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THE DUQUESNE DUKE

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More than music: Music Therapy Student Association raise money for Ukraine relief



PETER BOETTGER | LAYOUT/MULTIMEDIA EDITOR

Music Therapy Student Association raises money for international humanitarian and musical aid for countries across the world including Ukraine.

Say
"Smile!"
New cause
comes to campus

NICHOLAS ZOTOS
social media/ads manager

A new service organization is bringing smiles to campus.

On Jan. 26, students met in Rockwell Hall to take part in the first philanthropy event for Duquesne's newest service club, Operation Smile.

Operation Smile is a long-standing organization that has been helping children diagnosed with a cleft palate and other facial deformities for over four decades, since 1982, according to the nonprofit's national website.

As one of the largest medical, volunteer-based nonprofits, Operation Smile has mobilized thousands of medical volunteers and has provided a significant amount of free surgeries, their website said. This semester, Operation Smile has started a new branch of its organization right here at Duquesne.

Aniston Glemba, sophomore business major, is co-president of Duquesne's Operation Smile and explained how the event last Thursday was helping the greater national goals of the organization.

"We are here today to help those who have a unique situation in their lives...those who have cleft palate conditions often have unique dental situations. While the contribution may be a smile, it is our hope that this event makes a difference to those affected," Glemba said.

At the event, around 25 participating volunteers packaged toothbrushes and toothpaste

see SMILE — page 3

MAX MARCELLO
staff writer

The Music Therapy Student Association (MTSA), a professional, undergraduate student association, put on its annual Benefit Winter Wonderland Fundraiser on Sunday, Jan. 29, to support the humanitarian crisis in Ukraine.

Since 2012, the MTSA has partnered with charitable organizations to raise money for various causes.

This year, student musician performances were accompanied by a raffle and donations in an effort to raise money for Music in World Cultures, an international, faith-based organization that is "at the forefront of a growing movement using music as a strategic tool in missions," according to the national Music in World Cultures (MIWC) website.

Music in World Cultures seeks to bring music and music education to countries in need. Sunday's benefit focused on the organization's efforts to bring humanitarian relief to Ukraine,

in addition to its music-centered objectives.

Sunday's concert raised \$100 for Ukraine and the ongoing mission to help provide relief to the Ukrainian people.

About 25 students in total performed for an audience of 40 at the benefit concert, and student performances ranged from acoustic covers to comedic duets.

One such performer was Anna Hladio, a freshman music therapy major in the MTSA. Hladio has been performing since childhood, and she remarked how she was able to combine her passion for music with leadership as a member of the student-led MTSA.

"The meetings are all student-led. It is organized by students. We work in high school outreach to promote music therapy," Hladio said.

Promoting music therapy has been a central goal of the MTSA and faculty mentor Elaine Abbott.

Abbott is a licensed music therapist, an associate professor of music therapy at Duquesne and the chairwoman of the department of music therapy and music

education.

In addition to her roles at the department, Abbott also counsels the MTSA and aids its mission to spread awareness about the benefits of music therapy.

Music therapy, despite seeing growing utilization in recent years, is still something misunderstood by the public, in large part due to its large scope and specialization.

One of the most common and most familiar forms of music therapy is music psychotherapy, she said.

Abbott explained how music psychotherapy works by breaking it down into its basic components.

"In music psychotherapy there are four methods that we use, and they are related to how people interact with music," Abbott said. "We could compose music, improvise music, recreate music and listen to music."

Music, particularly listening to music within the confines of psychotherapy, makes the experience a far more active one.

"I'm trained in a method of guided imagery in music. I help

people listen to music for what it can tell them about themselves," Abbott said.

Over the past 11 years, the Winter Wonderland Benefit Concert series has been in a constant state of change and growth.

Sunday's concert saw the series reach another milestone.

For the first time, the opportunity to perform in the concert was now offered to those outside the Mary Pappert School of Music and MTSA members.

MTSA president Shelly Schlabbach, senior, noted the growth and evolution of the concerts during her time with MTSA.

"The concerts started out as really small with just the parents of the MTSA students coming. Now we've opened it up to all of the music school and all of Duquesne," Schlabbach said. "[The MTSA] allows students to learn about music therapy, have friendships with people of all grades and advocate for music therapy."

The audience reacted positively

see CONCERT— page 3

POLICE BRIEFS

Friday, Jan. 27-

A man struck an unattended vehicle with his Jeep near Des Places Hall and he left the scene. His plates were recorded and he is facing charges.

Sunday, Jan. 29-

Police received a call that a female student with alcohol poisoning was found at a house party. The incident was referred to the Office of Student Conduct.

EMAIL TIPS

We want your input!

The Duke's news section would love to hear from you about stories that you want to see in print. Know a talented professor or accomplished student? See something on campus that just doesn't make sense? You can send your tips and story ideas to Editor-in-Chief Luke Henne at hennel@duq.edu.

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EMMA POLEN | NEWS EDITOR

Caroline Veltri, freshman, sits in one of the study spaces inside the collaboration commons, Union 112. The new study space is designed for students to work together on projects in three booth-style sitting areas.

EMMA POLEN
news editor

In the fall, the university's Computing and Technology Services launched the first ever collaboration commons in Union 112. This week, they reintroduced the space with an open house featuring snacks, a raffle and a tour of the space.

Freshman Claudia Shrage saw the open house on Bluff Blast this week and decided to check it out.

Her initial impression: "It's small," she said.

While the space offers limited seating, its use as a collaborative workspace offers unique features that not every classroom on campus can.

"Collaboration commons provide members of the campus community with access to printing services and popular academic software titles," said a brochure in the Union commons.

In the collaboration commons, there are "no classes, [it's] just here for students to use," said Mark Katsouros, director of IT support.

"One of the pieces of feedback we heard from both students and commuter residents was that there's not a lot of places to go study and collaborate," Katsouros said.

Instead of computers, Katsouros and his team decided to get creative with spending on the new lab. Since most students have their own computer anyway, Katsouros wanted the space to offer more "collaborative" features.

The collaboration commons offers computers at desks and televisions at three separate

booth-style seating arrangements. The technology and seating is meant to allow for easy collaboration in group work. The televisions allow students to connect their device to the display monitor for "flexible collaboration and content sharing."

Besides space limitations, a challenge Katsouros and his team had was using windows to open up the lab space. The out-facing wall is actually a "structural wall," he said, so it would not have been possible to install windows in the collaboration commons.

However, Katsouros again got creative with digital windows that still act to give two-way visibility to passersby and to

students working inside the lab. A small camera on each side of the window, hidden in a black window grille, projects the opposite image inside/outside the room onto a television screen that was installed to look like a real window.

Katsouros stressed that the image is not taped or recorded anywhere else in the school. It's simply a way to "show people what's inside" the lab and spread awareness for the new facility.

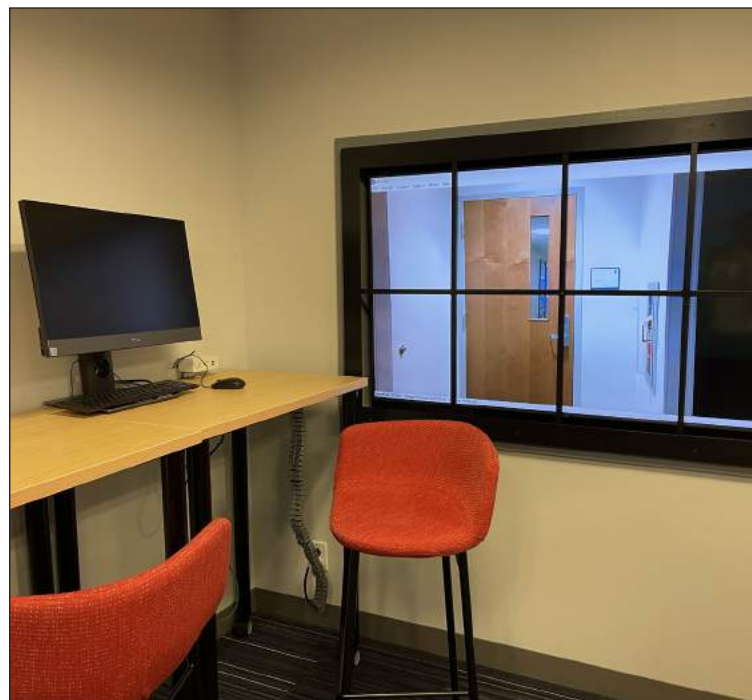
Students must swipe in to use the space, but all enrolled students should have access during the lab's open hours (listed to the right).

Union 112 was not the last

project for the year. Every year, two labs are renovated, Katsouros said. By next fall, Canevin 210 and Mellon 428 will also be renovated.

In the meantime, students from all schools are encouraged to utilize any of the 10 public, on-campus computer labs in both their classrooms and their living learning centers. Union 112 will be open daily for 13 hours Monday through Thursday, and the first-floor Towers lab is open 24 hours to students with swipe access to the building.

"We want to hear students' feedback," said Angie Barone, lab manager. She suggests that feedback be sent to labrequest@duq.edu.



EMMA POLEN | NEWS EDITOR

The collaboration commons includes computers and digital windows that work like regular windows (people can see in both ways) but they are projected using a camera on each side of the "window."

CTS Collaboration Commons Hours

Monday - Thursday
8 a.m. - 9 p.m.

Friday
8 a.m. - 4 p.m.

Saturday - Sunday
12 p.m. - 4 p.m.

Note: Schedule is subject to change based on staff availability, holidays and scheduled events.

www.duq.edu/cts-labs

Operation Smile brings volunteer opportunities to students 3

from SMILE — page 1

into hand-decorated bags designed with personal positive messages. Many were from the professional pre-dental society that meets here at Duquesne, Delta Delta Sigma (DDS), who worked in conjunction with Operation Smile to plan the event.

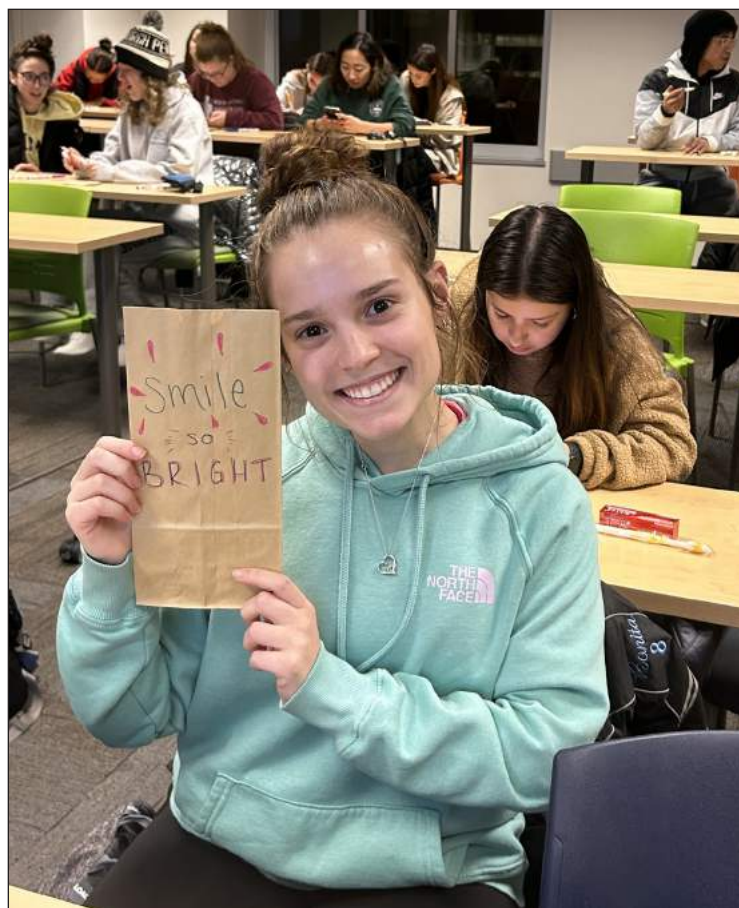
"Coloring the paper bags makes each one unique," said Ava Bonita, a sophomore biology student who was in attendance for DDS.

"These kids that are having cleft palate surgery are going through a long journey. They want to feel special. I know that a toothbrush and a toothpaste may not seem like a lot, but it is a start."

Many other participants shared Bonita's sentiment, as the event was packed with those uniquely decorating their own individual bags.

Many DDS-affiliated volunteers stayed at the end of the meeting for an opportunity to learn more about the new club.

Aaron Dininick, junior health science major and co-president of Operation Smile, recognized the service organization as a



NICHOLAS ZOTOS | SOCIAL MEDIA/ADS MANAGER

Ava Bonita, a member of the Delta Delta Sigma sorority, helped prepare gift bags at the university's first Operation Smile volunteer opportunity Jan. 26.

way for students in the dental field to maintain values outside of the classroom.

"For Duquesne, there was not really a place for pre-dental students. This provides an outlet for them," Dinnick said. "I am really excited to expand upon this club. We should be doing more events later in the year and reaching out for more to participate."

Operation Smile is looking for new members and campus organizations to partner with for future events.

Those interested in joining the club or volunteering with them should visit their page on Campus Link.

Individuals do not need to be pre-dental to join the club, all those with a passion for helping others are invited to join.

"Even though we just established this club, we are recruiting," Dinnick said. "The event today was a large success and we are hoping to spread the word out about Operation Smile. This club is unique, and I think that others who join will have a great time partaking in both community and fellowship."

Founders Week Activities

Thursday, Feb. 2-

Feast Day Mass

12 p.m. - 1 p.m.

Chapel of the Holy Spirit

Feast Day Give Away

1 p.m. - 2 p.m.

Union, Floor 2 Atrium

University Reception

4 p.m. - 5:30 p.m.

Union Africa Room

Founders Week Special Dinner

4 p.m. - 7:30 p.m.

Hogan Dining Hall

A Light in Darkness:

Candlemas Celebration

5:45 p.m. - 6:45 p.m.

A-Walk in front of Mellon

Sound & Light Afar Concert

7:30 p.m. - 8:30 p.m.

Union Africa Room

Friday, Feb. 3-

Vespers and Reception

4:30 p.m. - 5:30 p.m.

Trinity Hall

(RSVP required)

Benefit concert raises funds for world music

see CONCERT— page 1

to the performances. Freshman friends of Morgan Sanzemeyer came to support Morgan's performance of "Part of Your World" with Hladio. They said they enjoyed the performances but did note the overabundance of "sappy love songs" on the concert's program.

A few of the songs performed were "Man or Muppet," performed by Reese McCracken, Amelia Lau and Christian Sullivan and an original composition, "Apple Pie/Olive Garden," by Olivia Bigler, Isabel Barton, Catherine Startup and Carly King — a song about finding love at an Italian restaurant.

No matter the song genre, the central focus of Sunday's concert of student performances was to raise funds for Music in World Cultures, whose mission is to make music and music education more accessible.

Helping countries receive needed supplies and music education has been the central focus of the organization since its founding in 1989 by John Benham.

Music in World Cultures has conducted music outreach all around the world. The organization has provided remote villages in Indonesia with musical instruments and organized music education initiatives in Ecuador, according to their website.

Music is something of a family business for the Benhams as John Benham's son, Steven Benham, a professor of music education and chair of performance at Duquesne's school of music, is now serving as the or-

ganization's president.

Benham said that his approach to teaching in higher education has been greatly impacted by his service through Music in World Cultures.

"My wife and I got involved with Music in World Cultures because we knew what was happening behind the Iron Curtain. I started studying with a cello teacher who escaped Russia in the 1980s," Benham said.

His cello teacher began telling stories of how the state controlled

all aspects of music and held the final say as to who advanced in their career. Being "politically unreliable" meant that any artist regardless of ability would be blacklisted in their ability to perform and any career aspirations would be dashed.

Although Music in World Cultures operates globally, Eastern Europe has always held a special place in the heart of the organization's leadership, Benham said.

Following the dissolution of the Soviet Union, free musical expression became more widespread, and a demand for music followed. Music in World Cultures has operated in Ukraine since 1997, and it attempts to satisfy this newfound demand for music.

The Ukrainian outreach continued to focus on music primarily until tensions between Ukraine and Russia erupted into a full-scale conflict.

Since 2022, the organization has adapted and is currently moving in aid, in addition to using music to give Ukrainians to give a sense of normalcy amidst the war.



MAX MARCELLO | STAFF WRITER

MTSA members concluded the benefit concert with "Build Me Up Buttercup."

Memorial Service for Dr. Marinus Iwuchukwu



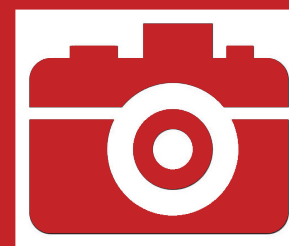
A memorial service/Mass of Resurrection in Dr. Marinus Iwuchukwu's honor will be held in the University Chapel of the Holy Spirit at 11 a.m., Saturday, Feb. 11. Space is limited for faculty and friends only, but the service will also be livestreamed at <https://youtu.be/gH2UfObNGAE>.



WRITERS & PHOTOGRAPHERS NEEDED FOR THE DUKE

Come Visit Us
College Hall 113

Contact our
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hennel@duq.edu



Penguins set to face make-or-break stretch

RUSSELL MACIAS
staff writer

Welcome to February, Pittsburgh. The Pirates are just about ready to begin their migration to Bradenton, Fla., for spring training, and the Steelers haven't played a game in almost a month.

The focus in Pittsburgh sports, for now, is the Penguins. Those Penguins, whose most-

points in January by going 5-5-3, all while maintaining their spot as the final playoff team in the Eastern Conference. Pittsburgh (57 points) is 3 points behind the Washington Capitals (60 points) with four games in-hand.

Aside from the lowly Sharks (41 points), who did the Penguins lose to? In regulation, they fell to the Boston Bruins (83 points), the Vegas Golden Knights (62

Penguins team.

If you add in the last three games in December played following the Christmas break, they dropped all three, including two in regulation to the New York Islanders and New Jersey Devils.

Realistically, the Penguins should not be in a playoff spot. They don't look like a playoff team.

They beat bad teams in back-and-forth, high-scoring affairs, like winning a 5-4 contest against the Vancouver Canucks in which they trailed 3-0 and a 7-6 shootout against the hot-and-cold Florida Panthers. While the Pens can be commended for finding ways to win, it doesn't feel sustainable.

Starting goaltender Tristan Jarry cannot stay healthy, and Casey DeSmith has proven wholly unreliable. Third-line center Jeff Carter has fallen into the abyss, a victim of father time. Joining him in the doldrums of mediocrity is longtime defensive stalwart Brian Dumoulin. Teddy Blueger, while not known for his offense, has just two assists and no goals in 23 games. The depth has evaporated, and it has put the responsibility of scoring onto the top two lines, which have been able to do the heavy lifting.

Now at the NHL All-Star Break, the Penguins are at a crossroads. They have to keep plugging away, and hope the depth starts to succeed again, but frustration is mounting. The only things that have saved the Penguins have been a massive losing streak from the Buffalo Sabres that prevented them from leapfrogging Pittsburgh, along with the Islanders going through a stretch of winning just one time in 11 games.

However, the Islanders won their final two games before the break and swung a trade with the Vancouver Canucks on Monday, acquiring coveted forward Bo Horvat.

The Penguins come out of the break with a chance to rack up some points. After the contest with Colorado, they'll head to California for three games against the Anaheim Ducks, Los Angeles Kings and Sharks. Once they return to the East Coast, they'll have a stretch of three games in four days against the Islanders (twice) and Devils.

If the Penguins come out of this break playing the same way, and they lose more than one of those first four games, general manager Ron Hextall must make a trade.

The Penguins have three consecutive two-day gaps between games in the month of February, and then after that, they only have two of those gaps left in the season.

The rubber will meet the road one way or another, and a 16-year playoff streak hangs in the balance. In March, Pittsburgh will play a grueling stretch of 10 games in 17 days, while overall playing 15 games in the 31-day month. The time is now to make a move if the Penguins keep playing with such inconsistency and relying almost solely on the top-six forwards. Otherwise, it's pretty clear that things could go south very quickly.

Looking at the rest of the schedule, Pittsburgh has three games left against each of the Rangers and Islanders, along with two against the Devils and the Tampa Bay Lightning. In a schedule back-loaded with many games against high-caliber, Eastern Conference opponents, the Columbus Blue Jackets are the only team that is out of the playoff hunt that the Penguins will play more than once.

The schedule isn't easy, but there's a path to success.

After the California road trip ends, that's where the team will make its luck and fall on one side of the playoff bounce.



COURTESY OF WIKIMEDIA COMMONS

Penguins backup goaltender Casey DeSmith, who's been thrust into starting duties multiple times due to injuries to starter Tristan Jarry, has performed inconsistently during his time in net.

recent game was a 6-4 home loss to the San Jose Sharks on Saturday, are now in the midst of a nine-day break that will last until Pittsburgh hosts the Colorado Avalanche at PPG Paints Arena on Tuesday.

The Penguins netted 13 of a possible 26

points), the Winnipeg Jets (65 points), and the division-rival Carolina Hurricanes (76 points). Those are all upper-tier NHL opponents, and ones you could forgive the Penguins for losing to.

But that isn't the whole story with this

An ode to Brady, the greatest to ever play

LUKE HENNE
editor-in-chief

Sometimes, it can be hard to admit when the person who should be your greatest foe is worthy of all the success they've earned.

Growing up in a family of Steelers fans, Tom Brady is supposed to be the arch nemesis. Being a New York Giants fan, I'm supposed to be the one that gets to brag about how the Giants handed Brady two of his three Super Bowl losses.

With a brother that latched on to Brady and the New England Patriots from the time he was 8 years old, all the circumstances told me I shouldn't be able to stand Brady.

I never, not once, had a problem rooting for Brady. In fact, the only NFL game I attended this season was when the Steelers played Brady and the Tampa Bay Buccaneers.

Why? Because Brady is the best to ever play the game of football, and I wanted to see him one final time before he retired.

On Wednesday, Brady retired for the second time, saying that this one was "for good." His first retirement came on Feb. 1, 2022, exactly one year prior to his most-recent announcement.

Just 40 days after hanging them up for

the first time, Brady unretired and came back for the 2022 campaign.

Why? Because his will to win and desire to compete are unmatched by just about anyone who's ever played a professional sport.

Brady's Patriots missed the postseason in two of his first three seasons in the league, and a torn ACL in the 2008 season opener caused him to miss the rest of the season, but this was arguably one of the toughest years of Brady's career.

In his first two seasons with the Buccaneers, Brady won a Super Bowl in 2020 and erased a 24-point deficit in what would be a heartbreaking playoff loss to the eventual-champion Los Angeles Rams in 2021.

During the 2022 campaign, Brady dealt with numerous injuries to key players, but he also split from longtime wife Gisele Bündchen after more than 13 years of marriage.

Yet somehow, somehow, Brady persevered and led Tampa Bay to its third-consecutive division title. Although the Buccaneers were 8-9, Brady found a way into the playoffs yet again.

Even in a first-round matchup in which they were humiliated by the Dallas Cowboys 31-14, Brady stayed in for the entire game, giving all he had left to give to the

game that had given him so much.

The sixth-round pick in the 2000 NFL Draft was never supposed to make it this far. He was supposed to be the backup to Drew Bledsoe in New England, but fate had different plans.

After Bledsoe went down with an injury, Brady slotted in, and the rest is history.

There's no disputing that Brady not only changed the trajectory of both the Patriots and Buccaneers franchises forever, but he changed the game forever.

In his storied career, Brady appeared in 10 Super Bowls (won seven), while also earning five Super Bowl MVP Awards, three NFL MVP Awards and 15 trips to the NFL Pro Bowl.

He also holds the league's records for most career quarterback wins, passing completions, passing yards and passing touchdowns.

Brady's impact goes beyond the statistics and accolades.

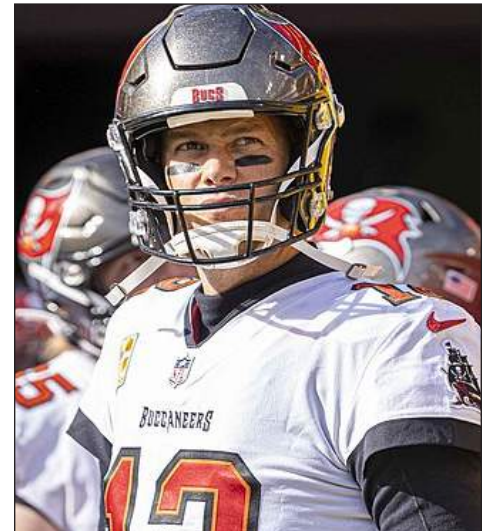
He earned his way to glory, and never gave up when circumstances were difficult. Even after all he'd accomplished prior to his first retirement, he came back for one final season because of his innate hunger for success on the football field.

If this is truly the end of Brady's career,

I hope you've enjoyed it as much as I have.

Even as a Giants fan living amongst a family of Steelers fans who are continually annoyed by my brother being a Patriots fan, it was never hard to watch Brady thrive on a continual basis.

Winners will do whatever it takes to win, and Brady did that for 23 seasons.



COURTESY OF WIKIMEDIA COMMONS

Tom Brady made his NFL debut in 2000, and his teams missed the playoffs just three times (2000, 2002, 2008) during his 23-year career.

WBB loses back-to-back contests

BENJAMIN GOTTSCHALK
staff writer

The Duquesne women's basketball team was defeated twice this week, losing to UMass 83-61 at home Sunday afternoon before falling at George Washington 58-52 Wednesday night.

In Sunday's contest, the Minutewomen jumped out to an early 20-5 lead in the first quarter, starting the game shooting 7-of-7 from the field and 4-of-4 from 3-point range. The Dukes tried climbing back into the game, but fell behind 33-12 at the end of the opening frame.

"They couldn't have gotten off to a more-perfect start," said Duquesne forward Amaya Hamilton. "If you subtract the first quarter, then we were neck-and-neck the entire game. I think we got off to a bad start, we kept fighting, but we just couldn't get back from that first-quarter deficit."

Duquesne's offense struggled in the second, managing only to put up 13 points, while the Minutewomen's offensive firepower never slowed. UMass grew its lead even further, going up 49-25 by halftime. UMass was able to jump out to such a big lead not only because of its stellar shooting, but also because of its offensive rebounding. The Minutewomen had a 17-9 advantage in the offensive rebounding department.

"A lot of times, we played really good defense for 20 seconds, and then they throw up a bad shot," said Duquesne guard Megan McConnell. "It's just really frustrating that after they throw up that shot, they get the rebound and get an easy putback. We have to capitalize more on that, and we will be fine."

Hamilton scored 6 of her team-high 15 points in the second quarter in a 55-second span. Offensively, she was one of the few bright spots for Duquesne.

"Not even just on offense, she did a heck of a job on Sam Breen," McConnell said. "I was really proud of her because I think that's a good matchup, and Amaya was able to defend her well. On the offensive side, she was just doing it all. I'm really proud of her, and I love having her as my teammate."

Hamilton was able to hold Breen, the reigning Atlantic 10 Conference

"The thing that disappointed me without looking at the film was that we didn't identify shooters early," said Duquesne Head Coach Dan Burt. "And I think our kids thought, 'Oh, we can identify them when they get to the 3-point line.' These guys from UMass were making shots two or three feet off the line. And in the case of [Sydney] Taylor, five or six feet off the line. Credit goes to them. They're talented players, and they made their shots."

UMass had four players score in double digits, mainly led by Taylor, who scored a game-high 20 points and

it also had 10 returning players from last season's championship team.

"We ran into a very good basketball team, a very confident basketball team, a team that has NCAA experience, and they're very good," Burt said. "They're a championship ball club. And the way they play the first minute is the way they play the 38th and the 39th minute."

In Wednesday's game, George Washington got off to an early 10-2 lead in the first quarter. But a late surge gave the Dukes some life as they would tie it up at the beginning of the second quarter 10-10.

The middle of the second quarter was back and forth until GW scored 9 points to close the quarter. The Dukes went into the half trailing 25-20, despite shooting a measly 1-of-14 from 3-point range in the first half.

Duquesne's 3-point shooting struggles continued in the second half, going 0-for-15 from deep in the final two quarters.

Solid offensive play from Duquesne let the Dukes' deficit never get beyond 9 points, but George Washington maintained its lead for the entirety of the second half. McConnell finished with a double-double, leading the Dukes in both points (12) and rebounds (12).

The Colonials' Mia Lakstigala ended the night with a game-best 21 points.

Duquesne will play next against VCU at home on Saturday afternoon. The Dukes have won 10 of the 13 meetings since the Rams joined the A-10 prior to the 2012-13 season, but they've lost each of the last two head-to-head contests.



PETER BOETTGER | LAYOUT/MULTIMEDIA EDITOR
Duquesne's Amaya Hamilton attempts to drive to the basket in Sunday's loss against UMass. Hamilton led the Dukes with 15 points in the defeat.

Player of the Year, to just 12 points and eight rebounds, down from her season averages.

The third quarter was more of the same from the Minutewomen: offensive firepower and scoring at will.

shot 6-of-11 from beyond the arc.

The Minutewomen, the defending conference tournament champion, showed how dominant they could be.

Not only was UMass selected to finish first in the A-10 preseason poll, but

Atlantic 10 Conference Power Rankings (based on games through Jan. 29)

Each week, in collaboration with other student newspapers across the Atlantic 10 Conference, members of The Duke's sports section will vote in a weekly conference power rankings poll.

| Contributor | Paper | School |
|------------------|--------------------|-------------------|
| Peter Boettger | The Duquesne Duke | Duquesne |
| Aidan Garvey | The Good 5¢ Cigar | Rhode Island |
| Ben Gottschalk | The Duquesne Duke | Duquesne |
| Luke Henne | The Duquesne Duke | Duquesne |
| Gabbi Lumma | The Loyola Phoenix | Loyola of Chicago |
| Mia Messina | The Hawk | Saint Joseph's |
| Nathan Robillard | The Good 5¢ Cigar | Rhode Island |
| Aaron Tully | The Hawk | Saint Joseph's |

| MBB | WBB |
|-------------------|-------------------|
| Saint Louis | Rhode Island |
| VCU | UMass |
| Dayton | Fordham |
| Fordham | La Salle |
| G. Washington | Saint Joseph's |
| Duquesne | G. Washington |
| UMass | Duquesne |
| George Mason | Davidson |
| St. Bonaventure | George Mason |
| Richmond | Richmond |
| Saint Joseph's | Saint Louis |
| Davidson | VCU |
| Rhode Island | Loyola of Chicago |
| La Salle | Dayton |
| Loyola of Chicago | St. Bonaventure |



PETER BOETTGER | LAYOUT/MULTIMEDIA EDITOR



MBB's road woes continue with loss at UMass

The Duquesne men's basketball team has played just seven of its 22 games so far this season away from UPMC Cooper Fieldhouse.

In those seven contests, the Dukes are just 2-5 (1-5 in true road games).

Duquesne's struggles away from home continued Saturday, when the Dukes dropped a contest with UMass 87-79.

Dae Dae Grant recorded a double-double with 23 points and 10 rebounds, while Jimmy Clark III added 21 points and six steals, but it wasn't enough for Duquesne.

The Dukes led as late as 5:54 remaining in the first half at 25-24, but the Minutemen closed the half on a 15-8 run, taking a 6-point advantage into the locker room.

In the second half, UMass' lead grew as large as 15 points (55-40), and Duquesne never cut it any closer than 5 points.

Late fouling and successful free throws from the Minutemen nixed any chance of a Dukes comeback.

Grant hit a 3-pointer as time expired to keep the deficit under double digits, but that was a moot point.

For a young and inexperienced Duquesne team, playing 11 of 13 non-conference games at home made a lot of sense in terms of building confidence and collecting wins.

Even in the non-conference, Duquesne's two non-home games came at Kentucky, a team that was ranked No. 4 in the country at the time, and on a neutral court against a Colgate squad that is currently 11-0 in Patriot League play.

However, since A-10 play started in late December, road wins have been hard to come by for the Dukes.

Aside from a win at Saint Joseph's, Duquesne lost by 12 at Dayton, blew a 22-point lead in a defeat at Richmond, and lost winnable games at both St. Bonaventure and UMass.

For Duquesne, just four of the nine remaining regular-season games will be on the road.

The Dukes return to action on Saturday, when they travel to the nation's capital for a date with George Washington.

The Colonials have won four of the last five meetings.

-Luke Henne, Editor-in-Chief



Bottlerocket relives the '80s with “Dirty Dancing”

EMILY FRITZ
a&e editor

Walking into Bottlerocket Social Hall in Allentown is like stepping straight into a '70s sleeper, complete with wood paneling, vintage sofas, multicolored string lights overhead and a disco ball. The jewel of the cozy retro space is the 150-inch projector screen, used to host movie sing-alongs and Sunday football. Jan. 31's showing was the timeless '80s classic: “Dirty Dancing.”

Unlike the typical theater experience, patrons were encouraged to quote their favorite lines aloud, sing their favorite musical numbers, enjoy complimentary popcorn and drink event-inspired mixed drinks. The “Dirty Dancing” inspired drink was lovingly named “The Pachanga” after a request that Johnny Castle (Patrick Swayze) is asked to accommodate.

The showing brought in long-time fans as well as those who had never seen the film before. As someone who watches the film regularly, Jamie Martina was one of the most animated audience members.

“It’s a beautiful movie to watch,” she said. Martina had been to Bottlerocket on Arlington Ave. on one other occasion

prior during an album release party for Taylor Swift’s recent album, “Midnights.”

Martina’s partner, Jess Runco had seen the film upwards of 50 times.

“We all watched it when we were kids. It’s eye opening as a kid. We were just quoting it two days ago...you catch something new every time,” Runco said.

Though the couple came out specifically for the film selection, they spoke highly of the venue and the relaxed atmosphere.

“[There are] really, really great selections here...The owner seems plugged into the same cult classics that we grew up with. The nostalgia is tasteful,” said Martina.

“I like that [Bottlerocket is] old school. It makes me feel cozy and cool. I don’t feel judged,” Runco added. This was their first time visiting Bottlerocket, but they could see themselves coming back.

“Normally we’re a '70s bar, and we were getting kinda tired of the music...Usually January is a pretty dead month for most bars and restaurants so we were kinda like ‘well, if we’re ever gonna do it, you know, if we’re ever gonna change things up, let’s change things up in January.” said owner Chris Copen.



EMILY FRITZ | A&E EDITOR

The 1987 film was the perfect end to the '80s themed month and a fan-favorite for Bottlerocket patrons.

“Dirty Dancing” allowed the opportunity for a dance-along, but each movie showing proves to be uniquely different.

“We do different stuff, different props. We have ‘School of Rock’ coming up at the end of the month, and we’re bringing out an actual band of middle schoolers that are going to perform before the movie. So, sometimes it’s props. When we did ‘Indiana Jones’ we brought out a real archaeologist from the Carnegie Museum and they did a Q&A after the movie. We try to find cool things to pair a movie with. Sometimes it’s more interactive, sometimes it’s a guest...I think we’re going to do ‘Jurassic Park’ with a dinosaur expert,” Copen said.

Despite opening only nine months prior, the independent arts venue has seen great success in hosting a variety of events including movie nights, dance nights, live music and classes in improvisation, puppetry and comedy.

“The key to our getting off the ground has really been programming and good ideas and fun things every single night,” Copen said. “[We’re] not limiting ourselves to one specific crowd, really making things that we think

a lot of different groups would be interested in.”

Before the Covid-19 pandemic, Copen had been working in Los Angeles for a comedy management company.

“I really did not enjoy it. But I really did enjoy comedy, and I did really enjoy live comedy. So then when Covid hit, I was out of a job...and somehow the idea of a venue kind of took hold within me,” he said.

Since then, Bottlerocket has grown to be a beloved location, bringing together a network of DJs, bands and comedians.

“We definitely have a lot of connections. We have a very good reputation within the city, and nationally we have a really, really good reputation, and I think that’s a reflection of the programming we do and...goes back to the values of the bar.”

Those looking to attend future events at Bottlerocket can look for their February calendar on their website at <https://www.bottlerocketpgh.com/>. Among the most anticipated are Friday and Saturday dance nights, movie showings for “Scott Pilgrim vs. The World” and “School of Rock” and a “Poptropica Dance Night,” featuring music from 2008 to 2012.

campus events

Sounds & Light from Afar
Feb. 2 @ 7:30 p.m.

Listen to a world music concert in the Africa Room, performed by music students and faculty.

Suncatcher Making
Feb. 3 @ 9 p.m.

Join the Duquesne Program Council in the NiteSpot to create your own suncatcher! Supplies limited.

JCPenney Suit-Up Shopping Event
Feb. 5 @ 3 p.m.

Students, alumni, parents and staff partners can purchase careerwear online or in-store at discounted prices.

DIY Scent Night
Feb. 7 @ 5 p.m.

Customize a body roller, shower steam or body/linen spray with the Center for African Studies in the Towers MPR!

emily's epiphanies

Borrowed Time

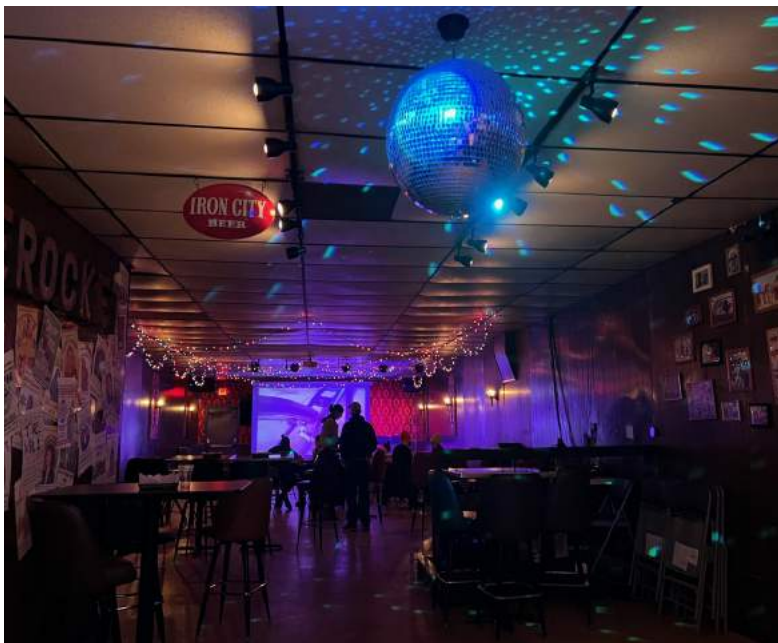
There are only 24 hours in a day, regardless of how much we wish we could bargain for another. Instead of borrowing from your sleep schedule, consider taking some time to plan and prep.

Can't find time to sit and eat? Next time you cook, package your leftovers for on-the-go meals. Need a few extra minutes in the morning? Set out your outfit the night before. Constantly tired? Put the caffeine down, and be intentional about your bedtime.

More importantly, if you find that something doesn't serve you anymore, let it go. When you're in a rough spot, it's okay to have a night in or take a bye week on your extracurriculars.

You are the most important person in your life. Take care of your body, your mind and your soul because at the end of the day, you are the one who must live with your choices and how you've decided to budget your time.

There are only 24 hours in a day and 525,600 minutes in a year. Use them wisely for something that makes you proud.
— Emily Fritz



EMILY FRITZ | A&E EDITOR

The '70s theme bar creates a relaxed and welcoming space for a variety of patrons looking to enjoy movies, music or comedy.

Aquarius ♒

I carried a watermelon.

Pisces ♓

Sometimes I daydream that I'm in the Target aisles.

Aries ♈

Blow on it. If it worked for the Nintendo, it'll work for this.

Taurus ♉

I'm reading an academic journal about *Twilight*.

Gemini ♊

You can NOT name the new dog Walter.

Cancer ♋

I hate being a person...I want to be a hamster.

Leo ♌

How are you not a cheesecake girlie??

Virgo ♍

Stay in your lane Massachusetts!

Libra ♎

I've never been so excited to be waitlisted for something.

Scorpio ♏

I don't think he ever understood social cues.

Sagittarius ♐

oxy kitten
oxy continent
oxy construction zone

Capricorn ♑

it's still in the conceptual and going nowhere phase

Duquesne partners with Xfinity for game show

ANDY KAMIS
staff writer

Duquesne's Resident Hall Association (RHA) kicked off their second annual Game Show Night Thursday evening in the Towers multipurpose room.

Student contestants competed against their fellow peers in teams of two for a variety of different prizes, with the most sought-out rewards being two Amazon Fire TVs. Other prizes included Amazon Echo Dots, assorted snack baskets and several gift cards up to \$50. All prizes were provided through a partnership between Duquesne and Comcast's Xfinity company.

"Comcast is always willing to help us out and donate and by partnering with [us] we also help them. Both sides benefit," said Samya Henry, president of the RHA.

In addition to the prizes, Henry said that Comcast also grants all on-campus Duquesne students a free subscription to multiple online streaming services like HBO Max and Xfinity On Demand.

"It's not something that's advertised outside of RHA's and Comcast's partnership, so we definitely want students to know that they have access to these nice streaming services," Henry said.

The inspiration for the game show event came out of last year's success and as a means to meet student interest.

"We know that Duquesne students love their game nights," Henry said. "So we thought it would be a really good hit especially since it's so cold outside."

The first of the three games RHA hosted was Jeopardy, with each team competing to answer questions from five different categories: mathematics, science, pop culture, sports and Duquesne History. Contestants were even able to present creative names for their teams during Jeopardy, such as "Swifties" and "The Jokers."

Whereas Jeopardy served well as an opening game and had a good response, the smiles and laughter really started during RHA's second competition—"The Roommate Game."

In order to participate, each pair of students were required to face away from their partner and were equipped with white boards and Expo markers. The contestants were tested on how well they knew their partners by precisely answering obscure personal questions, such as their favorite television shows or class schedules. Answers had to be exact matches for teams to gain points.

The competition intensified during the final game, which consisted of many "minute-to-win-it" challenges where each pair of students had to complete a certain task within a minute. After the time elapsed, teams



ANDY KAMIS | STAFF WRITER

Contestants participated in a variety of games, including Minute to Win It, Jeopardy and The Roommate Game.

would rotate to the next station and try their luck at the following challenge until every station was completed. Each win the contestants earned was added up and counted toward their final scores.

One of the most difficult minute games required teams to each keep two balloons from touching the ground. If one balloon fell, both team members failed the challenge. This was especially difficult when the balloons were not of equal size or air quality.

Another hard challenge forced teams to find a single penny amongst

several hundred bingo chips.

"Seeing everyone really go hard for all of these games in a minute to try and win, and encouraging their partners, and figuring out strategies—it's just really nice to see how people's minds work," Henry said.

Freshmen Mike Nowiczenko and Dominic Belko earned first place overall and took home the Amazon Fire TV as their prize.

Nowiczenko said that he and Belko have become "closer than roommates" ever since they met at the beginning of the academic year and both showed an inter-

est in the game show event after learning about it.

They specifically liked one of the "minute-to-win-it" games where they had to throw ping pong balls into cups.

When asked how the two would fare in an actual big game show, Belko said: "We are the most dynamic duo on the planet and we will be taking on Jeopardy in 2024."

Students interested in upcoming RHA events should look for future emails regarding upcoming programs. All students are eligible participate.

Pittsburgh premieres new independent film on YouTube

EMMA POLEN
news editor

A couple enters a fortune teller's establishment, sitting down hesitantly. "Many people walk in my doors doubting, but leave as believers," the fortune teller says.

The latest installment in Pittsburgh filmmakers' independent creations, "The Fortune Teller: Secrets," premiered Sunday, Jan. 29 on YouTube.

The five-minute short took place in a single scene, as new

couple Sarah (Taylor Augustine) and Jack (Justin Andrews) request the guidance of a fortune teller (Jessica Nigra).

The fortune teller asks the couple if there is anything specific they want to ask the tarot cards, and then she proceeds to see a secret about their love revealing itself in her reading.

The fortune teller's words begin to convince Jack and Sarah that there might be something more sinister hiding within their "perfect" relationship.



COURTESY OF PARAGON STUDIOS

Couple Sarah (Taylor Augustine) and Jack (Justin Andrews) visit a fortune teller for relationship insight in the new short film, "The Fortune Teller: Secrets."

Sarah's last words before the camera fades to black are, "I have to tell you something..."

By the end of the short film, the fortune teller had instilled more doubt into the couple's relationship than certainty.

Before the premiere, Augustine shared that she was looking forward to the work the film's team had put in to create the five-minute scene.

"We had a pretty small cast and crew, but I really think we were able to put something high-quality together," she said.

Though Augustine has acted in the Pittsburgh film scene before, this was her first time writing for one of her films.

"[Writing] is probably one of the things I'm most nervous about. I really wanted the story to have an arc and progressively get a little more intense and for the ending to not be too obvious, so I hope that plays well on-screen," she said.

Augustine was not alone in creating the clever story in her short film. Jeff Michaels, the editor and producer of "The Fortune

Teller," also played an important role in its completion.

"From the time we turned on the camera and some lights, to the time that the final render was pumped out, it was three days," Michaels said.

Michaels is new to the Pittsburgh film community, but not to the industry. Moving from Georgia, the Hollywood of the South, he is hoping to gain rapport as a film producer "known for fast turnaround," he said.

"I think all in all it came out really well," he said. "But it can always be better."

Michaels hopes to expand his production company, Pathos Entertainment Group, so he has more of a team to help with camera, lighting, audio and post-production work.

For now, "I'm going to keep my plate relatively clear," he said. With his reel of 2022 projects just released, he is "starting from square one" for his 2023 reel, and planning to connect with more projects and people in Pittsburgh.

Augustine explained that she

and Michaels first met back in October through the Pittsburgh Filmmakers Community Facebook Page. Together, they have worked together on three short scenes.

"The first one [is] still in post-production and the second, 'Emily's Interrogation,' [is] already released," Augustine said. "Jeff is not only talented, but he's also a great person to work with. He does his preparation for pre-production, is professional while filming and is quick and creative with post-production."

Augustine looks forward to sharing her next projects with the film community. She and Michaels are both taking part in Pittsburgh's 48 Hour Film Festival this May.

Michaels is also anticipating more projects with the Pittsburgh filmmakers he's met so far that have been "kind and easy to work with."

"I've been here for a short amount of time and enjoyed it," Michaels said, "and [I'm] looking forward to what Pittsburgh has to offer filmmakers now and in the future."

THE DUQUESNE DUKE

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“Hold fast to dreams,

for if dreams die, life

is a broken winged

bird that cannot fly.”

LANGSTON HUGHES

You just read | Now tweet
our thoughts. | us yours.

@TheDuquesneDuke

EDITORIAL POLICY

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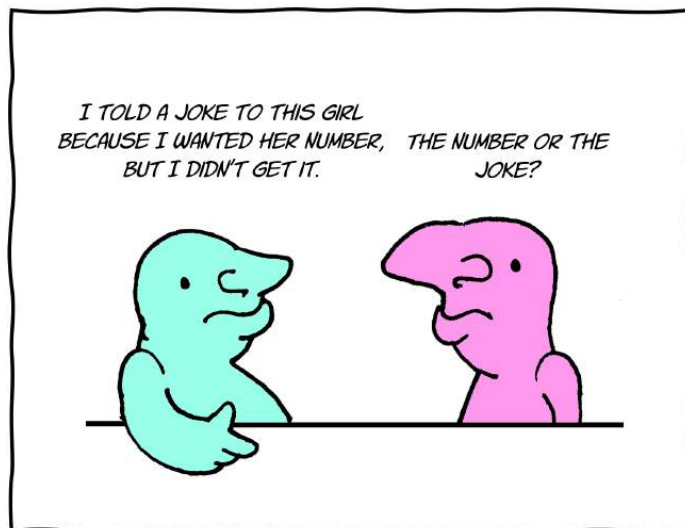
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BENJAMIN CRAWFORD | STAFF COMIC ARTIST

Having the hard conversations about racism

Do we really need another middle-age white guy giving his opinion on race?

I'm sure there are a bunch of anecdotal accounts I could list in an ill attempt to show some type of credibility on why I might be qualified to diagnose and treat the complex issue of racism in the country.

However, whatever my experiences may be, I will never understand what it is like to be Black in this country.

I will never know what it feels like to be truly discriminated against. I will not have to worry that my life is in danger when being pulled-over. I will never experience hatred because of the pigment of my skin.

While I may not know what it is like to be a minority in this country, there is an area of race that in which I'm well-versed.

I know what it's like to have white privilege.

I have been able to benefit from a system that strongly favors my gender, age and race.

Mentioning phrases like “white privilege” or “system racism” is usually met with harsh pushback or denial. When these topics come up, terms like “white guilt” and “bleeding heart liberal” get thrown around as a way to dismiss the issues this country faces when it comes to racism.

The refutation of systemic racism is the product of either an ignorance of American history or delusional denial. Various systems throughout this country's existence – whether intentionally or not – have found ways to keep non-white people, most notably Black people, from achieving their American dream.

Areas such as economics, policing, healthcare and legislation are clear examples of the U.S. treating Black people as second-class citizens.

It is not my intention to try to convince people that our country has an issue with racism. If you need convincing that the systems we've created have both historically and currently left out people of color, there is probably very little I can do that will change your mind.

What I am interested in is how we as Americans can come together to provide a more perfect union for everyone.

Acknowledging the existence of white privilege is not meant to be hurtful. The denial of it is both damaging and useless. However, being able to navigate this world with a little more awareness can benefit us all.

We can start by having hard conversations; conversations that



ZACH PETROFF
opinions editor

require us to do more listening and less talking; conversations where we might be on the receiving end of harsh realities; conversations that make us take a look inside and do self reflection.

Take a look at our own university.

Only about 5% of students that attend Duquesne University are Black, well below the national average. According to the Postsecondary National Policy Institute, Black students made up 12% of the student population at four-year public institutions and 29% of the student population at four-year private for-profit institutions.

This is not an attempt to call out the university, this is just one of those examples of the type of uncomfortable conversations that we should be having.

College can be a pretty intimidating place, and those feelings can be exemplified when 95% of the people do not look like you. I am sure there are issues, both subtle and drastic that I cannot fathom.

How mindful are we of those that come from diverse backgrounds? Are we truly accepting, or are we making empty gestures so we feel good about ourselves?

I don't know the answers, but I do think part of the solution is taking a step back and listening.

I, for one, am far from perfect in this matter.

I have the luxury of being able to operate in a bubble of blissful ignorance.

My lack of awareness in situations likely stems from being in a position to benefit from a power structure while not having to worry about those who do not benefit from the perceived dynamics. I'm insensitive at times, oblivious to how I come off and sometimes just plain ignorant.

I think I'm being charming, but in reality, I'm being insensitive.

Of course I want to be considered an ally to underrepresented groups, but it would be blatantly wrong to deny that there have been times when I have overstepped a boundary or said something ignorant or insensitive.

I try to take those instances as lessons to be more mindful of the people around me. No one likes to be called out, but instead of looking outward, it's time we start looking inward.

And that is a challenge. It's hard to look in the mirror and come to the realization that you unnecessarily contributed, whether intentional or not, to making someone else feel less important.

This month, perhaps we can spend Black History month being mindful of how we are acting toward one another. This country's greatest strength has always relied on our diversity and our ability to eventually overcome.

The future of this nation is sitting in the lecture rooms at this university. Lets try to make it a nation that includes all people.

STAFF
EDITORIAL

Police brutality claims another victim

Tyre Nichols is one of the most recent victims of police brutality and overt systemic racism in our country. The echoes of his impactful death have gained national attention, as the five assailants were all Black.

Since Nichols' Jan. 7 arrest and beating, the special Scorpion unit belonging to the Memphis police department first was put on pause, before being permanently disbanded shortly thereafter.

The name “Scorpion” served as an acronym for Street Crimes Operations to Restore Peace In Our Neighborhoods. Instead, the most despicable members abused their power and authority to wreak undeserved havoc on the innocent and defenseless.

Memphis Police Chief, Cerelyn “CJ” Davis, indicated to AP News that the purpose behind the special unit was to reduce gun violence and increase visibility.

Nichols was unarmed and cooperative. It is still unclear why he was stopped in the first place, but the mistakes of an institutionally dangerous group has routinely cost American lives, especially among Black and Brown communities.

Instead of sending special police units into areas where they are unwanted and unnecessary, America should focus on supplementing social services and passing meaningful reform for gun ownership and law enforcement.

Asking officers of the law to be fluent in multiple areas, including crisis de-escalation, is unfair to everyone. Allowing prejudice and profiling to be used as tools when assessing a traffic stop is harmful to everyone. Promoting the system that upholds corruption and discrimination is harmful to everyone.

Although the dishonorable officers were Black, they still practiced the same excessive force and aggression that has become associated with their occupation so many times before. They are facing charges for second-degree murder, and a sentence of 15 to 60 years in prison.

This backward effort to heal community relationships and build public trust in our law enforcement has failed miserably. It is time that America reduces police presence and instead offers resources in the form of accessible education, affordable housing, substance rehabilitation and mental health awareness.

By allowing America's current institution of law enforcement to continue, we are becoming complicit and culpable for the heinous acts that continue to plague our nation. Talking about implicit bias and bringing awareness to systemic racism is a first step in making a safer country for all, but it isn't enough.

Taking a recyclable page from across the pond

MIA LUBRANI
staff writer

There are obvious differences between the European Union (EU) and the United States. The EU has a progressive attitude about the environment but maintains a less serious outlook on economics. The U.S. prides itself on being advanced and innovative in most aspects of life.

One category of society not yet innovated is the environmental mindset.

According to Greenpeace, recycling in Europe amounts to almost 50% of all packaging waste to be recycled for further uses. Unfortunately, in the U.S., the rate of recycling packaging waste led to about 5% repurposed although 52% of facilities in the US contain the ability to recycle this plastic.

Why is that?

Since the beginning of my studies in Europe, it is apparent there is a contrast in the general opinion of environmental responsibility.

Often in the EU people believe they do not have an impact in changing the environment for the better. With fluctuations in mainstream political problems, the 'saving the environment' movement never stays at the top of the

public spotlight.

The U.S. withdrew from the Paris Climate Agreement in 2019, but President Biden re-joined in 2021. Since then, the U.S. has made significant contributions to global climate change. Biden pledges no net emissions by 2050, but this would require the U.S. to commit to working toward a better future.

In Europe, the EU has colorized trash bins and systems set in place to ensure people recycle. The EU has been operating under the European Green Deal since Dec. 11, 2019. Decarbonizing and digitizing EU society has been a main focus.

The EU Green Deal aimed to reduce net greenhouse gas emissions, achieve the first climate-neutral continent, create more sustainable energy and fight global deforestation along with other sustainable goals.

The EU has been working to meet their predetermined goals. Although the European Union has been hindered in their efforts by the Covid-19 pandemic and economic constraints, their plan is still the most ambitious in the world for environmental sustainability.

In Europe, there are usu-

ally seven types of trash bins for people to use. EU countries separate plastics, aluminum, glasses, papers, composts, and all other trash to ensure multiple streams of recycling.

Half of recycled waste in Europe is exported outside of the EU to be treated at other facilities. Their lack of domestic infrastructure for recycling has caused an increase in exports, but their determination to make a difference is not going unnoticed.

The general perspective in Europe has shifted towards an optimistic one when it comes to their view of the environment. In the streets, people are often seen carrying four different types of waste to the bins located on nearly every block. People maintain positive attitudes and follow the predetermined recommendations from the government to conserve electricity.

There is more comradery when it comes to saving the planet. My Spanish teacher, Lucas Zugasti, always exclaims, "make sure you throw away these handouts in the paper bin. We have to save the planet!"

Spaniards and Europeans also have easy access to clean drinking water, decreasing the amount

of water bottles needed. Especially in Madrid, Spain, citizens enjoy water straight from the tap and from the numerous drinking fountains in most streets, often claiming it as the "best water in the world".

Americans tend to have a pessimistic view towards environmental issues. Often casting the blame to big companies, the US citizen sheds the guilt of throwing their paper, plastics and compost into the trash that goes to the landfills.

Also, misleading U.S. statements always claim an attempt to reduce emissions and carbon waste while balancing economic growth. The economic excuse leads to a dismissal of sustainability when it would cost more money. This confusing atmosphere around environmental sustainability leads U.S. citizens to normalize hurting the planet in the face of helping the economy.

The U.S. should be consistent with the European Union Green Deal and shift their mindset. Both the EU and U.S. should be doing more to ensure goals are met, but the EU general population is more progressively viewing economic sustainability.

By taking a more sympathetic stance toward the environment,

we need to realize that economic advancement should not always take precedence over the Earth. I think that every action can make a difference.

If the average U.S. citizen cares more about protecting their planet in every way possible, companies and nationwide recycling norms will change their anti-sustainable ways.



COURTESY OF WIKIMEDIA COMMONS

The U.S. pales in comparison to the EU when it comes to recycling.

What we can learn from Billy Milligan

RORY BROUILLARD
staff writer

Most people would agree that if you commit a crime, you do the time, and it is important to carry these sentences out to create a more just society. However, *The Minds of Billy Milligan* by Daniel Keyes, raises the question: what is truly just?

The Minds of Billy Milligan tells the true story of Billy Milligan, the first person to be tried with multiple personality disorder, now referred to as dissociative identity disorder. He was arrested for several attacks on women on the Ohio State campus in 1977 but was found not guilty by reason of insanity.

Milligan was given treatment in a mental facility, rather than prison, and showed positive improvements. He was allowed certain freedoms, such as visiting his family and shopping on weekends. However, because of the skepticism that diagnosis, many people did not approve.

Due to widespread fear, Milligan was sent to prison where he was denied treatment.

In the original mental facility, doctors worked together to fuse all 24 of Milligan's identities together. Doctors provided medication and extensive therapy to

resolve childhood trauma that trigger the dissociation.

Over time, the core of Milligan began to show and take control. However, this was all stripped from him when treatment stopped. He was shocked back into a jumbled, lost state.

Instead of being shoved in prisons and denied treatment, these criminals should work toward improvement.

Locking up broken people does nothing for society.

If there are ways to treat the mentally ill prisoners, we should want rehabilitation rather than punishment. I am not saying to let them off the hook, but to place them somewhere else to get better. Although crimes were committed, they are still often victims of trauma who never received treatment to recover.

There is also the question of whether this is really justice for the victims. I agree that there should be some sort of punishment carried out for these individuals.

When studying dissociative identity disorder, Elyn Saks wrote the book *Jekyll on Trial*. It explains how these individuals should be treated and how punishment will affect those who may not understand why they are being punished. "Alters have the capacity to be punished," she wrote.

When someone has capacity

to be punished, punishing him unjustly causes him more suffering than punishing an entity that does not have capacity to be punished. If the alters are separate from the whole, they do not believe they committed these crimes. Therefore, it should be considered the same as punishing an innocent person.

Obviously, you cannot let the person go because there is still the guilty individual. Therefore, rehabilitation would be the best objective in these cases to help those who need it.

There are also those who deny the diagnosis altogether. This causes many people to believe some are faking it to get out of a guilty verdict. What most people don't know is psychologists are able to tell if someone is faking the symptoms.

For example, Kenneth Bianchi, also known as the Hillside Strangler, claimed to have dissociative identity disorder in the early 1980s. However, trained psychologists could easily tell that this was false from his mannerisms and descriptions of what was happening.

It can take years for a psychologist to settle on dissociative identity disorder as a diagnosis, and it is not the first diagnosis they will turn to. Because of this, people diagnosed with dissociative identity disorder should be taken seriously and given treatment.

After some time, Milligan's was able to be sent back to the mental institution to receive treatment. He was able to slowly gain back his progress, was released in 1991, and was able to succeed as a member in society.

He started his own film production but passed away before finishing any large projects.

Milligan is an example of how rehabilitation for those truly damaged and broken can help rather than hurt them more.

Obviously, these cases are rare, but they are important for those in them. It is important to help build people back up, instead of breaking them down more.

Criminal justice needs to change when it comes to those who are struggling with mental illness, especially dissociative identity disorder where there is a loss of control and loss of self.

There needs to be a change in how we address all those with mental illness, so they don't become broken.



COURTESY OF WIKIMEDIA COMMONS

The American Psychological Association reports almost half the people in U.S. jails and over one third of prisoners have been diagnosed with mental illness.

Farwell bowls her way to spot with Team USA

ISABELLA ABBOTT
features editor

When a family owns a bowling alley, some of the children ought to have a career in bowling.

And this is exactly how Olivia Farwell, who graduated from Duquesne in 2022, started her journey toward a Team USA spot.

“I started bowling as soon as I could really walk, I had a ball in my hand,” Farwell said. “My family owns a bowling alley back home, so I was kind of thrown into it. But I grew up with it, so as soon as I could walk and was strong enough to hold a six-pound bowling ball, that’s what I was doing.”

Not only was she able to learn how to bowl in Mount Joy, Pa., at family-owned Clearview Lanes, but she was able to do it with ease, eventually making her way onto Team USA with plenty of awards in her back pocket. During her time at Duquesne, she posted a 205.0 career average in 139 games and had five first-place tournament finishes in her career.

“I was a four-time All-American, I was bowler of the year for the NEC conference, I was the Rookie of the Year,” Farwell said. “Out of the four years that I’ve competed, I’ve won probably too many to count or to remember.”

She was also the first student-athlete in Duquesne’s history to earn a national player of the year award when she was named Player of the Year by the National Tenpin Coaches Association in 2021.

Although she hit some roadblocks on her way toward a Team USA spot, like the passing of a close relative, she was able to conquer them and make the team a few weeks ago.

“My grandmother, unfortunately, passed away in October, so that had a huge impact on my family and myself,” Farwell said. “She was a huge part of my

bowling world, and she was always at the bowling alley to watch me practice. So after that happened, I lost the motivation to go in and practice.

“So I talked to a lot of professional bowlers that I bowl with currently and asked for advice, asking how I should go about this, and they told me that once I

“I bowled and kind of stayed with who I was and what I was out there to do,” Farwell said. “I didn’t want to overthink it because I knew the second I did that, things could go sideways, so I went out there and treated it like I was bowling with friends.”

At the United States Bowling Congress (USBC) Team USA Trials, Farwell was

“She’s so good, but I haven’t seen the peak in her yet, so that’s the cool thing about her,” Fetterhoff said. “She continues to grow and evolve, and she has access to so much more than we could have given her here. So I’m just excited to see where her career goes.”

Fetterhoff knew that Farwell was going to do great things after her time at Duquesne.

“The thing about Liv is pretty much whatever she sets her mind to, she’s going to accomplish,” Fetterhoff said. “Nothing ever surprised me about her. It’s kind of like, ‘What’s next?’ for her, and I think other people were always shocked by her accomplishments, but I think whatever she sets her mind to, she’s going to achieve.

“We’re very proud of her, but to be honest, I’m not surprised. She’s a phenomenal bowler, and she’s going to do a lot of great things.”

Although she misses her teammates at Duquesne, Farwell loves the connection they had while bowling together. She still tries her best to keep in touch.

“I think to this day, my favorite part of going out and competing was the environment bowling provides and getting to connect with a lot of different people,” Farwell said. “And that was, to me, the most-important part, building the relationships and friendships that I still have to this day.

“The girls on the team, they were a huge part of my journey with Duquesne, and I still miss them every single day,” Farwell said. “But I’ve been supporting them, and I know they’re absolutely killing it, so I’m excited for them.”

Fetterhoff and Farwell’s old teammates share this love, and can’t wait to see what Farwell is going to accomplish in the future.

“I’m excited, the team’s excited to see how she grows,” Fetterhoff said. “She’s going to get better, and that’s going to be a lot for the rest of the pros out there to deal with.”



COURTESY OF OLIVIA FARWELL

Olivia Farwell, who graduated from Duquesne in 2022 and bowled during her time here, recently earned a spot on Team USA. Farwell was a four-time All-American during her collegiate career with the Dukes.

get out there and I’m around everybody that everything’s gonna fall into place,” Farwell said. “I trusted their word, did exactly what they said. I went out there and everything really did fall into place, and it felt like it was meant to be.”

Although family and friends asked if she was nervous during the tournament, Farwell went out and bowled like it was any normal day.

able to secure a fourth-place finish, putting her right on the USA roster as the event ended. This roster spot will allow her to compete in events all around the world and makes her an ambassador and leader for the sport of bowling.

Duquesne Head Coach Jody Fetterhoff, someone who believed in Farwell from the beginning, said Farwell brought a lot to the team when she was a student-athlete here.

PICTURES FROM OLIVIA FARWELL'S DUQUESNE CAREER



COURTESY OF OLIVIA FARWELL



COURTESY OF DUQUESNE ATHLETICS

Farwell said that she "won probably too many [awards] to count or to remember" while at Duquesne. Duquesne Head Coach Jody Fetterhoff said that she hasn't "seen the peak" in Farwell's career yet.

THE DUQUESNE DUKE JOIN US FOR OUR WEEKLY STAFF MEETINGS



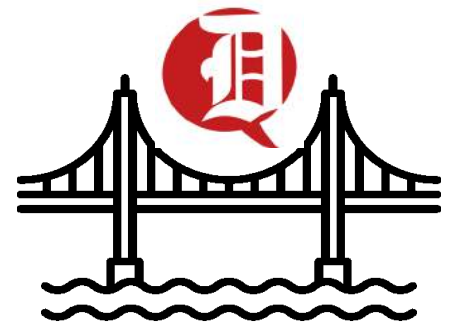
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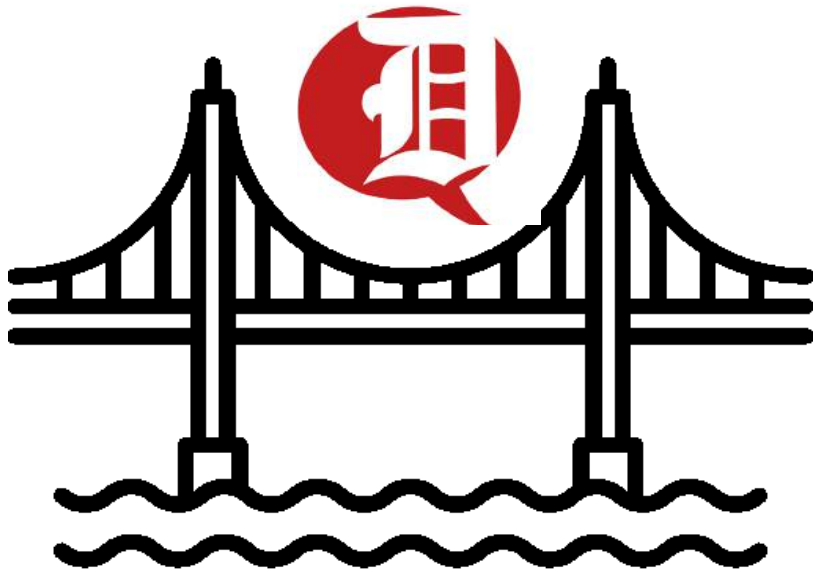
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