon developed a passion for emerging technologies with a variety of applications and decided to start a student organization to study and discuss them. "I really see blockchain as a technology that could change the world," Adebimpe said. As the group progressed in size and interests over the summer, Adebimpe decided that the group should expand their focus to include other "disruptive" technologies. The group was then renamed and rebranded as the Duquesne Technology Lab. Their focus now includes research and ethical discussions of artificial intelligence, 3D printing, nanotechnology and cryptocurrencies in addition to blockchain. "Having the ability to develop a system at Duquesne that could then be integrated at corporations in the Pittsburgh area down the

road is very exciting," Mueller said. As members of the group, students have the opportunity to research and study cutting edge technologies through the group's industry partners. The Duquesne Technology Lab has currently paired with multiple blockchain and advanced technology companies based in California such as Block Venture, Definity, and Chaintouch. Adebimpe said he is hoping his work on blockchain and with the group will help develop a "more inclusive financial landscape." "We need to enter the new paradigm of synthesis over analysis," Adebimpe said. Adebimpe and Mueller are seeking to increase interest and membership in the club within the next year, as well as further develop their relationships with emerging industry partners. "I am most excited to research the platforms already out on the market at other businesses and schools and make it our own at Duquesne and more effective to build a greater network," Mueller said.

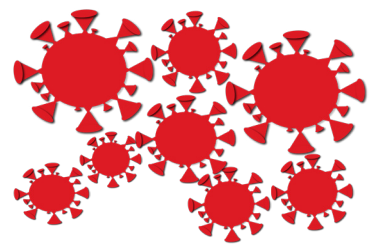


COURTESY OF TRENTONSYSTEM.COM
The Duquesne Technology Lab allows students to explore and innovate with emerging technologies like blockchain and artificial intelligence.

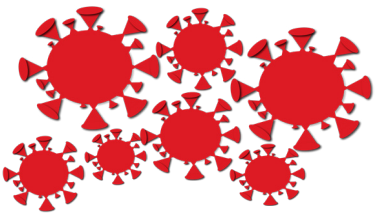
nology Lab vice president Hunter Mueller said. Back in February, Adebimpe founded the Duquesne Blockchain Group, a student organization that seeks to engage and familiarize students from a wide variety of majors with revolutionary blockchain technology. Blockchain, to put it extremely

ordinary students and those in the financial technology sector. "It's just a system that can give two people trust," Adebimpe said. Although blockchain is currently primarily used in the financial sector to complete cryptocurrency transactions, Adebimpe and Mueller say the technology has many other applications that

Campus COVID-19 Update: Three new positive cases reported at Duq



More information on COVID-19 prevention and treatment can be found at duq.edu/covid or at cdc.gov.



Duquesne COVID-19 Data

- Total number of confirmed cumulative cases: **14**
- Total number of suspected cumulative cases: **39**
- Total number of students isolated on campus over time: **19**
- Total number of students quarantined on campus over time: **29**
- Total number of employees currently under isolation for covid-19 (reported to DU HR): **1**
- Total cumulative number of employees under isolation for covid-19 (reported to DU HR): **5**



Scan here for latest Covid Data

Date	Lab Confirmed Cases Today	Suspected Cases Today	Currently Isolated on Campus Today	Currently Isolated at Home today	Currently Quarantined in Hotel Today	Currently Quarantined at Home Today
9/29/2020	1	0	3	3	1	18



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come true, if we have
the courage to pursue
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WALT DISNEY

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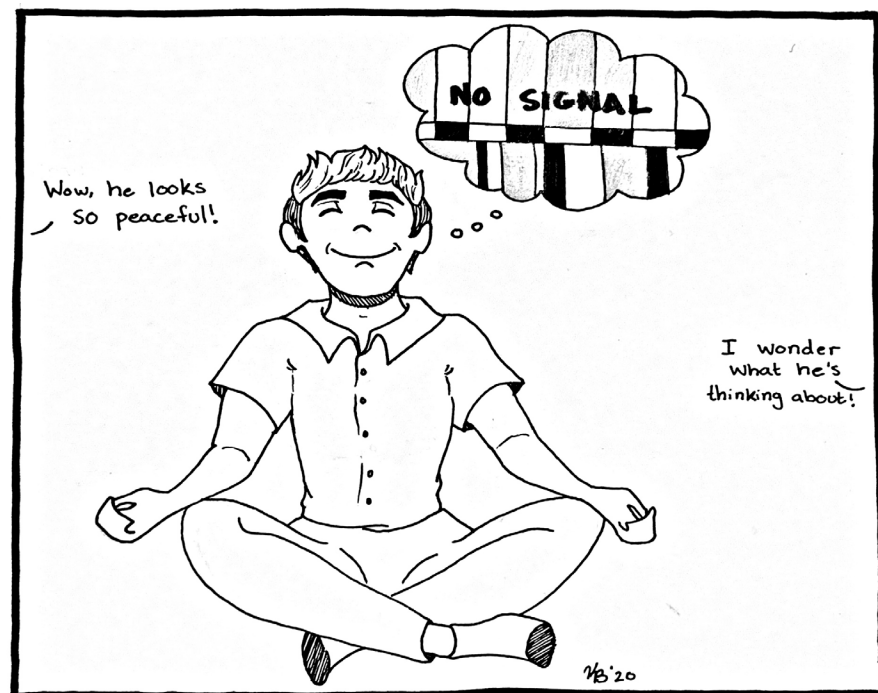
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OPINIONS



Comic By Kelsey Burtner

Meditation goes mainstream as a growing number of Americans practice mindfulness

In the age of 24-hour connectivity, sky-high expectations and a craving for instant gratification, the reality is that today's world continues to inflict a heavy toll on our everyday lives.

The relentless desire for achievement and greater wealth at the expense of our well-being is a deeply rooted tendency in Western culture that is the culprit of our society's mental health problems.

With anxiety and stress related diagnoses disturbingly becoming the norm in the U.S., the evidence is continuing to build that our fast-paced, interconnected society has inflicted severe psychological damage across the population, young and old.

As a result, within the past decade, Americans are increasingly on the search for balance in life: the equilibrium between absolute peace and rock-bottom; a moment where you can reach a period of calmness.

In search of this “equilibrium,” people are turning to holistic wellness practices as a means to naturally alleviate symptoms of stress and improve focus and mental stability. Research indicates that a growing number of folks are joining yoga studios, visiting the chiropractor and “floating” at the nearest salt tanks.

Of the unconventional therapies growing in popularity, meditation in particular has received broad recognition with millions unplugging from today's hectic society by combining the ancient technique of

classes and instructors, a steep learning curve and fear of the unknown are a few of the turnoffs that kept prospective practitioners from fully committing for many years. It simply took too much effort and time to attempt this new skill in an already hectic lifestyle.

Nevertheless, start-ups such as Calm and Headspace removed this stigma by mainstreaming meditation through user-friendly mobile platforms that provide a simple and engaging curriculum, guiding users along their journey of mastering mindfulness.

Hailed by many as the “fastest growing wellness activity in the US,” mobile devices provide immediate access to meditation right in the palm of our hands.

As a college student, my experience is that meditation allows me to decompress after a busy day of checking items off a never-ending-to-do-list while managing the constant pressure of conceiving an appropriate post-graduation plan.

In a world consumed by a cacophony of distractions from social media and hectic career paths, I recommend that more people take advantage of the widespread availability of meditation to navigate stress, add much-needed balance to life and focus on moment-by-moment experiences.



NOAH WILBUR
opinions editor

mindfulness with 21st century technology.

A recent study from the Centers for Disease Control and Prevention (CDC) discovered that 14.2% of American adults now meditate; a threefold increase since 2012. Not to mention, kids are joining the trend too with 5.4% of adolescents practicing meditation.

Not long ago, a social stigma surrounded the art of meditation with practitioners often viewed as hippies and free souls strolling onto a grassy field to enter an alternate universe for a few hours.

Lack of accessibility to

STAFF EDITORIAL

America needs younger politicians running the country

President Trump is 74 years old. Former Vice President Joe Biden is 77 years old. House Speaker Nancy Pelosi is 80 years old. Senate majority leader Mitch McConnell is 78 years old. For years now, the American people have let our grandparents run the country.

Despite the average American being just 37 years old, according to the 2010 census (2020 data is not in yet), the median age of a U.S. congressperson is 58 years old, and the median age of a U.S. Senator is nearly 62 years old.

The typical American retires somewhere in their mid-60s, yet we continue to ask people over 65 to make the most important and impactful decisions for this country.

While there is nothing wrong with having older members in the legislative branch, a significant lack of young leadership is highly destructive to American democracy.

It is extremely common to discuss greater representation for women, minorities and people of color, yet young people seem to be excluded from our conversations. However, it is clear that values rapidly shift generation to generation. Given the extremely low representation of people under 40 in positions of power in federal and local government, an older generation is by-and-large running the show.

This poses an additional threat to the country in the coming years. As we were so painfully reminded this month with the death of Justice Ruth Bader Ginsburg, no government official lives forever. Although upsetting and unsettling, voters need to acknowledge that their favorite political dynasty cannot prove eternal. And as officials like Speaker Pelosi, President Trump, Sen. McConnell and former Vice President Biden continue to age, their remaining life expectancy only proceeds to drop.

Many sections of American politics are at a loss as to who the next great champion of women's rights and foremost legal expert of equality will be in the absence of Justice Ginsburg. Political figures like RBG should not be once-in-a-generation superstars. There needs to be a constant flow of new talent and ideas into the democratic process to keep our society from becoming stagnant.

Our democracy is like a shark: if it stops moving, it will die. The introduction of younger political figures is one of the surest ways to keep our democracy swimming.

However, getting new people to throw their hats in the political ring has become more difficult over the past 10 years. The deep division of partisanship has excluded a whole generation of newcomers to the political scene on both sides of the aisle.

In the past decade, the fissure along party lines has become increasingly deep. Both parties feel an immense pressure to win, and therefore, put forward an older, more experienced, sure winner rather than a young newcomer that is more of a gamble. Both parties would rather take an easy victory than risk bringing in some younger blood.

We need to find a way to work past the notion that securing seats is the end goal of politics. It is about ensuring the people in our communities are properly represented and listened to.

Although seniority is no guarantee of wisdom and youth is no guarantee of innovation, the American people need to seek out a happy medium between age and experience, and new ideas and growth to ensure the survival of our democracy for generations to come.

Third-party votes are wasteful in 2020's highly contested election

ALYSE KAMINSKI
staff columnist

America is less than 50 days away from the election, which is terrifying. It has obviously been an interesting four years to put it lightly, and I am personally ready to live in an America where Donald Trump is no longer president.

If you think anything like me, you're probably disappointed that Joe Biden is the Democratic nominee.

So many young people wanted a more progressive candidate, like Sen. Bernie Sanders, to go up against President Trump; but alas, as I read and learned in Dr. Coopie's *Political Parties and Interest Groups* course, "The

party decides."

I beg you, if you are on the fence, vote for Joe Biden. Voting for Kanye West or Jo Jorgensen, for example, is a waste of a vote. It is that simple. You might as well either not vote at all, or vote for Trump if you are going to vote for anyone who is not Biden.

You may be thinking, "but I want to vote my conscience." I totally understand. I respect what it means to have the right to vote how you please.

However, our country has been so polarized by President Trump, that you either need to vote one way or the other. There is no middle-ground right now.

While we are being failed by

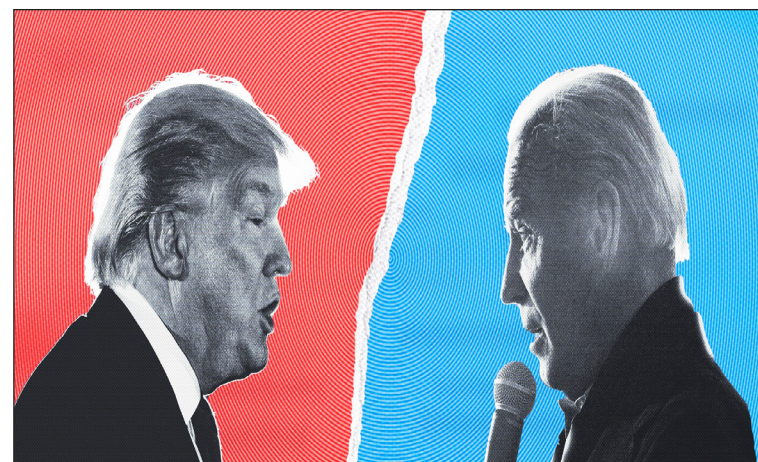
our government's bipartisan system, this is not the election to spearhead a third-party movement. There is so much on the line for so many people. Transgender rights, fair housing, the climate and so much more are issues that need to be addressed in the next four years, and Trump cannot be the leader addressing these issues.

He's had four years to prove himself worthy of being the President of the United States. Instead, we received a pandemic with no end in sight and a culture where being politically incorrect is in vogue.

I am personally seeing a lot of this uncertainty of who to vote for from straight, white males. If you fall into this category, please read this carefully — you are only unsure because Trump has never attacked an aspect of your identity.

As a woman, I am fearful for the next four years because we live in a country run by a man who said he would date his daughter and grab women without their consent.

I am worried that Planned Parenthood will be defunded, as Trump has recently written about doing. I am worried about what another four years



COURTESY OF NBC NEWS

With Nov. 3rd quickly approaching, some voters are choosing third-party candidates.

of Trump in the Oval Office will do to our strong culture of being scared of powerful women.

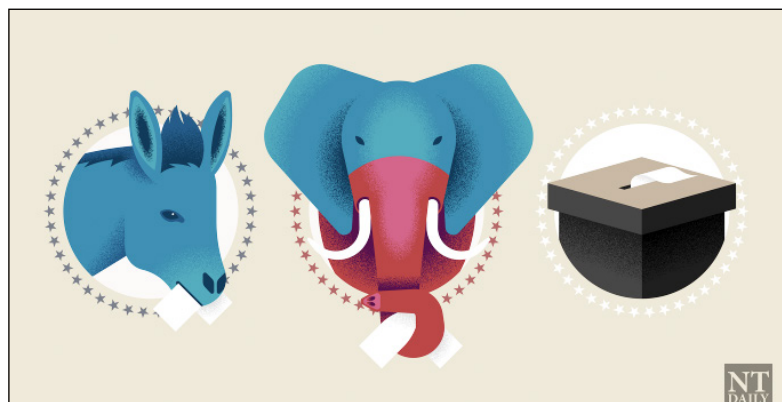
And that's not even the worst of it. I acknowledge my privilege as a white woman. I know that if I were of a different race, ethnicity, sexual orientation or socioeconomic status, I would be much more nervous about this election.

Please let Trump's response to the recent Black Lives Matter protests remind you of his thoughts and feelings on Black people. He literally said, "When the looting starts, the shooting starts," and don't try to twist this. He meant it the

same way Police Chief Walter E. Headley meant it during the race riots of 1967.

This election will be written about in history books. Our future children and grandchildren will ask us about this one and say, "Which side were you on?" Do you really want to say that you cast a vote that in the long-run, did not matter?

If you vote for a third-party candidate, you are actively allowing Trump to continue being the president. If you don't like Trump, you need to settle for Biden — especially if you claim to care about the minority groups and environment around you.



COURTESY OF NORTH TEXAS DAILY

Voters struggle to decide if a third-party vote will have any impact on the 2020 election.

Danish TV show, *Ultra Strips Down*, promotes body positivity among children

COLLEEN HAMMOND
news editor

In an age of Instagram beauty moguls and endlessly filtered images, the notion of body positivity is almost an unattainable goal.

Internet users across the western world have felt an increasing pressure to have the "perfect body" in recent years as images of stick-thin models and wildly muscular influencers have taken over social media.

It seems that every second spent on social media is yet another reminder of how the average person will never look, sound or be as attractive as the internet facade.

According to the National Association of Anorexia and Associated Eating Disorders, 9% of the U.S. population will develop an eating disorder within their lifetime. This equates to rough 28.8 million Americans suffering from these conditions.

Since the advent of social media, eating disorder experts have noted that the perpetual bombardment of filtered images and "perfect bodies" has greatly contributed to a rise in eating disorders in the U.S.

Children, mainly girls, as young as 11 have been reported to struggle with their relationship with food, dieting, exer-

cise and their bodies because of their early exposure to unrealistic body standards.

However, a Danish TV show is doing their part to combat body dysmorphia and insecurity in children's appearances.

The show *Ultra Strips Down*, takes an unconventional approach to educating children about their bodies.

The show, which is available through Ultra, the on-demand children's channel of the Danish national broadcaster, features a host speaking to a room full of children ages 11-13 when five adults come into the room and disrobe in front of the children. The children are then allowed to ask any questions they have about the bodies they see in front of them.

This removes some of the taboo and awkwardness from discussing puberty. It also expands children's perception of what a "normal" body should look like.

While the average American is probably scandalized and appalled by this idea, the show has been a huge success in Denmark, even winning an award for best children's program at the Danish TV Festival.

To help ensure the safety of the children throughout the filming and production of the show, the "models" are carefully vetted to make sure no

one with malicious intentions is near the children.

In addition, the children who compose the live studio audience spend weeks in school discussing the show both before and after. They are well prepared for the event and are frequently asked throughout the filming process if they are comfortable and if they would like to leave.

Children are also encouraged to participate by the host who frequently reminds the children, "Remember, you can't do anything wrong," and "There are no bad questions."

Audience participation helps guide the dialogue and encourage children to feel comfortable in their own bodies. The show uses "everyday" models with a variety of body types.

Although Danish children are culturally more comfortable with nudity than American children due to the practice of nude beaches in Denmark, "Ultra Strips Down" aims to eliminate the taboo of nudity and place it in an educational context.

Unfortunately, the American market is not ready for such a radical step like "Ultra Strips Down." However, the existence of the show should open our eyes to how we educate American children on body image.

For some reason, standard



COURTESY OF IRISH TIMES

Danish TV show encourages body positivity by featuring naked adults in front of kids.

American education does not include even the most basic of anatomy lessons for middle school children. American culture has so hypersexualized nudity that even nudity in anatomy textbooks is often heavily censored to avoid showing genitalia.

While there is nothing wrong with waiting until children mature to their pre-teen years to have these discussions, the complete avoidance of the topic altogether is proving detrimental to young people.

Without this education and judgment-free discussion, young Americans are taught that their bodies are something to be ashamed of. This shame mixed with the false iconography of "perfect-bod-

ied" Instagram models is a recipe for disaster. We are placing our children at a great disadvantage by avoiding discussion of normal bodily functions.

The American education system needs to adopt a system to educate young people on their bodies in a stress-free nonjudgmental space. American culture needs to stop intrinsically associating nudity with sexuality and encourage all young people to be comfortable in their own skin.

Although a TV show of adult nudity may seem drastic, it is just one example of how western countries need to bridge the divide between youth and adulthood by permitting curiosity and discussion around the human body.

Kane you feel the love tonight: A Duquesne love story

KELLEN STEPLER
editor-in-chief

Bells are a common occurrence on the Bluff. Church bells, the 6:15 bell — even wedding bells.

On average, Duquesne's Chapel hosts about 50 to 60 weddings per year, according to Debbie Kostosky, campus minister and liturgy coordinator at Duquesne. This year, thanks to the coronavirus, there have only been nine weddings in the chapel. Kostosky said that all weddings scheduled during the months of March through June had to be postponed due to COVID-19 restrictions.

To get married in the Chapel, either the bride or groom must be a current student, employee or alumni of the university, and either must be Roman Catholic. The suggested donation for the Chapel is \$200, and couples must provide a priest or deacon for the ceremony.

Because Duquesne is not a parish, the couple must write a brief letter to the Diocese of Pittsburgh marriage office stating why they have chosen the Duquesne Chapel for their wedding rather than their home parish.

"Couples write how special their connection is to the campus and the chapel itself," Kostosky said.

For Ashley Geese — now Kane — coordinator for student involvement and disability services at Duquesne, and Anthony Kane, director of the office of diversity and inclusion, it was only fitting to get married at the place where they met. The couple got married in the chapel Sept. 19, 2020.

They met working in residence life —



COURTESY OF THE KANES. PHOTO BY ERIC BUCKMAN

Ashley and Anthony Kane got married in the Chapel on Duquesne's campus, where they first met.

Ashley came to Duquesne in 2016 and Anthony started working in 2013. They never directly worked together, but Ashley recalls when she began working at Duquesne, she was welcomed into a friendship group with everybody that worked in residence life. Their relationship began to flourish from there.

"He actually was the first person to be my backup, so if I needed anything; I had him, so it was a cool, like, 'first type' to see how supportive he was. But at that point we were still just friends," Ashley said.

But Duquesne wasn't just a place for them to work — it was also a place for

them to continue their educational careers. Anthony earned his doctorate in 2019 in Educational Leadership, and Ashley earned her master's in higher education administration.

"Some of our biggest supporters and people who were a part of our day were affiliated with the university," Anthony said. Ashley noted that she and Anthony actually both got baptized and confirmed in the Chapel. Anthony grew up a couple blocks down the road on Forbes Avenue, while Ashley is from the Forest Hills area.

Kostosky said that with COVID-19 restrictions, couples are permitted to have

25 people in the chapel for a wedding, and the people attending are to wear masks. However, the ability to have the wedding livestreamed was "super accommodating," Ashley said.

"Whenever we weren't so sure what was going to happen with the numbers and the capacities of everything, we always knew that we at least had [the livestream] if it just had to be the two of us and our priest," Ashley said.

"With the streaming capabilities we had, people [had] watch parties and [were] watching all over the country," Anthony said. "That's what makes a Duquesne wedding special, because they're bringing everyone together, regardless of what their faith background is, or their personal background or their life background."

Captured on the livestream was one of the "most surreal" moments of Anthony's life: Ashley walking down the aisle. Hands on his head and overcome with raw emotion, he said that he doesn't think he could try to react that way again.

"It was just my natural reaction," Anthony said. "I tried to hold it back and fight it, but there was no use at that point. I was like, you know what, I'm just going to let it all out."

Ashley said that it was awesome to get married at a place that held so many memories of them.

"Even though we didn't start our lives academically here, it's safe to say we're finishing them here, and just being able to see how much one place could do for us as a couple," Ashley said. "It just so happened to me to be work, and just flourishing into marriage, and hopefully a big family one day."

Pittsburgh music fans ride in style to drive-in concert

KATIA FAROUN
features editor

Attending a concert during a pandemic sounds the opposite of safe, but Pittsburgh music lovers have found a way to make it work.

Masked up and in the safety of their cars, Butler County alt-rock fans braced the rain and arrived at the Starlight Drive-In Tuesday night for a different type of show: a concert.

With style and creativity that only the pandemic can inspire, alternative rock band Mt. Joy successfully entertained the crowd, earning responses of applause, cheers and car horns.



KATIA FAROUN / FEATURES EDITOR
The Starlight Drive-In hosted the concert.

The band released its second album, "Rearrange Us," in early June and had scheduled a tour for the 2020-2021 season. As COVID-19 concerns grew back in March, the group had postponed the final shows of its tour with folk band The Lumineers, and postponed the start of its own tour. After hosting a few virtual concerts at the end of the summer, Mt. Joy launched its drive-in tour with a show in Philadelphia on Aug. 26, and continues to rearrange (pun intended) its shows to be COVID-friendly.

Cars and trucks started filling the outdoor lot near Evans City as soon as the "doors" opened. Attendees dressed in Coachella-style concert attire gathered in small groups in their trunks, on blankets and lawn chairs, armed with buckets of fries and classic concession stand food.

Despite the fall weather, the atmosphere was that of a warm summer night. Pittsburgh-based Kahone Concept took the stage as the sun began to set and warmed up the crowd with a few singles, ending with one of their recent and most popular songs, "Maybe." Lead guitarist and vocalist Ben Orrvick successfully drew in the crowd with his space buns and memories of a 7th grade date in Butler County.

The rain began to fall just as Mt.

Joy walked on stage — but it didn't dampen the crowd's spirits. Audience members danced in front of their cars and in the beds of their trucks as the band opened the night with the first track of their debut album, "I'm a Wreck." Live recordings were streamed on the big screens, providing those parked in the last row with close ups of the band.

Lead singer Matt Quinn's relaxed presence reflected the carefree atmosphere of the crowd. Commenting on difficult and nonideal circumstances regarding the pandemic, he thanked the attendees for continuing to support artists in this time and for adapting to the situation. He filled gaps in between songs with anecdotes of growing up in Pennsylvania and the fact that he only brought one sweatshirt with him on tour.

Heavy synth and guitar solos characterized the smooth transitions between each song. Long builds created explosive entrances into their hits "Astrovan" and "Dirty Love," with keyboardist Jackie Miclau and guitarist Sam Cooper earning the spotlight. Newer songs like "Let Loose" and "Strangers" pulled attendees from the shelter of their trunks and umbrellas to dance in the rain and, well, *let loose*.

Before moving into the first-album track "Sheep," Quinn reminded



KATIA FAROUN / FEATURES EDITOR

Despite the dreary weather, attendees sang and danced along to Mt. Joy's songs.

the crowd of the importance of voting, especially with the upcoming election and on the night of the first Presidential Debate.

As the night came to a close, the sound of steady rainfall filled the brief silence after each song. The band ended their set with a mash-up of their song "Julia" along with "Ain't No Sunshine" and "Clint Eastwood."

Mt. Joy left the stage to cheers and honking from the crowd, before returning to play their hit single "Silver Lining" during the encore. Even over the sound of the music and the rain, the crowd could be

heard shouting along.

With the continuation of the pandemic and no sure sight of normalcy on the horizon, Mt. Joy continues to release revised tour schedules in order to safely accommodate fans during their shows. But despite the difficulties that are thematic of quarantine and isolation, the artists vocalized their stronger appreciation for music and the delight that comes with enjoying music as a community.

The pandemic can put a halt to the majority of activities, but leave it to music lovers to find loopholes within social distancing and sanitization in order to put on a good show.

Henne: Where do Pirates go from here?

LUKE HENNE
staff writer

As another autumn descends upon Pittsburgh's North Shore, fans of the Pittsburgh Pirates are left wondering what they watched this past summer and where the team is headed from here.

Following an 8-6 loss to the Cleveland Indians on Sunday, the Pirates closed the abbreviated 2020 campaign with an MLB-worst 19-41 record (.317 winning percentage), securing a sub-.500 record for the fourth time in the past five seasons and a top-10 draft pick for the second consecutive year.

The empty seats at PNC Park did not miss much, as a season littered with losing streaks, inconsistency, injuries and inexperience all contributed to the dismal campaign.

So, what went wrong (and right) for the Pirates in 2020, and where do they go from here?

Lack of Superstar Production:

Perhaps the biggest contributor to the Pirates' season was their inability to depend on reliable talent.

Arguably the lineup's five biggest

bats saw their production drop off from the previous campaign.

Bryan Reynolds, who batted .314 (good for seventh-best in the National League) with just 121 strikeouts during his full rookie season in 2019, saw his average plummet to .189 while striking out in over 30% of his at-bats. Kevin Newman, another stellar rookie in 2019, saw his average fall from .308 to .224, while his extra-base hits fell from 38 to just six.

Josh Bell, a participant in the 2019 MLB Home Run Derby and the team's main source of power, was nowhere to be found this year. Following a career year in which Bell hit .277 with 37 home runs and 116 runs batted in, Bell hit just eight home runs and drove in 22 runs while seeing his slugging percentage slide from .569 to .364. All three of these bats were expected to be key contributors, but all three miserably failed to live up to expectations.

Limited Production from Offseason Acquisitions:

Following the hiring of new general manager Ben Cherington and new manager Derek Shelton,

the team was tasked with overhauling the roster and building for the future.

This process began in January, when the team dealt longtime center fielder Starling Marte to the Arizona Diamondbacks before signing his replacement in Jarrod Dyson; Dyson hit just .157 with the Pirates before being dealt to the Chicago White Sox at the trade deadline.

Derek Holland, a veteran pitcher, was brought in to eat innings for the pitching staff. He did that by pitching 40.2 innings, but he managed a miserable 6.86 earned run average in the process.

One promising acquisition was third baseman Phillip Evans, who hit .359 with nine runs batted in before a broken jaw and concussion ended his season just two weeks after it started.

Although the talent brought in was not intended to be awe-inspiring, the team simply did not get enough production from the signings it made this past winter.

Abundance of Injuries to Key Pitchers:

The Pirates were already thin on talent and depth to begin with entering the 2020 season, but injuries simply derailed the pitching staff. Jameson Taillon and Chris Archer, arguably the team's two best starting pitchers, missed the entire season while recovering from respective surgeries.

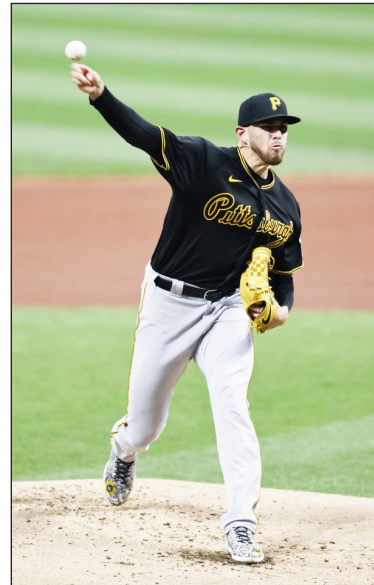
The bullpen was dealt devastating blows, as well. Kyle Crick, who posted a spectacular 2.39 earned run average with 65 strikeouts in 60.1 innings pitched two seasons ago, pitched in just 5.2 innings this season while dealing with a shoulder strain.

Michael Feliz, who posted a career-best 3.99 ERA in 2019, did not have the chance to replicate his past success, as he pitched just 1.2 innings before right forearm discomfort ended his season.

Keone Kela, who registered a spectacular 2.12 ERA in 2019 and

became the team's closer following the September 2019 arrest of Felipe Vazquez, pitched in just two innings this season while dealing with both the coronavirus and right forearm tightness. Kela, who is now a free agent, has likely pitched his last game for the Pirates.

In short, a thinned out pitching



AP PHOTO

Pittsburgh pitcher Joe Musgrove throws a pitch during a September game against the Cleveland Indians. Musgrove finished the abbreviated season with a 3.86 ERA, and struck out 55 batters through 39.2 innings.

staff did not get any help in terms of staying healthy this season.

Despite all of the adversity from the 41-loss campaign, however, there were many bright spots and building blocks to move forward with.

Unexpected Bright Spots:

Many atypical superstars produced at a high level for the Pirates this season.

Erik Gonzalez, who missed much of the 2019 season due to a collarbone injury, recorded a ca-

see PIRATES — page 11



AP PHOTO

Pittsburgh third baseman Ke'Bryan Hayes — who made his Major League debut on Sept. 1 — finished the 2020 season with a .376 batting average through 24 games, giving the Pirates a much-needed bright spot as the team enters the offseason.

NCAA Football AP Top 25 — Week 5

Rank	Team	Conf.	Overall	Streak	This Week
1.	Clemson (55)	1-0	2-0	W2	vs. Virginia
2.	Alabama (3)	1-0	1-0	W1	vs. 13 Texas A&M
3.	Florida	1-0	1-0	W1	vs. South Carolina
4.	Georgia	1-0	1-0	W1	vs. 7 Auburn
5.	Notre Dame	1-0	2-0	W2	Bye
6.	Ohio State (4)	0-0	0-0	n/a	Big Ten play begins Oct. 24
7.	Auburn	1-0	1-0	W1	at 4 Georgia
8.	Miami	2-0	3-0	W3	Bye
9.	Texas	1-0	2-0	W2	vs. TCU
10.	Penn State	0-0	0-0	n/a	Big Ten play begins Oct. 24

Rank	Team	Conf.	Overall	Streak	This Week
11.	UCF	1-0	2-0	W2	vs. Tulsa
12.	North Carolina	1-0	1-0	W1	at Boston College
13.	Texas A&M	1-0	1-0	W1	at 2 Alabama
14.	Oregon	0-0	0-0	n/a	Pac-12 play begins Nov. 6
15.	Cincinnati	0-0	2-0	W2	vs. South Florida
16.	Mississippi State	1-0	1-0	W1	vs. Arkansas
17.	Oklahoma State	1-0	2-0	W2	at Kansas
18.	Oklahoma	0-1	1-1	L1	at Iowa State
19.	Wisconsin	0-0	0-0	n/a	Big Ten play begins Oct. 24
20.	LSU	0-1	0-1	L1	at Vanderbilt

Rank	Team	Conf.	Overall	Streak	This Week
21.	Tennessee	1-0	1-0	W1	vs. Missouri
22.	BYU	n/a	2-0	W2	vs. Louisiana Tech
23.	Michigan	0-0	0-0	n/a	Big Ten play begins Oct. 24
24.	Pittsburgh	2-0	3-0	W3	vs. NC State
25.	Memphis	0-0	1-0	W1	at SMU

New York Rangers cut long-time goalie Lundqvist

The "King" of Madison Square Garden has been deposed.

The New York Rangers bought out the contract of star goaltender Henrik Lundqvist on Wednesday, parting ways with one of their greatest players in franchise history after 15 mostly spectacular seasons.

"Few players have been as important to the Rangers franchise as Henrik Lundqvist, and we are incredibly grateful for all he has done for our organization," said James L. Dolan, executive chairman and CEO of MSG Sports. "Over his 15-year tenure, he not only established himself as one of the best goaltenders to ever play the game, he has also been one of hockey's fiercest competitors and most effective ambassadors. He will always be a part of the Rangers family."

In buying out the final year of the 38-year old's contract, the Rangers will save \$3.7 million in cap space for next season. Lundqvist is now a free agent.

The Rangers traded veteran defenseman Marc Staal and a second-round draft choice to Detroit in the last week in another cap move.

Since joining the team in 2005-06, Lundqvist has won the Vezina Trophy (2011-12), led the Rangers to the Stanley Cup Final (2014) and been selected to the All-Star Game five times. He also helped Sweden win gold at the 2006 Turin Olympics.

Lundqvist tweeted a thank-you after the move and many friends congratulated him, including tennis great Roger Federer.

"15 years ago, I played my first game for @NYRangers I came here with high hopes and big dreams but in my wildest imagination, I could never have pictured the amazing ride that lay ahead..." he wrote.

Lundqvist played in 887 games, posting a 459-310-96 record with a 2.43 goals-against average.

Full story at www.apnews.com.

On This Day in Sports History:

On Oct. 1, 1975, Muhammad Ali defeated Joe Frazier in the "Thrilla in Manila." The boxing match was the third and final meeting between Ali and Frazier in the ring; Ali won by TKO. The fight is widely regarded as one of boxing's most prolific matches of all-time.

Hebda: NBA Finals will be fun, but expect Lakers to prevail

JACOB HEBDA
staff writer

There was a time when watching Los Angeles Lakers or Miami Heat in the NBA Finals would not come as a shock.

That time is long gone.

For the first time ever, two teams who did not even make the playoffs the previous year will be meeting for the title.

The Lakers are among the league's most storied franchises, but they have not qualified for the playoffs since 2013.

Despite all the buzz surrounding their crosstown rivals, the Clippers, it is LeBron James & Co. representing the West.

The Heat are a far more unlikely opponent. They defeated the Bucks and Celtics, two popular picks for the Finals, to get here.

Miami found itself in the postseason as recently as two years ago, but they haven't been relevant in the championship picture since James' 2014 departure from the roster, when he left the Heat in free agency to rejoin the Cleveland Cavaliers.

Now, the Heat and Lakers square off to cap an already unforgettable postseason.

Every Finals provides intrigue and suspense, but this one feels different. The storylines alone will get your heart rate up.

James is facing the franchise he won two titles with, and this will be his ninth Finals appearance of the last decade. If you want to win it all, you still need to get past LeBron.

Erik Spoelstra, his former coach, has worked absolute magic under the supervision of the legendary Pat Riley. Many figured he would flounder without James, but he finds himself back on the big stage for the fifth time.

Anthony Davis, who just 18 months ago

appeared to be trapped in basketball purgatory with the Pelicans, could very well be the Finals MVP.

After bouncing around from Chicago to Minneapolis to Philadelphia, Jimmy Butler is thriving at his new home in South Florida. Perhaps the warm climate and sandy beaches have something to do with his revival.

Tyler Herro is still not of legal drinking age, yet his rising stardom has propelled the Heat to the cusp of greatness.

I could keep going. There is a rare mix of drama and feel-good stories in this edition of the NBA championship.

With that being said, there is not much doubt as to who the favorite is. With James and Davis dominating, the Lakers have yet to go past five games in a series.

The Heat have put forth an admirable team performance, but most expect the talent of Los Angeles to win out. LeBron is averaging a near triple-double, while Davis leads the team with nearly 30 points per game.

There really isn't much question as to what the formula is. Depend on James and Davis to continue their output and hope for the occasional good game from a role player. That plan has worked well thus far, so there's no reason to change course now.

Then again, Miami has been an underdog in every series, at least on paper. Nevertheless, they keep finding ways to win. Their success is largely thanks to incredible team play. There is no definitive star on this team.

To put it in perspective, the Heat have six players averaging at least 10 points per game. The Lakers have three.

Butler is the soul of this team, but Goran Dragic is averaging the most points. Rising star Bam Adebayo is the rebound and assist leader.

Spoelstra's team may not have the best players on the court, but their depth allows for some flexibility. The Lakers need their stars to perform, but Miami can adapt if someone has a bad night.

Miami must capitalize if and when one of the Laker stars struggle. By his standards, LeBron did not play well for most of the Conference Finals. Davis has been phenomenal, but this is new territory for him.

For the Heat to stay competitive, they will need to be opportunistic in these situations. As we saw against Denver, even at age 35, LeBron can turn it on at any moment. On the rare occasion that he falters, Miami must be ready to pounce.

I wouldn't count on that happen-

ing though, at least not in four different games. LeBron is yet to falter when it truly matters, and you cannot neglect him unless he is sidelined with an injury.

As fun as these playoffs have been, I do not expect much in the way of drama on the court. The storylines are interesting, and the matchup is historic, but Los Angeles should handle Miami deftly.

Finals Predictions:

Hebda — LAL def. MIA, 4-1

Sports Editor Adam Lindner — LAL def. MIA, 4-2

Finals MVP Predictions:

Hebda — LeBron James

Lindner — LeBron James



AP PHOTO

Miami sharpshooter Tyler Herro, pictured during the Eastern Conference Finals against the Boston Celtics, has been an incredible revelation as a rookie for the Heat — especially this postseason.

COVID-19 outbreak pushes Titans-Steelers game back

NASHVILLE, Tenn. (AP) — The Tennessee Titans have at least one more day to see if the team's coronavirus outbreak is under control before their game with the Steelers is rescheduled for Monday or Tuesday.

Only one new positive test result came back Wednesday, a day after the Titans had three players and five team personnel test positive for COVID-19. More daily test results are upcoming.

The league announced the postponement from Sunday afternoon on Wednesday.

The Titans hope to be allowed back inside their facility Saturday, though coach Mike Vrabel said that could happen before then or later. The Titans are preparing to play as early as Monday. Vrabel said he's confident the NFL will allow them some time to practice before the game.

"We've worked on short weeks before," Vrabel said. "We've played three games in 13 days. I'm sure the other teams that we played before had a few extra days of practice. And so it'll be important that the time that we do get to spend practicing, we take advantage of it."

Outside linebackers coach Shane Bowen was the first to test positive, with the Titans learning Saturday of his results. He didn't make the trip to Minnesota, where Tennes-

see won 31-30.

On Tuesday, the Titans placed three players on the reserve/COVID-19 list, including key players defensive captain and lineman DaQuan Jones and long snapper Beau Brinkley. Outside linebacker Kamalei Correa became the fourth on that list Wednesday.



AP PHOTO

A cyclist passes the Tennessee Titans' Nissan Stadium in Nashville on Sept. 29.

Vrabel is not identifying the five other personnel who tested positive, saying only that he was not among that group. The Titans coach said some of those who tested positive are experiencing "flu-like symptoms" and he expects they will feel better shortly.

The league's infectious disease experts have been helping the Titans and the Vikings track down anyone in contact with those who tested positive. The Vikings had no positive test results Wednesday and were preparing to reopen their building Thursday, with a game Sunday at Houston.

The Titans also have evaluated all of the protocols and how they've handled meetings and social distancing. Vrabel said he and general manager Jon Robinson already had taken steps Monday to severely limit who had access to the team's headquarters this week before the NFL decision to close the building.

"We want to make sure that we're doing everything we can to make the players safe and that this doesn't happen again," Vrabel said.

Now the Titans must prepare virtually until they can hit the practice field for a game against the Steelers pitting two of the NFL's seven undefeated teams.

Vrabel said they held a team meeting virtually Wednesday morning and he showed the Titans video of Pittsburgh. Players had

meetings with their position coaches — all through video conference calls.

With only a practice and a walk-through possible before kickoff, the Titans will be preparing virtually for the Steelers to make sure they're all on the same page. Pittsburgh has a league-high 15 sacks, so paying attention and talking on those Zoom calls will be crucial.

Players with injuries still can receive treatment at the Titans' facility, with visits to the training room staggered. Other Titans are home hoping no more positive results turn up and that they themselves don't test positive even as they attempt to keep their family members safe.

Safety Kevin Byard said more positives remain a possibility, with the virus sometimes showing up days after exposure. In the meantime, it's up to individual players being professionals and finding a way to make up for missed practices.

"If it's getting on a Peloton bike, just going around your neighborhood, jogging around to making sure that you continue to try to get your blood going, get your blood flowing, do a little bit conditioning on your own, to make sure that when you actually get out there your muscles aren't just super tight,"

see NFL — page 11

Socially distant comedy show gives Pittsburgh a fresh breath

COLLEEN HAMMOND
managing editor

After a year like this, everyone could use a good laugh. Luckily, thanks to the efforts of Arcade Comedy Theater, Pittsburgh can experience the fun and joy of stand-up comedy in a safe, socially distant environment once again.

As a result of the changes to daily life in the pandemic, Arcade Comedy Theater began adapting their shows to accommodate for new safety measures.

Their new outdoor shows are held in a small urban park known as "The Oasis." Located on Seventh Avenue, just down the block from the Benedum Center, this small concrete park is transformed into a cozy, intimate space surprisingly free of city noises.

Audience members are separated at socially distant tables by their reservations. Each table and chair is cleaned ahead of the guests' arrival, and hand sanitizer is available at every table. All audience members and performers are required to wear masks at all times.

As if these shows couldn't be more appealing, the staff, audience and performers actually abided by all predetermined guidelines.

Sunday night featured headline comedian Erik Escobar whose darker, edgier style perfectly juxtaposed his very noticeable school girl giggle between each of his jokes. His biting statements about his Mexican and Filipino upbringing brought a breath of fresh air to the event.

Another stand out moment



GRIFFIN SENDEK/ MULTIMEDIA EDITOR

Comedian Erik Escobar's bold jokes had audience howling with laughter.

came from opening act Jaye Cooper. A longtime Pittsburgh comic, Cooper finished his set with a hilarious parody of Katy Perry's 2010 hit single "California Girls" which he renamed "Pennsylvania Girls."

Cooper's song (and equally funny accompanying dance), included all of his grievances with single women in Pennsylvania. His content was wholesome and deeply relatable.

However, the true show stealer came with the second performer, Pittsburgh local and Arcade Comedy veteran, Brad Stephenson. His nearly seven minute bit on his sister's eccentric funeral in West Virginia left the audience keeling over with laughter.

While the subject of his sister's death a few short months ago may seem anything but funny, Stephenson expertly acknowledged the hardships and loss associated with 2020, while not letting despair have the last laugh. His set was refreshing and

almost cathartic. There was a noticeable, general sigh of relief as Stephenson finished his set.

For the first time for many in the audience, the horrors of 2020 seemed small and laughable. Although it was a moment of laughter and fun, it was clear this meant much more than a joke to many audience members present.



COLLEEN HAMMOND/ MANAGING EDITOR

Arcade Comedy's "The Oasis" offers a sense of normalcy for the entertainment world.

In addition to the gut-busting content, Arcade at the Oasis also features a variety of music and improv acts designed to keep audiences constantly coming back for more. The week of Oct. 4, Arcade at the Oasis will feature a "Level-Up Stand-Up" evening and "Knights of the Arcade," a Dungeons and Dragons inspired improv show. A wide variety of Pittsburgh comics and performers are set to take the socially distant stage this fall. Outdoor comedy and improv classes are also slated for this season.

Arcade Comedy Theater plans to continue these outdoor events as long as weather and COVID-19 restrictions permit. Tickets are just \$15 and can be purchased ahead of time online or at the entrance to the Oasis.

More information on Arcade at the Oasis shows and ticket sales can be found at arcadecomedy-theater.com.

WEEK'S EVENTS

DPC Epic Bingo
Oct. 2, @ 9p.m.

Grab your personal Bingo card at the Information Desk in the Union building and join this year's virtual bingo via Zoom while supplies last!

Heritage Week Fall Festival
Oct. 3 @ 4-7 p.m.

Enjoy various fall festivities on A-Walk such as pumpkin carving, crafts, photo booths, scavenger hunts, snacks and hayrides.
Preregister to reserve your spot!

UPCOMING RELEASES

The Rarities
Mariah Carey
Friday, Oct. 2

Thirty years in the music industry, Mariah Carey celebrates new music with her fans.

US + THEM
Roger Waters
Friday, Oct. 2

Pink Floyd's co-vocalist and lyricist Roger Waters releases Live album of his 2017-2018 tour, now available on Apple TV, DVD and Blu-Ray.

MICRO REVIEW

Construction on Campus

Since the beginning of the fall semester, construction on Seitz Street has hindered students from getting to class on time with the university's miscommunication. The emails being sent to the students are slow and untimely.

Music students and Des Places residents are left to hike in circles with the uncertainty of which entrances are blocked at what time, which is not only a physical hassle but makes students late as well.

Clarification on this subject would be greatly appreciated on behalf of the student body.

--Capri Scarcelli



Virgo

(August 23-

Virgo, buying clothes from Shein is not a personality trait.



Libra

(September 23-

Pumpkin spice and mounds of rice am I right?



Scorpio

Stop listening to your emo playlist from 2017 and get back to work.



Sagittarius

Chick-fil-A sauce is now available at TARGET. Get me some.



Capricorn

A healthy reminder that Stevenson Street is still closed down. Take A-Walk. W



Aquarius

Tonight you will have a dream about alien children



Pisces

You will FaceTime the wrong person today.



Aries

(March 21-April 19)

Struggle bus coming through! Beep beep!



Taurus

Friday night lights with the boys, but in the comfort of your dorm that needs cleaned.



Gemini

(May 21-June 20)

Sophia the First fan club meeting at 7 p.m. tonight.



Cancer

(June 21-July 22)

Stop being sad stop being sad BOOOO.



Leo

(July 23-August 22)

So you think Broadway should hire you.

The Rolling Stone modernizes list of chart-topping favorites

CAPRI SCARCELLI
a&e editor

Music is generational; as artistic sound continuously evolves, so does our perception of what constitutes a good album.

On Sept. 22, The Rolling Stone revamped their beloved “500 Greatest Albums of All Time” music list, modernizing it for cultural/gender inclusivity with a broader scope of genres.

First published in 2003 with slight revisions in 2012, The Rolling Stone has now added 154 new albums, 86 of which were released within the 21st century.

“The classics are still the classics, but the canon keeps getting bigger and bigger,” The Rolling Stones said.

Over 300 artists, songwriters and producers were chosen for the judging panel, which included contemporary artists such as Beyoncé, Billie Eilish, Taylor Swift, and H.E.R., as well as classic rockers like Stevie Nicks, Gene Simmons, Adam Clayton, and members from The Kinks and The Velvet Underground, all of whom were included on the list.

According to The Rolling Stone, each judge individually submitted a top 50 album list, wherein they were placed together as a general consensus amongst the panel to choose the best of the best.

The article is broken up into 10



COURTESY OF THE ROLLING STONE
New and improved, The Rolling Stone incorporates various new works to the list.

segments, showcasing the albums counting down to no. 1 in subcategories of 500-451 all the way to 50-1.

Each album is presented with the artist, title of the album, picture of the album cover, and a detailed description of the album’s production and impact on its respective musical era.

At first glance, readers could recognize that The Beatles’ 1967 album *Sgt. Pepper’s Lonely Hearts Club Band*, lost its reign of slot number one—the alleged greatest album of all time. Through decades of influence being considered the most experimental album of classic/psychedelic rock history, the album is now considered 24 on the list.

In its place, Motown phenom

on Marvin Gaye’s *What’s Going On* was bumped up from 6th to 1st for its heavy political undertones and darker themes surrounding the death of duet partner Tami Terrell and the horrors of his brother being stationed in Vietnam. This album, according to Rolling Stone critics, is especially prevalent in its time with the current sociopolitical sphere surrounding racial injustice and the yearning for peace.

Since music is far more accessible in this era with streaming services such as Apple Music and Spotify, various up-and-coming artists have made their way to the top 100 of the list, illuminating a rise in soft pop, hip hop, rap and independent artistry.

This executive decision to modernize the list allowed for a melt-

ing pot of diversity in genre, with albums juxtaposing one another in perfect harmony through the decades.

For instance, seeing Elvis Presley’s 1976 *The Sun Sessions* and Frank Ocean’s 2016 *Blond* side-by-side truly shows the advancements music has made throughout time, and how developmental each genre has become in order to continuously put out new content for listeners; most importantly, however, is that generations from now, music is properly acknowledged for its classic roots.

Rock, though dominated primarily by aging white men, has historically built the foundation of what music is today. Thus, it is important to honor timeless works like the Beach Boys’ *Pet Sounds* and Pink Floyd’s *Dark Side of the*

Moon while also making way for Kanye West’s *My Beautiful Dark Twisted Fantasy*, as well as many more reputable works put out by modern artists.

According to Consequence of Sound, the Rolling Stone’s original top 500 list only included twelve artists of color and three women in its top 50 segment.

Now, with better representation, listeners can celebrate Joni Mitchell’s *Blue* at slot number three along with Prince’s *Purple Rain*, Stevie Wonder’s *Songs in the Key of Life* and Lauryn Hill’s *The Miseducation of Lauryn Hill* all in the top 10 of the list.

With times changing, so does the music. The Rolling Stone’s “500 Greatest Albums of All Time” gives hope for the growth of music today, tomorrow and forever.



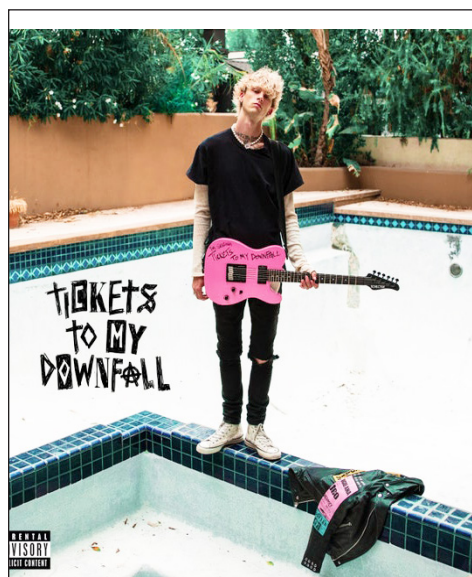
COURTESY OF THE ROLLING STONE
At no. 1, Marvin Gaye makes history as first Black artist to rank top album.

Machine Gun Kelly on track for first no. 1 album

Cleveland, Ohio— Machine Gun Kelly’s first rock album could put him where rap hasn’t so far. His latest effort, “Tickets to My Downfall,” released Friday, is on pace to debut at No.1 on the Billboard 200 chart.

MGK’s first pop-punk album is on track to move 80,000 to 90,000 equivalent album units, according to Hits Daily Double. That puts it ahead of new releases from SuperM, Joji and Deftones, among others, as well as holdover releases from Pop Smoke and Taylor Swift.

“Tickets to My Downfall” has seen an unprecedented promotional push for MGK. Much of that has to do with his relationship with Megan Fox, which became public as the album’s lead single “Bloody Valentine,” for which Fox appeared in the video, arrived.



COURTESY OF PITCHFORK
MGK’s new album feel holds potential to climb the charts.

Follow-up singles “Concert for Aliens” and “My Ex’s Best Friend” have performed well on the charts. MGK also appeared in two films this year, including

BFF Pete Davidson’s “The King of Staten Island” and Netflix’s Project Power alongside Jamie Foxx.

Earlier this month, Machine Gun Kelly performed during the MTV Video Music Awards pre-show. Later in the night, he won Best Alternative Video for “Bloody Valentine.”

Such buzz earned MGK features in The New York Times, Variety and the cover of Kerrang! Kellz also made appearances on Howard Stern’s SiriusXM show and “The Kelly Clarkson Show.”

First-week sales numbers have been known to shift. So, expect updates throughout the week.

However, further boosting potential “Tickets to My Downfall’s” chances is the popularity of the album track “Forget Me

Too” featuring pop star Halsey, which was trending on Apple Music over the weekend. The song is also one of two tracks from the album (“My Ex’s Best Friend”) in Spotify’s top-20.

As of Monday morning, MGK was No.2 on the iTunes album chart, just behind Carrie Underwood’s holiday album “My Gift.” But MGK’s biggest competition could be New York rapper Pop Smoke, who was murdered in February. Pop Smoke’s posthumous album “Shoot for the Stars, Aim for the Moon” has been a streaming juggernaut for several weeks.

Machine Gun Kelly’s previous high-charting position for an album is No.4, which he accomplished with his first two albums “Lace Up” and “General Admission,” respectively.



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Teams respond to pandemic postponing Titans-Steelers game

from NFL — page 8

Byard said.

The Titans are working to bring in a new long snapper, a crucial position for a team that has won all three games inside the final two minutes on a field goal. That player will have to go through the NFL's testing protocol first. Replacing Jones also won't be easy, but defensive lineman Jeffery Simmons is off to a strong start.

For the Steelers, the only change is that the schedule pushes back a day or two. They host the Eagles on Oct. 11, when the Titans are scheduled to host Buffalo.

"We know we're going into an environment that had the outbreak, but we feel like if we do what we're supposed to, we'll be fine," Steelers cornerback Mike Hilton said.

Cleveland Browns center JC Tretter, the president of the players' union, said the outbreak was a reminder that everyone must be more vigilant despite low testing numbers across the league.

"It's easy to fall into a sense of ease or relax on some of the protocols," he said Wednesday. "But the protocols are what's keeping us going, making sure that we're making the right decisions. ... We have been going really smoothly for a long time and now there was some expectation that this was eventually going to happen. It's tough to keep the virus completely out."

And the Titans are the NFL's first team tasked with finding a way to adapt and play through the league's first COVID-19 outbreak.

"It's not ideal, but we have to find a way," quarterback Ryan Tannehill said. "We have to be able to overcome adversity. It's just a different type of adversity. We've done it throughout this season so far a few weeks in and showed our mental strength that we can find a way to win games, and this is just another challenge along that road."



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