



THE DUQUESNE DUKE

Appreciation Issue - Fall 2022



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ALL PHOTOS BY ELIYAHU GASSON | STAFF WRITER



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Why we chose appreciation for this issue

THE DUQUESNE DUKE
editorial staff

All too often, we become so consumed by the stresses and anxieties of life that we don't take the time to appreciate the simple pleasures that life has to offer. As an entire staff, we at *The Duke* wanted to take a week to stop and focus on the unsung heroes of the Duquesne community that are worth appreciating. With a diverse body of students, faculty and staff, we wanted to spotlight and exemplify an array of people that call Duquesne University home in some form or fashion. Fresh off a week in which midterm exams and projects occupied the minds of many, it can be hard to stop and see the bigger picture. For some, graduation and the uncertainties about what is next are overwhelming. For some, the stresses of balancing the many responsibilities that come with college life are still at the forefront.

In this issue, however, we hope you'll take the opportunity to stop and appreciate some of the best Duquesne has to offer. Whether that's a coach, a professor or a counselor, this university holds an important place in the hearts of many people who strive to make it a better place with each day. While we've still covered the news that could be found in a standard issue, we felt it necessary to stop and take a moment to applaud those who work tirelessly to make the campus community an ideal place to work and live. In a world that seemingly becomes more divisive everyday, it's crucial to recognize that there are still good people in this world. At a time where many are consumed by negativity and polarization, stop and take a moment to appreciate those individuals that are consistently looking to find ways to make the Duquesne campus a better place.



ELIYAHU GASSON | STAFF WRITER

The Duquesne University campus is filled with many students, faculty and staff that are committed to finding ways to make the community a better, more-worthwhile place to come to.

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Instruments from the Holocaust	Sheets' sustained success	Pappert professor instructs, inspires	The future is looking fine	Fitness at the forefront
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Cleaning up campus and caring for the students

ALICIA DYE
news editor

The day starts earlier than most for the Duquesne housekeepers. They wake up as early as 3 a.m. to start their workday at 5, while most of campus is still asleep. They work together to make the dorms and college buildings as clean as they can, and love the work they do.

The housekeepers start their day by collecting all the garbage from the floors they are responsible for. There are at least four garbage cans in each wing, totaling at least 12 that they have to collect.

The housekeepers make multiple trips down to empty the cans and replace the bags in them.

After the garbage, which can take hours between using the elevator and making sure they can fit in the elevator without disturbing students who are trying to get to class, the housekeepers clean every common space.

Melanie Sieg is a housekeeper in Duquesne Towers and has been for a couple years. She never has anything negative to say about the residents.

“A lot of people talk badly about the football floor and how dirty it is, but when I was cleaning it, the boys were so nice,” Sieg said. “They always were so kind to me. They apologized for the mess often, and I really got to know them.”

Sieg now is in charge of floors 10 and 11 in Duquesne Towers, a shift from the football floor, but she still loves interacting with the students and the students love talking to Sieg.

“Melanie is such a friendly and kind individual. She always says hello to whoever walks past and always wears a smile,” floor 10 resident Jordan Baney said. “Melanie is not only warmhearted, but she is also one of the hardest workers you will ever meet. Every time I see her, she is busy at work making sure that our living environment is as clean and tidy as possible. Melanie does so much for us and for that I thank her.”

“I love her, honestly. I thank her for be-

ing patient with us, as we’re not the most favorable to work with but she makes it seem easy,” said Bella Deborah Uwase, another floor 10 resident. “I thank her so much for everything she does, and we do appreciate and notice it. I don’t know what the wing would be without her services.”

Sieg makes sure that she interacts with the students when she sees them and tries to interact even when she doesn’t.

“I love writing notes on the whiteboards across the floor. Just little things like ‘have a nice week’, and the girls always write back with a bunch of notes,” Sieg said. “I love seeing what they say and it forms a little bond without us even talking.”

“I have a little white board outside my door, and Mel always writes cute notes on it,” said floor 10 Resident Assistant Maria Sholtes. “Even though I don’t see her much, her kindness doesn’t go unnoticed or unappreciated.”

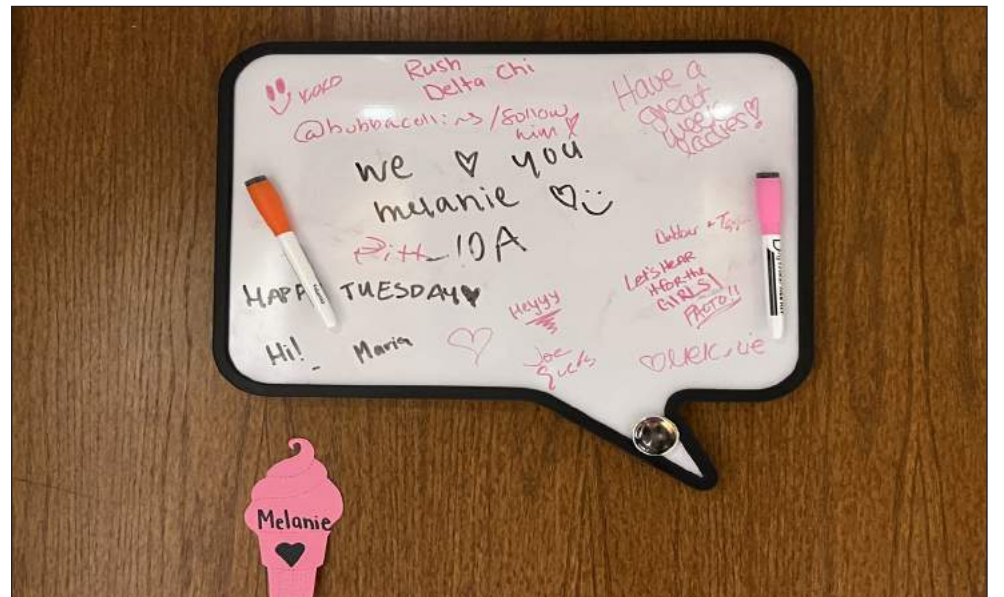
Sieg works with other housekeepers who are also up in the early morning to make common spaces as clean as possible for residents. Donna Schwarz is in charge of floor six and seven in Duquesne Towers and is beloved by many who live on the floors.

“I’ve had Donna as my housekeeper for two years now, and she has been the best,” said floor seven Resident Assistant Grace Scanlon. “She always asks if I need anything when I see her, and my residents never have any problems. She really makes sure everything is done correctly and I love her for it.”

“This is my first year at Duquesne, and Donna has been so kind,” said freshman Jenna Stewart. “She has always made sure we have everything we need and that our bathrooms are clean. I couldn’t be more thankful for everything she does.”

Bruce Tucker is responsible for the fourth and fifth floors in Duquesne Towers. Tucker has been at Duquesne for a few years, and the students love him.

“He always informs me about something going on and keeps me updated,” Max Ujhazy said. “He makes sure that every-



ALICIA DYE | NEWS EDITOR

One of the whiteboards on Sieg’s closet. Students write small notes, including some that say “We heart you Melanie” and “Let’s hear it for Melanie.”

thing is sanitized and that everyone has a clean space to share. He really works hard to make everything work.”

The work day doesn’t end until almost 3 p.m. for housekeepers. They work on bathrooms and other common spaces all day, making sure everything is clean. They still follow their Covid-19 cleaning protocol, so they take the extra time to protect students from getting sick.

They even vacuum and mop the spaces, no matter how clean they appear. They even clean the kitchenettes located on each wing, even if the students don’t use them much.

“They clean every space, even ones that I never see people in,” Sholtes said. “It just really shows how much they care about what they do. Although not everybody appreciates what they do, it never goes unnoticed by me and other residents.”

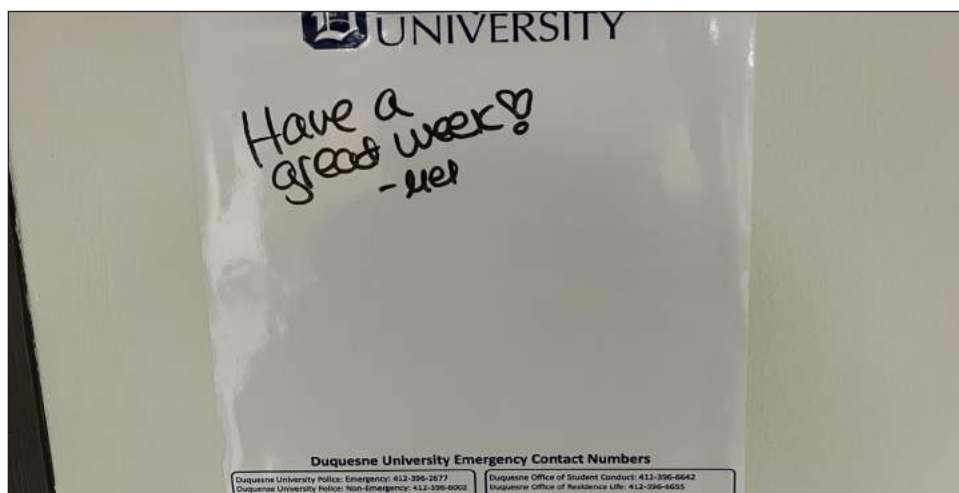
“I’ve lived in Towers since my sophomore year and I’m now a senior. The housekeepers have always been so kind

and welcoming,” senior Rebecca Fisher said. “I always try to get them a little gift during the holidays. I think students often overlook them, but they are truly some of the nicest people on campus and really care about us.”

“They always check in on me and always ask me if I need anything from them. Even the weekend housekeepers do so much for us. It doesn’t go unnoticed by me, and I think other students should thank them more often.”

The students love what the housekeepers do, even if they don’t always show it. Sieg never leaves without a smile on her face, and always has one the next day as well, no matter how much work she has to do. Whether it is working more during Homecoming weekend or just having to do a deep clean, she enjoys what she does.

“The students make everything worth it. I get to meet new people every year and get to know them,” Sieg said. “No mess can mess up how much I love what I do.”



ALICIA DYE | NEWS EDITOR

Some housekeepers, like Sieg, leave notes for the residents and resident assistants on whiteboards. On 10B, Sieg left a message that said “Have a great week!” for all to see.



ALICIA DYE | NEWS EDITOR

Resident Assistant Rebecca Fisher tries to show appreciation to her housekeeper, Donna, in many ways. She leaves notes on her whiteboard and updates it almost daily.

Front-Cover Portraits

Top Left: Jessica Bohner & Olivia Sullivan

Top Right: Carson Gabner

Middle Left: Aden Saunders & Mike Ramirez

Middle Right: Melanie Schultz

Bottom Left: Evelyn Compher & Noelle Foster

Bottom Right: Kweku Parker

(Photos by Eliyahu Gasson | Staff Writer)

Simple Ways to Appreciate Housekeepers

1. Write a note expressing how much you appreciate what they do for you, even if it is something small.
2. Make them a small homemade gift.
3. Listen to what they have to say. Listening goes a long way.
4. Compliment what they do. A simple compliment can go a long way in making one feel appreciated.
5. Thank them for everything they’ve done.

*The individuals on the front cover showcase our appreciation for the students that embody our campus.

Glass uplifts voices, helps beyond the classroom

BRENTARO YAMANE

layout/multimedia editor

Kathy Glass has been teaching at Duquesne since 2004 and has taught a handful of undergraduate and graduate courses ranging from topics including African American literature, American literature as well as different writing courses.

Little does Glass know that she has had an impact on her students that have helped make their college experience feel useful and exciting.

"Having Glass as a professor has been one of the highlights of my time at Duquesne," said student Kaitlyn Nicholson. "Her method of teaching is always clear and incites lively and timely discussions. She has a passion for her work that shines through in each of her classes."

Glass is known as someone who can be considered an expert when it comes to race, gender and spirituality. Her expertise in those areas has easily helped students have a wide perspective on what life was back in before the civil rights movement.

"In my American Literature class, we have discussed several short stories written by people of color that allow them to tell their story," said student Rory Brouillard. "I have learned new things such as plantation tradition and the discrimination of Native Americans in boarding schools in the early 1900s. She is very open in sharing these stories and describing their significance in literature."

When Glass attended UCLA and University of California San Diego, her experience made her want to become a professor as her appreciation of education and literature increased.

"In college I had professors who believed

stories (written and oral) had power—to educate, inspire, and create change," Glass said. "From them, I learned the value of reading and teaching others to appreciate literature as well. While I never had the pleasure of taking a course from the late Maya Angelou, I once attended her guest lecture at my college. Her powerfully insightful presentation on storytelling practices further inspired me to pursue a career in the field."

For some professors, one of the biggest tasks that they might have to face while teaching is making sure that their students stay attentive in class. Glass works structure her classes to make sure the students are effectively learning.

"I structure my classes by combining lecture with discussion to create an active learning environment. While lectures can provide critical information, students also learn when they ask questions, reflect on the course material, and engage in meaningful dialogue," Glass said. "So, I often open class sessions with lectures, but I also prioritize stimulating conversations about literature to promote student learning."

Glass has taught many students that want to be teachers after they graduate college, and she has helped students such as Ezekiel Daure want to be a teacher.

"I want to be a middle school/ high school English teacher," Daure said. "I had an English class with her. I think as a teacher, she directed me in a way that was eye opening. We read a lot of great books like the autobiography of Malcolm X, and by reading books like that, I think it helped me be open and understanding."

Glass continues to motivate herself to want to continue to help students learn. English students encounter different genres, cultures and literary traditions in the classroom and

develop a deeper appreciation for literature," Glass said. "I'm also motivated to help students learn because they develop skills they can use beyond Duquesne. Knowing that students are sharpening their writing, critical thinking and communication skills motivates me in the classroom."

To her students, what makes Glass stand out compared to other professors is the content that she chooses to teach, how it's delivered and how engaging it is.

"The class I had with her was a 400 level English class and she always made sure that our class discussions of the texts were based on what we wanted to cover," student Kaytlin Black said. "She would have us list off some themes from the text we read that week and allow us a space to facilitate discussions that were based on our own interests, she saw us as colleagues, not mere students."

For prospective students that are thinking about attending Duquesne to study English and education, seeing how Glass teaches could influence them.

"I enjoy many aspects of teaching," Glass said. "But one of my favorite things is discussing literature with our students, who are curious and socially engaged. I appreciate their willingness to ask questions and explore form and content, alongside broader implications of the texts we read. Having thoughtful conversations about literature can be very rewarding."

Glass has many students that major in many different topics, but she wants to see all her students be successful in what they do. She is always willing to lend a hand and give advice when it comes to succeeding in college and potentially landing a job.

"I'd advise students to play an active role in their learning process, ask ques-

tions, and get involved in organizations on campus," Glass said. "Also, seek support as needed; there are resources available for students who need help. While exploring career options, they should visit the Career Services Center, which offers career planning and internship opportunities providing valuable work experience."

Glass continues to inspire her students to become successful and that is ultimately why many of her students appreciate her and want to continue to learn more.

"One thing I'll definitely take away from my experience with Glass is her acceptance. She makes her classroom a safe space by allowing people to share their backgrounds and using correct pronouns for students. Glass uses literature to help share stories of the oppressed to lift their voices up," Brouillard said.



COURTESY OF KATHY GLASS

Kathy Glass said that she likes to focus on "stimulating conversations about literature."

Maue wants to look to the future to help students

RUSSELL MACIAS

staff writer

Don Maue is the director of the Center for Emerging and Innovative Media. He is also professor teaching classes such as Sound Design and a digital content creation practicum at Duquesne University. He has been with Duquesne since 1998, arriving as the director of the university's computer support systems.

Prior to his arrival, Maue had a long past working in the private sector, including as the lead global technologist director for Burson-Marsteller from 1994-1998, along with being a well-known producer and on-air host for WQED-FM and WYEP-FM in Pittsburgh radio. Additionally, he had worked for the George H.W. Bush campaign as what essentially became a technologist strategist in campaigns today.

According to Maue, despite his diverse background, his job has primarily always been an educator. He was constantly doing professional education in private industry, and always been a trainer/educator his whole life.

"Everything I know is useless without giving it to someone."

Maue stressed is the most important thing he does is teaching.

"At the end of the day, you are the one who gets yourself a job. A piece of paper is great and all, but most employers are going to look at it once and then toss it aside, and interview you and make you prove that you can make the company better, that you have intrinsic value, beyond what a piece of paper says."

Combining various statistics show that despite the world being in a video society, audio-only content is surging in popularity, whether with podcasts or YouTube videos with static images. Maue said the opportunity students now have with all these resources is to learn post production, learn delivery, learn how to market and gain many skills.

That is why at Duquesne, Maue has overhauled the previously existing radio and tv stations at Duquesne in the last few years. He took it upon himself to give Duquesne students' a truly unique radio station that is life 24/7/365.

"There are jobs there, you can work independently or for a company, it's a

massive resume builder, everyone should have a podcast. Everyone."

The overall process for revamping the studio was one that began with little.

"[It was] a huge studio with tons of useless things, mostly useless things even."

Maue set out and got green screens for the TV station, so the broadcast can appear to be where and everywhere. Then, his technological background kicked in. He set up fiber optic cables, enabling live 24/7 radio streaming with an easily accessible website to listen to. It took an entire summer for this to all come together.

Then, Duquesne unveiled the brand new Union Broadcast Center, in the Student Union, which is also connected via fiber optics to the College Hall Studios and is accessible for use all day.

All of this is just to prepare students and give them opportunities, Maue said.

As a professor, Maue has a unique philosophy.

"In my classrooms, there is nobody elevated, I'm not above the students. We are peers. I will never say, 'I taught you' rather, 'I worked with you.' It's the opposite of knowledge dumping, it's the transfer of knowledge," Maue said.

Maue's work at Duquesne isn't limited to just students on campus. He sees himself as a recruiter, someone who needs to get as many people on campus as he can. This semester Maue is going to meet with 38 students from Italy to show them Duquesne and pitch them on coming here to further their education. In the summertime, he will be doing the same thing with 42 Japanese students visiting Pittsburgh.

Maue has endless connections to every Pittsburgh radio station along with the Burson Company, IBM, and other tech companies. He makes it his job to be able to help students secure internships and long term jobs and set them up for their future success.

For Maue, that is what he cares about. He cares about every single student on the Bluff, and he wants them all to reach their maximum potential. He feels he has so much to give because of his life experiences, and his overall technological prowess and never ending connections in the private sector.

"The single most important thing I can possibly do in this life is to give away everything I know to somebody, and let them take it further than I ever could."



Writers & Photographers needed for the Duke

Contact our editor-in-chief

hennel@duq.edu

POLICE BRIEFS

Sunday, Oct. 9-

A washing machine was overloaded on the eighth floor of Vickroy Hall. A resident assistant reported light smoke that had filtered into the hallway by the laundry room. There was no fire department response, and maintenance placed the building on hold until the area was ventilated.

Monday, Oct. 10-

Duquesne University Public Safety received a call from Guardian Protection that was activated in St. Martin Hall. Pittsburgh Fire Engine #4 was dispatched, but it was found to be a false alarm originating from the on-call maintenance technician after a fire drill.

Tuesday, Oct. 11-

A case of theft by deception occurred at the UPMC Cooper Fieldhouse. A Duquesne student reported that another Duquesne student signed his name in order to receive a pair of free Beats, headsets that were being issued to Duquesne athletes.

Thursday, Oct. 13-

Officers responded to a fire alarm from the seventh floor of Duquesne Towers. It was determined to be caused by a burnt bag of popcorn. Pittsburgh Fire Engine #4 responded and advised to reset the alarm.

Friday, Oct. 14-

Behind the 1300 block of Fifth Avenue, 110 feet of copper grounding and welding wire were taken from the construction site near the College of Osteopathic Medicine building. This is an active case.

Saturday, Oct. 15-

A fire alarm was activated at Duquesne Towers. Two pull stations were activated. There was no sign or smell of fire or smoke. Pittsburgh Fire Engine #4 was on the scene.

Saturday, Oct. 15-

Officers on patrol conducted a welfare check on a non-affiliate sleeping in his vehicle while parked in the Forbes surface lot. The non-affiliate had a suspended driver's license, so his family was contacted in order to drive him and the vehicle home.

Sunday, Oct. 16-

A non-affiliate male was signed in as a guest in Duquesne Towers. He fell off the bed and cut his left thumb trying to grab the dresser to break his fall.

This week's police briefs will continue on Page 14

DU Remembers the Music of the Holocaust

SOPHIE PERRINO

staff writer

Students in the Mary Pappert School of Music came together with Duquesne's Diversity, Equity and Inclusion Association on Wednesday afternoon to perform a moving and inspirational concert and symposium featuring the music of Holocaust victims and speakers who are dedicated to preserving the legacy of their music. "Violins of Hope."

The Violins of Hope are a collection of string instruments that survived the Holocaust and were restored by Israeli violin makers Amnon Weinstein and his son Avshalom.

During the Holocaust, Nazis used music to humiliate and degrade Jewish people, but the Weinstein family wants the music performed on the restored violins to be reclaimed as an appreciation of heritage and a symbol of rising from oppression. The string instruments they have restored "present the victory of the human spirit over evil and hatred."

The Greater Pittsburgh Violins of Hope project, started in 2018 by Sandra Rosen, Patricia Siger and Lynn Zelenski, aims to spread compassion and awareness by "tuning out prejudice and building bridges that last".

The symposium portion of the event opened with three speakers who stressed the importance of the music that survived concentration camps.

"[The Holocaust] is not a story about 6 million different deaths," said James A. Grymes, author of 'Violins of Hope', . It's six million stories".

In Nazi concentration camps, Grymes said that prisoners used

music to preserve their culture. Grymes is a musicologist at the University of North Carolina-Charlotte who has conducted extensive research on the music of the Holocaust. He wants students to explore what we can learn from the stories behind the music instruments create.

Dr. Lauren Bairnsfather, director of the Holocaust Center of Pittsburgh's, agreed, emphasizing that the Holocaust was about much more than the murder of six million Jews.

Instead, Bairnsfather said, it showed how "a civilized society... could become so perverse that human life had no value."

Bairnsfather also noted that music is one of many significant ways people come together to appreciate our humanity.

The speakers concluded with world-renowned concert violinist Niv Ashkenazi, who regularly plays a restored violin for the Violins of Hope concert series.

Ashkenazi, who gets "a cathartic feeling" from this music, played a popular Yiddish piece on a beautiful, preserved Klezmer's violin, which is adorned on the back with a Star of David made from nacre.

The music performance that followed featured Dr. Benjamin Binder on the piano and graduate student Lucas Ferreira Braga on the violin.

The two played Serenade for Violin and Piano, composed by Robert Dauber, who wrote the piece at age 20 when he was living in the Terezin ghetto. Dauber died of typhoid at the age of 23 in the Dachau concentration camp. The piece is Dauber's only surviving work.

The melodic piece, embellished with elements of jazz and film

music, gives Dauber a second life, an example of what Binder describes as "the power of music to connect with historically distant times and places."

Braga, who is 25 now, "can imagine that [Dauber] had many dreams and goals for his life" before his untimely death.

Braga began playing the violin at the age of 10 for a Christian church in Brazil, where he was born. He studied at Duquesne during his undergraduate years and graduated in May with a master's degree in Music. He is currently studying to receive his artist diploma in music performance.

In addition to the support of his friends and family, Braga credits his love of music with giving him the opportunity to travel and participate in different projects.

"Violins of Hope will be something that I'll remember with gratitude and respect," Braga said.

The event was first proposed by Rachel Stegeman, Duquesne's adjunct professor of violin. The concert was organized largely by Diversity, Equity, Inclusion and Accessibility (DEIA) committee head Benjamin Binder, fellow member Nicole Vilkner, assistant music professor, and Sandra Rosen. Binder is also the Pappert School's associate professor of music and chair of the musician-ship department. This will be his second year as head of Pappert's DEIA committee.

Binder, who has worked with numerous local and national organizations to share music and art with the community, finds promoting awareness and appreciation an essential part of this project.

"It's like we're literally walking in the footsteps of people from the past," Binder said, adding

that the survival of these violins was the "ultimate rebuke of Hitler's regime."

During his studies at Princeton, Yale, and Washington University, Binder earned a Ph.D. in musicology and a master's degree in piano performance. At Duquesne, he encourages his students to form a personal connection with the music they perform.

While serious and sorrowful tones underlie the music of Dauber and other composers from the Holocaust, Binder and Braga agree that playing music from the Holocaust can also be a celebration of life.

To Braga, Dauber's composition "is not deep or sad, and for me [it] does sound like hope". Braga said his goal is to communicate those feelings to his audience.

The serenade, Binder says, "is very much a celebration of life". Binder would like the audience to be able to see into a window of a young Dauber's life and "what could have been".

Binder wants audiences to recognize "the role that music played, for better or worse" during the Holocaust and hopes that concertgoers will be inspired to contribute to similar causes in the future.

Sandra Rosen, chair of the Greater Pittsburgh Violins of Hope, ended the event with talking about compassion.

"By looking out for our fellow man," Rosen said "We are also looking out for ourselves".

The Violins of Hope project will return to Pittsburgh in October 2023 in the form of exhibits in places such as Duquesne University and Posner Center. The display will feature restored string instruments and run for approximately two months.

New student survey system for DU Students

ALICIA DYE

news editor

Duquesne University has adopted a new student survey system, replacing the old Student Evaluation Survey (SES) for Student Perception of Teaching (SPOT), which was formally launched this fall.

SPOT is an online survey that students fill out at the end of the semester, which examines teaching according to four domains: instructional design, instructional delivery, attitudes toward student learning and faculty availability. The survey is used in face-to-face, hybrid and online courses, but not clinical courses which use a different evaluation of teaching.

The overhaul of SES started in 2021, when the office of Academic Affairs announced it in an email to students.

"In keeping with the 2018-23 Strategic Plan, the Office of the Provost has initiated a total overhaul of the current Student

Evaluation Survey (SES) to support teaching excellence at the university," the email said. "The revised SES is intended to provide an improved student experience for learners and survey users, and to return useful data to guide instructors, deans and administrators in faculty development and improving course delivery. This includes improving the design, interface, functionality and policies/procedures concerning the SES."

Students who previously used SES are excited about the change. "SES was really long, and I hated filling it out," said Junior Alexandra Chomenko. "I'm hoping the new system is shorter and easier to fill out than it was before."

The SPOT system has nine scaled questions, with the scale ranging from strongly disagree to strongly agree, with a not applicable option available as well. The SPOT survey also has two open-ended response questions, which

focus on the instructor's teachings and if the teaching helped the student or not. All responses stay anonymous, something that carries over from SES.

The old SES system had 25 scaled questions according to the university's website, along with open-ended questions that were at the end of the SES survey.

The new SPOT system will allow instructors to access the report on Canvas and they will be able to see the response rate on Canvas as well. SPOT will also allow different schools, departments, and/or faculty members to add questions to the SPOT survey.

Similarly to SES, SPOT will be administered online and will be filled out by students before finals start. Instructors will be able to see their report after final exams. Students will also be sent reminders about the SPOT survey when the window is open.

SPOT will officially open at the end of the semester, and students will be able to use it then.



ALICIA DYE | NEWS EDITOR
SPOT surveys are located on Canvas alongside other class materials.

visit our website at duqsm.com

MSOC falls to Pitt in clash of crosstown rivals

SPENCER THOMAS
sports editor

A pair of second-half goals weren't enough, as Duquesne men's soccer team's comeback bid fell short in a 5-2 loss at Pittsburgh on Monday night.

The Dukes entered the match ranked 25th in the nation, while the Panthers were the first team outside of the top 25 in United Soccer Coaches Poll. Still, the City Game was always going to be diffi-

play our style. We didn't stick to our principles," said Duquesne Head Coach Chase Brooks. "We struggled to get anything going."

Prior to Monday night, the Dukes had not given up more than one goal in a game all season, and just seven total goals in 14 games. The Panthers were heavily reliant on their patience, as they moved the ball around until a golden opportunity struck. When it did for the third time, Duquesne goalkeeper Do-

Pitt's third goal, getting the Dukes on the board.

"I think scoring the goal is a confidence builder," Brooks said. "It shows that we can actually do this."

The Dukes ran with the momentum after Ekeland's goal, and controlled the majority of possession for the next 15 minutes. They hit payday again in the 61st minute, when a Nate Dragisich free kick careened off the head of a Panther defender and into the back of the net.

A sizable crowd of traveling Duquesne fans were suddenly brought back into the game, and the Dukes maintained momentum in their play for several minutes.

But they couldn't strike gold.

In the second half, Duquesne took major exception with the game's officiating. Still trailing by one in the 79th minute, Duquesne lost possession, and Pitt went on a fast break. The offside flag went up from the side official, but he was overruled by the referee, and Pitt quickly scored.

An irate Duquesne squad sprinted to the referee to voice their complaints, but to no avail. Pitt had regained the momentum, and their two-goal lead held firm without much return pressure from the Dukes.

Brooks did not waste words when asked about the incident after the game.

"The play was offside, and the ref said no," Brooks said.

Pitt would salt the game away with a goal in the final minute, and finish with a 5-2 victory.

"The guys after the game, it hurts and they don't want to feel this way," Brooks said. "It's a tough game to lose like that, there's a lot of emotions for a lot of these guys, being from the Pittsburgh area."

Despite the defeat, the loss reflects Duquesne's improvement in the past year. In 2021, Duquesne lost this fixture 7-0 in a game that was hardly competitive. This year, they kept the Panthers within one until the game's final 10 minutes.

"This isn't anything but ultimately a blip on the path," Brooks said. "And everything is a learning moment."

The loss snaps a five-game unbeaten streak for Duquesne that was bolstered with a 2-1 win over Davidson at home on Saturday night.

The loss drops Duquesne out of the national rankings, but Pitt was unable to assume their spot, as both teams find themselves in the "also receiving votes" category.

The Dukes will get after it again on Saturday when they welcome Fordham to Rooney Field. The Rams are merchants of the draw this year, having tied eight of their 13 matches this season, including four of six in Atlantic 10 Conference action.



PETER BOETTGER | STAFF PHOTOGRAPHER

Duquesne's Cameron Territo (No. 32) vies with a Pittsburgh player for possession of the ball during Monday night's contest. The Panthers defeated the Dukes 5-2 in the late-season rivalry game.

cult for Duquesne, who entered with an all-time record of 0-9-2 against its crosstown foe.

After a relatively even first 20 minutes, Pitt was able to strike, when Luis Sahmkow lifted a one-timer into the roof of the goal from close range. The Panthers added another goal just before the half and extended their lead in the game's 56th minute.

"I think the first half, we really didn't

menic Nascimben was visibly incensed with his back line.

"We gave them two goals that we haven't conceded all season long off of errors," Brooks said. "So, then you're chasing the game, and when you're chasing a game, you're going to leave yourself more exposed."

From that point, Duquesne wasted little time to turn the game around. Freshman Ask Ekeland scored 12 seconds after



PETER BOETTGER | STAFF PHOTOGRAPHER
Christoffer Vie Angell played all 90 minutes in Monday night's City Game against Pittsburgh.

Atlantic 10 Conference Men's Soccer Standings (as of Oct. 20)

Rank	Team	Conf.	Overall	Cpts.	Next
1.	Duquesne	4-0-2	10-2-3	14	10/22 vs. Fordham
2.	Saint Louis	4-1-1	8-4-1	13	10/22 at Dayton
3.	Dayton	3-0-3	9-0-4	12	10/22 vs. Saint Louis
4.	Rhode Island	2-1-3	6-1-6	9	10/22 at Loyola of Chicago
5.	UMass	1-0-5	6-1-7	8	10/22 at Davidson
6.	Loyola of Chicago	2-2-2	6-2-5	8	10/22 vs. Rhode Island
7.	La Salle	2-2-2	3-7-4	8	10/22 at G. Washington
8.	Fordham	1-1-4	3-2-8	7	10/22 at Duquesne
9.	Saint Joseph's	1-1-4	2-5-8	7	10/22 vs. St. Bonaventure
10.	VCU	1-1-4	1-7-6	7	10/22 vs. George Mason
11.	G. Washington	2-4-0	6-7-2	6	10/22 vs. La Salle
12.	Davidson	1-4-1	4-8-3	4	10/22 vs. UMass
13.	George Mason	1-4-1	2-9-2	4	10/22 at VCU
14.	St. Bonaventure	0-4-2	3-8-3	2	10/22 at Saint Joseph's

Sheets instills success in swim/dive program

ZACH PETROFF
opinions editor

There is nothing remarkable about the training facility for the Duquesne swimming and diving team. The Towers Pool is a standard training pool that features six lanes of 25 yards in length, as well as a touchpad scoring system and locker rooms. There are a few rows of bleachers, athletic training equipment and an office in the corner.

Inside the facility there is a stanchion near a whiteboard. At first glance, it looks like an ordinary pillar with scuff marks and typical marking of such a mundane architectural necessity.

Even after the beams were painted, the blemishes on the steel beams remain. Their survival serves as a reminder to what the women's swimming and diving program was 23 years ago.

"This kind of grounds me a little bit with the program," Head Coach David Sheets said. "The former coach that was here before me would just come in, he would tape the workout to one of these girders, these steel beams and then he would leave."

Sheets — who's heading into his 22nd season as head coach — inherited a team that was consistently at the bottom of the Atlantic 10 Conference. Since taking over, Sheets has helped the program rise to prominence, winning back-to-back conference championships in 2018 and 2019. During the 2022 season, Duquesne finished second, earning its eighth-straight top-three finish at the conference title meet.

A major part of the team's formula for success is consistency. The team knows he is not going anywhere, which Sheets said creates stability.

"Coach Dave's style has evolved since I first

met him as a freshman," former student-athlete Hanna Everhart said. "He is adapting to the changing landscape of college athletics, motivating to adopt a democratic and bureaucratic style. This has allowed for equal involvement and input from each of his swimmers and divers, while adhering to a strict training regime for end-of-season goals."

In order to be successful for a long period of time, one needs to have that competitive edge. Sheets has that will to win, and it is apparent. Not one to take the easy way out, his path to becoming one of the most-successful coaches in Duquesne history reflects that.

Sheets was a 20-time NCAA Division II All-American at Clarion University, being part of a team that finished second at the NCAA D-II Nationals in 1992. In 2017, Sheets was inducted to Clarion University's Sports Hall of Fame.

He knew he always wanted to be a coach, but also knew that getting into college coaching could be difficult. He wound up going to Clarion for a fifth year, where he earned his teaching degree.

After a year of coaching at the high school level in San Antonio, Sheets came back to Pennsylvania to get his master's degree in exercise science at Slippery Rock University. During this time, he also taught in the Butler Area School District.

With the dream of coaching at the collegiate level still present, Sheets would continue to pursue his goal. During his fourth year of teaching, that tenacity would pay off when he took a coaching job at Cornell University.

It was a job that came with risk.

"It was, at the time, called a restricted earnings position, so it was only \$20,000 a year with no benefits," Sheets said, "but I knew that's the kind

of route that I wanted to go."

The former All-American would leave his teaching job and eventual wife back in Pennsylvania to live in the basement of a house, all in pursuit of his dream.

When the position to coach at Duquesne opened up, Sheets did not hesitate to return. Twenty-two years later, he finds ways to take the program to the next level.

"I always still feel that there's more that we can do at Duquesne swimming and diving," Sheets said. "Two years ago, we ended up getting [Emma Brinton] qualified for Olympic Trials. That was always one of my goals."

"... For me, it was just that there was always that next step in the progression of this program, and I never wanted to get the program to a point and then step away and leave it to somebody else, because I always felt that we could continue to get better."

Sheets' competitive nature is apparent in all phases of coaching.

"I'm very competitive. If there's going to be a challenge, then I want to win it," Sheets said. "Same thing with [Duquesne's Day of Giving]. If there's a chance there, and we've got other athletic teams involved in it, well, I want to win."

During the 2022 Day of Giving, the swimming and diving team led all Duquesne athletics programs by raising \$29,723.51.

Another indication of Sheets' competitive spirit came when an opportunity at Grove City College became available. Someone that Sheets knew encouraged him to apply for the job. This came off as a challenge to him.

"He said, 'You should apply for Grove City because Duquesne will never go anywhere,' and

that kind of added fuel to my fire," Sheets said. "I was slightly insulted, and that was one of the things that drove me, you know, a little chip on your shoulder. So, I just think being able to prove people wrong is one of the things that drives me to continue to make our program successful."

At the end of the day, Sheets' main goal is to improve and educate young athletes.

"Thinking about where we were to where we are is probably one of my proudest moments," Sheets said. "As a coach-mentor, watching our kids that leave our program go out and become successful contributors in society, watching them get married and watching them grow up, watching their kids grow up on Facebook, getting invited to go play golf with alums, just being involved in their lives from afar is one of my prouder moments."

"I look at this, even though it may be only four years or five years for some of our swimmers and divers, hopefully it becomes a lifetime."



ZACH PETROFF | OPINIONS EDITOR

David Sheets is entering his 22nd season as head coach of the swimming and diving team.

Holland brings life lessons into classroom

LUKE HENNE
editor-in-chief

Daniel Holland, an adjunct professor at Duquesne, hopes that his students walk away from his courses with a deeper understanding of meaningful, contemporary issues.

Whether that's in History of Sport, Early American History or Food, Social Justice and Sustainability, Holland hopes they'll be able to make connections with the real world.

"It's not so much about me, quite frankly," Holland said. "What I'm hoping is that something I said in the process that we've put together for the class is something that leaves them with a little bit more of an informed thought process, so that they have an idea of 'Hey, I'm going to go out and look for the truth' and 'I'm going to ask good questions.'"

While Holland focuses in many different areas of history, sport has always been a focal point of his life. He ran track during his time at Carnegie Mellon University. Both then and now, Holland remains an avid runner. He uses the lessons he's learned in his sport participation to shape how he thinks in a larger context.

"I'm an athlete myself. I've been an athlete all my life, and I've also asked myself many of the same questions that we ask in class," Holland said. "When I stand on the starting line of a 10K race, I have this awareness of race, of class, even of gender and so on. I have this filter, even as I'm participating in sport sometimes."

He also said that sport is something that, naturally, many people can connect with.

"From an academic perspective, sport, more than anything, is one of those things where everyone has an opinion about it, and everyone

interacts with it in a different way," Holland said. "It's pretty ubiquitous throughout our society. It's just everywhere. I think it's a great way to understand society because it both shapes society, and it reflects society."

By understanding that almost everyone has some relationship to sport — whether they're an athlete, an employee or just a fan — Holland hopes to engage his students through active discussions that allow them to share their experiences and make connections between those experiences and the bigger-picture issues.

"As far as I'm concerned, just talking at students without an interactive component is one way of teaching, but it may not be the most-effective way," Holland said. "I think most people learn best when they can interact with the material."

"The [in-class] discussions give people an opportunity to really think through what they've learned over the past week ... It's what we call the Socratic method, from Socrates, where you have this give-and-take, where you have an opportunity to really inquire and dig a little deeper into a subject that particular week, other than what you read, or what you watch, or what someone tells you in the front of class."

Holland's History of Sport class will be offered in the upcoming spring semester. But it goes beyond the societal issues that sport can provoke. This fall, Holland he's teaching the aforementioned Early American History and Food, Social Justice and Sustainability courses.

He hopes students will apply what they learn in the class to the real-world conversations that come up regularly.

"I want [the students] to make the connection with the contemporary world, especially the Early American History [course]," Holland

said. "Here we are, just a couple weeks away from the midterm elections, and people should be asking questions: What does the Constitution guarantee? How did we get to this point in our society? Are there other precedents for what we're experiencing today? These issues of race, class and gender. Are they new? Or has this been something that has been discussed in previous generations?"

In the latter of the aforementioned courses, Holland explores pertinent issues that may seem simple, but that have a lot of societal impact when considered more carefully.

"I'm encouraging people to ask good questions about what is on their plate for dinner, lunch or breakfast, and what kind of information are they using to make informed decisions when they go shopping, or when they order at a restaurant," Holland said. "All these things are really designed to raise awareness, more than anything."

These key questions stem from Holland's experience in the external world. He feels that working to make connections with communities of color and communities in low-income areas is the best way to bridge the gap and help create a more-cohesive society.

One of Holland's major projects that emphasized his commitment to improving that relationship was his founding of the Young Preservationists Association of Pittsburgh during his time in graduate school at Carnegie Mellon in the early 2000s, a time in which there "really wasn't a good youth culture in the city."

"It seemed like there weren't a lot of youth-focused organizations, and there was a lot of concern about the loss of young people," Holland said. "It seemed to me that every problem was an opportunity, and what I wanted to do was

create an opportunity for young people, especially to engage with the communities around them, with the history in their communities."

"It was really designed to encourage young people to get more engaged and involved in their communities, especially with the history of their communities, to learn the history of their community and then find ways to save it and preserve it."

In the academic world, Holland has worked closely with Rob Ruck, a history professor at the University of Pittsburgh. Ruck praised Holland's ability as an educator and as a citizen, describing him as a "very incredible human being."

"What Dan has done is, to me, embody the best about an academic, which is that he built social capital," Ruck said. "He has been intimately involved in Pittsburgh neighborhoods, and understanding and writing and studying those neighborhoods, but also trying to make sure that those neighborhoods have access to the resources they need to develop."



LUKE HENNE | EDITOR-IN-CHIEF

Daniel Holland instructs on Upton Sinclair in his Food, Social Justice and Sustainability course.

Rooftop Cinema showcases Halloween films

CAMPUS
EVENTS

MEGAN TROTTER
staff writer

Beginning a night of classic, spooky horror, Harris Grill on Fourth Avenue conceals a hidden movie theatre on the roof: now featuring Halloween-themed thrillers.

On Friday, The Pittsburgh Hidden Rooftop Cinema featured the 1991 comedy film “The Adams Family.” The Halloween showings are part of a four-week pop-up, which started on Oct. 7.

Viewers lined up for the showing around 6:30 p.m., holding an assortment of blankets, food and beverages to combat the cold. The doors opened promptly at 7 p.m., and everyone made their way up to the roof.

The building was dim with the only light source coming from candles lining the two sets of stairs. The “Ghostbusters” theme song played loudly throughout the space, generating excitement from the prospective audience.

Cinema owner Kara Godfrey, 34, said that she started showings to create a space to offer people escapism since the pandemic.

“It’s never new movies. It’s meant to be like a nostalgic experience where you can come with family. We showed a lot of things like ‘Legally Blonde’ and ‘Happy Gilmore’ and then movies like ‘Speed.’ I think we showed ‘Top Gun’... just more ones [where] I’d feel like ‘oh my god I want to see that. I haven’t seen that in ages,’” Godfrey said.

On the roof there is a mix of standard blue lawn chairs and stripped hammock seats to accommodate two people. The total seating allows for 38 viewers. Keeping to the Halloween theme, decorations of pumpkins, ghosts, fake cobwebs and large neon letters spelled out “More than the Movies” along the side of the building.

In the hammock chairs, couples cuddled together and family members all gathered together chatting.



MEGAN TROTTER | STAFF WRITER

Movie lovers and horror fans all gather on Fourth Ave. for a cozy night of classics under the stars.

A loud evil laugh echoed throughout the makeshift cinema, signaling the beginning of the movie. Giggles could be heard throughout the entire film and, despite the cold weather, no one left early.

Godfrey grew up in London and started the pop-up business after moving to the U.S. She began her venture in Las Vegas with a pop-up mini golf event. Since then she has been traveling around opening similar events for the public. In each location, Godfrey builds a team of employees depending on the magnitude of the pop-up.

Working with only one other employee, Godfrey said that in putting together the cinema, she faced many challenges and setbacks.

“I spent four months looking for a rooftop, right? I tried to do a parking lot because that’s what we did in Vegas, and then we transformed the parking lot, but the city wouldn’t. It’s all city

owned parking lots and they make too much money from the sports game. So, it was just by chance that I found this because it was looking at putting a permanent concept on the three-level building,” Godfrey said.

Despite these issues she said, “I love it. And I like how happy it makes people.”

Ticket prices vary depending on the seating viewers choose, as well as any additional fees to bring in alcohol and snacks. Godfrey said that if there is the slightest chance of rain, they will immediately reschedule the movie.

Gavin Fredricks, a student at Canisius College, visited Duquesne for the weekend. While here, he decided to check out the roof-top cinema.

“The movie was a lot of fun and a nice way to start the weekend. It was a relaxing experience and fun to be in the atmosphere and [I] would definitely do it again

with my friends,” Fredricks said.

Future showings include:

“Scream” (1996) Oct. 21 at 7 p.m.

“The Exorcist” Oct. 21 at 9:15 p.m.

“The Nightmare Before Christmas” Oct. 28 at 7 p.m.

“I Know What You Did Last Summer” Oct. 28 at 8:45 p.m.

“Hocus Pocus” (1993) Oct. 29 at 7 p.m.

“Psycho” Oct. 29 at 9:15 p.m.

“Chucky: Child’s Play” (2019) Oct. 29 at 11:15 p.m.

“Rocky Horror Picture Show” Oct. 30 at 7 p.m.

To buy tickets visit <https://www.hidden-cinema.com/home-pittsburgh>.

Halloween Mocktails
Oct. 20 @ 8 p.m.

Go to St. Ann’s Residence Hall for free Halloween-themed mocktails! Supplies limited.

Black Friday Expo
Oct. 21 @ 11 a.m.

Join the Black Student Union in their annual Black Business Expo, celebrating local Black businesses in Pittsburgh!

Food Truck Fridays
Oct. 14 @ 11 a.m.

You know the drill! Head to A-Walk for an array of food truck festivities. Meal plan not accepted.

DPC DUNITE: Trick-or-treat
Scavenger Hunt
Oct. 21 @ 9 p.m.

Spooky surprises! Starting in Union 119, students will follow the scavenger hunt, gathering candy at each spot along campus. Whoever makes it to the end first wins a prize!

CAPRI'S
KIND WORDS

Be someone like you!

Thinking of how far you’ve come, your past self couldn’t have dreamed of these moments -- and yet here you are, doing it without even blinking!

You have to think: if you are someone wishing to be further along like someone else, don’t you think there’s someone wanting to be in your shoes, right here, right now?

Your efforts don’t go a second unnoticed! The work you put in, the joys you bring, the way your eyes light up when you talk about something you care about -- it inspires those around you, perfect strangers that sit across from you that never have the courage to tell you those small things that could make such a difference, and yet you think the same of others, yet keep quiet too.

You are cherished, loved, and adored. There are so many that are so proud of you, and so am I.

Continue to give out compliments, helping hands and words of gratitude. Who knows, it could come right back to you, just in time.

– Capri Scarcelli

Aquarius

Imagine eating a cold, soggy pancake right now.

Pisces

They’re stocking for Armageddon! Please stop them!

Aries

Hot girl walk? More like hot girl three-hour traverse!

Taurus

Everything is a statement piece! My lime green shirt, my sparkle earrings, my mental state...

Gemini

Why is the word sour impossible to pronounce in thick Pittsburghese.

Cancer

Give me that 2016 playlist kind of angst.

Leo

"Yeah I totally got it that makes so much sense!"
continues to not understand what is going on

Virgo

Give me that 2016 playlist kind of angst. I want to sing cheesy ballads in empty hallways.

Libra

If I gave you a blackout poetry assignment would you still love me

Scorpio

I would do anything to be a little penguin scurrying across the ice and falling and doing a silly little dance

Sagittarius

You are either waiting for Midnights by Taylor Swift or The Car by Arctic Monkeys. There is no in between.

Capricorn

Table for hummunah?

ARTS & ENTERTAINMENT

Joseph Sheehan expands musical journey at Duquesne

CAPRI SCARCELLI

a&e editor

For Joseph Sheehan, Duquesne alumnus and theory professor in the Mary Pappert School of Music, music is “a gift that nurtures the sense of inspiration.” Following this “artistic philosophy,” Sheehan believes that teachers and students alike must “cooperate, work together to solve problems, and give students the confident mindset to believe in solutions.”

Because of his positive experiences with former teachers, Sheehan said, “I always remember what great teachers can provide, what gifts I’ve been given and how striving to be that for someone else is so important to me,”

“I want to pass that torch so that students who love music can use music to provide value.”

What is most valuable, of course, is a teacher like Sheehan who puts his students’ passion and perspective before his own, expanding their view on performance and beyond.

Teaching musicianship, African music, songwriting and concert workshop, Sheehan provides an assortment of classes for students to meet their required skill-building courses, as well as some that offer a broader, multimodal and multi-cultural perspective. Such skills include music theory knowledge, engaging in diverse repertoire, student-led writing and production of songs while also imagining and assembling concerts from scratch.

Focusing pedagogy toward student needs and perspectives, Sheehan said that he tries to provide resources that



COURTESY OF MICHAEL WRIGHT

Professor Joseph Sheehan teaching his sons piano at Luciano Pavarotti’s house in Cremona, Italy.

are relevant to his students, “aiming to expand and inspire.”

“The musical hierarchical teaching model deprives creativity and individual agency,” he said. “The student perspective is often lost when teachers only teach what they know, so I’m trying to challenge students to take control of things themselves and to have their own ideas or artistic philosophies that they can explore and find, and build that out.”

Expanding and challenging his own perspective of musical pedagogy, Sheehan took time away from Duquesne

to travel abroad for a broader scope of music around the world.

Spending seven months in Ghana studying Sub-Saharan African music in 2008, Sheehan sought for a stronger connection to styles beyond westernized works that he could incorporate in his research and teachings.

“I really went as a naive foreigner with no sophisticated understanding of the music there, but I simply went to learn and grow as much as I could,” Sheehan said. “I went and lived with a family I had a connection with, a Ghanaian student [whose family hosted me], and studied folk music, dance, lessons from various musicians and performances where I played with some groups that were very welcoming. I was very curious, and so I think people picked up on that so I gained some respect and trust from the musicians there. These musical environments opened my mind to the ways in which music can help see the world and see how wide-ranging we are.”

Earning a grant from Duquesne to return to Ghana, and subsequently leading two Study Abroad opportunities there, Sheehan helped bolster Study Abroad in the music school – where at one point, the strict curriculum could not make traveling possible.

“A lot of music students don’t have the ability to move around credits for some of the degrees, so study abroad is really not possible for them,” Sheehan said. “We wanted to offer [students] a program where they could gain that perspective of experiencing another culture, growing from that and having connections, hearing music from wherever they go.”

Thus came Musica Roma in 2018 and 2022: a Maymester where students explore the roots of Italian culture through classical, contemporary and folk music through various concertos, pop concerts, museums, operas, meet-and-greets and more.

Designing the curriculum for his Maymester course, The Artistic Imagination of Italian Music, students would design a research project that would dive into Italy’s impact on musical professional development. Executing their research, students interviewed professionals in the field, researching classical form and seeing how Italy’s historical foundation contributes to what we know music as today.

Accompanied on the 2022 Maymester trip were his wife, Shang, and his two sons, Kai (age seven) and Leo (age four). Joining the musical exploration abroad, Kai and Leo began to learn piano, just as Sheehan did years ago by his own mother — who was a pianist and choral director herself.

Exposed to music and academia at a very young age, Sheehan found a love for performance, especially in jazz. Though he always thought he’d only minor in music, he now performs about 50 times a year, dabbling in “the jazz community, hip-hop, pop, RnB/Soul, world music and more. Sheehan is a professional composer and pianist, writing music for different ensembles and singing when time allows. However, he said that he can play many instruments “at the basic level.”

Starting his own band in 2012, global folk and jazz group “Kinetic” can be streamed on Spotify, Apple Music and

more, with an upcoming show Nov. 19. Sheehan’s group put out two albums, including a record in 2021 that brought about a small regional tour.

Always speaking of others before himself, Sheehan said he is constantly “astonished and impressed” by his colleagues and students alike. Yet, many musicians affiliated with the School of Music attribute their on-going success and passion for performance to Sheehan’s classes.

Associate Dean Rachel Whitcomb said: “[Dr.] Sheehan epitomizes the ‘do as I do’ idea of teaching and leadership. He shares his musicianship with his students. He seeks to learn from others on campus and across the world. He immerses himself in musical cultures and experiences abroad with his students, and his work with international musicians informs his life as a composer. Attending his performances is an interactive experience, and his audiences are transformed into music-making communities. We are so lucky to learn from and work with Dr. Sheehan.”

Junior music major Nicole Buckland shared similar gratitude for Sheehan, thanking him for the positive experiences she had in his class.

“[Dr.] Sheehan, although I only had him for one semester, made a lasting impression on me of the capabilities of the faculty here at Duquesne,” Buckland said. “He always came in extremely positive and ready to explore something new, and we as students always left incredibly enthusiastic about what we had learned in class. You can tell he wanted us to succeed.”

Student programming leaders give back to Duquesne

EMILY FRITZ

staff writer

Whether this is your first or last semester, or somewhere in between, it’s impossible to say that you haven’t, at some point, attended an event sponsored by Duquesne Program Council (DPC).

Who can we thank for inviting us to celebrate our Duquesne spirit and community? That would be Dr. Adam Wasilko, Assistant Vice President for Student Life and Dean of Students, and Ashley Kane, Assistant Director of Programming and Freshman Development.

As the unknown and unsung heroes of student programming, Wasilko and Kane work closely together to ensure that every Duke has a positive experience while pursuing higher education.

Wasilko tackles several responsibilities, orientation, disability services, Greek life, student programming and student organizations, commuter affairs, student union operations, student life assessment, parent relations, and student government.” As many may recall, he annually delivers the “History of the Spiritans” talk at Orientation Week.

A Duquesne alumnus himself, Wasilko originally received his de-

gree in chemistry in 2008, receiving his master’s in 2010. While partnering with the Office of Residence Life during his graduate studies, he realized that “[his] true passion was student development and Duquesne itself.”

“I think our Duquesne students are so giving, selfless and caring. Having the chance to work with them during their time on the Bluff is so meaningful to me.”

For Wasilko, it is most fulfilling to facilitate student growth and assist them through their journey with the university.

Wasilko’s impact on the campus communities span over a decade of dedication in the Freshman Advisement Summer Transition (FAST) program and Orientation. “[During] my first year in office I added the late-night programming, Title IX trainings and other parents of the orientation program we have today.”

More than anything though, Wasilko is known on-campus for the interpersonal relationships that he creates with students.

“I have an extremely open-door policy and love when students stop in to vent about school or daily life or share in their successes.”

He is also well-loved and respected amongst his colleagues, accord-

ing to Kane.

“Adam is not just a supervisor, or boss in general – he is a mentor and someone I truly look up to in the professional world of higher education.”

“He keeps up with the trends of our students, makes time for conversation and is always willing to put in the work whether that means submitting a report to the senior VP of student life, or handing out candy during the first week of classes,” Kane said.

Kane, whose responsibilities focus on first-year student experiences, also lends her talents to the Center for Student Involvement, Duquesne Program Council, Homecoming and Conference and Event services, to name a few.

Like Wasilko, what sparks the most joy for Kane is the opportunity to assist in student development.

“I absolutely love seeing the freshmen that come and turn into the most amazing student leaders during their sophomore, junior or senior year. Seeing this growth happen is just so impactful to me as a professional, and I feel so lucky to watch them flourish while at Duquesne.”

Kane exudes the utmost pride in Duquesne University, confident that “everyone can find their ‘some-

thing’ to get involved with,” Kane said. “And when that happens, and it clicks, the options for student leadership are limitless.”

Although she was never a Duquesne student, Kane stresses the importance of community building and becoming involved with campus organizations. Kane is also a leading advocate for helping students exercise their autonomy when planning events.

Programming and event planning is a passion that Kane holds within her role and continues to pass on to the students that she helps. She refers to this planning, approval and communication of student organization events the “in the weeds” portion of her role.

“If they are super excited about an event that they’re planning but not so confident in execution, I want them to talk to me so they can feel empowered to put on a successful event. I really just want my students to know that I believe in them and their purpose at the university.”

During her time on campus, Kane has streamlined processes, allowing students “to excel threefold,” she said. Kane emphasized individualized interactions with students as well, saying that “conversation creates a sense of



COURTESY OF ADAM WASILKO

Adam Wasilko (left) and Ashley Kane (right) work together to help make Duquesne a home away from home.

belonging.”

“Ashley is amazing to work with,” Wasilko said. “She effortlessly understands student affairs and student programming.”

“She has a true passion for helping students program and develop their leadership skills on campus. Some people just naturally have that gift, and Ashley is one of them.”

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“You cannot do
a kindness too
soon because
you never
know how
soon it will be
too late.”

RALPH WALDO EMERSON

You just read | Now tweet
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EDITORIAL
POLICY

The Duquesne Duke is the student-written, student-managed newspaper of Duquesne University. It is published every Thursday during the academic year except during semester breaks and holidays, and prior to final exams. The Staff Editorial is based upon the opinions of the editors of *The Duke* and does not necessarily reflect the views of the students, faculty, administration, student government or the University publications board. Op-ed columns do not reflect the opinions of *The Duke*, but rather are the sole opinions of the columnists themselves.

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ZACH PETROFF | OPINIONS EDITOR

Events like this, where students worked to help local food banks, show what's best about our future.

The future generation is putting the world in better hands

Everyday there seems to be a new headline that shakes the foundation of this country. From the faltering economy, climate change and being on the brink of a second civil war, there seems to be a large ominous cloud hovering over the American landscape.

I am often asked why I have such a positive outlook on what appears to be a bleak world.

My answer is simple – the next generation.

According to the National Association for College Admissions Counseling's Journal of College Admission, Gen Z has now replaced my generation, Millennials, on college campuses. They are beginning to enter the workforce, the housing market and civil service.

The months leading to my return to college were filled with anxiety and self-doubt. Visions of ridicule from a hipper and more relevant group of people plagued my sub-consciousness. I could not stop picturing Steve Buscemi's meme, the one where he is an obvious old-man poorly portraying a young person with the underneath text of “How do you do, fellow kids?”

It was hard for me to fathom, as a combat veteran, how I could be scared of a group of young people.

Perhaps it was my experience with the older generations. There is this cyclic coming-of-age/rite-of-passage ritual when one age group becomes relevant. As if by design, it seems natural to not get along ideologically with the previous generation.

Perhaps it was the fact that I absolutely loathe Boomers. I find myself often blaming them for a lot of the current economic and cultural issues. On the surface they appear to be a selfish and self-absorbed group of people. While I don't have the same amount of hatred toward Generation X – I do find them to be a major disappointment, a natural assumption, given the fact that they were raised by what I consider to be the worst generation in American history.

Perhaps it was during my

time in the workforce where I was constantly reminded how my generation represented a soft and lazy group of people who only wanted handouts. The economy doesn't work for us because we're too busy eating avocado toast and drinking Starbucks to handle the market.

Yet, to my absolute delight, that has not been my experience with the current Gen Zers. They are kind, open-minded and conscious of the feelings of those



ZACH PETROFF
opinions editor

around them. Sure, there are perhaps a few misplaced good-intentions, but they have been truly genuine and considerate.

And while there are many things that I don't understand about their generation, their practice of linking their self-worth to social media, their musical taste and their million communication methods, I still find myself appreciating their kind and progressive nature.

I realize that my experiences are purely anecdotal and my few personal experiences cannot apply to an entire demographic. However, my affection toward this generation seems to coincide with the findings of research that is being conducted.

Roberta Katz, a senior re-

search scholar at Stanford's Center for advanced study in the behavior science explain Gen Z as “self-driver[s] who deeply care about others, strive for a diverse community, is highly collaborative and social, values flexibility, relevance and authenticity and non-hierarchical leadership ... has a pragmatic attitude about the work that has to be done to address those issues.”

The future generation is inheriting a world that has not been handled with care, and while they are not the cause of the problem, they will play a key role in the solution.

As the first generation to never not know what the internet is, they have immersed themselves in the social media landscape, utilizing technology as a new form of social activism.

In 2020, Gen Z took to TikTok to sabotage multiple Trump rallies by ordering a ton of free tickets with no real intention to show. They have found a way to use their creativity to bring awareness to their causes.

There cannot be enough said about Gen Z's eagerness to make the world a more accepting place for others. They have championed the causes of those whose voices are not prevalent. The embedded injustices and prejudice that are often accompanied with race, gender, able-bodied persons and alike are being forced to the forefront of the culture war and challenged as these young people try to create a world for everyone.

This may be due to the empirical data that suggest that this will be the last generation in which the majority will be non-Hispanic white.

According to the Pew Research Center, a bare majority (52%) are non-Hispanic white – significantly smaller than the share of millennials who were non-Hispanic white in 2002 (61%).

Things are likely to get worse. We as a nation are approaching a crossroad. Intolerance and ignorance may appear to rule the day, but like all things, this too shall pass.

STAFF
EDITORIALKindness needed now
more than ever

We need to acknowledge the honest efforts of those around us, those who strive to bring light to darker days.

There are persistent, passionate people who give graciously each and every day. They live vicariously through others in hope of lighting fires beneath them to foster hope for bigger and brighter futures for each and every one of us.

The determination these folk bring often goes under-appreciated; those simple “hellos” and “how are yous” get lost in a void of muddled small talk and ignorance. The stoic people flipping through apps on their phones without appreciation for the acts of service and hard work happening around them to make their day a little brighter than before.

We often neglect the intricacies of interaction happening around us: like the professors who need to recoup as much as we do, the faculty members who give 110% when they don't have to and the students we walk past whose life we know nothing about. There are individuals living lives completely separate from this campus, and yet we are all brought here for different reasons, but the same cause – to grow, and to help others grow in return.

It can be draining going through the day and wondering if you're on the right path, if you're doing the right thing and if any of this will matter in a few years. What can be said, however, is that the journey does not have to be taken alone. Duquesne is fortunate to have various guiding forces who build a support system for students, faculty and staff alike. The helpers find those in need, and guide them toward giving back to others who need it most. Though these helpers will give and give no matter what, it is important to recognize and celebrate this kindness you are surrounded by – passing it on to those around you, having them pay it forward, again and again and so on and so forth.

Kindness is worth every effort in trying times. When media consumes and distracts, when mental health isolates and weakens, when negativity drains the day away with complaints and worries and fears – a few kind words can make or break that box we've put ourselves in.

We don't have to put our heads down when we walk. We don't have to hold back that compliment out of fear of disrupting silence. We don't have to keep ourselves from spreading joy in a world that feeds upon our anger and sorrow. It is all up to you how you choose kindness and embrace it.

Please be kind today, be grateful for the space you take up and pass on that gratitude to someone who needs it as much as the next.

The Iranian protests are a world movement

MIA LUBRANI
staff writer

Protests against inequality, oppression and police brutality in Iran are entering their fifth week. Dissenters have endured tear gas and harsh police tactics as they stand against the tyrannical and unjust treatment of women. Iranians have stood up to the violent police forces by burning their hijabs, chopping off their hair and chanting “death to the dictator.” According to BBC news ser-

across the world, were ignited by the death of Mahsa Amini.

Amini was taken into custody in Tehran by the Gasht-e Ershad, or the morality police, on Sept. 13 for not wearing her mandatory hijab properly. She died three days later in police custody.

Despite pictures of her very bruised face going viral, the police claimed the 22-year old had a heart attack in custody. On Oct. 7, the Iranian Legal Medical Organization investigation, which describes itself as in-

Her family disputes these claims and insists that she had been healthy, they believe she was tortured in custody.

Political oppression and protests for equality are nothing new in Iran. However Ebrahim Raisi, Iranian president since August 2021, has tightened the reins. Under the current regime, women are being questioned whenever they leave the house and sometimes detained for “re-education” about why the hijab is mandatory.

The internet in Iran has been restricted in an attempt to limit awareness of the situation. Despite constant efforts by the Iranian government to play down the demonstrations, citizens are opting for other methods of resistance. Workers are striking from their jobs to take to the streets while students are skipping classes to participate in the demonstrations. Protestors are uploading videos showing the scope of police brutality.

Many of the younger citizens have been seen protesting and speaking out against the regime.

On Oct. 8, Iran’s state television feed was hijacked for 15 seconds to show a call to protest, displaying pictures of Amini and three other young girls killed in the demonstrations. A caption appeared with the slogan “Join us and stand up!” along with a song in the background with the signature chant, “Woman. Life. Freedom.”

The fight for women’s rights in Iran is a fight for women across the world. The use of fear and tyranny to inhibit the growth of women needs to be quashed at every opportunity. This is more than just a disagreement with an ideology. The Iranian government has declared war on its people.

They are using bullets, tear gas and other harsh tactics on the demonstrators. Ac-

cording to Al Jazeera, Iranian authorities denounced the demonstrations as ‘riots’ incited by foreign powers, pointing to the United States and European democratic nations as the true culprit. Their use of propaganda to justify their violent behavior toward their own people proves the depths to which the Iranian government is willing to go to suppress women.

The world-wide demonstrations in solidarity with the Iran protests need to continue. Now, more than ever the Iranian women need to see support for equality. Their cry for help should not be muffled by the actions of misogyny and oppression.

You cannot wait for change to occur. The time to stand and resist is now. Currently, women in Iran are not abiding by the rules. While this may cost lives, Iranians are ready for change and are taking it upon themselves to get their long deserved equality.

Amini’s death has only brought to the surface the years of oppression and inequality all women feel in Iran. These protests are not meant to cause more problems but are meant to cause change in Iran right now. Iranian women are scared, they are tired and ready to cause this change. The rest of the world is standing with these women and standing with the movement for equality.

From governments to celebrities to sports teams, the world needs to continue to stand in solidarity with the movement. Humanity must show that we need to stand together against all forms of oppression.



COURTESY OF WIKIMEDIA COMMONS

After Mahsa Amini was arrested for not wearing her hijab properly, she died in police custody. The suspicious circumstances revolving around her death have sparked protest throughout the world.

vices, a recent crackdown on protests killed at least 201 people.

These protests, which now span

dependent but is part of the country’s judiciary, determined her cause of death was a longstanding illness.

Alex Jones followers distanced from reality

ELIYAHU GASSON
staff writer

On Dec. 14, 2012, the United States was shaken by a mass shooting at the Sandy Hook Elementary School in Connecticut. Six of the victims were faculty and 20 were children.

None of the kids was over the age of seven. In an interview with Oprah Winfrey, former president Barack Obama called it “the saddest day” of his presidency. Families were left grieving over the senseless loss of their loved ones, but one man would make their pain far worse.

Alex Jones is known for his hyperbolic coverage of outlandish right-wing conspiracy theories and peddling dubious health supplements across the country. He has cultivated the persona of a passionate man who claims to love America, speaks out against the elites and hates socialism. Jones wasted no time in declaring that the shooting was staged—a ploy to justify confiscating the citizenry’s guns so that the government may have an easier time establishing a new world order.

To Jones’ audience, there is no refuting his message. They choose to believe him, no matter how well the backed-up counter-arguments are presented. This willingness to believe such outlandish claims is indicative of how certain

Americans have been duped. Many are fearful about their futures in this country and the stories that Jones tells provide the most comforting explanation for the dire state of the nation. To them it is not a system designed against the working-class, but rather the nation’s inefficiencies are caused by a secret cabal of exceptionally evil individuals.

As a nation, we are obsessed with the concept of the American dream – the idea that the freedom of the United States allows a unique ability to provide prosperity, success and upward mobility. However, achieving this ideal is out of reach for many people. According to the Kaiser Family Foundation, the richest 0.1% of Americans have the same combined net worth as the bottom 85%, and this disparity continues to grow.

While working-class citizens witness their opportunities to achieve the American dream dwindle away, they are bombarded with images of celebrities and politicians attaining luxuries in excess. There is a sense of visceral offensiveness that comes with seeing a public servant being afforded certain extravagant amenities, while their constituents can barely afford groceries.

Jones’ motives are clear. Prophesying armageddon at the hands of the global elite drives sales of whatever he’s selling online. But, more importantly,

acknowledging the true cause of the tragedy also means acknowledging that the American socioeconomic system is fundamentally flawed. Jones and his followers would rather believe that the U.S. is controlled by secretive puppet masters, than believe that the American capitalist system might be inadequate.

When their most trusted source of information, Jones, is telling them that this shooting in Sandy Hook is a false flag attack and that the parents, teachers and the children were all actors. The reaction many followers had was to go after the families of the victims who had died in the attack.

Jones’s followers continuously harassed the families online and in person. Memorials were vandalized, tombstones were defaced and some individuals threatened to dig up the graves of the slain children.

On Oct. 12, a jury in Connecticut ruled that Jones was responsible for damages to the families and an FBI agent who had responded to the attack. He was ordered to pay them a collective \$965 million. This is undoubtedly a victory for the plaintiffs, who can now gain at least a little bit of closure from their decade-long ordeal, but this is not a permanent solution to the problem that is Jones. He and his followers are merely symptoms of a greater disease

which plagues the United States.

Decades of capitalist policy have ensured that the American dream is unattainable for the working-class. In the absence of upward mobility hopelessness has taken hold of the American people, but their love for the concept of America is so ingrained into their psyche that they are willing to believe in grifters like Jones, who offer comforting answers which do not challenge their patriotic ideals.

Until we learn to appreciate the truth—that capitalism created Jones and his consequences, we guarantee that dangerous conspiracy theorists will continue to be a blight on our nation.



COURTESY OF WIKIMEDIA COMMONS

Alex Jones was ordered to pay \$965 million to people who suffered from his false statements.

BSU celebrates Black Culture Awareness Week

ISABELLA ABBOTT
features editor

The Black Student Union and the Duquesne Program Council held a handful of events this week to celebrate Black Culture Awareness Week.

The festivities got underway Sunday with a food-filled event known as "Southern Sunday."

Students and staff alike joined together in the Union's Africa Room to enjoy a Southern-style dinner paired with a "Clean Family Cookout" playlist on Spotify.

As guests walked in, they were hit by an aroma of delicious food, paired with the sound of OutKast's "Ms. Jackson" playing in the background.

Once in, people were able to grab a plate and utensils to serve themselves an array of traditional Southern foods like creamy and crumbly mac-and-cheese, cornbread, fried chicken and waffles, sweet potatoes and sweetened iced tea.

Although it started with a small crowd of about a dozen people, many members of BSU and a handful of players from the women's basketball team helped that count grow to nearly 25 attendees.

Eric Swain Jr., BSU's vice president of community engagement, was pleased with the event's turnout.

"It's a Sunday, so I understand sometimes it's kind of busy," Swain said. "But, we have a decent crowd in here, I'm happy about the amount of people that came."

Swain and other members of the organization hope to continue to spread Black culture awareness throughout the

week. They agreed that this event was a great way to begin their celebrations.

Antonia Allen, BSU's executive vice president, said she's eager to have the important conversations, while also continuing to spread the group's mission.

"I'm excited to have the comfortable space to kick back and just talk about uncomfortable things," Allen said. "And then to also celebrate and just bring awareness to Black culture."

Known for its goal of supporting Black students and striving for a more-inclu-

hoo and enough time to relax and eat with friends, students could feel represented and heard by others.

Lindsey Harris, BSU's president, knew this was a focal point of what they want to do.

"Having Black Culture Awareness Week and the celebration of Black love, Black joy and Black art, just everything within our culture is important," Harris said.

Black history is celebrated in February, but students like Allen agree that there aren't enough events during that month to support the Black community.



ISABELLA ABBOTT | FEATURES EDITOR

Attendees of "Southern Sunday" in the Union's Africa Room (from left to right): Madison Pollard, Maddie Snyder, Lei'asha Battle, Lindsey Harris, Dina Gumaa, Nialah Miller and Eric Swain Jr.

sive campus community, BSU made this event open to all who wanted to indulge in food and throwback music. By having a Black culture awareness-themed Ka-

That's another reason why so many fun events were planned for this week.

"It's important to sit down and take time outside of Black History Month to

have different events that surround us," Allen said. "I feel like we don't get to do that all the time because we have Black History Month, but what else?"

Events for the rest of the week included Black Mentality Monday, which consisted of a deep dive into the psyche and factors that affect mental health within the Black community. The event was hosted by BSU, along with Ebony Women for Social Change and the Center for Excellence in Diversity and Student Inclusion.

At Southern Sunday, Allen said that Monday's event was the one she was looking forward to the most, particularly because of the discussion centered around mental health.

"It's certain stuff like that in society that isn't taken seriously, and there's negative stigmatism around Black mental health within our own community," Allen said. "We don't like to talk about it, and we even have people here that are still coming around to the idea, so I feel like this week is the perfect time to bring those types of events upfront."

BSU also hosted a Black "Family Feud," in which they competed against the University of Pittsburgh's Black Action Society on Wednesday night.

The organization will host its last event of the week, the annual Black Business Expo, on what they call "Black Friday."

This provides students on campus with an opportunity to get acquainted with the Black businesses in Pittsburgh and surrounding communities.

Swain is excited about the last event of the week, specifically because of the student interaction it'll provide.

FOOD FROM THE BLACK STUDENT UNION'S "SOUTHERN SUNDAY" EVENT



ISABELLA ABBOTT | FEATURES EDITOR

Fried chicken was the main entree at the Black Student Union's "Southern Sunday" event.



ISABELLA ABBOTT | FEATURES EDITOR

Creamy and crumbly mac and cheese was served as a popular side dish at "Southern Sunday."



Writers & Photographers needed for the Duke

Contact our editor-in-chief

hennel@duq.edu

Lasure helps students tackle fitness goals

ISABELLA ABBOTT
features editor

Amber Lasure is committed to well-being, and strives to share that commitment with Duquesne's student body.

"Well-being is so important in finding ways to recharge," said Lasure, the assistant director of wellness and fitness within the Center for Student Wellbeing's recreation services department. "It's so stressful being students. Take some time to reflect by using a meditation room, or recharge yourself by coming to the Power Center and just jumping on an elliptical or lifting a few weights."

Although going to the gym offers a great way to relieve daily stress for college students, the first step in maintaining well-being is making sure sleep is a top priority. Lasure said getting enough sleep is crucial for the mind.

"There's no set way to sleep," Lasure said. "Everyone's got something that works for them, but getting enough sleep is so, so important."

Since there is no perfect way to sleep, Lasure discussed the idea of taking naps during the day in more than two periods, which is known as a polyphasic sleep cycle. Some students have big schedules with early classes and/or large gaps between classes, so Lasure said this cycle can be incorporated and is doable in their busy lives.

Along with sleep, mental breaks are of utmost importance when it comes to college students and their studies. Since students tend to want to get all their studying done in one sitting, taking short breaks allows them to refocus and come back with new eyes.

Lasure said something as simple as taking a five-minute break can help.

"Taking breaks while you're studying to not think about the content material is crucial, because then you're coming back to it with new eyes," Lasure said. "So giving yourself every hour of studying five minutes of time away to focus on literally anything else takes some anxiety out of the equation."

Focusing on breathing while sitting down to study can also help to improve study hab-



COURTESY OF AMBER LASURE

Amber Lasure — the assistant director of wellness and fitness for the Center for Student Wellbeing's recreation services department, is committed to aiding students in achieving their well-being.

its. Since bodies need oxygen to concentrate and think clearly, Lasure said taking time to focus on breathing and getting up every once in a while can help students retain test subjects better.

"It's really easy to get into that slump of just sitting and studying and not moving, so really getting yourself up and moving is so beneficial because it gives you energy," Lasure said. "So making sure that you allow yourself to get that blood flow, taking breathing breaks and getting your heart rate up can really just make you feel better."

However, during Covid, getting out of this slump was not easy for some students, causing overall well-being to decrease. Lasure said that a good first step in maintaining well-being is allowing for a change in life, especially in a world that is transitioning out of the pandemic.

"Well-being looks different to everybody,"

Lasure said. "So, first of all, allowing yourself not to be strict and rigid and just sticking to one thing because that's what you believe is the best path forward."

Lasure also said that finding things that are enjoyable and using those things as a way to reflect and recharge are essential.

Not only does she give advice to students whenever she can, but she also helps them with whatever they may need. Student Jeffery Brown said that Lasure is always there when he needs assistance with anything.

"Anytime I need anything, I'll just shoot her a text like, 'Hey, can you help out with this?'," Brown said. "She's my go-to person on campus to help out with anything."

Since she's typically found in her office on the second floor of the Power Center, Brown said she is always willing to help out with anything related to fitness. Brown said that from the first time he met

Lasure and visited the gym, they went over some "really helpful" fitness goals that he had in mind.

Lasure tries her best to get students like Brown used to the gym atmosphere at school. Although the gym can be intimidating, she said it's a great place to stay fit, especially if students are coming into college after having played a sport during their high school years.

"Most of our students are between 18 and 22, and a lot of them are coming from places where they had regular sports practices," Lasure said. "If they're not involved in an actual sport, they have to figure out some way to stay active, and that can be intimidating."

"I like working with people, getting them on a different program, or maybe helping them get involved in intramural sports."

She's willing to assist anyone with their overall fitness journeys.

"I really like helping people design their new wellness path as they're transitioning into their own independent lifestyle," Lasure said. "There are just so many things that you can do and try, and helping people find what they like is a lot of fun."

Lasure began in her position at Duquesne 10 years ago. She's the perfect person to go to for fitness advice, as she occupies her leisure time with a mix of cardio, yoga, lifting and hiking. One thing she loves about her job is having the ability to talk with other experts in her field.

"One of the benefits we have here at Duquesne, or any higher-ed place is [that] so many of the people that we're surrounded by are experts in something, and it's a diverse group of expertise," Lasure said. "Here, you've got people in business, you've got people in medical fields, you've got people in education. You can learn so much from so many people."

If students or staff want to learn anything from Lasure, have any questions about well-being or even just want to learn some new workouts, they can reach out to her via email or through the @duqsws Instagram page.

Best Buddies Club helps those with disabilities

SAMANTHA HAUCK
staff writer

Best Buddies is an organization at colleges and universities across the country that sets out to provide friends and support those with intellectual and developmental disabilities, or IDD.

The club allows buddies to create important memories with friends.

"Best Buddies is so special because these people can often be brushed aside and not given similar opportunities as people without IDs," said Best Buddies Friendship Coordinator Jake Laws. "Best Buddies can give a sense of purpose to everyone, and [it] makes everyone feel important and welcome."

Laws joined the club because his mom worked in a school for those with IDs. Her career inspired him to take a role in Best Buddies at Duquesne.

Being a part of the club and forming relationships with its members are extremely rewarding to him.

"An opportunity to make their lives a little bit better is one I will never pass up," Laws said.

The club starts the school year with a get-together to see everyone from previous years, as well as to meet the new members.

That is followed by the matching party, where all of the buddies and community members find out who the peer-buddy pairs are.

Other events include the Homecoming football game, a Halloween party, a holiday party hosted by the University of Pittsburgh, Duquesne men's basketball games, the Spread the Word to End the Word fundraiser and more. The club meets two to three times each month.

"My favorite event is the matching party we have at the beginning of the year. This is the first time many of the community buddies can meet their new peer buddy, and the excitement in the room is unmatched," Laws said. "We work hard to make the reveal of the buddies exciting, because we know some of the buddies

have been waiting for this for a while.

"It is so good to see almost all our members in attendance at this meeting, and I love being able to see the new friendships form so quickly."

Best Buddies is always looking for new members, general members or peer buddies. However, they are now in need of more peer buddies.

Currently, the number of community buddies is greater than the number of student buddies. So, not all community buddies are able to have a peer buddy.

"We want every community buddy to have the best time possible, and we try to give every buddy someone they can count on and always have at the events to be there for them," Laws said.

Those who are interested in joining Best Buddies in any way can email bestbuddies@duq.edu.

"Best Buddies is, without a doubt, the most-accepting and welcoming club on campus, and they made it so easy for me to feel like I fit in," Laws said.



COURTESY OF JAKE LAWS

Jake Laws (right) with Best Buddies members during an event held at DU's McCloskey Field.

The Duquesne Duke

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POLICE BRIEFS

Sunday, Oct. 16-

A welfare check was done on a student in Brottier Hall who may have been exposed to something made from peanuts, and the student was having an allergic reaction. The student used an Epi-Pen and was feeling better upon the officer's arrival.

Sunday, Oct. 16-

A non-affiliated DoorDash delivery driver hit an unattended vehicle that was parked on Vickroy Street (parking lot outside St. Ann Hall). The DoorDash driver left his name and phone number with the desk aide, and informed him that he took pictures of the damaged vehicle. The driver also said that he was going to contact his insurance in the morning to report it.

EMAIL TIPS

We want your input!

The Duke's news section would love to hear from you about stories that you want to see in print. Know a talented professor or accomplished student? See something on campus that just doesn't make sense? You can send your tips and story ideas to Editor-in-Chief Luke Henne at hennel@duq.edu.

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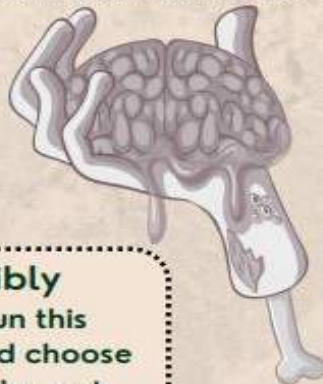


DON'T BE A ZOMBIE!

Under 21? Zero tolerance
Underage drinking penalties:
1st violation: \$500 fine from the state
Section 6308 of PA Crimes Code

Possible university sanctions:
Duquesne University Student Conduct Policy
1st violation: \$100
2nd violation: \$150
3rd violation: \$200

**USE YOUR BRAIN
THIS HALLOWEEN!**



21 or over? Enjoy responsibly
You don't have to drink to have fun this Halloween; but if you are over 21 and choose to, know the risks and use good judgment.

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- Pace your drinks
- Never drink and drive

This program is made possible through a grant funded by the Pennsylvania Liquor Control Board. The opinions and statements expressed do not necessarily represent the views of the Pennsylvania Liquor Control Board.

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THE DUQUESNE DUKE

WHAT WE APPRECIATE AT DUQUESNE



“I appreciate the professors and instructors that make learning enjoyable and worthwhile.” - Luke Henne (Editor-in-Chief)

“I appreciate all the hard work that faculty and staff put into this university every day.” - Alicia Dye (News Editor)



“I appreciate the campus, which allows me to be in the heart of an amazing city.” - Spencer Thomas (Sports Editor)

“I appreciate my coaches and teammates who push me to be better each day.” - Isabella Abbott (Features Editor)



“I appreciate that the staff and faculty have a genuine interest in our success.” - Zach Petroff (Opinions Editor)

“I appreciate that you can always find yourself and what you love while at Duquesne.” - Capri Scarcelli (A&E Editor)



“I appreciate being part of a media department that helps us enhance our skills.” - Brentaro Yamane (Layout/Multimedia Editor)

“I appreciate the facilities that the university provides to students.” - Nicholas Zotos (Social Media/Ads Manager)



THE DUQUESNE DUKE