The disruptions were originally part of an emergency, unexpected water main break at the intersection of Fifth Avenue and Chatham Square. In response, the Pittsburgh Water and Sewer Authority (PWSA) got right to work, but students are getting tired of the constant outages even after the main was fixed.

"It was very inconvenient because we weren't able to do dishes or wash our hands, and I was scared that the toilet tank would run out," said Alaina Stewart, a resident living in Brottier. "I had to put off my showers a lot, and when the water did come back it was freezing."

Stewart, a major in nursing, added that many of her nursing friends who also live in Brottier are "annoyed" with the shut offs, being that they need to shower after clinical rotations or come home from work. Stewart also lives in Brottier and found outages a "frustrating experience, we weren't able to do dishes or wash our hands, and I was scared that the toilet tank would run out," she said.

''We could not use the toilet tank and the toilet itself without the shut downs, which is why we were so scared," Stewart added. "When the water finally came back it was freezing, we couldn't wash our hands or think of anything else to do."

The outages didn't end, as scheduled infrastructure work on Forbes and Fifth Avenue continued on the morning of March 2, and another outage shut down water in the Union, Trinity Hall and the School of Law around 10:30 a.m.

"It's going to be great basketball," Burt, WBB team prepare for A-10 tourney

Pittsburgh Ballet Theatre announces new season

Ballet is back

The US should not be looking for war with Russia

A commitment to health

Duquesne's proposed College of Osteopathic Medicine broke ground on the morning of March 1, advancing the mission of university founders to provide healthcare and address the needs of people in the Pittsburgh region.

The idea of "breaking ground" was literal and metaphorical during the ceremony, as sponsors, county officials, the Rev. Bill Christie, president of the Pittsburgh Catholic College in 1910 — now known as Duquesne University — took steps to build both a law and medical school.

"The law school got off the ground in 1911, but the medical school was vetoed by a powerful entity in the city of that time, and never did take root," Gormley said at the ceremony. "I like to tell my leadership team 'it may be 110 years later, but we're getting the job done.'"

Expected to open in 2024, the school will enroll 85 students, planning to grow to 170 by 2026. But as of now, the university is excited to see an old mission finally take off.

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Water disruptions have students distraught

McLaughlin said in an email that PWSA would be “coordinating closely with Duquesne Facilities Management so they are aware of the impacts on campus” though never stated that an outage would occur that morning. In response to the surprise outage, the university sent an email at approximately 10:45 a.m. stating that PWSA “initiated an unannounced water shut off,” and that Facilities Management would be in contact with them to fix the issue.

The situation was atypical, as residents in Brottier — and all students on certain occasions — have received emails each time a disruption occurs.

The first came in on Feb. 16, informing students of a water main break on Fifth Avenue and Chatham Square. The university mentioned in the email that PWSA was “actively working on the issue and hopes to have it resolved as soon as possible.”

The flood of emails continued to come in on Feb. 22, stating that unexpected water outages occurred during the replacement of the water main on Feb. 23, stating that testing would result in outages; and on Feb. 24, stating that there would once again be work that resulted in outages. An outage on March 1 went without an email notice.

“Duquesne’s facilities services staff are in contact with PWSA to access up-to-date information, which we then relay to students as possible from the Duquesne University Official Communications email account to faculty, staff and students,” said Gabe Welsch, vice president of marketing and communication.

Welsch also said that students should be checking emails regularly for updates, though sometimes they come in at short notice.

“The university is in regular contact to help ensure that outages are short-term so as not to impact the campus too greatly,” he said.

All students, faculty and staff received an email on March 1 warning of faulty in-line valves on upper McAnulty Drive between the Administration Building and the School of Law, reducing traffic to one lane. No outages were expected to occur. Public Safety was on hand to direct traffic, though drivers and pedestrians were warned to use caution when passing through the area.

“The emails are nice because at least we know why the water is shutting off and when. It helps prioritize when the emails come in after the water stops working. It’s definitely annoying to have so many shut-offs at once, but I don’t really know if they have a say over when the city starts digging up pipes,” Stewart said.
**SPORTS**

**WLAX’s Rodriguez-Shaw proving valuable**

**LUKE HENNE**

**sports editor**

In the early part of the season, Delaney Rodriguez-Shaw is leading the offensive attack for the Duquesne women’s lacrosse team, having already recorded 13 points (nine goals and four assists). Through her confidence and composure, however, it’d be hard to tell that she’s only played five games at the collegiate level.

“I see myself as the coach on the field,” Rodriguez-Shaw told The Dukes. “I’ll cut through so someone can drive. I think I see the visual of the field very well. If someone’s cutting, I can anticipate that cut. I see the field very well and I speak up on the field for everyone.”

Rodriguez-Shaw, despite her instant success, remains humble and recognizes that she’ll have to earn everything she wants on the field.

“I had to prove myself,” Rodriguez-Shaw said. “Just working with the great team that I have, the great leaders that I have on our team, I just fit right in. It’s just (about) continuing to prove that I’m supposed to be out there and working hard for my team.”

In two games against Youngstown State (Feb. 14) and Kent State (Feb. 17), Rodriguez-Shaw recorded seven goals and two assists. For her efforts, she was named the Atlantic 10 Women’s Lacrosse Rookie of the Week on Feb. 22, becoming the first Duquesne player to earn the accolade since Jill Vacanti in 2015.

“I was super happy,” Rodriguez-Shaw said. “We put in the hours through the week and doing extra hours on the side. Whether it’s just going to play wall ball or just shooting around, it’s the extra things that help

me get to where I am.

“All the hard stuff we do in practice and the hard pressure that [Head Coach Corinne Desrosiers] puts on — in a good way — also helped me get there.”

After falling 16-7 at Bucknell on Wednesday, the Dukes are 2-3 on the young season. Rodriguez-Shaw knows that upcoming games against big-name programs like Ohio State will be a good test for the team.

“We have to go in like we are as good as them,” Rodriguez-Shaw said. “Whether it’s (against) a great team or not, skill-wise, as great, we have to go into every game thinking we deserve to be here and this is our game.”

The native of Longmeadow, Mass., has acclimated to life in Pittsburgh, but it took some time.

“I’m a big home body,” Rodriguez-Shaw said. “I felt like that the first couple of times I was run those sets really effectively, and then when I got to the front in the second half, it was just a little bit of a rough ride.”

The Dukes closed out their regular season with a 73-68 loss against Stony Brook at the UPMC Cooper Fieldhouse on Saturday, but Burt feels that the familiarity of facing the Hawks for the second time in five days give his team the best draw possible.

“What they did to us on Saturday was run those sets really effectively, while being incredibly aggressive, especially trying to draw contact with driving it to the basket,” Burt said. “So that has allowed us to have a better understanding of what we’re going to have to do when we play going into every game thinking we deserve to be here and this is our game.”

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“Chaos. Chaos and madness.”

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**Dambrot returning, Williams’ year ends**

The head man for Duquesne’s men’s basketball program will be back at least one more year.

On Friday, Duquesne athletic director Dave Harper told CBS Sports’ Jon Rothstein that Head Coach Keith Dambrot will return in 2022-23 for a sixth season with the at least one more year.

Dambrot came to Duquesne prior to the 2017-18 campaign and delivered a 65-47 record in his first four years on the job.

The Dukes went 21-9 during the 2019-20 campaign and, if not for Covid-19 forcing the abrupt cancelation of the season in March 2020, were likely heading to a postseason tournament.

Dambrot’s roster construction was impacted by the departure of last year’s top-six scorers. Marcus Weathers (SMU), Tavian Dunn-Martin (Florida Gulf Coast), Chad Baker-Mazara (San Diego State), Sincere Carry (Kent State) and Lamar Norman Jr. (Western Michigan) all found new homes via the transfer portal, while Michael Hughes left to play professionally in Austria.

It was also announced Friday that Tre Williams, who came to Duquesne from Indiana State, would undergo arthroscopic meniscus surgery on his right knee this week. Williams was averaging 10.8 points/game prior to his injury in the Feb. 23 contest.

“I feel bad for Tre, because he’s worked so hard all year long,” Dambrot said in a news release. “Our primary concern is Tre’s health. He is receiving excellent medical care, and I’m confident he’ll be able to come back at 100%.

The Dukes will host La Salle at the UPMC Cooper Fieldhouse on Saturday in its final regular-season game.

The Dukes will then head to Washington's Capital One Arena for next weekend's Atlantic 10 Conference tournament.

Burt: “It’s going to be great basketball”

**GRACE HEIDINGER**

**staff writer**

“Chaos. Chaos and madness.”

That’s what Head Coach Dan Burt expects as the Duquesne women’s basketball team embarks on the Atlantic 10 Conference women’s basketball tournament. The Dukes will travel to the Chase Fieldhouse in Wilmington, Del., where they’ll take on seventh-seeded Saint Joseph’s in the tournament’s second round on Thursday.

“Everyone’s really looking forward to this event because it truly is March madness this year, where every possession is going to have to be valued because it’s going to be important,” Burt said. “Every game should be a close game. From Wednesday through the end of the tournament, it’s going to be great basketball.”

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Duquesne’s Iron Chef: where salsa meets science

Emma Polen

features editor

S

students learned the chemistry behind salsa’s deliciousness with the Duquesne University Ameri-

can Chemical Society (ACS) last Friday in the Africa Room. ACS hosted their first ever Iron Chef event, called “Fe Chef” for iron’s atomic symbol. Attendees had the op-

portunity to learn the chemical science behind salsa, and then try their hand at making the spicy snack themselves. The event began with a presentation delivered by Ariam Hajihasani, fresh-

man biochemistry major.

While listening to Hajihasani explain the chemistry of salsa, par-

ticipants could see a tomato, cut open to show the layers of the fruit. Attendees tried salsa verde, a green salsa made with roasted tomatillos instead of tomatoes and a salsa de arbol, which is a tomato based salsa with ar-

bol chiles.

The spicy element of salsa is called capsicin, a molecule in peppers and other favorite spicy ingredients. Capsican is a nonpolar molecule, meaning it is hydrophobic and not easily soluble in water. This is why drinking water doesn’t help with the burn when eating spicy foods. Hajihasani also warned against washing hands with water after handling a pepper. “Try hand sanitizer,” he said. “The chemical compound of hand sanitizer will be more successful in removing all traces of capsaicin from hands (so as not to accidentally burn your eyes).”

Capsicin is soluble in lipids so milk is a reliable way to relieve the burn after eating peppers. Chemi-

cal components are also what make garlic aromatic and tomato-

toes vibrantly red.

Food scraps are another way that chemistry comes into play when making salsa. “Composting is a chemistry about the break down of food,” said Hannah Lasko, Presi-
dent of Duquesne ACS and a senior chemistry major.

According to Hajihasani, 1.4 billion tons of food gets wasted every day in the world. Food waste is a major problem in the U.S. alone.

For this reason, ACS was sure to include composting as a compo-
nent of Iron Chef.

At each table was a CarbonCom post bin in which participants could place their food scraps as they pre-

pared their salsa.

The CarbonCom post bins were collected and delivered to their Pitts-

burgh location.

Under the direction of Lumissi, at-

tendees sharpened their skills with cutting tips and reminders about how to handle the most pungent of the in-
gredients, like putting gloves on before preparing the jalapeno pepper.

Tamara Sioui, a sophomore public health major, has made salsa before. “It’s been a while, though, she said. “Being in a dorm, I don’t get to cook. It was a nice change of pace,”

told the Pittsburgh Post. "I got to cut the lime in half and squeeze to juice. It was a nice change of pace,”

Lasko attributed the idea for Iron Chef to Serina Tressler, the next president of ACS. Tressler was also happy with the results of the event in the Africa Room, and she hopes to put the event on again in the future.

In the spirit of food waste reduc-
tion, all participants were encouraged to take their leftover salsa home in re-

usable containers, provided by ACS. In addition, they were supplied with locally-made tortilla chips from Reyna Foods, a Central and South American food shop in the Strip District, to com-

plement their sustainable-salsa.

Recipe by Duquesne American Chemistry Society

Ingredients

- 2-3 tomatoes, diced
- ½ red onion, miniced
- Fresh cilantro, chopped
- ½ - 1 jalapeno pepper, seeded and miniced
- 1-2 cloves garlic, Minced
- Lime, juiced
- Ground cumin, to taste
- Ground black pepper, to taste

Instructions

Prepare the tomatoes, red onion, cilan-

tro, jalapeno pepper, and garlic and stir these together in a bowl.

Add lime, ground cumin, kosher salt, and ground black pepper to taste. TIP: If the lime is firm, press it into a surface and roll to make it easier to juice. Then, cut the lime in half and separate to juice. Stir the salsa together to combine the ingredients well.

Refrigerate for at least 3 hours before serving for best results.
OPINIONS

Facing a familiar foe: America should look to avoid war with Russia

ZACHARY PETROFF
staff columnist

Russia’s aggressive invasion of Ukraine highlights two very disturbing realities that display a level of world ignorance rooted with misguided machismo.

There are facts of this country, who also happen to land on a certain political spectrum that have expressed a certain level of affecion for Vladimir Putin, likening the former Komitet Gosudarstvennoy Bezopasnosti (KGB) operative as a hare chested John-Wayne type.

Those romanticizing the dictator seem to conveniently forget the atrocities that have occurred during his tenure. As trademark signs of a ruthless authoritarian, he has murdered political dissidents, journalists and protesters; laundered illegal money, lied to the world stage about his actions, utilized repressive tactics and against campaigns of free speech, murdered members of the LGBTQ+ community, among other atrocities.

There also seems to be a forgetfulness of Putin’s attempts to provoke or aggressively undermine American institutions. The most relevant and recent evidence of this is the 2016 election. Often布局了 political rhetoric, what is often lost is the rudimentary fact that the Russian government — headed by Putin — made a serious attempt to disrupt a free election. In every measurable way this is an affront to our democracy. The systematic actions are often glossed over.

Because there was not a big bomb or a lot of dead bodies, Americans failed to comprehend the severity of another country’s boldness to attempt to disrupt an American institution. Putin has done more to undermine American democracy than Osama Bin Laden.

He is also a billionaire, and we all know how Americans have an obnoxious fascination with billonaires.

The assessment for Putin is a painful reflection that our functioning guidelines of morality are often skewed by public perception — and our poor grasp of geopolitics.

However unlikely, the second disturbing talking point is the call for a coolant response or intervention: We are not at war. Nor should we be. Military intervention should always be the last resort.

Foreign policy is a slow moving wheel often layered with historical precedent and overlooked cultural subtleties and nuance. There is a complexity when it comes to geopolitics that includes, but is not limited to, factors such as language, historical context, religious values and other words and concepts that have been repeated in every upper-level history class ever.

We have a hard enough time understanding our fellow Americans. Trying to comprehend and understand parts of the world that most of us can’t find on a map can be exceptionally challenging.

The United States and Russia continue to have an adversarial relationship. As the dust from the Berlin Wall begins to settle on the landscape of history, the unraveling residual consequences of the Cold War have yet to be revealed.

The relationship between Ukraine and Russia is a complicated one. Ukraine is in its infancy of democracy and is facing an obstacle often accompanied with the beginning stages of stabilizing a republic. Placing sanctions on Russia while not engaging militarily is a viable and reliable option for the American government.

The application of these strategic sanctions is the most effective way to inhibit Russia’s aggressive state.

From a global perspective, the decision to invade Ukraine remains unclear. On the surface, the immediate benefits of invading a democratic country outweigh the repercussions. Putin, like any stereotypical mob boss, has let personal vendettas persuade his judgment.

Putin is an enemy of the United States. His actions and words have shown those paying attention that he believes the success of Russia is reliant on the downfall of the U.S. The Ukraine invasion is a prime opportunity to enact a fierce and devastating coalition to cripple the power, and more importantly, the credibility of Putin.

The U.S. has a responsibility to lead the world in applying dominating sanctions that freeze assets and prevent Russia from participating in the global economy. As they did with FIFA, the U.S. should lead the charge in seizing any illegal laundered funds, a tactic the Russian government has not only relied on but has perfected in the past decade.

Let Europe be in charge of holding Putin accountable for this unethical troop movement.

Instead of sending our children to fight another war — where the United States is posting an 0-3 record in their last three violent skirmishes — we should have those who have high stakes in the global market face some minor inconvenience as we use tactical economic sanctions to stop an overreaching and dangerous authoritarian leader.

OPINIONS

Speaking up about the ‘Don’t Say Gay’ bill

Rapidly developing in Florida’s public education system, the media-coined “Don’t Say Gay” bill prohibits discussion of gender identity and sexual orientation from grades K-3.

From a young age, children are pushed through a conventional, heteronormative precedent set by older generations, not giving them a chance to express themselves. By censoring the conversation within the classroom setting, children will be restricted from sharing their thoughts and discussing their identity and viewpoints.

According to the Racial and Sexual Discrimination Bill, passed by the Florida House of Representatives, prohibits public institutions from providing “mandatory training” for culturally-responsive pedagogy, and would take effect July 1. Meaning — if a school does not find it necessary to incorporate diversity in the classroom, they don’t have to.

Similarly, the Individual Freedom Bill would allow curriculum to be curated and monitored by employees and parents. If a parent thinks a lesson plan does not meet their censorship standard, then they can testify to administration or even the U.S. Department of Education. This can be done by beyond primary education if a parent deems a lesson not age or developmentally appropriate for their child.

This bill would give parents — most of whom do not have degrees in education — the decision to backtrack public school curriculums into a narrowed worldview.

Already, the bill had to be changed due to harmful rhetoric toward LGBTQ+ youth. The bill has since been edited to include the proper terminology, though it goes to show the lack of understanding for the youth of today to instead cater to “parent’s rights.”

It is Florida’s vulnerable and formative years in cognitive development, this bill keeps students from the validation they need to grow. By de-normalizing conversations of identity, students may grow to become naive to the ways of the world or make students feel as though they cannot confront educators about wanting and needs outside of the classroom.

The same is happening to students who may have two moms or two dads, a nonbinary sibling or perhaps are figuring out their own preference. If students are made to feel that they or their loved ones are an inadequate fit to the system, it may lead to mental health issues down the road. These young individuals may not have a safe space in school environment.

According to a survey done by the Human Rights Campaign, 12,000 students across the U.S. identify as part of the LGBTQ+ community. In a study done by Global Mid Career Women of LGBTQ+ youth said they feel they have to hide their sexual orientation. If this is the case for older students who have a better understanding of their identity, it does this say for younger students who aren’t given the opportunity to find out who they are?

Children deserve to feel respected and heard in the classroom setting. They should not have to hide that environment at home. If we keep censoring meaningful conversation in the classroom, future generations will have trouble finding themselves in a system that won’t let them.
Center for Migrations club migrates to Duquesne

Alicia Dye
staff writer

The Center for Migration, Displacement and Community Studies and the newly founded Migration club are all about helping migrants and upholding the human dignity and well-being of migrants in the area.

The center was created in the summer of 2021 by a group of 17 Duquesne faculty members. They were studying the fields of migration, displacement and community already and wanted a space where they could share their research and get feedback, collaborate with one another and raise awareness about important issues related to these fields on campus, according to Dr. Jennifer Schulze, the center’s director.

Schulze has been interested in migration, displacement and community since joining the faculty at Duquesne in 2010.

“It was a bottom-up initiative,” Schulze said. “The idea behind the center was to provide support and an intellectual space for students and faculty interested in these fields to come together.”

The center does more than just studying migration; they also have multiple programs that help the migrant community in Pittsburgh.

One program affiliated with the center is the After School Club for high school refugee youth, which is coordinated by Schulze and directed by Alliance for Refugee Youth and Education and Jewish Family and Community Services.

At the club, students and faculty serve as mentors to high school refugee students. The club was established in 2019 and helps refugee youth displaced from across the globe, including from Syria, Iraq and Rwanda.

Another way the center is involved in the Pittsburgh community is through the Reading to Play, Playing to Read program. The program is coordinated by Lucia Osa-Molero, an affiliated faculty member for Duquesne’s Center for Migration, Displacement and Community Studies and a professor of modern languages and literature.

The goal of Reading to Play, Playing to Read is to develop a solid relationship with the Spanish-speaking community in the Beechview neighborhood.

The center also does a lot to engage with students on campus. They recently co-sponsored the human rights film series, which recently showed the film “Building the American Dream.”

“We hope to establish a strong presence on campus by supporting faculty and student research, as well as by sponsoring events that are of interest to the campus community,” Schulze said.

“By connecting faculty and students with community partners in our region, we hope to provide more opportunities for students and faculty to get engaged.”

The center is also co-sponsoring a book reading with the Social Justice Reading Club. The book is “We Share the Same Sky: A Memoir of Memory and Migration” by Rachael Cerrotti, who will be speaking at Duquesne March 31 and April 1.

The center’s director.

Nasiadka first got involved with The Center for Migration, Displacement and Community Studies last fall and is a part of the advisory board for the center as well.

“Our goal is to encourage people to be empathetic toward others,” said Nasiadka. “We want people to see the humanity in others and themselves.”

Nasiadka encourages all students, regardless of major, to join the club.

Interested students can email Migration Club’s president Casey Lee at leecj@duq.edu and can follow the club on Instagram, @duq_migration, for updates.

Any student or faculty member who is interested in research on migration, displacement and community studies or simply wants to get involved in the community can contact Schulze or sanchezg1@duq.edu.

“The center really hopes to collaborate with students, clubs and faculty across campus and to help them connect with service organizations in the region,” Schulze said.

Mary Liz Flavin
news editor

On Monday, Student Life and the Division of Mission and Identity teamed up together to create Holistic Health Day, a day filled with activities meant to help students take a break from the stress of midterms and freshman development, was a part of the center’s goal to support and an intellectual space for students and faculty to connect with one another and raise awareness about important issues related to these fields on campus.

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Mary Liz Flavin
news editor

On Monday, Student Life and the Division of Mission and Identity teamed up together to create Holistic Health Day, a day filled with activities meant to help students take a break from the stress of midterms and freshman development, and UnpackU and Oasis, which are free to all Duquesne students, lent a hand to the more mental-focused activities to bring awareness to mental health.

“My Brother/Sister’s keeper notes: where students do to help their health add up in small ways. Whether it is seeking out counseling, or enjoying a treat, all of the little activities students do to help their health add up in a positive way.

Ashley Kane, assistant director of programming and freshman development, was a part of the committee that determined what activities would best help students achieve holistic health.

“People could pick and choose what they wanted from the Power Center, that had massage chairs, really focusing on the muscle relaxing part; to the Counseling Center, that was open from 8:30-4:30 for mental health screening,” Kane said. "There was enough for them to pick and choose what their mind, body and spirit needed."

One program in particular that students enjoyed was Goodbye Worryies. Hello Warmth. This particular activity had students write down their worries and burn them in the fire pit outside the Laval House on Academic Walk. Afterwards they got to enjoy a tasty s’more, roast marshmallows and gather around the fire together.

Luci-Jo Dimaggio, director of mission animation, helped run the stand and represented the Division of Mission and Identity, a campus-wide collaboration that encourages students, faculty and staff to carry out the Spiritian mission and serve the common good.

"I think there is something about making a worry tangible, sometimes they can be so big and abstract that we can’t really get a hold of them. Here we can offer it up to the fire, then watch it disappear which can be really helpful,” Dimaggio said. “Also you get a s’more, and what a perfect night for it. Just taking a break is what this is all about.”

To Dimaggio, the Holistic Health Day is figuring out what types of self care works for each student. It is about the little things that help in small ways. Whether it is seeking out counseling, or enjoying a treat, all of the little activities students do to help their health add up in a positive way.

In addition, Dimaggio said that the fire is a part of the faith experience and creates a communal environment.

Duquesne student Sarah Knox enjoyed being with her friends and taking a moment to enjoy the simple things in life such as standing around a campfire.

“I think it’s a great way to remember that we’re human and that we can let go of our worries every once and a while. It’s a nice way to socialize and not worry about things for half an hour,” Knox said.

Many campus organizations came together to cover a variety of mental and physical aspects of wellbeing with healthy activities. The Counseling Center helped with the mental and emotional side of health, and the Power Center helped with the physical and nutritional aspects. Mission Identity, Mission Animation, and Spirit Campus Ministry aided in the spiritual side of things. Lastly, Student Life Programming brought everything together to create an experience for students to enjoy.

According to Kane, the mental health apps UnpackU and Oasis, which are free to all Duquesne students, lent a hand to the more mental-focused activities to bring awareness to mental health.

"Self care isn’t defined in one bubble, it’s not always about eating healthy or constantly praying. We appreciate both of those aspects but health care is individualized, the idea of being holistic matters," Kane said. “I hope students took away that we see them for who they really are and want to provide services that care for them."
THE LAST WORD

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